

Elizabeth A. Meadows
Department of Psychology

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Department of Psychology
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Education:

University at Albany, State University of New York

Ph.D. in clinical psychology, received December 1994

Dissertation title: Effects of Modeling on Subsequent Fear Responding

University at Binghamton, State University of New York

B.A. in psychology, received May 1987

Professional Positions:

Central Michigan University, Mt. Pleasant, MI

Professor of Psychology

August 2013 – Present

Central Michigan University, Mt. Pleasant, MI

Associate Professor of Psychology

August 2000 – August 2013

Central Michigan University Trauma and Anxiety Disorders Clinic, Mt. Pleasant, MI

Director

August 1998 - Present

Central Michigan University, Mt. Pleasant, MI

Assistant Professor of Psychology

August 1997 - August 2000

Medical College of Pennsylvania and Hahnemann University, Philadelphia, PA

(also known as Allegheny University of the Health Sciences)

Assistant Professor of Psychiatry

Center for the Treatment and Study of Anxiety

Director: Edna B. Foa, Ph.D.

July 1994 - July 1997

Hahnemann University Hospital, Philadelphia, PA
Clinical Psychology Intern
Training Director: Christine Maguth Nezu, Ph.D.
July 1993 - June 1994

Center for Stress and Anxiety Disorders, Albany, NY
Therapist/Research Assistant
Director: David H. Barlow, Ph.D.
June 1989 - June 1993

Department of Psychology, Albany, NY
University at Albany, State University of New York
Research Assistant
Supervisor: Edelgard Wulfert, Ph.D.
September 1988 - May 1990

Social Phobia Project, Albany, NY
Phobia and Anxiety Disorders Clinic
University at Albany, State University of New York
Research Assistant
Supervisor: Richard G. Heimberg, Ph.D.
September 1988 - June 1989

Teaching Experience:

Central Michigan University

A. University Classes:

PSY100 - Introduction to Psychology (UG)
PSY100H – Honors Section of Introduction to Psychology (UG)
PSY250 - Abnormal Psychology (UG)
PSY765 - Seminar in Ethics and Professional Issues (G)
PSY785 - Seminar in Cognitive Behavior Therapy (G)
PSY790/791C - Practicum IA/B - Professional Services (G)
PSY792 - Supplemental Supervision (G)
PSY890/891C - Advanced Practicum IIA/B - Professional Services (G)
PSY892 – Advanced Practicum III – Professional Services (G)

B. Guest Presentations:

“Behavioral Treatment of Anxiety Disorders”
PSY780 - Behavior Therapy (G) - C. Johnson, Instructor
“Cognitive-Behavioral Treatments”
PSY350 - Clinical Interviewing and Counseling (UG) - D. Fogel, Instructor
“Sexual and Religious Minority Issues in Children’s Literature”
ENG582 - Cultural Pluralism in Children’s & Young Adult Literature (UG) - L. Renzi-Keener, Instructor
“Getting an Internship Slot”
PSY600A - Clinical Seminar (G) - D. Beere, Instructor
“Revictimization and Assault-Related PTSD”
PSY100 - Introduction to Psychology (UG) - R. Babcock, Instructor
“Reviewing and Critiquing the Literature”
PSY600B - Clinical Seminar (G) - D. Beere, Instructor
“The Role of Food in Judaism”
HEV371 - Food and Culture in the U.S. (UG) - L. Hildebrandt, Instructor
“Religious Rituals: Judaism” – Participant for panel on rituals in different religions
ANT 459 - Anthropology of Religion (UG) - L. Cochrane, Instructor

C. Trainings:

- “Prolonged Exposure Therapy for Post-Traumatic Stress Disorder”
One-day training open to all members of psychology department
- “Using the Anxiety Disorders Interview Schedule for DSM-IV (ADIS-IV)”
One-day training open to all members of psychology department
- “Panic Control Treatment”
One-day training open to all members of psychology department

Allegheny University of the Health Sciences

November 1993 - July 1997

Guest presentations

for Clinical Psychology doctoral program, Marriage and Family Therapy doctoral program, Internship Seminar Series, Adult Outpatient Psychiatry Clinic, Behavior Therapy Clinic, and University-Wide graduate courses on:

- Assessment of Anxiety Disorders
- Treatment of Anxiety Disorders
- Treating Assault Victims
- Using the Anxiety Disorders Interview Schedule for DSM-IV (ADIS-IV)
- Ethics in Research

Clinical and administrative supervision

for research assistants, practicum students, and psychology interns at the Center for the Treatment and Study of Anxiety (CTSA).

