Take the scenic route.

Discover the beauty — and educational importance — of this campus destination.
Graduation
Celebrate graduation with the more than 3,500 new alumni.

A greener path
Follow the steps CMU is taking to minimize its carbon footprint for future generations.

The charitable mystery tour
Explore the country with Derek Evenhouse, ’10, who travels by bus to help those in need.

Great Lakes
Discover how Deric Learman, ’03, uses his experiences growing up and his CMU degree to guide his work as a member of CMU’s Institute for Great Lakes Research.

Sprouting up
View the latest campus addition – the CMU Fabiano Botanical Gardens.

Coming to the table
See the impact that nearly 40 CMU student volunteers recently made at a Michigan food bank.

Beat the heat
Read tips from CMU faculty on how to keep cool this summer.
departments

2 CMU Today
Learn how a CMU student earned national recognition for volunteering; see how a professor is turning classroom forensics lectures into hands-on lessons; and more.

4 Up Close With...
Emmy-winning sportscaster Dick Enberg, ’57

32 Sports

35 Column
Read how Alumni Director Marcie Lehr Otteman and her 9-year-old daughter contribute to making the world a “greener” place.

36 Connections

38 Alumni News

39 In Memory

40 I am Central

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Scholarly pursuits

After studying abroad in Gdansk, Poland, two years ago, CMU senior Stephanię Jaczkowski of Clinton Township had no idea she would return to teach English at the University of Gdansk in northern Poland.

As a political science and integrative public relations double major, she is one of 10 people nationally who was offered a Fulbright English Teaching Assistantship. Jaczkowski also makes CMU history as the fourth student to be offered this prestigious academic award.

"Being offered this scholarship is a culmination of all the hard work I’ve done, and it shows what happens when you take advantage of the opportunities people give you," says Jaczkowski.

Recipients of Fulbright grants are selected on the basis of academic or professional achievement, as well as the demonstrated leadership potential in their fields.

This award will offer Jaczkowski the opportunity to develop her Polish language skills while increasing the mutual understanding between U.S. students and the people of Poland.

Dedicated to education

CMU was the first university in the nation to charter a public school – thanks, in part, to the actions of former Michigan Gov. John Engler.

In honor of Gov. Engler and his role in charter school development, the Center for Charter Schools on the Mount Pleasant campus is naming its office after him. The center is located in the Education and Human Services Building.

This is the first time Gov. Engler has given permission to have his likeness or name used since leaving office in 2003.

“CMU is well positioned to take a major leading role in how we develop and create opportunities for education in the future,” said Gov. Engler. “I’m extremely proud to have my name associated with this outstanding center.”

Jeanne Allen, a national expert on educational reform, was the keynote speaker for the event. Several dignitaries attended, including Gov. Rick Snyder.

Engler signed the Charter School law in January 1994. In August of that year, CMU became the first authorizer in the state and the first university in the nation to charter a public school when its first three schools opened.

CMU is now the largest authorizer of charter schools in Michigan, with 56 operational charters, including four schools of excellence.

We know there is a difference between reality and television.

To illustrate the gap between the two, Anthropology Assistant Professor Cathy Willermet simulated a wooded crime scene in CMU’s first mock CSI.

“What you see on TV is a stylized version of crime scene investigation,” Willermet says. “This brought together what students have learned all semester. It’s a chance for them to get a sense for whether they want to pursue forensic science as a career.”

Stephanie Jaczkowski

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Gov. John Engler and wife, Michelle Engler

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Stephanie Jaczkowski
On the green team

CMU was the first to completely run the national 3-on-3 Gus Macker basketball tournament with student volunteers. And this year, the Mount Pleasant Gus Macker tournament hit another national first – by going “green.”

Professor Tim Otteman, who teaches RPL 400G – The Organization and Administration of Basketball Festivals, says students focused on reducing their carbon footprint with every facet of the event including recycling the Gus Macker programs, using products with postconsumer materials, paperless communication efforts, reduced energy use and sustainability education booths.

“This is a win for everyone. Not only does doing things this way help the environment, it also helps these students who are looking to go into event management,” he says. “This is now the trend, and we need our students to have experience in putting on green events.”

Volunteering is Central

More than 70 percent of CMU students engage in service while attending CMU.

Because of this, Michigan Campus Compact honored CMU as a finalist for Michigan Campus Compact’s 2012 Engaged Campus of the Year Award.

In addition, CMU senior Jason Vasquez was selected nationally by Campus Compact for the 2012 Newman Civic Fellows Award for his outstanding commitment and contribution to the local community.

He has coordinated campuswide events, including Hunger and Homelessness Awareness Week, fundraisers that raised over $5,000 for Community Compassion Network, and mobile food pantries that fed about 900 families.

Vasquez also was one of seven students selected statewide to receive the Outstanding Community Impact Award for his contribution to the community.
Legendary sportscaster Dick Enberg had never stepped foot into a radio station before landing his first job as a weekend disc jockey. In fact, he actually had applied for the janitor position at CMU, but was offered the on-air opportunity after the station manager heard his voice.

“You never know where your path is going to take you,” Enberg told students recently. “As students, your preparation now will allow you the versatility and adaptability to make choices that may not necessarily be part of what you had planned, but what others present to you.”

The 1957 alumnus was invited back to campus last semester to share his lifetime of experience with students at the Sport Management Association Professional Development Conference. Here are some of the stories and advice Enberg told students.
You are often asked “what’s your formula?” How did you become Dick Enberg?

That is the most common question I’m asked. I was a total nobody and this university gave me a chance to become somebody. That’s what Central offers to all students. Everyone comes in as a nobody, but you all have the chance to become somebody. I grew up in Armada, Mich. I went to a one-room school with a graduating class of 33 students. At graduation, Dr. Anspach, CMU’s president at the time, gave the commencement speech. Meeting him afterward, he suggested I send my transcripts to CMU. Three weeks later I received a $100 scholarship with an acceptance letter in the mail … and my college journey began.

You’ve done a lot of talking throughout your broadcasting career yet your message to students was about silence … “the power of the pause.”

In controlling an audience and getting your point across, it is often what you don’t say that gets their attention the most. Pause, take your time, say what you’re going to say but don’t hurry through it. The fact that you have taken time gives the impression that you are thoughtful in your response.

I was forced to use the pause while broadcasting the 1983 Super Bowl. It was the Redskins versus the Dolphins. We were announcing the starting lineups and experienced some technical difficulties causing us to have to speak in two-second delays. I thought it was the worst broadcast I’d ever done. But everyone told me how great it was. In listening to it afterward, I learned a lesson about pausing and not filling the air with a lot of unnecessary chatter.

You have found that homework is just as important now as when you were a student. Preparation and perseverance brought your career full-circle when doing your homework and research landed you an interview with your boyhood idol, baseball-hitting legend Ted Williams.

Ever since I was a kid, Ted Williams was my idol. Whenever he came to Tiger Stadium, I’d hitchhike there to watch him play. I had the chance to interview him my first year as the broadcaster of the California Angels in 1969. Knowing he didn’t like the press, I knew I had to find something that was going to catch his attention to land an interview. I dug around and there it was … he was the greatest hitter of all time, but he actually only pitched one game in the major leagues against the Detroit Tigers.

I got Ted Williams’ attention and an interview because I was the only one to ask him about that time he pitched against the Tigers in 1940. He put his arm around me and said, “come here ‘meat’” – an endearing term, and he never forgot me.

You have a dream, you have an idol, and with preparation and perseverance you can bring it all the way around.

I am proud to say CMU was an important part in helping me reach my dreams. •

While on the Mount Pleasant campus, Dick Enberg was honored at a basketball game and cheered on the team, above, and he spoke to students at the Sport Management Association Conference.

alumni.cmich.edu/centralight for more
Students graduating with their Master of Arts in Economics represented six countries, including Nepal, Taiwan, Ghana, Russia, Sri Lanka and the United States of America.

CMU alumni celebrated the graduation of two family members this May – Honors graduates Christopher Powell and Caitlin McColl. The alumni, from left, Susan Mundy, '75, Robert Prevette, '71, WWII veteran Harold Carlin, '50, and Robert Mundy, '75.
More than 3,500 students graduate at Spring Commencement

Casi Hill stood in front of the CMU seal – just like her grandparents and parents had done years earlier.

“I remember coming to Central on family vacations when I was a kid,” says the Ludington native who earned her Bachelor of Science degree on May 5. “I couldn’t wait to go to school here. And now I am a CMU graduate.”

Hill, along with more than 3,500 new CMU alumni, walked across the stage and turned their tassels on May 4 and May 5 for Spring Commencement. The Spring 2012 class was awarded 2,351 bachelor’s degrees, 1,098 master’s degrees and 73 doctoral degrees.

“You have the knowledge, drive and experience to do something great – to be great,” President George E. Ross said during the ceremonies. “You will be great by challenging both the known and unknown, by committing to creative accomplishment, by having the courage to move forward in a positive direction, and by doing as much as you can to help others from all walks of life.”

