

Curriculum Vitae

Stephanie Secord Fredrick, Ph.D., NCSP

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Department of Psychology
Central Michigan University
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EDUCATION

- Ph.D. (2015) Northern Illinois University, DeKalb, IL
Specialization: School Psychology (APA accredited, NASP approved)
Dissertation Title: *The Protective Role of Social Support and the Relations Among Cyber and Traditional Victimization, Depression, and Suicidal Ideation*
Dissertation Chair: Michelle K. Demaray, Ph.D.
- M.A. (2012) Northern Illinois University, DeKalb, IL
Specialization: School Psychology (APA accredited, NASP approved)
Master's Thesis Title: *Multidimensional Perfectionism and Internalizing Distress: Sourced of Perceived Social Support as Moderators*
Master's Thesis Chair: Michelle K. Demaray, Ph.D.
- B.S. (2008) Grand Valley State University, Allendale, MI
Major: Psychology, Minor: Statistics

PROFESSIONAL EXPERIENCE

Assistant Professor, August 2016 - present
School Psychology Program (APA accredited, NASP approved)
Department of Psychology, Central Michigan University
Mt. Pleasant, MI

Adjunct Faculty, January 2016 - May 2016
Psychology Department, Aurora University
Aurora, IL

School Psychologist, August 2014 - June 2016
Arbor View, Park View, and Westfield Elementary
Community Consolidated School District 89 (CCSD 89)
Glen Ellyn, IL

PUBLICATIONS

**Publications with an asterisk have been accepted since my hire.*

- *Jenkins, L., **Fredrick, S. S.**, & Nickerson, A. (2018). The assessment of bystander intervention in bullying: Examining measurement invariance across gender. *Journal of School Psychology, 69*, 73-83. doi: 10.1016/j.jsp.2018.05.008
- ***Fredrick, S. S.**, Demaray, M. K., Malecki, C. K., & Dorio, N. B. (2018). Can social support buffer the association between depression and suicidal ideation in adolescent boys and girls? *Psychology in the Schools, 55*, 490-505. doi: 10.1002/pits.22125
- ***Fredrick, S. S.**, & Demaray, M. K. (2018). Peer victimization and suicidal ideation: The role of gender and depression in a school-based sample. *Journal of School Psychology, 67*, 1-15. doi:
- *Jenkins, L. N., **Fredrick, S. S.**, & Wenger, J. L. (2017). Peer victimization and social-emotional outcomes: The role of teacher and peer support. *Aggressive Behavior, 44*, 176-2018. doi: 10.1002/ab.21741
- *Drevon, D. D., Kim, S. Y., & **Fredrick, S. S.** (2017). Natural mentoring relationships as a protective factor for victims of bullying. *Journal of School Violence*. Advance online publication. doi:10.1080/15388220.2017.1322520
- *Jenkins, L. N. & **Fredrick, S. S.** (2017). Social capital and bystander behavior in bullying: Internalizing problems as a barrier to prosocial intervention. *Journal of Youth and Adolescence, 46*(4), 757-771. doi: 10.1007/s10964-017-0637-0
- Fredrick, S. S.**, Demaray, M. K., & Jenkins, L. N. (2016). Multidimensional perfectionism and internalizing problems: Does teacher and classmate support matter? *Journal of Early Adolescence*. doi: 10.1177/02724316166636231
- Jenkins, L. N., Demaray, M. K., **Fredrick, S. S.**, & Summers, K. H. (2014). Associations among middle school students' bullying roles and social skills. *Journal of School Violence, 15*(3), 259-278. doi: 10.1080/15388220.2014.986675
- Brown, C. F., Demaray, M. K., & **Secord, S. M.** (2014). Cyber victimization in middle school and relations to social emotional outcomes. *Computers in Human Behavior, 35*, 12-21. doi: 10.1016/j.chb.2014.02.014
- Jenkins, L. N., Demaray, M. K., Smit, N. A., **Secord, S. M.**, Lyell, K. M., Magers, A. M., Setmeyer, A. J., Rodelo, C. & Newcomb, E. C. (2014). A critical review of five commonly-used social-emotional and behavioral screeners for elementary or secondary schools. *Contemporary School Psychology, 18*, 241-254. doi: 10.1007/s40688-014-0026-6

Demaray, M. K., Malecki, C. K., **Secord, S. M.**, & Lyell, K. M. (2013). Agreement among students', teachers', and parents' perceptions of victimization by bullying. *Children and Youth Services Review*, 35(12), 2091-2100. doi: 10.1016/j.childyouth.2013.10.018

BOOK CHAPTERS

Demaray, M. K., Malecki, C. K., **Secord, S. M.**, & Lyell, K. M. (2012). Promoting social support. In S. Brock & S. Jimerson (Eds). *Best Practices in Crisis Prevention and Intervention in the Schools* (2nd ed). Bethesda, MD: National Association of School Psychologists.