Research supervision

for research assistants completing University of Pennsylvania undergraduate honors theses at the CTSA and on dissertation committees of clinical psychology graduate students.

Trainings

- Stress Inoculation Training
Two-day training for Fox Chase Cancer Center staff, plus follow-up supervision
- Brief Prevention of PTSD (adaptation for burn victims)
One-day training for New York Hospital-Cornell Medical Center clinicians
- Brief Prevention of PTSD (for rape victims)
Five 3-hour trainings for staff at Women Organized Against Rape

University at Albany, State University of New York

August 1989 - December 1989

Teaching Practicum: provided lectures and weekly discussion group in Introductory Psychology.

September 1992 - June 1993

Tutored undergraduate students in introductory statistics.

Creative and Scholarly Activity (CMU student co-authors are in bold print):

Papers

Slocum, C. & Meadows, E.A. (Under review). Perceptions of male and female victims of intimate partner violence: Effect of abuse type, domestic violence myths, and gender role traditionality.

Allen, K.T. & Meadows, E.A. (In press). The use of vignettes to empower effective responses to attempted sexual assault. The Journal of American College Health. Advance online publication: <http://dx.doi.org/10.1080/07448481.2016.1278376>

Bell, K.M. & Meadows, E.A. (2013). Efficacy of a brief relaxation training intervention for pediatric recurrent abdominal pain. Cognitive and Behavioral Practice, 20, 81-92.

- Hirai, M., Cochran, H., Meyer, J., Butcher, J., Vernon, L., & Meadows, E.A. (2008). A preliminary investigation of disgust exposure techniques in a subclinical population with blood and injection fears. Behaviour Change, *25*, 129–148
- Rothbaum, B.O., Meadows, E.A., Resick, P., & Foy, D.W. (2000). Cognitive-behavioral treatment position paper summary for the ISTSS Treatment Guidelines Committee. Journal of Traumatic Stress, *13*, 558-563.
- Foa, E.B., Dancu, C.V., Hembree, E.A., Jaycox, L.H., Meadows, E.A., & Street, G. (1999). A comparison of exposure therapy, stress inoculation training and their combination for reducing posttraumatic stress disorder in female assault victims. Journal of Consulting and Clinical Psychology, *67*, 194–200.
- Nabors, N.A., & Meadows, E.A. (1999). Post-traumatic stress disorder in violence-induced spinal cord injury. Topics in Spinal Cord Injury, *4*, 62-69.
- Ehlers, A., Clark, D.M., Dunmore, E., Jaycox, L., Meadows, E., & Foa, E.B. (1998). Predicting response to exposure treatment in PTSD: The role of mental defeat and alienation. Journal of Traumatic Stress, *11*, 457-471.
- Lerner, J., Franklin, M.E., Meadows, E.A., Hembree, E., & Foa, E.B. (1998). Effectiveness of a cognitive-behavioral treatment program for trichotillomania: An uncontrolled evaluation. Behavior Therapy, *29*, 157-171.
- Foa, E.B., & Meadows, E.A. (1997). The psychosocial treatment of PTSD: A critical review. Annual Review of Psychology, *48*, 449-480.
- Meadows, E.A., Jaycox, L.H., & Foa, E.B. (1997). Prolonged exposure therapy for female sexual assault victims. Violence Against Women Act News, *11*, 4-5.
- Meadows, E.A., Jaycox, L.H., & Foa, E.B. (1996). The emotional and physical aftermath of rape. Women's Psychiatric Health, *5*, 1-5.
- Carter, M.M., Turovsky, J., Sbrocco, T., Meadows, E.A., & Barlow, D.H. (1995). Patient dropout from a couples group treatment for panic disorder with agoraphobia. Professional Psychology: Research and Practice, *26*, 626-628.
- Craske, M.G., Brown, T.A., Meadows, E.A., & Barlow, D.H. (1995). Uncued and cued emotions and associated distress in a college sample. Journal of Anxiety Disorders, *9*, 125-137.
- Antony, M.M., Brown, T.A., Craske, M.G., Barlow, D.H., Mitchell, W.B., & Meadows, E.A. (1995). Accuracy of heart beat perception in panic disorder, social phobia, and non-anxious subjects. Journal of Anxiety Disorders, *9*, 355-371.
- Antony, M.M., Moras, K., Meadows, E.A., Di Nardo, P.A., Utech, J.E., & Barlow, D.H. (1994). The diagnostic significance of the functional impairment and subjective distress criterion: An illustration with the DSM-III-R anxiety disorders. Journal of Psychopathology and Behavioral Assessment, *16*, 253-263.
- Antony, M.M., Meadows, E.A., Brown, T.A., & Barlow, D.H. (1994). Cardiac awareness before and after cognitive-behavioral treatment for panic disorder. Journal of Anxiety Disorders, *8*, 341-350.
- Meadows, E.A., & Barlow, D.H. (1993). Albany's Panic Control Treatment. The Register Report, *19*, 1, 3-4.
- Meadows, E.A. & Zinbarg, R.E. (1991). Animal models of psychopathology: III. Prevention and treatment. The Behavior Therapist, *14*, 225-230.