Looking at the families lined up at the CMU seal and watching people snap photos on the beautiful spring day, Hill says her family’s alma mater was an important part of her life growing up. But CMU means even more to her today.

“CMU is more than a place or somewhere that I went to school,” says Hill, who was accepted into CMU’s Physical Therapy Program. “It’s part of who I am now, and it’s part of who I will be in the future.”

Welcome

to the CMU alumni family and congrats on your academic success!

To stay connected, go to cmualum.com.

alumni.cmich.edu/centralight for more
Looking out into the large audience, Donnesha Blake turned to her left and glanced at a poster of Martin Luther King, Jr. She took a deep breath. And she began speaking.

She captivated the audience at the campus-wide MLK Celebration Day oratorical speech contest.

“Dr. Martin Luther King Jr. once said, ‘that whatever affects one directly, affects all indirectly.’ He goes on to say, ‘I can never be what I ought to be until you are who you ought to be. This is the interrelated structure of reality.’” During her speech, Blake spoke about the realities of oppression and recognizing ableism, racism, sexism and classism.

“That speech allowed me the chance to combine two things I am passionate about – writing and social justice advocacy,” Blake says. “It was a great opportunity to express my ideas.”

Blake says that speech was her most proud and memorable CMU moment – until now. Surrounded by her family on graduation day, Blake thanked her mother for always pushing her to get involved and stay busy.

“I listened,” Blake said to her mother, Josephine Blake, as students in caps and gowns walked past them. Showing her medals, Blake smiles and says, “See?”

Blake gave her time to CMU’s Center for Inclusion and Diversity, the Mary Ellen Brandell Volunteer Center, and she was a McNair student.

But the communication major’s involvement with CMU began long before that – it started when she was a pre-teen. The summer after sixth grad Blake visited CMU through her participation in the GEAR UP program – a national initiative to prepare middle and high school students for college – at her middle school in Flint.

The week-long visit included a writing class, a chance to live in residence halls and a little independence.

“It was the first time I had ever visited a college campus and stayed overnight. In a way, I felt what it was like to be a successful college student,” Blake said. “I was sold on becoming a CMU Chippewa.”

And once at CMU, Blake’s involvement in the program didn’t stop. Serving as a GEAR UP peer mentor, Blake helped students from her hometown get ready to become CMU students, too.

Blake says her involvement helped her know what she wanted to do after graduation – help people overcome obstacles to educational opportunities.

As a mentor, Blake worked with high school students during summers and throughout the school year, sharing her personal experiences and helping them learn what to expect from the first year of college.

“I realized it wasn’t that long ago that I was in their shoes writing my first college paper,” Blake says. “I was grateful they were able to benefit from the same support I had received as a student.”

“When they told me they saw me as their big sister, that really warmed my heart. To hear that these young women connected with me on that level proved to me that mentoring goes beyond supporting someone academically. It’s a personal investment in someone’s overall success and a family tie you will have forever. And that’s what’s important.”

Following graduation, Blake is headed to the University of Maryland on a McNair Fellowship scholarship to pursue a doctoral degree in women’s studies. She wants to teach and do research at the university level.

“I am ready to take the education and the experiences I’ve received on this campus and go forward,” she says. “I’m ready for the next challenges that lie ahead.”
Career forecast:
Outlook good

Jason Atcho was the youth at the window watching thunder and lightning during a storm. As a child, the Sterling Heights native also would intently watch the news and wait for the weather segment. “Weather is so fascinating,” Atcho says. “I was just trying to figure it out.”

In high school, he found out what it took to be a weather forecaster – a college degree. Doing research, he learned that CMU is the only university in Michigan that offers a bachelor’s degree in meteorology.

So Atcho set his goal to be a CMU graduate. And on May 5, he accomplished that goal. In addition, he became the first in his family to graduate from college.

“A learning how weather comes together in the atmosphere brought it all into perspective and strengthened my passion for meteorology,” Atcho says. “I’ve learned so much while at school.”

To help him understand how television stations operate, Atcho worked at News Central – CMU’s award-winning student-run TV news station – where he gained experience doing live, on-air newscasts.

He turned that experience into getting hired at ABC-affiliate channel 12 in Flint and NBC-affiliate channel 4 in Detroit for internships.

“Working at News Central and the internship experiences showed me how things run in a professional news station, in front of and behind the camera,” Atcho says.

In the last four years CMU has placed graduates from the meteorology program in the top four media markets in Michigan, and even has an alumnus on television in South Africa.

Atcho says he is ready to join them in the industry. “I have interviews. I’m excited,” he says. “Wish me luck.”

A family affair

Mother, daughters focus on educational goals together

Walking across the stage to receive her Bachelor of Science degree is something Audrey Jarabek has wanted to do for 26-plus years.

During the past year, the 48-year-old Saginaw resident earned 63 bachelor’s degree credits and nine master’s degree credits while working full-time as a dental hygienist. She plans to earn her master’s degree in education by December 2013.

She credits her daughters as a motivating factor. “I raised my girls since they were little to get as much education as they could have for personal security and stability,” Jarabek said. “Now I am doing the same for me.”

She says her CMU educational journey began in May 2011 when daughters Amy Jarabek received her Master of Science in Health Administration degree and Ashley Jarabek earned her Bachelor of Science degree.

“Thanks to our mom, we have high aspirations of what we want to be and where we want to go in life,” says daughter Ashley Jarabek, who is now a second-year CMU physical therapy doctoral student. “CMU has helped us achieve those goals.”

And Amy Jarabek, who works as a senior oncology research analyst at Blue Cross Blue Shield of Michigan and is taking CMU courses toward a master’s in education, calls her mom, “My biggest hero.”
Energy efficient

University taking steps to minimize its carbon footprint

When Mike Walton, M.S. ’00, handed over buckets of water faucet aerators to two of his student employees, he never expected their efforts would result in a phone call from the city’s water department.

When the low-flow aerators were installed on the 4,500 on-campus faucets, they controlled the amount of water used and resulted in an annual utility savings of $58,000.

“The water department called me to see if everything was alright because they were seeing a sharp drop in our water usage at the university,” says Walton, CMU’s director of energy optimization. “This is just one of the many things we’re doing to reduce the university’s utility costs.”

Any way you look at it – from reducing energy costs to going green and encouraging sustainability – CMU is taking significant strides to reduce its energy consumption and minimize its carbon footprint, which refers to the amount of carbon each person emits individually in any one-year period.

Through various proposals, programs and initiatives, CMU is “creating a culture of sustainability,” according to Tom Rohrer, director of CMU’s Great Lakes Institute for Sustainable Systems.

“Everywhere on campus people are doing something to be sustainable,” Rohrer says. “As far as recycling and going green being just a fad, we’re beyond that now, and it’s very much a way of life.”

Improving energy efficiencies

The university has frozen its energy budget for each of the past three years, despite an increase in the number of students, facilities and resources on its Mount Pleasant campus. The energy budget will be frozen until the end of fiscal year 2014 for a total of five years.

While this has posed its share of challenges for Walton and others in Facilities Management, they have found ways to increase energy efficiencies.

“Our whole focus in facilities has shifted from fixing things to energy optimization,” Walton says. “It’s been the buy-in from all the people at the university that makes this work.”

Among the many sustainable and energy cost-saving measures CMU has implemented are – clockwise from upper left – installing solar panels on the roof of the Education and Human Services Building and maintaining a wood-chip burning facility that emits steam rather than smoke into the air after the energy is produced inside the on-campus power plant.

continued on page 12

By Dan Digmann

Photos by Pegg y Brister.
Sensible sustainability

Here are some everyday tips from CMU’s Great Lakes Institute for Sustainable Systems to help you and your family practice sustainability.

1. Unplug anything currently not in use. Phantom energy is a term used to describe energy that is used while electronics are turned off, but still plugged in.

2. Replace any incandescent light bulbs with compact fluorescents (CFLs) or LED bulbs. CFLs last 10 times longer than incandescent bulbs and use 75 percent less energy.

3. Instead of putting a roll of paper towel in your bathroom, try using a hand towel. They are more comfortable to use and less wasteful.

4. When buying cleaning supplies, purchase those that are plant based and phosphate free.

5. Use a reusable water bottle and fill it with tap or filtered water.

6. If you are going out to eat, call the restaurant and ask if you may bring your own container for leftovers, thus eliminating another Styrofoam take-home box in the garbage.

7. Ride a bike, in-line skate, skateboard or walk instead of driving. Not only is this an excellent way to exercise and conserve, but you also save money on gasoline.
From projects as simple as mounting radiator valves in South Quad, North Quad and The Towers residence halls, which is estimated to save the university nearly $160,000 annually, to installing energy saving software on the many computers in labs throughout campus, which is estimated to save the university $50,000 annually, the university is reducing its energy usage as well as saving money.

