

## **CMUDI COVID-19 Policy**

### **What is Coronavirus (COVID-19)?**

Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person. This is a new virus that has spread throughout the world and symptoms can range from mild (or no symptoms) to severe illness.<sup>1</sup>

### **How is COVID-19 spread?**

A person can become infected by being in close contact (about six feet) with a person who have COVID-19. A person can become infected from respiratory droplets when an infected person coughs, sneezes, or talks. A person may also become infected by touching a surface or object that has the virus on it and then touching their mouth, nose, or eyes.<sup>1</sup>

### **Protect yourself and others from COVID-19**

There is currently no vaccine to protect against COVID-19. The best way for a person to protect themselves is to avoid being exposed to the virus that causes COVID-19. A person should stay at home as much as possible and avoid close contact with others. When in a public setting, a person should wear a cloth face covering that covers their nose and mouth. A person should also wash their hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60 percent alcohol.<sup>1</sup>

### **Guidelines for entering a facility as an intern.**

*Always follow your rotation site facility guidelines.* In addition, no intern should enter a rotation site facility if any of the following apply. Please note these restrictions may be modified to include developing local requirements.

- They are exhibiting signs and symptoms of the virus (Core symptoms: fever 100.4 or higher, cough, shortness of breath or difficulty breathing, and sore throat. Additional symptoms: chills, muscle pain, sudden onset of severe headache, diarrhea, and new loss of taste or smell)
- Have had direct contact in the past 14 days with someone who has tested positive for COVID-19
- Have traveled to a level 3 country as defined by CDC in the past 14 days.
- Have been on a cruise ship to any location in the past 14 days.

### When is it necessary to self-quarantine?

- If you have tested positive for COVID-19  
OR
- If you have been in contact with someone in the past 14 days who has tested positive/presumed positive for COVID-19  
OR
- If you have traveled to a level 3 country as defined by CDC in the past 14 days  
OR
- If you have been on a cruise ship to any location in the past 14 days  
OR
- If you are exhibiting signs and symptoms of the virus (Core symptoms: fever 100.4 or higher, cough, shortness of breath or difficulty breathing, and sore throat. Additional symptoms: chills, muscle pain, sudden onset of severe headache, diarrhea, and new loss of taste or smell)  
OR
- Household member has traveled to a level 3 country as defined by the CDC or been on a cruise ship to any location in the past 14 days and is exhibiting signs and symptoms of the virus (Core symptoms: fever 100.4 or higher, cough, shortness of breath or difficulty breathing, and sore throat. Additional symptoms: chills, muscle pain, sudden onset of severe headache, diarrhea, and new loss of taste or smell)  
OR
- If a household member is on a mandated self-quarantine and is exhibiting signs and symptoms of the virus (Core symptoms: fever 100.4 or higher, cough, shortness of breath or difficulty breathing, and sore throat. Additional symptoms: chills, muscle pain, sudden onset of severe headache, diarrhea, and new loss of taste or smell)  
OR
- Any circumstances under which your local government/health authorities require you to quarantine

## **Frequently Asked Questions**

### **What should an intern do if they are diagnosed with COVID-19 (or have received medical guidance without a test that they may have COVID-19)?**

Interns should immediately refrain from entering a rotation site facility and report (via phone or email/Teams chat) to their site preceptor and supervised experiential learning manager. They should also follow all medical professional guidance regarding their care and guidance on when they can return to their internship site. If a positive test is received the intern should also contact CMU Health by emailing [covidtracking@cmich.edu](mailto:covidtracking@cmich.edu).

### **What if an intern does not agree with CMU or rotation site facility guidelines and policies?**

The CMU policy closely aligns with guidance from medical experts, the CDC, and WHO. An intern may not agree with CMU policies or rotation site policies but will be required to adhere to the policy.

### **Can an intern share with others, the name of other interns, site facility employees, or patients who have tested positive for COVID-19 or is presumed positive?**

No, you may not share the name of an individual who has tested positive/presumed positive for COVID-19 due to confidentiality and privacy concerns.

### **If an intern does not want to wear a mask, do they have to?**

Masks may be a requirement at certain facilities due to the nature of the operations, local government regulations/recommendations and/or as part of their phase back plans. If an intern has a medical condition affected by wearing a mask, the intern needs to reach out to the supervised experiential learning manager and their rotation site facility to discuss reasonable accommodations.

**For more information please visit** <https://www.cmich.edu/firedupforfall/Pages/confirmed-cases.aspx> and <https://www.cmich.edu/firedupforfall/Pages/Health-Safety-Protocols.aspx>