

# 2009 Central Michigan University



# HOMECOMING 5K



This premier annual event is a fundraiser for Special Olympics Michigan, in partnership with CMU for over 35 years. Participants are encouraged to raise funds to support the more than 16,000 athletes with intellectual disabilities in the state of Michigan. Incentive items will also be offered to those raising \$150 or more (sponsor form on back).



WHEN: Saturday, October 10th @ 8:00am



LOCATION: CMU Finch Fieldhouse

EVENTS: 5K Run/Walk or 1 Mile Fun Run/Walk



ENTRY FEE: \$11.00 (before September 30th)  
\$15.00 (after September 30th)  
\*\$1.00 discount for Mount Pleasant Strider members (includes t-shirt, SOMI donation and raffle ticket)



COURSES: Scenic campus routes for both events

PARKING: Available in lots located by Finch Fieldhouse



PRIZES: (2) 6 month SAC memberships, (2) \$25.00 CMU Bookstore giftcards and a huge variety of other prizes!

### REGISTRATION

Registration begins @ 7:00am (day of the event) with race start time @ 8:00am.  
Pre-registration is highly encouraged and available at [www.somi.org](http://www.somi.org) or send checks to:  
Special Olympics Michigan/Attn: Homecoming 5K/Miles for Medals  
East Campus Drive  
Mount Pleasant, MI 48859  
(make all checks payable to Special Olympics)  
Early Packet Pick-up is available at the Special Olympics Building 8am-8pm Fri, 10/09



NAME: _____	<b>SELECT EVENT (check one)</b>	MALE: <input type="checkbox"/>	FEMALE: <input type="checkbox"/>
ADDRESS: _____	5K Run/Walk <input type="checkbox"/>	AGE (race day): _____	
CITY: _____	Mile Fun Run/Walk <input type="checkbox"/>	SHIRT SIZE: S M L XL XXL	
STATE: _____	<b>TEAM INFO</b>	STRIDER MEMBER? Y or N	
ZIP CODE: _____	TEAM NAME: _____	WHEELCHAIR? Y or N	
PHONE: _____	TEAM CAPTAIN: _____	CMU ALUMNI? Y or N	
EMAIL: _____		CMU STUDENT? Y or N	
RSO Affiliation: _____			

**Waiver (please read carefully):** I know that a road race is a potentially hazardous activity, which could cause injury or death. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official to deny or suspend my participation for any reason whatsoever. I assume all risk associated with running in the event, including but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates and rollerblades, animals, I-Pods, and MP 3 Players are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of accepting my entry, I for myself and anyone entitled to act on my behalf, waive, and release CMU, Mount Pleasant Striders & Special Olympics liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the person named on this waiver. I grant permission for Special Olympics to use the likeness, voice, and words of the entrant in TV, radio, newspapers, magazines for the purpose of communicating the mission and activities of Special Olympics and/or applying for funds to support the mission and activities of Special Olympics.

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent/Guardian Signature (if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

Registrants will receive a confirmation packet with further event details. For additional information, contact Jennifer Spiegel at 989-774-7321  
CMU (an AA/EO institution) encourages diversity and resolves to provide equal opportunity regardless of race, sex, disability, sexual orientation or other irrelevant criteria.