Other major energy features, including the university’s wood-chip burning facility and solar panels on the roof of the Education and Human Services Building also are key to saving energy. For example, records show that even on the coldest days this winter, the EHS Building solar panels provided enough energy to heat the building for a portion of the day.

"Energy conservation doesn’t mean you have to lose your comfort," Walton says.

And when the university uses less energy, Walton says CMU actually receives money from its utility companies – including Consumers Energy and DTE – through their respective energy optimization programs.

All the money saved in energy efficiencies and optimization is reinvested in continued energy saving ventures, Walton says.

**Going green**

The EHS Building was the university’s first building designed per Leadership in Energy and Environmental Design (LEED) standards.

This involves incorporating sustainable design aspects such as the use of recycled construction materials, energy efficiency, water use reduction and day lighting.

All other recent constructions projects, including the Events Center and the graduate housing currently under construction, also will adhere to LEED standards.

Beyond the buildings, CMU is committed to implementing environmentally sound practices daily and was recently recognized as a leader among institutions of higher learning by being designated a nationally recognized leader in green cleaning initiatives.

The university received the “Grand Award” in the College/University category of the 2011 Green Cleaning Award for Schools and Universities, sponsored by American School & University magazine, The Green Cleaning Network, and Healthy Schools Campaign. The award recognizes educational institutions with exemplary green-cleaning programs and practices among custodial staff.

"CMU is on the leading edge of sustainability initiatives among institutions of higher learning," says Jay Kahn, CMU director of facilities operations. "It reflects our aggressiveness with regard to our use of cutting-edge technology in our cleaning operations, training of our staff and commitment to the environment."

CMU Facilities Management, which started a green-cleaning program in 2007, at one time used nearly 40 different chemicals to clean campus buildings.

Over a five-year period, the university reduced chemical inventories throughout campus buildings by more than half. Judges in the competition cited CMU for an improved communication cleaning strategy, increased staff training, and tracking buildings that have asthmatics and making sure such buildings are cleaned with fragrance-free Green Seal products.

"This award shows how much faculty, students and staff are committed to creating a sustainable campus," says Sarah Reisner, a CMU graduate student in the M.S.A. program who also conducted research on university green practices and submitted the application for the award. *

**On-campus initiatives**

As odd as it sounds, CMU actually will be looking to “go green” when the football team hosts the Michigan State Spartans this September.

Throughout the season CMU Athletics again this year is participating in the U.S. Environmental Protection Agency’s Game Day Challenge to reduce waste and increase recycling at college football games.

“We're making a push as a university to be sustainable, and within CMU Athletics we feel we have a responsibility to be part of the solution,” says Brad Wachler, assistant athletic director.

Efforts also are underway to have CMU designated as a “bicycle-friendly campus” by the League of American Wheelman.

Samantha Fiani, a graduate student in the Great Lakes Institute for Sustainable Systems, is working with the CMU Police and Residence Life to complete the certification process and improve cyclist safety on campus.

Other initiatives include the annual Earth Day celebration, Recyclemania and many registered student organizations, including:

1. **Campus Grow**, which manages two community gardens on CMU’s campus
2. **Take Back the Tap**, which is a group that promotes the use of refillable bottles
3. **Student Environmental Alliance**, which advocates environmentally conscious practices and behaviors

“It’s important to be aware of how your actions are affecting the earth. You can make a difference by being aware of your choices," says Chloe Gleichman, a Saline junior and Student Environmental Alliance president. *
A plate is worth a thousand words

Get motorists thinking and talking about your alma mater

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cmualum.com

CMU is an AA/EO institution (see cmich.edu/aaeo). UComm 8585
Dr. Jane Goodall’s research transformed scientific perceptions of the relationship between humans and animals. She created a globally known institute for conservation and education. Her career has spanned more than five decades. And it all started with a young girl and the story of Tarzan.

“There was nobody in my family that really inspired me to want to go to Africa. It was from reading the Tarzan books, simple as that,” says the renowned primatologist and conservationist. “When I was 10, I vowed that I would go to Africa, live with animals and write books about them.”

Speaking to a crowd of nearly 5,000 in the CMU Events Center in late March, Goodall shared stories from her fieldwork experiences and emphasized our role in making a difference for all living things.

“When I began in the early 1960s, even the global scientific community wasn’t talking about – or really concerned with – conservation and environmentalism.

“The really good news is that over the past 50 years people have begun to see that the world is interconnected and that preserving the environment is a responsibility shared by all. Please continue to make positive change happen.”

PHOTO BY PEGGY BRISBANE
One CMU alumnus drives a magic school bus.

Its special power: Wherever it goes, a volunteer spirit comes with it.

Derek Evenhouse,’10, drives the rainbow-colored 1996 International Carpenter 65-passenger school bus around the country. Their ride is nicknamed the LOST Bus – which stands for Lending Our Services Traveling.

“The name directly reflects our vision and mission for our adventure,” he says. “When we travel across America, we hope to inspire others with our unique lifestyle. We plan to demonstrate the possibilities to live differently, help others and create positive influences on our planet.”

When Evenhouse, who has a degree in outdoor recreation and education and a minor in natural resources, neared his CMU graduation he and two of his Holland Christian High School friends – Chad Deters and Ben Tucker – talked about what they could do to make a difference.

“The LOST Bus originated as an idea to simplify our lives, live differently and serve others,” Evenhouse says. “We are three young men who want to challenge the status quo.”

So they bought a bus, painted it to stand out and set off on the road. They began in January 2011 with the plan to do it for a year. But with the overwhelming positive response, the men have continued their mission for a second year.

They have done a variety of volunteering jobs. They cleaned up hurricane debris and restored homes in Texas. They did maintenance on the grounds of a New Mexico bird sanctuary. They worked as counselors at an Idaho oncology camp. They cleaned trash out of mangroves in Key West.

“All three of us are passionate about the outdoors, helping others and adventure,” Evenhouse says. “We believe that dedicating our time to serving others and our environment will positively affect the lives of those we work with as well as our own.”

In addition to their custom living quarters on the inside of the bus, it now has signatures and quotes from acquaintances and supporters of the LOST Bus whom they have met on their travels.

Business cards, stickers and photographs fill the interior — including the walls, ceiling and even the refrigerator — as small reminders of all the people the trio met along the way.

“We have found it is a blessing to be able to help others on this journey,” says Evenhouse, who says their travels have been funded by donations.

“It has been encouraging to experience the hospitality from everyone and pass it on to the people we meet along the way. We have been overwhelmed with the goodness of the American people, and we will continue to document our experiences and interactions through blogs and photos.”

To follow the Lost Bus’ adventure, go to www.lostbus.com •
travelin’ man

By SARAH CHUBY, ‘03 M.A. ’11
A new perspective

Learman, '03, among Great Lakes research cohort

By Dan Digmann
Central Michigan University’s vision for its Institute for Great Lakes Research was to establish the university as a nationwide leader in Great Lakes research.

To support these efforts, CMU recruited an additional cohort of six research-intensive faculty members to strengthen its ability in undertaking large-scale interdisciplinary research projects.

One of these six highly recruited faculty is no stranger to the university. A plaque on the third floor of Brooks Hall still features Deric Learman’s name for an award he received as an undergraduate geology student.

“For the most part the town is still the same, but my perspective now is different as a faculty member at the university,” says Learman, ’03. “It’s like looking at the same lake from a different shoreline.”

Coming back to teach and conduct research at CMU was the furthest thought from Learman’s mind when he graduated. He studied at Virginia Tech to earn his Ph.D. and was serving as a research associate at Harvard University when he learned of the opportunity to return to his alma mater and focus on the Great Lakes.

“Being a native to Michigan, the Great Lakes mean more to me than just research,” says Learman, who grew up in Harbor Beach. “The lakes remind me of my hometown, family vacations and spending time with friends. The research will be a bonus.”

CMU has identified research on the Great Lakes ecosystems as an area of strength and has committed to establishing the Great Lakes Research Institute to study the sustainability and management of the world’s largest supply of fresh water.

Learman researches the genetic and physiological responses of microorganisms that control biogeochemical cycles in various environments, ranging from lakes to soils. He focuses on describing how microorganisms interact with minerals that control numerous geochemical cycles.

In addition to his research endeavors, Learman teaches alongside many of the professors he had as a student, including Sven Morgan, Kathleen Benison and Jane Matty. The classes he teaches also include some of the same ones he took as a student.

“I think I’m more of one to prod the students because I’ve been right where they are,” Learman says. “It’s nice to be able to tell students that CMU provides a great education and that they should take advantage of the opportunities it provides. My CMU degree is the foundation of my education and has held up in everything I’ve done.”

alumni.cmich.edu/centralight for more

As a member of the new CMU Institute for Great Lakes Research cohort, Deric Learman, ’03, teaches students in many of the same classrooms and laboratories that he used as a student.

Keeping the lakes great

Central Michigan University is making a name for itself as a scientific leader in research to understand the ecology of the lakes and to help sustainably manage these critical natural resources.