Rapee, R.M., Craske, M.G., Meadows, E.A., Moras, K., & Barlow, D.H. (1991). The Physiology of Panic and Anxiety. Center for Stress and Anxiety Disorders, Albany, New York. Unpublished manuscript. An informational handout given to clients in multi-site collaborative study of panic disorder treatments.

Books, Book Chapters, and Manuals:

Rodriguez, J.L. & Meadows, E.A. (2012). Anxiety disorders. In V.S. Ramachandran (Ed.), Encyclopedia of Human Behavior, 2nd Edition, pp 169-176. San Diego, CA: Elsevier Press.

Meadows, E.A. & **Butcher, J.** (2005). Anxiety-Adult. In A. Freeman (Ed.), Encyclopedia of Cognitive Behavior Therapy, pp 32-35. New York: Kluwer Academic/Plenum Publishers.

Meadows, E.A. & **Phipps, K.A.** (2002). Cognitive-behavioral treatment. In E.A. Gosch & R.A. DiTomasso (Eds.), Comparative Treatments of Anxiety Disorders, pp 43-72. New York: Springer.

Prins, A., Ruzek, J., Buck, K., Carter, M., Esparza, D., Flemming, T., and Meadows, E. (2001). Counseling Tools for the Prevention and Reduction of Post-Traumatic Stress Reactions. Sacramento, CA: California Coalition Against Sexual Assault.

Craske, M.G., Barlow, D.H., & Meadows, E.A. (2000). Therapist Guide for Anxiety, Panic, and Agoraphobia: Mastery of Your Anxiety and Panic (3rd Ed). San Antonio: Graywind Publications, Inc.

Meadows, E.A. & Foa, E.B. (2000). Cognitive behavioral treatment for PTSD. In A.Y. Shalev, R. Yehuda, & A.C. McFarlane (Eds.), International Handbook of Human Response to Trauma, pp. 337-346. New York: Plenum Press.

Nezu, A.M., Ronan, G.F., Meadows, E.A., & McClure, K.S. (2000). Practitioner's Guide to Empirically Based Measures of Depression. Kluwer Academic/Plenum Publishers.

Rothbaum, B.O., Meadows, E.A., Resick, P.A., & Foy, D.W. (2000). Literature reviews: Cognitive behavior therapy. In E.B. Foa, T.M. Keane, & M. Friedman (Eds.), Effective Treatments for PTSD: Practice Guidelines from the International Society for Traumatic Stress Studies, pp. 60-83. New York: Guilford Press.

Rothbaum, B.O., Meadows, E.A., Resick, P.A., & Foy, D.W. (2000). Treatment guidelines: Cognitive behavior therapy. In E.B. Foa, T.M. Keane, & M. Friedman (Eds.), Effective Treatments for PTSD: Practice Guidelines from the International Society for Traumatic Stress Studies, pp. 320-325. New York: Guilford Press.

Foa, E.B. & Meadows, E.A. (1998). Psychosocial treatments for posttraumatic stress disorder. In R. Yehuda (Ed.), Psychological Trauma, pp. 179-204. Washington, DC: American Psychiatric Press.

Meadows, E.A. & Foa, E.B. (1998). Cognitive-behavioral treatment of traumatized adults. In P.A. Saigh & J.D. Bremner (Eds.), Posttraumatic Stress Disorder: A Comprehensive Text, pp. 376-390. Needham Heights, MA: Allyn & Bacon.

Meadows, E.A. & Foa, E.B. (1998). Intrusion, arousal, and avoidance: Sexual trauma survivors. In V.M. Follette, J.I. Ruzek, & F.R. Abueg (Eds.), Cognitive-Behavioral Therapies for Trauma, pp. 100-123. New York: Guilford Press.

Craske, M.G., Meadows, E.A., & Barlow, D.H. (1994). Therapist's Guide for the Mastery of Your Anxiety and Panic II and Agoraphobia Supplement. Albany, NY: Graywind Publications.

Meadows, E.A., & Barlow, D.H. (1994). Anxiety disorders. In V.S. Ramachandran (Ed.), Encyclopedia of Human Behavior, pp 165-173. San Diego, CA: Academic Press, Inc.

