

2024-2025 Benefits Open Enrollment

Staff, Fixed-Term Faculty, Medical Faculty & Post-Doctoral Research Fellows



Agenda

Overview

- Benefit Plan Changes
- Premium Cost-Sharing
- □ Tax Savings Plans: HSA & FSA
- Comparing Options
- Additional Information



The Time is Now!

Monday, April 15 – Friday, April 26, 2024 @ 5:00pm EST

When you choose your benefits each year, you're making a major investment in your physical and financial well-being.

Open Enrollment is a once per year opportunity to evaluate what's best for you and your family – BE SURE TO TAKE ACTION AND MAKE YOUR ELECTIONS!





What If I Don't Enroll?

HSA, Health Care FSAs, & Dependent Care FSA:

• You <u>must</u> re-elect these benefits through CMU Choices, otherwise you will not be enrolled for the 2024-25 plan year.

All other benefits:

• Your current elections will automatically be re-enrolled in the same plan and coverage level. Covered dependents will continue with coverage, if still eligible. No coverage elections will remain no coverage.

All elections must be made online through CMU Choices



CMU Total Rewards

Benefits Open Enrollment is part of your **Total Compensation** package. **Total Compensation** is the integration of the following programs:



Compensation (competitive pay, pay practices, etc.)



Benefits (medical, dental, vision, Rx, life insurance, disability, tuition benefit, paid time off)



Well-Being (physical, mental, emotional, financial support)



Retirement (qualified retirement plans with generous university contributions)



Benefit Terms to Know

Out-of-Pocket Maximum

The point at which your cost share responsibility ends and the plan pays 100%. The out-of-pocket dollar maximum includes the deductible, coinsurance, and copays.

Deductible

The amount of expenses you pay each benefit period before the plan begins to pay for services.

Coinsurance

The sharing of costs between you and your insurance after you've paid the deductible. For example, if the plan pays 95% for a particular service, you pay 5%.



Copay

A fixed amount you pay for a covered health care service, usually when you get the service. Copays may apply before or after you have paid your deductible, as determined by your specific medical plan.



Traditional PPO vs HDHP

- CMU offers a traditional PPO plan (PPO 2) and two HDHP PPO plans (HSA-Advantage HDHP & HSA-Advantage Plus HDHP)
- All three plans use the same PPO network

| | PPO 2 (Traditional PPO) | HSA-Advantage HDHP & HSA-Advantage Plus HDHP (HDHP PPO) |
|-----------------------|--|---|
| Medical Care | Preventive Care is covered at 100% You pay a set copay for certain common services, such as office visits. For services without a copay, you pay the cost until meeting your deductible. After, you pay coinsurance. | Preventive Care is covered at 100% You pay the cost until meeting your deductible. After, you pay coinsurance. |
| Prescription Drugs | You pay a set percentage of the cost. | You pay the cost until meeting your deductible. After, you pay coinsurance. |
| Family Deductibles | Once an individual under a 2-person or family contract meets the single deductible amount, coinsurance begins for that individual only. The remaining family deductible amount must be met by any combination of the other family member(s) before coinsurance begins for the other members. | The full family deductible must be met under a 2-person or family contract before benefits are paid for any person on the contract. |
| Compatible Account | Health Care Flexible Spending Account | Health Savings Account |



PP02 Medical Plan

Increased deductible & out of pocket maximum

| | Current | 2024-25 Plan Year |
|--------------------|--------------------|--------------------|
| Deductible | \$600 / \$1,200 | \$800 / \$1,600 |
| Coinsurance | 20% | 20% |
| Out of Pocket Max. | \$6,000 / \$12,000 | \$8,000 / \$16,000 |
| Pharmacy | CVS Caremark | CVS Caremark |

Chart reflects in-network coverage only



HSA-Advantage HDHP

Increased deductible & out of pocket maximum

| | Current | 2024-25 Plan Year |
|--------------------|-------------------|-------------------|
| Deductible | \$1,500 / \$3,000 | \$2,000 / \$4,000 |
| Coinsurance | 5% | 5% |
| Out of Pocket Max. | \$3,500 / \$7,000 | \$4,000 / \$8,000 |
| Pharmacy | CVS Caremark | CVS Caremark |

*IRS Revenue Procedure 2023-23 provides the 2024 inflation-adjusted minimum deductibles (and out of pocket maximums) for a high deductible health plan (HDHP) as defined under IRC Section 223(c)(2)(A).