The university’s investment in Great Lakes research and the achievements of faculty members since the institute was launched recently were showcased at a special reception.

“The formation of the institute was not a random choice but a careful decision to invest in an area where there were already around 15 faculty members doing high quality research and to capitalize on the university’s window on the water at the CMU Biological Station on Beaver Island,” Executive Vice President/Provost E. Gary Sharpiro said at the event. “I am very pleased with the level of activity and success that the institute has already achieved.”

Since the institute started in the fall of 2010, ICLR faculty members have:

- Given 45 presentations and published 18 peer-reviewed papers
- Submitted more than 60 proposals requesting $7.4 million
- Involved 29 graduate and 82 undergraduate students in their research -
When it comes to gardens, Patti Travioli’s thumbs are green. And smudged with dirt.

Working in CMU’s Fabiano Botanical Gardens with two CMU students, Travioli shows them the different types of Michigan native plants. Midsentence, she swoops down to the ground and grabs a weed.

“As a gardener, those weeds are the first thing that you notice,” she says, wiping the dirt on the sides of her pants. “That is why you need to step back and take your garden in as a whole and enjoy its beauty.”

Travioli, who has been gardening since she was a child, has helped cultivate the CMU Botanical Gardens since she was hired in 2009.

Travioli says she has grown several gardens. She’s worked in a plant nursery. She owned a certified organic farm. And she feels it all has led her to working in the CMU Botanical Gardens.

“After some time, visiting a garden is like spending time with a friend,” she says. “Many gardens I have spent time with I’ve had to leave behind because of a job change or because of a move. But this is a garden that no matter where I am in my life, I will be able to visit anytime. And I hope others will grow to feel this way, too.”

The gardens – conceived by biologists and horticulturists with a passion for plants, their history and their ecosystems – will enhance the beauty of CMU’s campus and further the university’s educational and community outreach opportunities.

Travioli says the plant environments incorporate the current pond near Park Library. But there will be an addition of a flowing stream and waterfall, pathways, and benches in the near future.

And as the gardens mature and expand, it will draw repeat visits from area residents, strengthening the university’s connection to the surrounding community.

“It is a great meeting space and it allows you to relax. Experiencing nature reduces stress,” she says. “Who wouldn’t love to go out there and have lunch on a beautiful Saturday?”

In addition, through these gardens, CMU students and faculty will explore field botany, aquatic plant ecology, medicinal and economic uses of plants, and the value of genetically modifying plants. CMU’s teacher education students also will develop classroom activities for K-12 teachers who bring their classes to campus.
Patti Travioli, center, works with CMU students.
Between the Wakelin McNeel Woodlot and Park Library, aquatic marginal plants native to Michigan have created an improved habitat for fish and any other wildlife inhabitants, Travioli says.

She says native Michigan plants – like the purple coneflower and bleeding hearts – are another special feature of the gardens. To help with education efforts, plants within the garden have signage about the plant’s origin.

“Because we are seeing a loss of habitat and an increase of invasive species in nature, there is a movement where people are trying to increase native species again,” she says. “They provide habitat for native insects, birds and animals. It gives us an opportunity to educate others about Michigan plants and how to incorporate them into their gardens.”

Next time on campus, CMU alumni will notice some changes around the pond west of Park Library as the Fabiano Botanical Gardens moves closer to its targeted 2013 completion.

In addition to the planted garden surrounding the pond, a recently built white pavilion completed the third and fourth phases of the six-phase project.

The remaining phases will be completed as funds are raised, says Gail Moore, development director for the College of Science and Technology.

The next phases are The Plants and Society Garden, which includes a children’s garden to honor former biology professor Faith Johnston, and the Landscape Demonstration Gardens.

•

Learn more about how you can contribute to the development and maintenance of the gardens by contacting College of Science and Technology Director of Development Gail Moore at gail.moore@cmich.edu or 989-774-3773.
Patti Travioli, manager of the CMU Greenhouse and the CMU Botanical Gardens, gives tips on what to look for and what to do when starting a garden.

Whether you want to create a vegetable garden, flower garden or shrub bed, here are some things to keep in mind.

**Look at sunlight.**
When choosing the location for your garden pay attention to how much sunlight the area receives. This will be the determining factor for what you can grow.

For example, if you want to grow vegetables, you should have eight or more hours of direct sunlight. This also is considered a full sun location, which works best for growing most flowering plants like asters, geraniums and the majority of the culinary herbs.

**Identify soil type.**
This is best found out by submitting a soil sample to your local extension office for analysis. There are plants that thrive in a clay-type soil such as purple coneflower, whereas blackeyed susan prefers to grow in sand. A perfect soil would fall somewhere in between – called a loamy-type soil.

Adding bone meal, greensand and rock phosphate will improve soil fertility in a sustainable earth-friendly way. You can find these in local garden centers and nurseries.

**Prep the soil.**
Once you have decided where your garden will be, you can remove any existing vegetation with a shovel. If it is sod, just lift the sod and shake off all of the existing dirt that you can. Once the sod is removed, aerate the garden with a shovel by digging and turning the soil.

Using your hands, finish removing any remaining clumps of grass, weeds or stones. Add soil amendments or compost.

**Time to plant.**
When placing in the ground, plant only as deep as it was planted in the pot. Water well. Don't stomp the area and compact the soil with your foot.

If you have a perennial flowering garden or a shrub garden, you may choose to mulch with wood chips or other decorative material. Don't use freshly chipped mulch as it will compete with your plants for nitrogen. Use well-aged mulch.

**Garden maintenance.**
Weeding and watering will be your primary maintenance duties. If you keep up with the weeding, you will find over time it will be less of a problem. Once plants are established in the garden, you shouldn’t have to water them as often.

Remember that the larger the plant, the deeper the roots, so water slow and long. And try to water in the earlier part of the day so leaves have time to dry before nightfall.

But – most of all – when creating a garden, make sure you take time to sit back and enjoy it.

If you have a gardening question, you can contact Patti at travi1pm@cmich.edu.

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Talking dirt

*Identify soil type.*
This is best found out by submitting a soil sample to your local extension office for analysis. There are plants that thrive in a clay-type soil such as purple coneflower, whereas black-eyed susan prefers to grow in sand. A perfect soil would fall somewhere in between – called a loamy-type soil.

Adding bone meal, greensand and rock phosphate will improve soil fertility in a sustainable earth-friendly way. You can find these in local garden centers and nurseries. Compost added is always a great idea for any type of garden. Just make sure that it is from a reliable source and has been properly composted.

*Prep the soil.*
Once you have decided where your garden will be, you can remove any existing vegetation with a shovel. If it is sod, just lift the sod and shake off all of the existing dirt that you can. Once the sod is removed, aerate the garden with a shovel by digging and turning the soil.

Using your hands, finish removing any remaining clumps of grass, weeds or stones. Add soil amendments or compost.

*Time to plant.*
When placing in the ground, plant only as deep as it was planted in the pot. Water well. Don't stomp the area and compact the soil with your foot.

If you have a perennial flowering garden or a shrub garden, you may choose to mulch with wood chips or other decorative material. Don't use freshly chipped mulch as it will compete with your plants for nitrogen. Use well-aged mulch.

If you are transplanting plants from another garden or planting something that is bare root, the best times of the year to do this are spring and autumn.
Faculty research results in push to test hospital water

Three CMU faculty members are calling for federal mandates to regularly test tap water to protect patients from infections caused by waterborne pathogens. Through their study, health sciences faculty and researchers Zigmond Kozicki, Mark Cwiek and John Lopes looked further into the realities that patients with weak immune systems, infants and the elderly are particularly at risk for infection from exposure to waterborne pathogens. Each year more than 2 million hospital-acquired infections occur in the U.S., with 10 percent resulting in deaths, according to the U.S. Centers for Disease Control and Prevention. Many of these infections likely are waterborne.

“We have a threat to millions of Americans who go into hospitals for treatment,” Kozicki says. “We’re calling for action by the government and regulatory agencies to raise the standard of tap water quality in our U.S. health care facilities.”

Cleaning up in a hospital shower after exercising in its health club is something that now concerns Kozicki. The former hospital administrator knows there are health risks associated with the water, so he lets the shower run for at least a minute before stepping under it to clear the nozzle of a potential build-up of waterborne pathogens.

“It isn’t that people aren’t doing their job keeping the facility clean but rather because there’s nothing consistently being done to test and treat the water for waterborne pathogens,” says Kozicki, who with Cwiek and Lopes recently released a study that questions the quality of water in U.S. hospitals.

A national survey of U.S. hospitals, conducted by CMU’s Center for Applied Research and Rural Studies, found the frequency of water testing in hospital facilities to be inconsistent. The results revealed the following irregularity of water testing among the 900 hospitals surveyed:
• 9.9 percent test daily
• 8.4 percent test weekly
• 1 percent test biweekly
• 27.5 percent test monthly
• 15.8 percent test yearly

“We found very few hospitals are testing for a wide variety of known pathogens that may be in the water, and those that are testing are doing it very infrequently,” Kozicki says. “Most, if not all, hospitals across the U.S. are putting patients at risk by not testing water for pathogens.”