Book Reviews and Letters to Editor:

Herbert, J.D., Lilienfeld, S., Kline, J., Montgomery, R., Lohr, J., Brandsma, L., Meadows, E.A., Jacobs, W.J., Goldstein, N., Gist, R., McNally, R.J., Acierno, R., Harris, M., Devilly, G.J., Bryant, R., Eisman, H.D., Kleinknecht, T., Rosen, G., & Foa, E. (2001). Letter of caution for psychologists. Monitor on Psychology, *32*, 4.

Urusky, D. & Meadows, E.A. (1999). Review: *Memory, Trauma Treatment, and the Law: An Essential Reference on Memory for Clinicians, Researchers, Attorneys, and Judges*. Clinical Psychology Review, *19*, 898-900

Meadows, E.A. & Jaycox, L.H. (1996). Review: *Treating Addicted Survivors of Trauma*. Clinical Psychology Review, *16*, 776-777.

Nezu, A.M. & Meadows, E.A. (1996). A first encounter with cognitive-behavioral therapies. (Review of *Cognitive and Behavioral Interventions: An Empirical Approach to Mental Health Problems*.) Contemporary Psychology, *41*, 475-476.

Zarro, J. & Meadows, E.A. (1996). Review: *Beyond Trauma: Cultural and Societal Dynamics*. Clinical Psychology Review, *16*, 775-776.

Conference Presentations (all peer-reviewed):

2016:

Allen, K.T. & Meadows, E.A. (2016, October). Reducing campus sexual assault: Can vignettes improve prevention? Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Ng, S.L. Slocum, C., & Meadows, E.A. (2016, October). The influence of cultural values on anxiety sensitivity, emotion suppression, and smoking. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Slocum, C. & Meadows, E.A. (2016, October). Perceptions of male and female victims of domestic abuse: Effect of abuse type, domestic violence myths, and gender role traditionality. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

2015:

Allen, K.T. & Meadows, E.A. (2015, November). Empowering effective responses to sexual assault: Use of vignettes. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

2014:

Ng, S.L. & Meadows, E.A. (2014, November). The role smoking motives, outcome expectancies, and emotion regulation play in the relationship between anxiety sensitivity and smoking behavior. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA

Rodriguez, J. L., Meadows, E. A., & Woodrich, L. E. (2014, March). The impact of session frequency, service connection status, and war cohort on cognitive processing therapy and prolonged exposure outcomes for military-related posttraumatic stress disorder. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.

2013:

Bieritz, L. & Meadows, E.A. (2013, November). Attachment Style and Sexual Coercion in Romantic Relationships. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

2012:

Rodriguez, J.L., Meadows, E.A., DeJong, T.M., & Pope, E (2012, November). An examination of the effectiveness of evidence-based practices for veterans in outpatient and residential treatment settings. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

2010:

Bell, K.M. & Meadows, E.A. (2010, November). Efficacy of a brief relaxation training intervention for recurrent abdominal pain. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

2008:

Sobanski, J., Meadows, E.A., **Bell, K.M., & Pless, A.P.** (2008, November). Empirically supported treatments for anxiety disorders: Dissemination among social workers, counselors, and psychologists. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

2006:

Cochran, H.M. & Meadows, E.A. (2006, November). College students' referrals of sexual assault victims for treatment. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Pless, Anica P., Meadows, E.A., **Sobanski, J., Campeau, E., Cunningham, K., & Hoskins, P.** (2006, November). Rape myth acceptance and sex-role egalitarianism. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

2005:

Kaiser, A.W., Hirai, M., & Meadows, E.A. (2005, November). The role of disgust in blood-injury-injection phobia: Prediction of avoidance behavior. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

Pless, Anica P., Meadows, E.A., **Cochran, H.M., Sobanski, J., & Artz, P.** (2005, November). Psychometric evaluation of the Subtle Rape Myth Acceptance Scale. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

2004:

Cochran, H., Quirk, S., & Meadows, E.A. (2004, November). Development of a subtle version of the Rape Myth Acceptance Scale. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

2003:

Butcher, J., Hirai, M., Vernon, L., **Stransky, J., Cochran, H., & Meadows, E.A.** (2003, November). Assessing the efficacy of treatment targeting disgust and fear in blood and injection phobia. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Cochran, H., Hirai, M., Vernon, L., **Butcher, J., Stransky, J.,** & Meadows, E.A. (2003, November). Predicting outcome in exposure-based treatment of blood and injection phobia. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Hirai, M., Vernon, L., **Cochran, H., Stransky, J., Butcher, J.,** & Meadows, E.A. (2003, November). The efficacy of exposure treatment with disgust components in spider phobia and its generalizability to blood-injection-injury phobia. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Stransky, J., Hirai, M., Vernon, L., **Cochran, H., Butcher, J.,** & Meadows, E.A. (2003, November). Comparison of effects of psychosocial variables on treatment outcome for spider and BII phobias. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