PEER-REVIEWED PRESENTATIONS

**Presentations with an asterisk have been accepted or presented since my hire.*

2018

*Jenkins, L. N., & **Fredrick, S. S.** (2018, August). *Dimensions of empathy and bystander intervention in bullying*. Poster accepted to be presented at the American Psychological Association Convention, San Francisco, CA.

***Fredrick, S. S.**, Bengry, B., Croley, K., Schmit, S., & Anonymous (2018, February). *Perceptions of school climate and well-being among boarding school students*. Poster presented at the National Association of School Psychologists Annual Convention, Chicago, IL.

***Fredrick, S. S.**, Lyell, K. M., Traudt, S., & Aglan, A. (2018, February). *An overview of evidence-based social emotional learning programs*. Paper presented at the National Association of School Psychologists Annual Convention, Chicago, IL.

*Kim, S. Y., **Fredrick, S. S.**, & Farmer, R. L. (2018, February). *The differing effects of school climate on traditional and cyber victimization*. Poster presented at the National Association of School Psychologists Annual Convention, Chicago, IL.

*Dorio, N., **Fredrick, S. S.**, Demaray, M. K. (2018, February). *Peer victimization and school engagement: Testing a multiple mediator model*. Poster presented at the National Association of School Psychologists Annual Convention, Chicago, IL.

*Rigney, A., Jervinsky, M., Drevon, D., Kanouse, S., Shellady, S., & **Fredrick, S. S.** (2018, February). *Psychometric properties of the SRSS in three Midwest elementary schools*. Poster accepted to be presented at the National Association of School Psychologists Annual Convention, Chicago, IL.

2017

***Fredrick, S. S.** (2017, November). Cyberbullying in young children: School-based prevention. In E. Englander (Chair), *Cyberbullying in Young Children*. Symposium conducted at the International Bullying Prevention Association 14th Annual Conference, Nashville, IL.

- ***Fredrick, S. S.**, & Demaray, M. K. (2017, August). *Traditional and cyber victimization, depression, and suicidal ideation: A school-based adolescent sample*. Poster presented at the American Psychological Association Convention, Washington, D.C.
- ***Fredrick, S. S.**, Demaray, M. K., & Malecki, C. K. (2017, August). Social support as a moderator in the association between depression and suicidal ideation. In S. Rueger & C. K. Malecki (Chairs), *No Youth is an Island: Examining Social Support and Depression through a Multidisciplinary Lens*. Symposium conducted at the American Psychological Association Convention, Washington, D.C.
- ***Fredrick, S. S.**, Demaray, M. K., & Malecki, C. K. (2017, February). *Importance of suicide screening and social support for at-risk adolescents*. Paper presentation presented at the meeting of the National Association of School Psychologists, San Antonio, TX.
- ***Fredrick, S. S.**, Malmstedt, K., & Lawinger, S. (2017, February). *Efforts to implement and assess standards-based social-emotional learning*. Paper presentation presented at the meeting of the National Association of School Psychologists, San Antonio, TX.
- *Jenkins, L., & **Fredrick, S. S.** (2017, February). *Social capital as a predictor of bystander behavior*. Paper presentation at the meeting of the National Association of School Psychologists, San Antonio, TX.

2016

- Fredrick, S. S.**, & Demaray, M. K. (2016, February). *Victimization and internalizing distress: Gender and social support as moderators*. Poster presentation presented at the meeting of the National Association of School Psychologists, New Orleans, LA.

2014

- Secord, S. M.**, Jenkins, L. N., Demaray, M. K., & Summers, K. H. (2014, February). *Social skills and bullying participant roles*. Poster presentation presented at the meeting of the National Association of School Psychologists, Washington, D.C.

2013

- Secord, S. M.**, & Demaray, M. K. (2013, February). *Multidimensional perfectionism: Sources of perceived social support, anxiety, and depression*. Poster presentation presented at the meeting of the National Association of School Psychologists, Seattle, WA.