The source of water for 94.1 percent of the hospitals in the survey was municipal water. While municipalities test the water at its source, the survey demonstrates how few and infrequent hospitals test the water once it runs through miles of pipes and is dispensed and used in the hospitals.

“The most overlooked and controllable potential source of hospital acquired infection is pathogens in tap water,” Cwiek says. “People come to the hospital for care and treatment. They’re not expecting to be exposed to something that’s going to make them sicker.”

CMU researchers are advocating for weekly water testing at a minimum. In addition, they advocate all health care facilities should be required to have a formal waterborne risk management plan, a waterborne infection response team and waterborne pathogen training for all staff.

“If regular monitoring can be established, they’ll just have to test and see that nothing is wrong with the water,” Lopes says. “Waterborne pathogens likely will be rare episodic incidents that can be quickly treated.”

In this call to action, five organizations are being targeted to help implement the steps necessary for hospitals to properly test for waterborne pathogens: the American Hospital Association, the Joint Commission, The American College of Healthcare Executives, the Centers for Medicare and Medicaid Services, and the insurance industry.

Zigmond Kozicki and his team are looking at how water impacts human health and are making recommendations that can reduce the incidence of health care acquired infections for millions of people across the country.

Liquid measures
As general protection from waterborne pathogens in hospitals, CMU researchers suggest the following measures for hospital patients:
• Bring your own drinking water or ask for distilled water
• Don’t use hospital showers, unless they have point-of-use filters
• Be aware of where waterborne pathogens can be found, including potable water, cooling towers, nebulizers, humidifiers, vaporizers, sinks, hydrotherapy pools, whirlpools, dialysis water, eyewash stations, flower vases.

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Serving others

CMU students package meals for 300,000 families

BY SHARASA HENLEY, ’11

PHOTOS BY ROBERT BARCLAY
CMU volunteers stepped into Feeding America’s West Michigan Food Bank warehouse and a look of awe appeared on their faces.

In front of them: More than a million pounds of food.

Even more surprising to the students – more than 70 percent of that food was supposed to be in a landfill.

And that is something that is happening around the nation. The USDA recently reported about 96 billion pounds of food available for human consumption in the United States were thrown away by retailers, restaurants, farmers and households over the course of one year.

At the food bank, the 27 students package the perishable and nonperishable reclaimed food for distribution to pantries, shelters and other antihunger organizations in 40 West Michigan counties.

Students do various tasks like weighing sausages, labeling cans, packaging meals and putting them into delivery trucks.

“Here, we are doing the work so everything we do is going toward keeping the pantry open and giving back to the community,” says freshman Aleksis Landers.

Calkins Hall Residence Director Cathy Warner organized the group of CMU students, who were freshmen through fifth year seniors.

“Volunteering our time and service is one of our core values at CMU,” Warner says. “We’re able to really demonstrate our goals as a university through our actions here.”

Starting as a joint program with the Public Service Residential Community and Calkins Hall residents, the volunteer program encourages students to make a difference.

“When we’re talking to our students about critical thinking and evaluating good uses of your time and money, we like to demonstrate that activities like these matter,” Warner says.

Every year, organizations around Michigan receive overwhelming amounts of donated food, some of which never makes it to homes due to lack of staff or resources. Volunteer groups make it possible for that food to end up in homes that need it, says Dena Rogers, Volunteer coordinator for the WMFB.

Rogers says that an hour from one person at the food bank can help process 125 meals.

She says CMU students have been volunteering at the WMFB since 2003, helping the organization get more than 20 million pounds of food to Michigan residents.

CMU sophomore Kris Lawrence says he plans on returning to volunteer at the food bank and felt good knowing that he made a difference in someone’s life.

“I helped hundreds of families get a meal on their table,” he says. “That’s a good way to spend your day.”

Get involved

• Food Gatherers, Ann Arbor, 734-761-2796
• Food Bank of South Central Michigan, Battle Creek, 269-964-3663
• Feeding America West Michigan Food Bank, Comstock Park, 616-784-3250
• Gleaners Community Food Bank of Southeastern Michigan, Detroit, 313-923-3535
• Food Bank of Eastern Michigan, Flint, 810-239-4441
• Mid-Michigan Food Bank, Lansing, 517-702-3355
• Forgotten Harvest, Oak Park, 248-967-1500

For a complete list of Feeding America Food Banks, go to feedingamerica.org.
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Fashion always comes back.

And that is what Central Michigan University’s apparel merchandising and design department showed the audience at the 14th Annual Threads fashion show.

The more than 1,000 in attendance saw 36 collections from 39 designers that showcased fashion trends through time.

Starting as far back as Ancient Egypt, the student designers reinterpreted trends and modernized the decades. Fraser senior Laura Czupinski and Riverdale senior Jason Gagnon served as co-producers of the event.

This year, eight judges selected the winners of 14 different awards, including The Johnathan Kayne Designer Award. That award, named after the Project Runway contestant, gives the opportunity for a CMU student to work with the reality television show designer.

The winner was Romeo senior Justine Young for her ‘Fashion is a Battlefield’ collection inspired by the 1980s. Apparel merchandising and design faculty member Carol Beard said winning the award will allow Young to work with Kayne on an original design.

“Kayne is offering a chance for one of our students to design a garment with him that will be sold across the country,” Beard said. “This will help prepare her for a real-world experience.

“And that is what Threads is all about – a fun and educational way to give our students experience that will give them an edge.”

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Hoop Dreams

The introduction of 2008 National Coach of the Year Keno Davis as the 20th men’s basketball coach in CMU’s history marks the beginning of a new era on the court.

Davis believes that the on-the-court Xs and Os can only go so far in building a successful program. Championship Culture means more to him than just the final result on the scoreboard and the win-loss columns.

It’s about building a program the right way. “Everybody wants the program to have a ton of wins and to win championships and to have that kind of success,” Davis says. “More importantly, you have to have the right kids in the program who are going to represent the program well, who are going to work hard in the classroom and who are going to represent it off the court.”

It is this philosophy and commitment to building a program the right way that attracted Davis to CMU and vice versa.

When the Chippewas head coaching position became available in mid-March, Davis says it was on his short-list of jobs in which he was interested, in part because of CMU’s commitment to its student-athletes.

Great success is the goal for which Davis and his program will strive, but in order to do so he believes his players, both present and future, must show a high level of commitment to hard work and dedication, a blueprint for success he learned from watching his father Dr. Tom Davis, who coached for many years at – among other places – Boston College, Stanford and Iowa.

Applying this blueprint in his own career, Davis took over a Drake team in 2007-08 that finished the season 28-5, ranked No. 14 in the country and as champions of the Missouri Valley Conference with a 15-3 conference record.

That blueprint followed him to Providence College from 2008-11. He guided the Friars to a 19-14 record and a seventh-place in the ultra-competitive Big East Conference on the merits of hard work and dedication.

“The way you build it is first with the young men who are part of the program,” he says. “You challenge them to do great things. To do that, they have to have a work ethic that they’re going to outwork their opponents. You take those young men who are already focused on that or need to be refocused, and then you recruit the best fit.”

In saying he wants to recruit the “best fit,” Davis doesn’t necessarily mean the best player, but rather the player who will best help CMU basketball become the best it can be.

“He’s the kid the fans want to see and they want in the game,” Davis says. “They’re chanting his name because he’s their favorite player. I want a team of favorite players. They’re going to outwork so many guys around the country that, when they leave, they’re the success stories. By putting together a team of motivated student-athletes, we can achieve great things.”

Meet Coach Davis’ coaching team

Jeff Smith and Kevin Gamble were the first two assistant coaches to join Keno Davis’ first CMU staff. As of press time, a third assistant coach had yet to be named.

Gamble was a member of Davis’ staff at Providence, while Smith – a Michigan native – is a former CMU Chippewa assistant.

Gamble, a 10-year NBA veteran, left an eight-year stint as a college head coach to spend the 2010-11 season as the Friars’ coordinator of player development and video operations, heading up the program’s academics, student-athlete development and video efforts.

Smith returns to his roots in the state of Michigan for his second stint as a Chippewa assistant.

He originally joined the CMU men’s program as a graduate assistant in May 1997 and served in that capacity for two years before being promoted to assistant coach.

Shortly thereafter, he helped the 2000-01 Chippewas to a 20-8 record and a Mid-American Conference title. Smith was on the CMU bench until September 2002 when he joined the staff at Oakland.

The Bay City native became the associate head coach at Oakland, helping the Golden Grizzlies to a 2005 Mid-Continent Conference Tournament championship and a win in the opening round of the NCAA Tournament.

