Today I Feel Silly
A Parent’s Guide to Using an Experience Box

Experience boxes provide a way for children with limited formal communication skills to share in the experience of literacy while developing vocabulary and concepts. Using real objects or object symbols, children with limited communication skills can explore, match, and share these objects as they refer to the story with others. Experience boxes can be used with children of all ages and abilities.

Recommended Lesson Plan

- Allow your child to first explore the items in the box, let them become familiar with the shapes and textures of the items. Familiarity is important for learning.
- Select Today I Feel Silly on www.dbcentral.org – Or choose to read the enclosed book with your child on your own.
- Utilize objects in the experience box to have a conversation about the pictures and the words in the book. Allow your child to handle the object, play with it, learn and come to understand the shapes and textures of the objects. If available, provide a real life example of the item. For example, if there is a cat you can touch that has real fur, see if you can explore it safely in some way with your child.
- As you watch the “Story Time Video”, or read the book together, pull objects from the experience box as they are presented in the story. Allow your child to try to find objects that match the pictures and identify objects by practicing vocabulary. Mutually explore the object, if possible, talk, have a conversation about the objects and the story. Remember that touching the object together is a simple conversation. The mirror is included so that you can make faces together.
- Conversation starters
  - Did you like the story?
  - What did you like about the story?
  - What is your favorite object?
  - Did the objects help you understand the story better?
- After the video is finished, continue to talk and interact with the objects. Communicate with your child about the objects throughout your days. Allow your child to feel the expressions on your face for tactile awareness.
  - For example: What do you feel like today? Are you happy? You are smiling!!! You feel happy today.

NOTE: The objects in these particular boxes are all SYMBOLS for real items. If you can collect and provide the real and actual item (for example petting a real, live cat, or looking in a larger body sized mirror, making cocoa or playing in shaving cream) the concept will be more understood and broadened to the greater environment.
A Parent’s Guide to Accessing Story Time Videos and Vocabulary

- Log on to www.dbcentral.org
- On the right side, click on the “Literacy” tab
- Scroll down to “DB Central’s Story Time Virtual Book Readings”
- Or Select “Vocabulary Slides”
- If your child utilizes sign language or you would like to learn more, select the “Video” of the vocabulary. This video allows for exploration of American Sign Language

A Note on the ASL Vocabulary Video

The vocabulary presented in this video clip is American Sign Language in its most beautiful and pure structure. Meaning there are sometimes several signs used to describe one concept or phrase. For example: Discouraged = “Motivation” + “All Gone”. If there are questions or you need clarification on any of these vocabulary words, please contact DB Central for assistance at dbcen@cmich.edu.

DB Central Can Help

Project staff are able to schedule a meeting to help brainstorm how to use the experience box with your child and/or to teach them new vocabulary and concepts. Signs can be learned using vision and/or touch.

When You Are Finished with this Experience Box

Please collect all of the listed items (see back of plastic lid) and place them back into the provided container. Contact DB Central at dbcen@cmich.edu for mail pickup at your front door.