Chart reflects in-network coverage only



HSA-Advantage Plus HDHP

Increased deductible & out of pocket maximum

| | Current | 2024-25 Plan Year |
|--------------------|--------------------|--------------------|
| Deductible | \$4,000 / \$8,000 | \$5,000 / \$10,000 |
| Coinsurance | 10% | 10% |
| Out of Pocket Max. | \$6,000 / \$12,000 | \$7,000 / \$14,000 |
| Pharmacy | CVS Caremark | CVS Caremark |

Chart reflects in-network coverage only



NEW BENEFIT!

Expanded Vaccine Coverage

- Both seasonal and non-seasonal vaccines will be covered through CVS Caremark when received at a participating pharmacy
- Benefit added to all prescription plans

| EXAMPLE SEASONAL VACCINES | EXAMPLE NO | ON-SEASONAL VA | CCINES |
|---------------------------|------------|----------------|-------------|
| Flu | MMR | Shingrix | RSV |
| COVID-19 | Tetanus | HPV | Chicken Pox |



2024-25 FSA Changes

Flexible Spending Account (FSA)

Increased maximum contribution and rollover limit

| Health Care FSA | | | | | | | | |
|-----------------------------|---------|---------|--|--|--|--|--|--|
| Current 2024-25 Plan Year | | | | | | | | |
| Minimum Contribution | \$100 | \$100 | | | | | | |
| Maximum Contribution | \$3,050 | \$3,200 | | | | | | |
| IRS Rollover Limit | \$610 | \$640 | | | | | | |
| Vendor | WEX | WEX | | | | | | |

| Dependent Care FSA | | | | | | | |
|--|--|--|--|--|--|--|--|
| Current 2024-25 Plan Year | | | | | | | |
| Minimum Contribution \$100 \$100 | | | | | | | |
| Maximum Contribution \$2,500 / \$5,000 \$2,500 / \$5,000 | | | | | | | |
| Vendor WEX WEX | | | | | | | |



NEW VENDOR!

2024-25 Life/Disability

- New Vendor: Unum
- No changes to benefit plan designs
- Special enrollment opportunity during this Open Enrollment only! Evidence of Insurability (EOI) is NOT required for:
 - Newly elected Short Term Disability coverage, even if you previously waived coverage when first eligible
 - Increases in your Short Term Disability coverage amount
 - Newly elected Optional Life Insurance coverage, up to the guaranteed issue amount, even if you previously waived coverage when first eligible
 - Increases in your Optional Life Insurance coverage, up to the guaranteed issue amount

*Note: CMU Choices will still populate the standard EOI is required message

 Short Term Disability and Optional Life elections made after the 2024-25 Open Enrollment will be subject to EOI