After a successful five-year tenure, Smith joined Jim Boylen’s staff at Utah and helped the Utes to the 2009 Mountain West Conference title and a No. 5 seed in the NCAA Tournament.
Success coach

Executive Associate Director of Athletics Marcy Weston recently was honored with the 2012 Distinguished Woman in Higher Education Leadership Award from the Michigan American Council on Education Network for Women Leaders in Higher Education.

“I am humbled and extremely honored to receive the prestigious award from the Michigan ACE,” Weston said.

She also was honored as CMU’s Woman of the Year.

Weston was recognized for the role she has played in the advancement of women’s collegiate athletics during her 40 years as an official, coach and administrator at the collegiate level.

A 2000 inductee into the Women’s Basketball Hall of Fame, Weston – in 1991 – was recognized by the NCAA as one of nine major contributors to the first decade (1981-91) of NCAA women’s basketball.

Weston’s coaching career included time as head coach of the field hockey, volleyball and women’s basketball programs at CMU. She was inducted into the CMU hall of fame, which now bears her name, in 2004.

Making the grade

More than 100 student-athletes were honored at the 20th Annual Academic Excellence Banquet.

The winners of several team and individual awards were announced at the spring semester banquet.

Seniors Brian Bennyhoff of football and Bethany Allport of women’s soccer were named the first recipients of the newly-created Pat Podoll Award for Outstanding Academic Achievement.

The award, named after longtime athletics department director of academics Pat Podoll, will become an annual award to recognize the graduating senior male and female student-athletes with the highest cumulative GPAs. Only those who have been a member of an athletic team and attended CMU for their entire collegiate career will be eligible for the award.

With a cumulative GPA of 3.7, the highest in the country for the seventh consecutive year, the women’s soccer team was awarded the Outstanding Team GPA award among women’s sports, while the men’s Outstanding Team GPA award went to the baseball team.

The gymnastics team earned the Dick Enberg Team Award based on its commitment to academics and community service.

In addition to an outstanding season in which it earned its third consecutive Mid-American Conference regular-season and tournament championships, the team maintained a 3.46 GPA and was active in the Mount Pleasant community.

Highlighting the academic year, 48 current and former student-athletes earned their CMU degrees on May 5.

Forty-three current and former student-athletes earned bachelor’s degrees, four earned their master’s degree and one completed her doctorate.

Bethany Allport and Brian Bennyhoff received the Pat Podoll Award for Outstanding Academic Achievement from Pat Podoll, center.

CMU student-athletes who were recently honored at the 20th Annual Academic Excellence Banquet.
Temperatures are set to hit record highs this summer. To help everyone stay cool and comfortable, three CMU faculty members have provided their knowledge on ways for you and the sweltering heat to co-exist.

Keep your cool

Five ways to beat summer heat

• **Drink water before you are thirsty.** When you are thirsty your body is already on the way to being dehydrated. Drink water regularly throughout the day instead of just before and after a workout. Freezing water bottles helps keep you cool and hydrated for as long as possible. Avoid drinks that dehydrate you such as caffeine, tea, milk, soft drinks and any kind of alcohol.
  - Rene Shingles, school of rehabilitation and medical sciences

• **Preplan any types of high intensity outdoor exercises on heat-heavy days.** If you’re an outside jogger who doesn’t like to carry water, ask a neighbor or friend on your jogging route if you can keep a water bottle in their yard for when you need to take breaks.
  - Denise Webster, school of rehabilitation and medical sciences

• **Uncover as much of the core as practical.** Since heat rises, your apparel should allow plenty of ventilation at the neckline. In environments where headwear is necessary, it is suggested that there is a spacer fabric between the hat and the head or a suspension system that provides a hatband to suspended the hat or helmet.
  - Maureen Macgillivray, apparel merchandising and design

• **Switch up times of the day when you do physical fitness.** Early morning and late at night are usually the coolest times of day.
  - Denise Webster, school of rehabilitation and medical sciences

• **Wear light-colored fabrics over the dark-colored ones.** Also, the design of your clothing should allow freedom of movement to prevent any extra physical effort that can result in generating heat and raising your metabolic rate.
  - Maureen Macgillivray, apparel merchandising and design

About our experts

Maureen Macgillivray, Ph.D., is a faculty member in apparel merchandising and design. She has written journal articles on functional apparel design, clothing comfort, adolescents and clothing, body image and self-esteem, appearance and dress, home economics, consumer habits, and workplace clothing. Her most recent research is on nanotechnology in functional apparel design and the use of body scanners to help design fabrics that act as thermal barriers.

Rene Shingles, ATC, Ph.D., is the director of the School of Rehabilitation and Medical Sciences at CMU. She is a certified and licensed athletic trainer and teaches in the athletic training education program. Her expertise is in cultural competence.

Denise Webster, ATC, is a faculty member in the School of Rehabilitation and Medical Sciences at CMU. She is a Board of Certified Athletic Trainer and teaches courses in theory and application of preventative devices, health care administration, athletic training and fundamentals of motor learning.
In your own backyard
Small efforts make an environmental impact

By Marcie Lehr Otteman, ’87
Executive director of alumni relations

When it rains, I take a cup with me when I do my morning workout.

In the parking lot, I spend five minutes picking up the worms that come out after the thunderstorm.

It may sound strange, but I’ve done this often enough that even my workout buddies help me – although they do offer some good-natured teasing about picking up worms.

Kaitlin loves to see how the food scraps we put in turn to dirt with a little effort and some worms. We also recycle weekly our paper, cardboard, glass and plastic. I’m trying to show her some things that we can do to help reduce our impact on the planet.

CMU is leading the charge in this area, as well. Not only do we – as alumni, students, faculty and staff – all do our part on campus to recycle, reduce our energy usage and keep waste to a minimum, we also build green buildings and support sustainable initiatives.

In this Centralight issue, you will read about CMU being the grand winner for the 2011 Green Cleaning Award for Schools and Universities and our energy savings on campus. You’ll learn about the CMU Botanical Garden and our research on the Great Lakes.

As a university, we find it part of our fabric to impact the world in positive ways.

We recently welcomed a new class of alumni to our family. They will travel near and far and make broad impacts on their communities and the world at large. Much of what they do in their new lives as college graduates comes from the lessons learned and actions seen during their time as CMU students.

I don’t remember ever recycling as a college student in the late 1980s, but I see the blue recycling bins by the rental houses on Main Street now. I see the containers and bins in buildings all across campus. I think how important it is that we, as an institution, are constantly looking for ways to reduce our waste and care for our campus environments.

You see, the worms are for my 9-year-old daughter Kaitlin’s “worm farm,” which is what she affectionately calls our compost bin.

We started composting several years ago to make dirt for our vegetable and flower gardens.

It is great to see so many students and young people involved with sustainable and earth-friendly practices.

If my daughter had her way, our vegetable garden would be bigger. Instead of just growing peas, carrots, tomatoes and lettuce, we would also grow squash, pumpkins and corn. I also think she’d like it if there were a few chickens and goats thrown in for good measure.

But I’m ok with our modest-sized garden. I enjoy shopping locally at the farmer’s market. And Kaitlin likes watching her “farm” to make sure the worms are happily fed.

And that’s good for us – because it is the small things that add up to make a big difference.

I’d love to hear how you are working to be more earth-friendly. Tell us how you make being maroon and gold a green effort at alumni@cmich.edu.

Marcie (Lehr) Otteman

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Calendar

June
20 through 22
Grandparents U, Mount Pleasant campus

25
Great Lakes Bay Region Golf Outing and Dinner, Apple Mountain Golf Club, Freeland

30
Tampa Bay Rays vs. Detroit Tigers, Tampa, Fla.

July
13
CMU Chicago and Goose Island Alumni Outing, Goose Island and Wrigley Field, Chicago

23
The CMU Thomas “Bud” Moore Scholarship Open, Traverse City Golf & Country Club, Traverse City

August
30
CMU Football home opener, Mount Pleasant campus

September
8
CMU Football vs. Michigan State, Mount Pleasant campus

October
20
Homecoming vs. Ball State, Mount Pleasant campus

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Marcie M. Otteman
Arizona
Phoenix area alumni attended a Suns game, a Coyotes game and a Diamondbacks game.
President George E. Ross traveled to Arizona in April for a “Meet the President” event in Scottsdale. There were more than 50 alumni in attendance.
Contact: Dale Wernette, ’67 480-515-5132 sherpadale@aol.com

California
Los Angeles Area alumni attended a LA Kings vs. Red Wings game in March.
Los Angeles contact: Jeff Devers, ’03 586-260-1572 jeffreymdevers@msn.com
San Diego contact: Greg Cox, ’00 858-534-0437 gcox@sea.ucsd.edu
San Francisco contact: Call the alumni office at 800-358-6903.