Piccirillo, C. L., **Secord, S. M.**, Newcomb, E., & Luckner, A. E. (2013, February). *School personnel perspectives of relational aggression: Interventions and school policy*. Poster presentation presented at the annual convention of the National Association of School Psychologists, Seattle, WA.

Piccirillo, C. L., Gyllborg, A., **Secord, S. M.**, & Luckner, A. E. (2013, February). *Influences of school personnel characteristics on perceptions of relational aggression*. Poster presentation presented at the annual convention of the National Association of School Psychologists, Seattle, WA.

2012

Demaray, M. K., Malecki, C. K., **Secord, S. M.**, & Lyell, K. M. (2012, February). *Agreement among students', teachers', and parents' perceptions of victimization*. Poster presentation presented at the meeting of the National Association of School Psychologists, Philadelphia, PA.

Lyell, K. M., **Secord, S. M.**, & Malecki, C. K. (2012, January). *An overview of evidence-based math interventions*. Paper presentation presented at the meeting of the Illinois School Psychologist Association, Itasca, IL.

2011

Secord, S., Lyell, K., Demaray, M., Smit, N., Rodelo, C., Allen, E., Setmeyer, A., Magers, A., & Jenkins, L. (2011, February). *Overview and application of common social-emotional screeners*. Paper presentation presented at the meeting of the National Association of School Psychologists, San Francisco, CA.

Lyell, K. M., **Secord, S. M.**, & Malecki, C. K. (2011, February). *An overview of evidence-based math interventions*. Paper presentation presented at the meeting of the National Association of School Psychologists, San Francisco, CA.

Magers, A., Setmeyer, A., Allen, E., Rodelo, C., Smit, N., Demaray, M., Lyell, K., & **Secord, S.**, & Jenkins, L. (2011, January). *Overview and application of common social-emotional screeners*. Paper presentation presented at the meeting of the Illinois School Psychologist Association, East Peoria, IL.

2009

Skidmore, C. R., **Secord, S. M.**, & Rotzien, A. L. (2009, May). *College women's self-esteem, emotional control, and body investment in relation to self-injurious behavior*. Poster presentation presented at the Association for Psychological Science, San Francisco, CA.

Skidmore, C. R., **Secord, S. M.**, Rotzien, A. L., & Bower Russa, M. E. (2009, April). *Factors influencing eating disordered and self-injurious behaviors in college women*. Poster presentation presented at the Midwestern Psychological Association, Chicago, IL.

SELECT INVITED PRESENTATIONS

Olsen, G., **Fredrick, S. S.**, & Langman, J. (2016, April). *First Steps in Efforts to Assess Standards Based Social Emotional Learning*. Presentation presented at the Social Emotional Learning Professional Learning Community hosted by the Regional Office of Education, Lombard, IL.

Lawinger, S., Malmstedt, K., & **Fredrick, S. S.** (2016, April). *Attention Deficit Hyperactivity Disorder*. In-service presentation to faculty of Community Consolidated School District 89, Glen Ellyn, IL.

- Fredrick, S. S., & Schaffnit, L.** (2015, November). *Executive Functioning Workshop*. In-service presentation to faculty of Westfield Elementary School, Glen Ellyn, IL.
- Fredrick, S. S.** (2015, October). *Bullying and Suicide: What are the Facts?* Presentation at the Annual Bullying Prevention Conference hosted by Bridging Voices in Our Community at Eastern Illinois University, Charleston, IL.
- Fredrick, S. S.** (2015, May). *Response to Intervention*. In-service presentation to faculty of Westfield Elementary School CCSD 89, Glen Ellyn, IL.
- Secord, S. M.** (2014, February). *Zones of Regulation*. Presentation at ISPIC Social Emotional Interventions Showcase, Normal, IL.
- Secord, S. M.** (2013, November). *VMath*. Presentation at ISPIC Academic Interventions Showcase, Normal, IL.
- Secord, S. M.** (2013, August). *Depression and Suicide Prevention Awareness*. In-service presentation to faculty of Kenilworth District 38, Kenilworth, IL.
- Secord, S. M.** (2012, May). *Systematic Screening for Behavioral Disorders*. Presentation at Northern Illinois University Social-Emotional Screener Showcase, DeKalb, IL.
- Secord, S. M., & Lyell, K. M.** (2012, March). *Mental Health in the Schools*. Presentation to pre-service special education teachers, DeKalb, IL.
- Secord, S. M.** (2011, May). *Reynolds Adolescent Adjustment Screening Inventory*. Presentation at Northern Illinois University Social-Emotional Screener Showcase, DeKalb, IL.
- Secord, S. M., & Lyell, K. M.** (2010, October). *Curriculum Based Measurement*. Presentation to undergraduate psychology majors, DeKalb, IL.

