

# Application for Central Michigan University's Sexual Aggression Peer Advocate Program

*A Program Developed by the CMU Counseling Center & the Office of Sexual Assault Services*

Dear Applicant,

Thank you for your interest in the Sexual Aggression Peer Advocate (SAPA) Program at Central Michigan University. SAPA are CMU students who are highly trained in dealing with survivors, friends, and family members of sexual aggression. This program has received national attention due to the commitment and level of training that each advocate possesses. Please read this cover letter completely before you proceed with this application. **If you decide to continue with the written application, please detach this letter and keep it for future reference. It may be downloaded at [www.sapa.cmich.edu](http://www.sapa.cmich.edu) and either emailed to [sapa@cmich.edu](mailto:sapa@cmich.edu) or given to a SAPA member. This application is due no later than 5:00pm on March 5, 2010.**

Because of the amount of time that is needed to train each advocate, we ask that you be able to commit at least two years to the program. You will also be required to attend mandatory Monday evening meetings. These meetings are currently held at 10:00 p.m. each Monday and run approximately one hour.

This written application is the first of three steps in the selection process. The members of the application selection committee will be the only ones with access to the information you provide and all information will be held in strictest confidence. No information you provide will be accessible to the entire SAPA organization. This committee consists of the Sexual Aggression Services Coordinator, Graduate Assistant, and up to two other SAPA members.

If your written application is accepted, you will need to be available to attend a group interview session. **The interview process will take place March 26-27<sup>th</sup> 2010**. You will be contacted with your interview time. If selected for training, you will be **required** to attend 40 hours of training at the beginning of the 2010 Fall Semester. This training will take place over two consecutive weekends and you must attend the entire training, no exceptions will be made. You will be notified of training dates at the time of your interview.

Again, thank you for your interest in Central Michigan University's Sexual Aggression Peer Advocate program, and if you have any further questions, please contact Professor Stephen Thompson at 989-774-6677.

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## I. PERSONAL DATA

1. Name: \_\_\_\_\_  
(Last) (First) (Middle Initial)
2. Gender:  Female  Male
3. Local Address: \_\_\_\_\_
4. Home Address: \_\_\_\_\_
5. Telephone Numbers: (\_\_\_\_\_) \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_  
(Local/Cell) (Permanent Home)
6. Email Address: \_\_\_\_\_
7. How often do you check your email? \_\_\_\_\_
8. Indicate your age range:  18-19 yrs.  20-21 yrs.  22-25 yrs.  over 25 yrs.

## II. EDUCATION

1. Current semester in school:  Freshman  Sophomore  Junior  Senior  Grad Student
2. Semester & year you expect to graduate: \_\_\_\_\_
3. Overall GPA: \_\_\_\_\_
4. Major: \_\_\_\_\_ Minor: \_\_\_\_\_ Graduate Program: \_\_\_\_\_

## III. PERSONAL INFORMATION

1. Please provide three personal references:

*(Please do not include relatives, and please include one employer or educator)*

**Name**

**Relationship**

**Phone**

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2. Please rate yourself from 1-10 (1 is low and 10 is high) in each area listed below.

Self-esteem: \_\_\_\_\_

Assertiveness: \_\_\_\_\_

Verbal communication abilities: \_\_\_\_\_

Stress management & coping skills: \_\_\_\_\_

Comfort level with topic of sexual assault and aggression: \_\_\_\_\_

3. List other time commitments and organizations you presently have in addition to your academics (i.e. work, group meetings, volunteer activities)

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4. Are you available to be on call:

**Weekends:**  Yes  No

**Weekdays:**  Yes  No

Explanation (if any): \_\_\_\_\_

**IV. CONFIDENTIAL BACKGROUND INFORMATION:**

*As a reminder, members of the peer advocate selection committee only will review information you provide on this application in confidence.*

**✘ PLEASE TYPE YOUR ANSWERS TO THE NEXT 15 QUESTIONS AND ATTACH IT TO YOUR COMPLETED APPLICATION. ✘**

1. Please indicate reasons you want to serve as a peer advocate and what do you think the role of a peer advocate involves?
2. Indicate what you hope to contribute and gain by serving as a peer advocate.
3. Detail your personal weaknesses and how they might affect your role as a peer advocate.
4. Which (if any) of the following situations have you experienced?  
 Sexual Assault    Molestation    Victim of a Crime    Domestic Violence    Stalking  
 Victim of a Traumatic Situation    Coerced to Have Sex Against Your Wishes
5. If you experienced any of the situations listed in question #4 above, please describe how you dealt with your experience(s). How do you feel this might help and/or interfere with your role as a peer advocate?
6. Do you know anyone who has been sexually assaulted? If yes, how do you feel that person has coped with the assault?
7. What are your feelings towards attending professional counseling sessions, for yourself & others?
8. How would you handle a survivor (someone who has been sexually assaulted) with views that oppose yours (i.e. Abortion, Religion, Racial...)?
9. Describe how you develop and maintain friendships and/or support systems.
10. How do you define Diversity and what role does it play in your life?
11. Describe a moral/ethical conflict you have experienced and how did you resolve it?
12. Describe how you use your free time.
13. Describe how you manage stressful situations.
14. Detail your knowledge of the laws regarding sexual aggression (i.e.; federal, state, and university definitions and/or policy in regard to sexual aggression).
15. Indicate any concerns or questions you have about serving as a peer advocate.

**V. CLOSING REMINDERS**

1. I believe that all the information provided on this application is truthful to the best of my knowledge. Additionally, I agree to a release of information for background-check purposes.

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(Print Name)

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(Signature)

(Date)

2. ***Put your completed application in an envelope and turn it into the Dean of Students office (located in the UC), Foust 150, to an advocate, or by email it to sapa@cmich.edu.***
3. You must be available to attend a group screening session as a part of the interview/ selection process. You will be contacted to set up a time for your interview, if your application has advanced to the interview phase. If selected for training, you must also attend both weekend sessions of the 40-hour training program that will take place in the fall of 2010. No exceptions will be made. The dates of the two weekends will be given to you at the time of your interview.
4. All members are required to attend weekly Monday meetings at 10:00 pm. ***You must be able to commit to two years with S.A.P.A.***
5. **Remember to detach the cover letter and keep for future reference.**

***Thank you for your interest in the Central Michigan University Sexual Aggression Peer Advocate Program. Please call the CMU Sexual Aggression Services Coordinator at 989-774-6677, if you have any questions about the program.***