2024-25 Medical/RX Cost-Share

| Medical/Prescription Cost-Share | PPO2 | Advantage HDHP | Advantage Plus HDHP |
|------------------------------------|----------------------|----------------------|----------------------|
| Premium Cost Share | 81% CMU | 92% CMU | 100% CMU |
| Freihum Cost Share | 19% Employee | 8% Employee | 0% Employee |
| Employee Single | \$145.16 | \$55.13 | \$0.00 |
| MONTHLY 2-Person | \$306.88 | \$117.50 | \$0.00 |
| Cost Share Family | \$373.69 | \$141.48 | \$0.00 |
| University Single | | \$225.00 | \$487.08 |
| ANNUAL 2-Person | Not Available | \$467.16 | \$780.48 |
| HSA Contribution Family | | \$569.88 | \$864.12 |
| Benefit Summary: In-network Benefi | ts | | |
| Medical Network | BCBS | BCBS | BCBS |
| Prescription Network | CVS Caremark | CVS Caremark | CVS Caremark |
| Preventive Care | \$0 (plan pays 100%) | \$0 (plan pays 100%) | \$0 (plan pays 100%) |
| Annual Deductible | \$800 member | \$2,000 member | \$5,000 member |
| (7/1 - 6/30) | \$1,600 family | \$4,000 family* | \$10,000 family* |
| Coinsurance | 20% after deductible | 5% after deductible | 10% after deductible |
| Office Visit (primary, specialist) | \$30 copay | 5% after deductible | 10% after deductible |
| Chiropractic Visit | \$20 copay | 5% after deductible | 10% after deductible |
| Urgent Care Visit | \$30 copay | 5% after deductible | 10% after deductible |
| Emergency Room Visit | \$100 copay | 5% after deductible | 10% after deductible |
| Prescription | 10% / \$20% / 30% | 10% / \$20% / 30% | 10% / \$20% / 30% |
| rescription | 10%/ 320%/ 30% | after deductible | after deductible |
| Annual Out-Of-Pocket Maximum | \$8,000 member | \$4,000 member | \$7,000 member |
| | \$16,000 family | \$8,000 family | \$14,000 family |

This benefit summary is intended for use only as a source of reference. Official benefits, conditions, exclusions, and limitations are documented in the certificate and amendments.



2024-25 Employee Cost-Share

Dental Plan Cost Share:

| | Guardian Dental - Staff, Fixed Term Faculty, Medical Faculty & Postdoctoral Research Fellows | | | | | | | | |
|--|--|---------|----------|--|-------------------------|---------|------------|--|--|
| PART-TIME EMPLOYEE Monthly Contributions <u>FULL-TIME EMPLOYEE</u> Monthly Contributions | | | | | | | tributions | | |
| ۲ | Dental Plans (Guardian) | CORE | BUY-UP | | Dental Plans (Guardian) | CORE | BUY-UP | | |
| Mont | Single | \$36.26 | \$62.37 | | Single | \$6.16 | \$32.27 | | |
| | 2-Person | \$74.70 | \$128.49 | | 2-Person | \$12.71 | \$66.50 | | |
| | Family | \$93.20 | \$162.17 | | Family | \$15.84 | \$84.81 | | |

Vision Plan Cost:

| Vision - All Benefit-Eligible Employees* | | | | | | | | |
|--|--------------|------------------------------|--------------|--|------------|---------------|--------------|--|
| | <u>9-MON</u> | <u>TH EMPLOYEE</u> Monthly C | | <u>12-MONTH EMPLOYEE</u> Monthly Contributions | | | | |
| hly | VSP Vision | STANDARD Plan | PREMIUM Plan | | VSP Vision | STANDARD Plan | PREMIUM Plan | |
| but | Single | <mark>\$8.5</mark> 3 | \$13.29 |] | Single | \$6.40 | \$9.97 | |
| Ĕ | 2-Person | \$17.09 | \$26.61 |] | 2-Person | \$12.82 | \$19.96 | |
| | Family | \$27.49 | \$42.83 | | Family | \$20.62 | \$32.12 | |

*Postdoctoral Research Fellows not eligible for vision coverage.



Health Savings Account (HSA)



Eligibility: You must be enrolled in a qualifying High Deductible Health Plan (HDHP). You cannot:

- Be covered in a Health Care Flexible Spending Account (FSA)
- Be enrolled in Medicare Part A and/or B or TRICARE
- Have received medical benefits from the VA within the last 3 months
- Be claimed as a dependent on another person's tax return (other than your spouse)



https://flimp.live/CMU_HSA



Your Contributions: \$4,150 if you enroll only yourself or \$8,300 if you enroll in family coverage. You can make an additional \$1,000 catch-up contribution if you are age 55+.