Colorado
Denver contacts: Mary Van Meter, ’80 vannmetert@aol.com
Terry Beatty, ’70 tbeatty@farmersagent.com

Florida
More than 30 Central Florida area alumni met in Lakeland, Fla., to cheer on the Detroit Tigers during a spring training game in March.
Orlando contact: Jim Phillips, ’99 chiporlando@yahoo.com
Tampa Bay contact: Jason Frank, ’04 jmfrank@usf.edu
West Palm Beach contact: Paul Gaba, ’88 561-352-0635 westpaulbeach@comcast.net
Naples contact: Jeff Stomber, ’92 jeff_stomber@yahoo.com
The Villages contact: Dick Cassle cassledick@aol.com

Georgia
Atlanta contacts: Mark Guy, ’00 770-475-3447
Jared Lombard, ’03 jaredlombard@yahoo.com 404-918-5342
Candice Zmijewski, ’03 czmijewski@yahoo.com

Illinois
Chicago contact: Ira Krefet, ’77 ikrefet@aol.com

Indiana
Indianapolis contact: Lauren Hayden, ’09 lamhayden28@gmail.com
South Bend contact: Kimber Abair, ’01 kabair@pressganey.com

Massachusetts
Boston contact: Call the alumni office at 800-358-6903.

Michigan
Alumni and friends met in Detroit for Skate Night on Feb. 24.
Ann Arbor contacts: Bob Balicki, ’79, and Gail Elliott, ’94
Bob: 313-608-7922
Gail: 313-608-7923
rj_balicki@yahoo.com gaelliott@sbcglobal.net
Battle Creek contact: T.R. Shaw, ’82 269-965-2979
trsbcmi@aol.com
Detroit contact: Christopher Jablonski, ’83 christopherjablonski@gmail.com
Flint contact: Ted Bunker, ’69 810-694-7359
ted131@comcast.net

Northern Michigan contact: Kristen Beach, ’90 ’98 231-675-2136
counselor_klb@hotmail.com
St. Clair County contact: Dennis White, ’70 coachwhite2@comcast.net
Traverse City contact: Judith Danford Tank, ’68 231-267-5081

Minnesota
Twin Cities contact: Sherry Magnusson 952-544-0030
smags@comcast.net

Missouri
Kansas City contacts: Frank Moussa, ’85
913-962-9620
fhamoussagatop.state.kans.us
Jared Reid, ’10 reidlj@hotmail.com

New York
New York City contact: Adam Ebnit, ’03
adambbnit@nyu.edu

North Carolina
Charlotte contact: Michele Caldwell Kelly, ’01 shelkell@gmail.com
Raleigh contact: Aaron Todd, ’97 919-423-4956
aaronjtodd@gmail.com

Ohio
Cincinnati contact: Kevin Shea 513-321-1695
km5750@aol.com
Cleveland contact: Call the alumni office at 800-358-6903.
Columbus contact: Jeremy Rycus, ’95
614-933-0436
jrycus@insightrr.com

Pennsylvania
Western Pennsylvania contact: Jeff Rivard, ’66
412-826-2180
jrivard@wpga.org

Tennessee
Knoxville contact: Lisa Fall, ’86 865-216-2507
fall1lt@cmich.edu

Texas
Central Texas contacts: Jerry Juhnke, ’86
210-455-9968
angieco241@aol.com
Dallas contact: Chris Dittman ’88
cdit@msn.com
dfwchips.blogspot.com
Houston contact: Bill Cox, ’83 713-722-0911
bcox@djsunlimited.net

Washington, D.C.
Contact: Tony Brown, ’02
202-882-2993
brown@cua.edu

Wisconsin
Milwaukee contact: Mark Bender, ’95
mark.bender@med.ge.com

Great Lakes Bay Region alumni gathered on campus for the final home men’s basketball game of the season and tailgated in the parking lot prior to the game.
Connections

**Honors Constituent Chapter**
- Contacts: Bryan Wief erich
  bryan_wief erich@yahoo.com
- Honors Program
  989-774-3902

**Integrative Public Relations Constituent Chapter**
- Contact: Abigail Dean, ’01
 abby_dean03@hotmail.com

**Latino Constituent Chapter**
- The CMU Latino Chapter participated in the Saginaw Cinco de Mayo parade.
- Contact: Laura Gonzales, ’79 M.A. ’89
  lmgonzales1998@yahoo.com

**Leader Advancement Scholars Constituent Chapter**
- Contact: Dan Gaken, ’04
  gaken1dm@cmich.edu

**New England**
- Contact: Kevin Richards, ’89
  203-840-6221
  krichards@reedexpo.com

**Physician Assistant Constituent Chapter**
- Contact: Andrew Booth
  andrewbooth@hotmail.com

**Recreation, Parks and Leisure Services Administration Constituent Chapter**
- Contacts: Chris Bundy, ’88
  cbundy@mt-pleasant.org
- Susan Wells, ’77
  wellss@co.oakland.mi.us

**ROTC Constituent Chapter**
- Contact: John Fisher, ’70
  fshe1js@cmich.edu

**Student Alumni Association Constituent Chapter**
- Contact: Emily Hall
  maroon@cmich.edu

**Volunteer Center Constituent Chapter**
- Contact: Nic Bottomley, ’95
  botto1na@cmich.edu

**Young Alumni board**

**President**
- John Kaczynski, ’03 M.P.A. ’08
  Lansing

**Vice president**
- Ashleigh (Klipper) Laabs, ’07
  Royal Oak

**Past president**
- Nathan Tallman, ’07 M.A. ’09
  Auburn Hills

**Directors**
- Amanda Aude, ’09
- Derek Berger, ’06
  Muncie, Ind.
- Richard Funke, ’07
  Rio Rico, Ariz.
- Kendra (Bethke) Huckins, ’03
  M.B.A. ’09
  Mount Pleasant
- Spencer Long, ’08 M.A. ’10
  La Crosse, Wis.
- Gregory Marx, ’08
  Midland
- Brian Peters, M.S.A. ’08
  North Prairie, Wis.
- Michael Zeig, ’08
  Lansing

**Reunion**
Delta Zeta sorority alumnae from the late 1970s and early 1980s came to CMU’s campus from April 20 to 22. Approximately 25 sorority sisters traveled to Mount Pleasant from different areas around the country to reconnect, have a reunion dinner at the Italian Oven and attend the Greek Week Sing.

**Alumni board**

**President**
- Jan (Keegan) Hagland, ’77
  Berkley
  janhagland@hotmail.com

**First vice president**
Vacant

**Second vice president**
- Darlene Nowak-Baker, ’87
  Milford
  dnowak-baker@fpfc.net

**Directors**
- Merideth (Kolod) Allard, ’02
  Sterling Heights
- Rebeca Reyes Barrios, ’00 M.B.A. ’02
  Canton
- Jeffrey Benjamin, ’86
  Saginaw
- Jean (Bennett) Brown, ’88
  Northville
- Paul DeRoche, ’91
  Commerce Township
- Kevin Campbell, ’74 M.A. ’76
  Midland
- Ryan A. Fewins-Bliss, ’02 M.A. ’04
  Bath
- Lynn Garrett, ’97
  Detroit
- Laura Gonzales, ’79 M.A. ’89
  Mount Pleasant
- Daniel Herzog, ’91
  Royal Oak
- Timothy Hicks, ’74 M.A. ’77
  Muskegon
- Christopher Jablonski, ’83
  Brighton
- Brian Jones ’90 M.B.A. ’94
  Midland
- Adrian LaMar, ’89
  Wyoming
- Linda (Scharich) Leahy, ’82
  Midland
- Darcy Orlik, ’92 M.S.A. ’95
  Mount Pleasant
  Lansing
- Kevin Richman, ’93
  Milford
- Charles Selinger, ’94 M.S.A. ’98
  Ceresco
- Darryl Shelton, ’85
  Grand Rapids
- Robert VanDeventer, ’74
  Saginaw
- Thomas L. Worobec, ’93
  Dearborn Heights

The CMU Alumni Board wants to recognize Tom Lapka, who recently stepped down from the presidency. Lapka will be honored for his 16 years of board service at the October meeting.
1960s

John Kulhavi, ’65, a Merrill Lynch financial advisor, recently made the Barron’s “America’s Top 1,000 Advisors: State-by-State” list. John’s recognition on this annual list is an industry honor and recognition of his accomplishments.

1970s

Jeffrey D. Brasie, ’70 M.A. ’76, has recently been appointed executive director of The Michigan Primary Care Consortium. He brings more than 25 years of experience to the position within proprietary and nonprofit acute and ambulatory care, mobile services, physician and provider relations, managed care, long-term care, hospice/end of life, rehabilitative services, and wellness programs.

Janice M. Fialka, ’73, recently co-authored a book titled “Parents and Professionals Partnering for Children with Disabilities: A Dance That Matters.” The book discusses the importance of the relationships between parents and administrative staff through utilizing the metaphor of dance.

Marie Tuite, ’75, works as San Jose State University’s deputy director of athletics. She was one of 41 Silicon Valley female executives who were honored at the 28th annual Tribute to Women Awards Program. The TWIN Awards Program honors women who demonstrate excellence in executive-level positions.

