

Suggested Packing List

Central Michigan University will provide the students with a pillow, sheets, blanket, and towel. The students are free to bring additional items of this nature if they see fit. Below are items that are recommended for Leadership Is Central Participants.

- Rain Gear
- Two Pair of Tennis Shoes
- One outfit that may get dirty
- Medications: Must be turned into medication supervisor
- Flashlight
- Water Bottle
- Toiletries
- Camera*
- Money for CMU Bookstore*
- Sunblock
- Alarm Clock*
- Personal Reading Materials
- Jeans
- T-shirts/shirts
- Undergarments
- Socks
- Shoes
- Jacket
- Sweatshirt(s)
- Bedroom Fan (small)

Please do **NOT** bring:

- Expensive jewelry
- Dressy clothing
- High heels
- Clothing with inappropriate logos/messages
- Electronic media/equipment: DVD players, stereos, laptops, personal video games

Note: Central Michigan University and the Leadership is Central staff, crew members, and volunteers will not be held responsible for the loss or damage of any items. Each individual will be responsible for his or her belongings.