FIELD EXPERIENCE IN SCHOOL PSYCHOLOGY

Postdoctoral Clinician, August 2016 – May 2017

*Central Autism Assessment and Treatment Center, Central Michigan University
Mt. Pleasant, MI*

Supervisor: Amanda Lopez, Ph.D., LP

- Conducted comprehensive autism assessments for children and adolescents, including administration of the Autism Diagnostic Interview, Revised (ADI-R) and the Autism Diagnostic Observation Schedule (ADOS-2)

School Psychologist, August 2014 - June 2016

*Community Consolidated School District (CCSD) 89
Glen Ellyn, IL*

- Completed initial and triennial special education evaluations
- Implemented and consulted on multi-tiered systems of academic and social/emotional support and social emotional learning standards
- Member of Achievement for All (Response to Intervention), Social Emotional Learning (SEL), and Employee Wellness district committees
- Completed 1,500 postdoctoral hours towards professional licensure, supervised by Dr. Michelle Demaray, Ph.D., LP (October 2015 to July 2016)

Predoctoral School Psychology Intern, August 2013 - July 2014

*Illinois School Psychology Internship Consortium (ISPIC) (APA accredited)
Northern Suburban Special Education District (NSSED)
Highland Park, IL*

Supervisor: Gwen Grant, Psy.D., Ed.S.

- Completed a 2,000-hour doctoral internship providing a range of psychological services to children in K-5th grade at a public therapeutic day school
- Conducted individual, group, and family therapy, at-risk assessments and crisis intervention plans, developed, implemented, and monitored behavioral intervention plans
- Completed triennial special education evaluations and annual IEP reviews
- Implemented multi-tiered systems of support, including data collection, data analysis, and led problem-solving meetings
- Consulted and collaborated with classroom teams and families
- Participated in monthly Illinois School Psychology Internship Consortium (ISPIC) trainings

Clinician Supervisor, January 2013 - May 2013

*Psychological Services Center, Northern Illinois University
DeKalb, IL*

Supervisor: Christine Malecki, Ph.D., LP

- Assisted licensed psychologist in supervising graduate student cases, which involved leading case conceptualization discussions and supervision of intake interviews, assessment and treatment plans, and report writing

School Psychology Extern, August 2011 - May 2013

*Genoa-Kingston Community Unit School District #424
Genoa, IL*

Supervisors: Michelle Demaray, Ph.D., Christine Malecki, Ph.D., LP

- Completed a 20-hour per week externship at a rural school district and provided psychological services to children in early childhood through 12th grade
- Participated and led grade-level Response to Intervention (RtI) teams
- Participated in leadership team meetings regarding Response to Intervention, curriculum-based measurement, program evaluation, and evidence-based interventions and practices
- Conducted individual and group therapy for high school students

Clinician Practicum Student, January 2012 - May 2012

*Psychological Services Center, Northern Illinois University
DeKalb, IL*

Supervisor: Christine Malecki, Ph.D., LP

- Met weekly with team to discuss case conceptualizations and clinic procedures
- Conducted intake interviews, administered standardized assessments, and developed and monitored treatment plans

School Psychology Practicum Student, August 2010 - May 2011

Central Middle School, CUSD #301

Burlington, IL

Supervisor: Audrie Corn, School Psychologist

- Completed a 350-hour practicum at a 6th - 8th grade middle school

School Psychology Practicum Student, August 2009 - May 2010

Brooks Elementary School, CUSD #428

DeKalb, IL

Supervisor: Lisa Becker, Ph.D.

- Completed a 150-hour practicum at a K-5th grade elementary school

ADHD Institute Intern, May 2007 - August 2007

*Psychological Consultation Center, Pine Rest Christian Mental Health Services
Cutlerville, MI*

- Worked with licensed psychologists on evaluations for ADHD, administered and scored standardized assessments to children, adolescent, and adult clients.

GRANTS AND AWARDS

**Grants/awards with an asterisk have been accepted since my hire.*

***Fredrick, S. S.** (2018). Faculty Professional Development Fund. Funded by Central Michigan University Center for Excellence in Teaching and Learning (CETL). Total amount funded: \$750

***Fredrick, S. S.** (2017). Faculty Research and Creative Endeavors (FRCE) Premier Display Grant. Funded by Central Michigan University Office of Research and Graduate Studies. Total amount funded: \$800.