Using Your Account: Use the debit card linked to your HSA to cover eligible expenses or pay out of your own pocket and save your HSA money for future health care expenses.



Your HSA is always yours – no matter what: The money is yours! Money left in your HSA at the end of the year will roll over to the next year – you'll never lose your HSA dollars.



HSA Election Window in CMU Choices

| Benefits Data (Next Year: 202 | 4 - 2025) | | | | | | | HIDE |
|---|----------------------|-----------|-----------------|---------------------|---------------------------------------|-------------|----------------------------|---------|
| Ay Personal Information $igvee$ M | y Dependent(s) 💙 | My Ben | eficiaries | My HIPA | A Contact(s) | | | |
| Click on the applicable tabs abo | ove to view and/or c | hange y | our benefi | ts data | | | | |
| | | | | | | | | |
| CMU Choices benefit elections | (Next Year: 2024 - | 2025) | | | | | | HIDE |
| lealth Plans 🗸 Life & Disabil | ity Plans 💙 Flexib | le Spend | ling Accou | unts | | | | |
| Medical / Prescription Drug | Dental Vis | ion | | | | | | |
| Listed below is your 2024 - | 2025 medical and p | rescripti | on drug co | overage. | | | Do you want Add/Change/ | Decline |
| HDHP Election: This electio receive this contribution yo | | | | | your name. In orde | er to | Health Saving Account | js |
| To contribute funds to a HS | A, select "Add/Char | nge/Decli | ine Health | Savings Acco | ount" on the right. | | Change Plan Elections | |
| Employees with a hire date plan year (date of hire–June | | June 30 | are ineligi | ible to particij | oate in the HSA for | the current | Create a Dep Record | endent |
| Provider | Plan | Level | Premium Cost | CMU Contribution | Your Cost (-) or Payback [per pay] | | Change Cove Dependents | red |
| BLUE CROSS/BLUE SHIELD | ADVANTAGE HDHP | FAMILY | \$662.35 | \$619.44 | -\$42.91 | Change | | |
| CAREMARK | PD HDHP | FAMILY | \$165.02 | \$137.18 | -\$27.84 | | More about . | |

- 1. First select a HDHP within the Medical/Prescription Drug tab
- 2. In same tab, select the Add/Change/Decline Health Savings Account option on the right
- 3. IMPORTANT: Make sure you are eligible for an HSA and submit an HSA Certification Form!
- 4. HSA contribution changes can be made mid-year by submitting an online form



Flexible Spending Accounts (FSAs)



Health Care FSA (For those enrolled in PPO2)

- Contribute up to \$3,200 per year
- Reimburses for eligible medical, prescription drug, dental, and vision expenses



Limited Purpose Health Care FSA (For those enrolled in an HDHP)

- Contribute up to \$3,200 per year
- Reimburses for eligible vision and dental expenses only



Dependent Care FSA

- Contribute up to \$5,000 per year, or \$2,500 if married and filing separate tax returns
- Reimburses for eligible child and elder care expenses



https://flimp.live/CMU_HCFSA



https://flimp.live/CMU_DCFSA



FSA Election Window in CMU Choices

| Flexible | Spending Account Election | ¢ _ □ × |
|----------|--|---------|
| | Update the field listed below to elect or change your Health Care Flexible Spending Account. | |
| | * Plan Type ✓ General Purpose Health Care FSA Limited Purpose Health Care FSA * Annual Contribution | |
| | * Denotes Required Fields. Cancel Remove Change | |
| | Pre-tax dollars contributed to this account can be used by you or any of your qualified dependents. General purpose health FSA is used to reimburse medical, prescription, dental and vision expenses. Limited purpose health FSA is an HSA-compatible account for the specific purpose of paying dental and vision expenses only. | |

- 1. Plan Type drop down choices: General Purpose <u>or</u> Limited Purpose Health Care FSA
- 2. FSA election is binding for entire plan year, unless benefits status change event
- You cannot remove or change FSA election type and contribution amount after 5 p.m. ET on April 26, 2024
- 4. IMPORTANT: Make sure your Health plan election <u>and</u> FSA election are compatible