Karen (Kromp) Cipriani, ’77 M.A. ’84, recently retired from Oakland County after a 34-year career in Public Health Administration.

1980s

Randy Lewis, ’80, former CMU Men’s Golf Team star (1978-81) recently played in the 2012 Master’s Tournament. He earned an invitation by virtue of winning the United States Mid-Amateur Championship in 2011. He also was recently inducted into the Michigan Golf Hall of Fame.

Paul White, ’83, is a third generation dry cleaner and president of Roth Cleaners Inc. who began working in the industry at age 12. After attending CMU, he joined Roth Cleaners in 1979 working alongside his father.

Michael Samyn, ’84, recently became chief financial officer for St. Mary Mercy Hospital in Livonia, Mich. He brings more than 25 years of experience in the health care field to his new position.

Thomas Fockler, ’86 D.H.A. ’08, recently accepted an appointment as a tenure-track assistant professor in the College of Health Professions/Health Services Administration Department at the University of Detroit Mercy. Dr. Fockler is teaching health care finance, management and policy at the undergraduate and graduate levels. He also is an adjunct faculty in the Doctor of Health Administration program at CMU.

Laurie Valasek, ’89, after climbing her way up the corporate ladder, now serves as the CFO of Midland Cogeneration Venture.

1990s

Susan Dalton-Akers, ’91, was recently hired by pharmaceutical supplier Perrigo as a senior operations financial analyst for the cost accounting team. In this role, she will be responsible for providing leadership and coordination of financial planning, budgeting and forecasting for the company’s tablet production.

Kelly A. Curtiss, ’99, recently earned her Master of Science in Adult Education from the University of Wisconsin-Platteville. She has worked as an academic advisor since 2008 for the University of Wisconsin-Platteville.

2000s

Nancy Jones-Oltjenbruns, ’01, successfully defended her dissertation in educational leadership at Virginia Commonwealth University.

Kasey Anderson, ’03, serves as media relations manager for The Dow Chemical Co. Anderson is responsible for corporate reputation building through relationship management and works closely with other members of the corporate media relations team.

Nathan P. Fegan, ’04, is currently deployed as a Navy Petty Officer Second Class. Fegan, along with fellow sailors and Marines aboard the aircraft carrier USS Enterprise, hosted a material, maintenance and management assist team, as they evaluated the ship’s 3M program. He is part of a team responsible for assessing Enterprise’s 3M program and training sailors to be more successful at 3M.

James J. Lewis, ’06, has recently earned his Certified Fundraising Executive credential and has been appointed to serve on the George Mason University Department of Global and Community Health Advisory Committee.

Laura Czubaj, ’07, has recently been promoted to manager of the Product Area Controlling Department for Bosch and Siemens Home Appliances Corp.

Jennifer Kramer, ’08, was promoted to account executive at Katz Radio Group in Troy, Mich. She joined the New York-based firm in 2009 as a sales assistant.

Kara Yadach, ’10, recently was promoted to an assistant account executive at Eisbrenner Public Relations. In her new position, Yadach will provide support to account teams through development of communication plans, media relations, project management, and writing and editing.

Andrew Ysasi, M.S.A. ’10, recently earned his Certified Records Manager credential.

Send us your news

We want to include your news in Centralight. Write to us about recent job promotions, awards, marriages, births, and other noteworthy accomplishments or changes. Be sure to include your graduation year and contact information.

Send your information:
Email: alumni@cmich.edu
Fax: 989-774-1098
Mail: Centralight, University Communications, West Hall, Central Michigan University, Mount Pleasant MI 48859.

In Memory

Efrain Lozano, M.A. ’78, Dover, Del., died Feb. 1, 2012, age 86.
William S. Eichler, M.A. ’76, Specialist in Ed. ’80, Riverton, WY, died Feb. 16, 2012, age 84.
Carol L. (Shaker) Venn, ’69, Fort Worth, Texas, died Feb. 26, 2012, age 65.
Ethel B. (Rowe) Poor, ’73 M.A. ’75, Traverse City, Mich., died March 5, 2012, age 80.
Dr. Van D. Mueller, ’51, Minneapolis, Minn., died March 8, 2012.
S. Marlene (Soltysiak) Nowak, M.A. ’73, Sarasota, Fla., died March 11, 2012, age 74.
Wyndia V. Wortham, M.S.A. ’03, LaGrange, Ga., died April 4, 2012, age 59.
William J. Achenbach, ’60, Decatur, Ala., died April 5, 2012, age 78.
Willie F. Grase, M.S.A. ’92, Yorktown, Va., died April 6, 2012, age 64.
George W. Kuhn, ’47, died April 9, 2012, age 87.
Edward R. Ettner, M.A. ’80, Mason Neck, Va., died April 11, 2012, age 64.

Retirees
Jean Holland-Wood of Traverse City, Oct. 10, 2011.
I am Central:
Sarah Lillian Teeple
Junior
Outdoor Recreation major, Natural Resources minor

When did you become passionate about sustainable practices?
I have always seen the Earth and nature as important. But it really hit home when I worked in a hoop house in the Upper Peninsula near my reservation in Bay Mills.

I did research on growing seasons in the area. We grew tons of various vegetables, and then harvested, washed and gave “green bags” filled with fresh salad supplies to the elderly food program. We grew so much that bags were delivered daily. I saw how much the Earth gives when we are educated about it and we respect it.

Who inspired your appreciation for nature?
It was not one person. My native American heritage has shaped the way I view the world. It creates an appreciation and respect for the earth and all the animals, plants and systems within it. Whether or not we understand it, everything on this world has a purpose.

How do you get your message out?
Chief Seattle said, “The Earth does not belong to us, we belong to Earth.” I want people to know the earth is a finite resource. Even though we may become overwhelmed when we consider the damage being done to the Earth, each and every one of us can make a difference.

What are you working on?
One of my CMU professors and I are looking for ways to bring sustainable practices to my reservation.

We are looking into grant writing to fund a windmill, and I am planning on holding educational sessions about ways to incorporate sustainable practices into everyday life – like a reservation-wide recycling program.

What are some of those little everyday things that you do?
I leave the water off while I brush my teeth to conserve water. I unplug appliances when I’m not using them. And I choose to ride my bike over driving often. It’s better for the earth, my budget and it’s faster than trying to find a parking spot.
Receive income in return for your gift to CMU.

Nancy, ’61, and Bob Stuart, ’61 M.A. ’64, wanted to provide opportunities for future generations to experience the positive environment of the new Education and Human Services Building.

The Stuarts’ interests became a reality through their charitable gift annuity to support CMU’s Human Development Clinic. The couple also is receiving regular income as a result of their gift.

“Our experiences at Central shaped our adult lives and expanded opportunities beyond expectation – socially, economically and professionally,” the Stuarts said.

A charitable gift annuity will provide:
• Lifetime income to one or two people, a portion of which is tax-free
• An immediate charitable income tax deduction
• Possibility of more discretionary income
• Continued support for future students

Consider establishing your own charitable gift annuity at CMU today.

For more information
Ted Tolcher, Assistant Vice President, Planned and Major Gifts
800-358-6903 • Ted.Tolcher@cmich.edu

giftplanning.cmich.edu

Fixed Annual Rates When Established

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<thead>
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<th>Age</th>
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CMU is an AA/EO institution (see cmich.edu/aaeo).
**2012 HOME SCHEDULE**

<table>
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<tr>
<th>Date</th>
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<tbody>
<tr>
<td>Aug. 30</td>
<td>Southeast Missouri State</td>
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<tr>
<td>Sept. 8</td>
<td>Michigan State</td>
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<tr>
<td>Oct. 12</td>
<td>Navy (Military Day)</td>
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<tr>
<td>Oct. 20</td>
<td>Ball State (Homecoming)</td>
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<tr>
<td>Oct. 27</td>
<td>Akron (Band Day, Hall of Fame Day)</td>
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<td>Nov. 3</td>
<td>Western Michigan</td>
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<td>Nov. 17</td>
<td>Miami</td>
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For additional information or to customize a group package (minimum 10 people), contact Ticket Central.

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**PICK A PACK**

Don’t miss a snap of this monumental season. If you can’t make all seven home games, there is a special ticket package that works for you.

**Maroon Pack**
- See Southeast Missouri State, Navy and Western Michigan
- All 3 games for $70 per person

**Gold Pack**
- See Navy, Ball State, Akron and Western Michigan
- All 4 games for $90 per person

**Lawn Lounge Pack**
- See 3 games of your choice for $60
- Subject to availability; all games except Michigan State

**Family Pack**
- 2 adult tickets, 3 youth tickets and concessions vouchers for $75
- Available for Southeast Missouri State, Akron, Ball State or Miami

**Lawn Seats**
- 4 lawn seats, 4 hot dogs, 4 drinks for $60
- Subject to availability; all games except Michigan State

For ADA accommodations, call 989-774-3045 at least one week in advance.
CMU is an AA/EQ institution (see cmich.edu/aaeo). UComm 8660.