***Fredrick, S. S.** (2017). School Psychology Research Collaboration Conference Grant (SPRCC). Funded by the Society for the Study of School Psychology (SSSP). Total amount funded for travel expenses: \$400

Secord, S. M. (2014). Graduate Student Travel Grant. Funded by Northern Illinois University Graduate School and College of Liberal Arts and Sciences. Total amount funded: \$700

Secord, S. M., & Demaray, M. K. (2013). Society for the Study of School Psychology (SSSP) Dissertation Grant Award. Total amount funded: \$2,566

Secord, S. M. (2013). Graduate Student Travel Grant. Funded by Northern Illinois University Graduate School and College of Liberal Arts and Sciences. Total amount funded: \$700

Skidmore, C. R., **Secord, S. M.**, & Rotzien, A. L. (2008). Psi Chi Undergraduate Research Grant. Total amount funded: \$800

COURSES TAUGHT

- Assessment of Affective and Behavioral Disorders PSY 605, Graduate (Spring 2018)
Department of Psychology, Central Michigan University
- Childhood and Adolescence PSY 324, Undergraduate (Fall 2017)
Department of Psychology, Central Michigan University
- Practicum Seminar PSY 791, Graduate (Spring 2017, Spring 2018)
Department of Psychology, Central Michigan University
- Practicum Seminar PSY 790, Graduate (Fall 2016, Fall 2017)
Department of Psychology, Central Michigan University
- Lifespan Development PSY 3250, Undergraduate (Spring 2016)
Psychology Department, Aurora University

ADVISING

- Thesis Committee Member for Julie Grech, *Using the mattering index with young adolescents: Testing concurrent validity and test-retest reliability* (defended 5/14/2018)
- Thesis Chair for Stephanie Traudt, *Teacher and student reports of internalizing and externalizing problem behaviors in school-based universal mental health screenings* (proposed 5/3/2018)
- Thesis Committee Member for Sarah Brenner, *The measurement of Sluggish Cognitive Tempo in deaf and hard-of-hearing children* (proposed 3/20/2017)
- Dissertation Committee Member for Bree Kaufman, *Profiles of ability in CHARGE Syndrome* (proposed 10/12/2017)
- Thesis Committee Member for Kara Niffin, *PEERS® social skills intervention for adolescents with ASD: A replication and extension using direct behavioral observations* (proposed 5/31/2018)
- Thesis Committee Member for Marion Moffett, *The effects of PEERS® on social anxiety and depression in adolescents with ASD* (proposed 5/31/2018)
- Dissertation Chair for Jacob Brushaber-Drockton (in preparation)
- Thesis Chair for Alia Aglan (in preparation)
- Thesis Chair for Bethany Bengry (in preparation)
- Thesis Chair for Nicole Outman (in preparation)

LICENSURE AND CERTIFICATION

- Nationally Certified School Psychologist (NCSP) certification #47043
- Doctoral Educational Limited Licensed Psychologist # 6301016859 (Valid until 08/2018)
- Professional Educator License with School Psychologist endorsement (Illinois State Board of Education)

OTHER PROFESSIONAL ACTIVITIES

- Editorial Board Member, *Journal of School Psychology*
 - Reviewer of the Year Award (2017)
- Guest Reviewer, *School Psychology Quarterly*
- Guest Reviewer, *Journal of School Violence*
- Guest Reviewer, *Gender and Violence*
- Convention Proposal Reviewer, American Psychological Association Annual Convention (January 2017, January 2018)
- Convention Proposal Reviewer, National Association of School Psychologists Annual Convention (July 2016, July 2017)
- Central Michigan University School Psychology Program Doctoral Internship Coordinator
- Central Michigan University School Psychology Program NASP liaison
- Central Michigan University Undergraduate Service Committee
- Consultant
 - Provide consultative services to local schools regarding multi-tiered systems of support, social emotional learning, and bullying assessment and prevention/intervention, including conducting school-wide evaluations

PROFESSIONAL ORGANIZATION MEMBERSHIP

- National Association of School Psychologists (NASP)
- American Psychological Association (APA), Division 16: School Psychology
- Michigan Association of School Psychologists (MASP)
- Bullying Research Network (invitation only)
- International Bullying Prevention Association