HSA & Health Care FSA Qualified Expenses



See IRS Publication 502 for a full list of eligible health care expenses



Dependent Care FSA

- Use to pay for eligible child & elder care services you pay to a caregiver
- Funds available as contributions are made
- Use it or lose it rule All unused monies at the end of the plan year will be forfeited per IRS regulations



No debit card available for DCFSA

See IRS Publication 503 for a full list of eligible dependent care expenses



FSA Expense Verification

- Each time you use your FSA funds, you must provide proof to WEX that the expense is eligible
 - Includes purchases made using your HCFSA debit card
- Accepted proof includes:
 - Receipt detailing the services/items purchased
 - Explanation of Benefits
 - Invoice/bill from the provider
- Easily submit verification using the WEX member portal available at <u>benefitslogin.wexhealth.com</u> and on the Benefits by WEX mobile app



HSA vs FSA

| | HSA | Health Care FSAs | Dependent Care FSA |
|---------------------------------|--|---|--|
| Compatible Medical Plans | HDHPs | PPOs and Waive Coverage | HDHPs, PPOs, and Waive Coverage |
| Contribution Limits | \$4,150 single / \$8,300 family | \$3,200 | \$5,000 per household |
| Who owns the account? | You | CMU | CMU |
| Does interest accrue? | Yes | No | No |
| Proof of expenses? | No; IRS substantiation if requested | Yes | Yes |
| Access to funds | Only the amount that has been deducted from your paycheck is available | Access to full annual amount on July 1 st , regardless of amount contributed | Only the amount that has been deducted from your paycheck is available |
| Use It or Lose It? | Funds carry over from year to year | Any unused balance over \$640 is forfeited Any unused balance is for | |
| Changes to contributions | Anytime | Only for qualifying events | Only for qualifying events |



https://flimp.live/CMU_HSAvsFSA



Preventative Care

Preventive Care services covered without cost-share under BCBS



ALL MEMBERS

Preventive care visits for adults Well-woman visits Well-child visits All routine immunizations

APPROPRIATE AGE/GENDER SCREENINGS

Cervical cancer screening for women Mammograms (film and digital, includes 3D) Osteoporosis screening Prostate cancer men Cholesterol and lipid disorders screening Diabetes screening





Employee Only Coverage

*Annual CMU HSA Contribution: \$487.08 **Annual CMU HSA Contribution: \$225.00

These are the MUST PAY amounts – annual premiums – that will be deducted from your paycheck







Advantage Plus vs. Advantage vs. PP02

Scenario 1: SINGLE coverage with \$2,000 in medical expenses

| Annual Costs | Advantage Plus HDHP | Advantage HDHP | PPO 2 | Taking Control of Your Costs |
|---|------------------------|-------------------|------------|---------------------------------|
| Employer HSA contribution | \$487.08 | \$225.00 | \$0.00 | NO Cost |
| Your annual payroll contribution | \$0.00 | \$661.56 | \$1,741.92 | MUST Pay |
| Your estimated out-of-pocket cost (deductible/coinsurance) | \$2,000.00 | \$2,000.00 | \$1,040.00 | MAY Pay |
| Estimated annual out-of-pocket cost | \$1,512.92 | \$2,436.56 | S2.781.92 | Total MUST Pay/MAY Pay |
| Employee maximum HSA contributions | \$3,662.92 | \$3,925.00 | \$0.00 | Tax-Saving Opportunity |
| Balance in your HSA after paying out-of- pocket expenses | \$2,150.00 | \$2,150.00 | \$0.00 | Investment Opportunity |



