

First Aid Kit

- Two pairs of Latex or other sterile gloves
- Sterile dressings to stop bleeding
- Cleansing agent/soap and antibiotic towelettes
- Antibiotic ointment
- Burn ointment
- Adhesive bandages in a variety of sizes
- Eye wash solution to flush the eyes or as general decontaminant
- Thermometer
- Prescription medications (rotate to account for expiration dates)
- Prescribed medical supplies (glucose, blood pressure monitoring equipment)
- Non-prescription drugs (aspirin, anti-diarrhea medication, antacid, laxative)
- Scissors, tweezers, tube of petroleum jelly or lubricant



Pets

- Identify shelter for pets
- Have up to date tags with current information
- Attach evacuation site address if separated
- Wet food is better than dry
- 3 day supply of medications
- Have copies of medical records



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**EMERGENCY
MANAGEMENT**

**IN CONNECTION
WITH READY.GOV**

**BASIC
DISASTER
SUPPLIES
KIT**

**HOW TO BE
PREPARED WHEN
DISASTER STRIKES**

Basic Disaster Supplies Kit

Food Needs

- 3 day supply, per person
- Non-perishable items
- Choose salt free crackers, whole grain cereals, and canned food with high liquid content
- Find alternatives to cook food: grills, chafing dishes, fireplaces
- Keep refrigerator and freezer doors closed for as long as possible

“WHEN IN DOUBT, THROW IT OUT”



Miscellaneous

- Fire extinguisher
- Matches
- First aid kit
- Extra prescription medications, glasses/contacts
- Battery or hand crank radio
- Flashlight with extra batteries
- Whistle
- Dust mask
- Wrench to turn off utilities
- Copies of important documents for insurance purposes
- Moist towelettes/garbage bags
- Manual can opener
- Feminine hygiene supplies
- Extra cash
- Sleeping bags/blankets
- Extra clothes: (jacket, long pants, etc.)



Water

- 1 gallon of water per person, per day
- 3 day supply
- Store in cool, dark place
- Don't open until needed
- Water needs double in warm temperature
- Boil contaminated water 1 full minute for safe consumption
- Never ration water, you can always find more

