Carls Center for Clinical Care & Education

Helping Children & Adults
Improve Their Abilities

State of the Art Hearing & Balance Diagnostics
Hearing Aid Sales, Service and Repair
Cochlear Implant Clinic
Speech & Language Therapy
Digital, Programmable & Conventional Hearing Aids
Swallowing Rehabilitation
Physical Therapy & Neurorehabilitation
Summer Speech Clinic
Psychology and Behavioral Health
Fall & Balance Clinic - Vestibular Diagnostics & Rehabilitation
Driving Evaluation and Education Research
and more...

Central Michigan University
Carls Center for Clinical Care & Education
1101 Health Professions Building
Mount Pleasant, MI 48859
(Corner of Preston Street & E. Campus Drive)

CMU, an AA/EO institution, strongly and actively strives to increase diversity and provide equal opportunity within its community.

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The Carls Center for Clinical Care and Education is the premier specialty rehabilitation center in mid Michigan, pooling together the talents of exceptional clinicians, faculty and students.

The Carls Center is recognized as a provider of high quality, specialized clinical care and rehabilitation by excelling in the areas of:

- **Patient Care**
  - Audiology, Physical Therapy, Psychology and Speech Language Pathology, as well as other medical and health disciplines (from the Physician Assistant, Nutrition and Gerontology Programs) complement these core services as needed, so that individualized patient-centered care is provided.

- **Community Involvement**
- **Patient, Family and Community Education**
- **Clinical Training, Education and Research**
- **Customer Service**

**Speech & Hearing Clinics**
- The clinics are committed to assisting people with speech, language and hearing impairments throughout the central Michigan area. Clinical diagnostic and rehabilitative services are offered for persons from infancy to adulthood. Contracted services are also provided to various public school and private social support agencies. The clinics are staffed and supervised by nationally certified Speech-Language Pathologists & Audiologists.

**Physical Therapy Clinics**
- The clinics are staffed and supervised by licensed Physical Therapists (PT) & faculty with expertise in physical/orthopedic & neurological rehabilitation:
  - **Hands for Health** (HHF) serves members of the greater Mt. Pleasant community who are uninsured or otherwise unable to pay for needed PT. HHF is staffed by graduate students and faculty from the Doctorate in PT Program.
  - **Fall & Balance Clinic** focuses on fall prevention assessment & rehabilitation for balance disorders, as well as for medical or physical conditions that may predispose clients to risks for falling. Audiology and PT clinicians work together to assess patients’ needs and develop a comprehensive, individualized care plan.
  - **Orthopedic Clinic** for treating musculoskeletal dysfunctions. Each PT utilizes advanced training in manual techniques and exercise. Patients are evaluated to determine the source of their pain. In addition to treating patients with pain and general orthopedic diagnoses, they are also seen for addressing problems or conditions relating to abdominal & pelvic pain, neck & spine problems, fibromyalgia, chronic fatigue syndrome, TMJ pain and urinary/fecal incontinence.

**Psychological Training and Consultation Clinics**
- Individual, couple, family and group mental and behavioral health counseling is offered to the public using a sliding fee scale based on annual income and the number of dependents in a household.

**Specialty Interdisciplinary Programs**
- **Adult Weight Management**
  - CMU and Central Michigan Community Hospital’s Wellness Central Fitness support a one-year weight loss program that incorporates sound nutrition with exercise. Classes meet regularly, starting in January of each year. The program includes a three-phase meal plan based on a diabetic exchange list, exercise guidelines, cholesterol screenings, group meetings, weigh-ins and fitness monitoring.

  - This state of the art driving safety program is for older drivers, persons with history of attention deficit disorder, and persons who have had a stroke, brain injury, or neurodegenerative disease.

- **Fall and Balance Clinic**
  - This clinic provides comprehensive vestibular diagnostic and physical rehabilitation services, rendered by a team of Audiology and Physical Therapy specialists.