Advantage Plus vs. Advantage vs. PP02

Scenario 2: FAMILY coverage with \$5,000 in medical expenses

| Annual Costs | Advantage Plus HDHP | Advantage HDHP | PPO 2 | Taking Control of Your Costs |
|---|------------------------|-------------------|------------|---------------------------------|
| Employer HSA contribution | \$864.12 | \$569.88 | \$0.00 | NO Cost |
| Your annual payroll contribution | \$0.00 | \$1,697.76 | \$4,484.28 | MUST Pay |
| Your estimated out-of-pocket cost (deductible/coinsurance) | \$5 <i>,</i> 000.00 | \$4,050.00 | \$2,280.00 | MAY Pay |
| Estimated annual out-of-pocket cost | \$4,135.88 | \$5,177.88 | S6.764.28 | Total MUST Pay/MAY Pay |
| Employee maximum HSA contributions | \$7,435.88 | \$7,730.12 | \$0.00 | Tax-Saving Opportunity |
| Balance in your HSA after paying out-of- pocket expenses | \$3,300.00 | \$4,250.00 | \$0.00 | Investment Opportunity |



HDHP vs PPO



https://flimp.live/CMU_HDHPvsPPO



Benefits Decision Support



Health Advocate makes Healthcare easier – before, during and after Open Enrollment!

- **Provides** personalized, knowledgeable guidance
- Educates about pre-tax health savings options
- Explains details about plan options

And More!



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Email:answers@HealthAdvocate.com

Web: HealthAdvocate.com/CMU



Benefits Decision Support

Let **alex** help you pick a plan that's right for you!

start.myalex.com/cmu

How ALEX makes predictions

ALEX helps you find the best plan by analyzing data from people like you to predict your medical costs and risks. Here's how it works.





Benefits Decision Support

www.cmich.edu/open-enrollment

- Plan Comparison Grids for: Medical, Dental, Vision
- Presentation Recording & Slides
- Employee Premium Cost Share
- Summary of Benefit Changes for 2024-25
- Frequently Asked Questions



<<< Find what you need to make benefit decisions here!



Important Enrollment Reminders

- Review the Working Spouse/OEI Rule if you are planning to enroll your spouse or Other Eligible Individual (OEI) in medical and/or dental coverage
- Complete the Dependent Verification packet from BMI Audit Services if you are newly enrolling a dependent in coverage
 - Your dependents will not have coverage if you fail to complete Dependent Verification

ENROLL BY FRIDAY, April 26, 5:00 P.M. (ET) No changes can be made after 5 p.m. on April 26th



HUMAN RESOURCES BENEFITS & WELLNESS

CENTRAL MICHIGAN UNIVERSITY





APPENDIX



PrudentRx

- Copay assistance program that significantly lowers out-of-pocket costs for select high-cost specialty medications
- Included on all medical/prescription plans at no additional cost to you
- PrudentRx will contact members with new qualifying medications to help them enroll





Optimize Your HSA



https://flimp.live/CMU_OptimizeHSA







These are the MUST PAY amounts – annual premiums – that will be deducted from your paycheck











These are the MUST PAY amounts – annual premiums – that will be deducted from your paycheck







Working Spouse/OEI Rule

A Working Spouse / OEI is required to enroll in the medical coverage offered through their employer to be added to a CMU medical plan

Here's How It Works:

- If your spouse/OEI is eligible for, but does not enroll in, their own employer's group medical and dental plans, they WILL NOT be eligible for CMU medical and dental coverage
- If your spouse/OEI is enrolled in their employer's plan, you may add them as a dependent to the CMU medical and dental plan, but the CMU plan will pay secondary coverage ONLY
- If you enroll in both employer plans, benefits under each plan are coordinated. The total reimbursement from both plans cannot be more than the allowable benefit under the CMU plan

*Applies to staff, fixed-term faculty, medical faculty and post-doctoral research fellows.



Dependent Verification

- If you enroll a new dependent in coverage, you will receive a verification packet from **BMI Audit Services (BMI)**
 - BMI performs eligibility verification for dependent(s) enrolled in CMU medical and dental plans

Failure to comply with the verification process will result in the removal of unverified dependents from all coverage.

Dependent eligibility is verified to ensure the CMU Choices benefit plans are operating cost effectively and in compliance with benefit plan regulations and plan eligibility rules.

