

## TECHNICAL STANDARDS

The athletic training program at Central Michigan University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. Students must possess the perseverance, diligence and commitment to complete the athletic training program as outlined and sequenced. It is the objective of this program to prepare graduates to enter a variety of athletic training employment settings and to render care to a wide spectrum of athletes and physically active individuals. The technical standards establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skill, competencies and proficiencies of an entry-level BOC certified athletic trainer, as well as meet expectations of the program's accrediting agency (CAATE). *The following abilities and expectations must be met by all students selected to the athletic training program and be maintained throughout the student's progress in the program.* In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, then the student may be dismissed from the athletic training program.

Candidates for admission and athletic training students in the professional program must:

- Assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
- Demonstrate sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations utilizing accepted techniques; perform common prevention and emergency care techniques; and accurately, safely and efficiently use equipment and materials during assessment and therapeutic treatment of patients.
- Communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes but is not limited to establishing rapport with patients and communicating judgments and treatment information effectively. Students must understand and speak the English language at a level consistent with competent professional practice.
- Record the physical examination results and a treatment plan clearly and accurately.
- Maintain composure and continue to function well during periods of high stress including the ability to respond with precise, quick and appropriate actions in emergency situations.
- Be flexible and adjust to changing situations and uncertainty in clinical situations.
- Demonstrate affective skills and appropriate demeanor and rapport with patients, caregivers and professional colleagues.
- Accept constructive criticism and respond by appropriate modification of behavior.

Admission to the professional program will be contingent on the student's verification that they understand and meet these technical standards either with or without accommodation.

The Student Disabilities Services Office will evaluate a student who states he/she could meet the program's technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws.

If a student states he/she can meet the technical standards with accommodation, then the agent for the University will determine whether it agrees that the student can meet the technical standards with reasonable accommodation; this includes review of whether the accommodations requested are reasonable, taking into account whether the accommodations would jeopardize clinician/patient safety, or the educational process of the student or the institution, including all coursework, clinical education and immersive clinical experiences.

Please sign statement A OR B below.

**Statement A: NO Accommodations Requested**

I certify that I have read and understand the technical standards listed above and I believe to the best of my knowledge that I meet each of these standards without accommodation. I understand that if I am unable to meet these standards I may be dismissed from the program.

\_\_\_\_\_  
Athletic Training Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

**Statement B: Accommodations REQUESTED**

I certify that I have read and understand the technical standards listed above and I believe to the best of my knowledge that I can meet each of these standards with certain accommodations. I will contact the Student Disabilities Office to determine what accommodations may be available. I understand that if I am unable to meet these standards, with or without accommodations, I may be dismissed from the program.

\_\_\_\_\_  
Athletic Training Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name