

Central Michigan University Health Services

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Mt.Pleasant, MI 48859

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Dear Parent,

On behalf of Central Michigan University, we are writing to inform you about meningococcal disease and immunization recommendations that may affect your college-bound child. The U.S. Centers for Disease Control and Prevention (CDC) has issued recommendations stating that all adolescents 11-18 years-of-age should be immunized against meningococcal disease. This includes first-year students living in residence halls. The American College Health Association (ACHA) supports these recommendations and further states that other college students under 25 years-of-age who wish to reduce their risk for the disease may choose to be vaccinated.

Due to lifestyle factors, such as a shared living situation, bar patronage, active or passive smoking, irregular sleep patterns, and sharing of personal items, college students are more likely to acquire meningococcal disease than the general population.

We do strongly recommend that your child receive the vaccination, and, in addition, we recommend that your child be up to date on all vaccine-preventable diseases.

For more information regarding meningococcal disease please view the following link:

www.cdc.gov/meningitis/index.htm

University Health Services (the CMU on-campus medical clinic) provides the meningococcal vaccine on a walk-in basis, Monday through Friday from 8:30-11:30a.m. and 1:30-4:30p.m. University Health Services (UHS) is located in Foust Hall (east of the Park Library) and offers same-day appointments for all urgent care and routine medical care needs. In addition, UHS provides a full range of immunization and, allergy injections, and has a travel health clinic. UHS is staffed with board certified family practice physicians, physician assistants, and registered nurses.

Please access our Web site at www.healthservices.cmich.edu for vaccine recommendations and to access the forms that we request be returned prior to your students arrival on campus. Click on “information for new students and parents” on the left side of the main page, the forms are available by clicking “forms.” Please complete the health history form and the pre-matriculation forms.

Use the enclosed envelope to return your completed forms. If you have a copy of your child's immunization record you can omit the pre-matriculation forms and simply send in a copy of the immunization record. While the forms are not required, we do encourage their completion.

University Health Services also has an on-site laboratory and accepts orders from outside providers. Our on-site pharmacy participates with most insurance and allows CMU students to transfer in prescriptions. Over-the-counter medications are also available at reduced costs.

UHS participates with many insurance providers and provides courtesy billing with other providers. All charges can also be placed on your student's account from the medical clinic, laboratory and the pharmacy.

If you have questions or concerns about the contents of this letter or any other health-related concerns, please feel free to contact us at 989-774-6599.

Sincerely,

Tom Trionfi

Dr. Penelope Cook, D.O.

Tom Trionfi

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Director

Associate Director/Medical Director

University Health Services

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