2002:

Cochran, H. & Meadows, E.A. (2002, November). Moderating effects of coping strategies on posttraumatic stress symptomatology following various types of sexual victimization. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

Cochran, H., Vernon, L., & Meadows, E.A. (2002, March). Mediating effects of coping strategies on post-traumatic stress symptomatology. In E.A. Meadows (Chair), Symposium on psychological issues related to sexual assault. Symposium presented at the annual meeting of the Michigan Women's Studies Association, Mt. Pleasant, MI.

Levinson, J.I., Meadows, E.A., Mauk, H.M., & Swafford, J.L. (2002, November). Does type of compulsion affect perceived severity and referral recommendation in OCD?. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

Meadows, E.A. (2002, March). Risk recognition and its role in revictimization. In E.A. Meadows (Chair), Symposium on psychological issues related to sexual assault. Symposium presented at the annual meeting of the Michigan Women's Studies Association, Mt. Pleasant, MI.

Phipps, K.A., & Meadows, E.A. (2002, March). The effects of sexual assault on the behavior of college students. In E.A. Meadows (Chair), Symposium on psychological issues related to sexual assault. Symposium presented at the annual meeting of the Michigan Women's Studies Association, Mt. Pleasant, MI.

Phipps, K.A., McCallister, S., **Stefanski, S., LeBarre, E.,** Meadows, E.A., & Dush, D. (2002, November). Evaluating an empathy-based model of sexual assault prevention. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

Phipps, K.A., Vernon, L.L., **Cochran, H., Swafford, J.,** & Meadows, E.A. (2002, November). Validity and reliability of a modified version of the Sexual Experiences Survey. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

2001:

Cochran, H., Vernon, L., & Meadows, E.A. (2001, November). Mediating effects of coping strategies on post-traumatic stress symptomatology. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

Levinson, J.I. & Meadows, E.A. (2001, November). The effect of the content of common OCD obsessions on the perceived severity of difficulty and referral target for treatment. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

Meadows, E.A. (2001, November). Moderator, Women in Academia: Beyond the Career Versus Family Debate. Panel discussion presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

2000:

Phipps, K.A. & Meadows, E.A. (2000, November). Assessing the frequency of sexual and social behaviors in college students following sexual assault. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Foa, E.B., Zoellner, L.A., Feeny, N.C., Meadows, E.A., & Jaycox, L.H. (2000, November). Evaluation of a brief cognitive-behavioral program for the prevention of chronic PTSD in recent assault victims. In M.G. Craske (Chair), Brief cognitive-behavioral therapy for anxiety: Intervention and prevention. Symposium presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Levinson, J.I., Lieberman, J.C., & Meadows, E.A. (2000, November). Impact of trait variables on self-report responding. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

1999:

Dreer, L.E., Phipps, K.A., & Meadows, E.A. (1999, November). An investigation of differences in assumptions and relationship status among sexually traumatized and nontraumatized individuals. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, ON.

Meadows, E.A. (1999, November). Risk recognition as a factor in revictimization: Theoretical issues, assessment, and the relationship with assault. Paper presented at the Joint Annual Meeting of the Society for the Scientific Study of Sexuality and American Association of Sex Educators, Counselors and Therapists, St. Louis, MO.

Meadows, E.A., Foa, E.B., & Williams, M. (1999, November). Effectiveness of exposure therapy for men with PTSD: Two case studies. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, ON.

1998:

Cunic, T., Meadows, E.A., & Babcock, R. (1998, November). Age, self-ratings of health, & sociodemographic factors. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

Meadows, E.A. (1998, November). Chair, Bias in protocol assessment and treatment: Implications for clinical research and public policy. Panel discussion presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

Meadows, E.A., **Urusky, D.N.,** & Jaycox, L.H. (1998, November). Assessing risk recognition and its impact on revictimization. In A.E. Wilson & E.A. Meadows (Co-chairs), Sexual revictimization and risk recognition: methodological issues and implications for intervention. Symposium presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

Phipps, K., Dreer, L.E., Banerjee, S.P., & Meadows, E.A. (1998, November). Do trauma-related variables affect willingness to participate in follow-up trauma research? Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

Sowden, M.L., Zoellner, L.A., Meadows, E.A., & Foa, E.B. (1998, November). The effects of health status of treatment outcome for PTSD. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

Wilson, A.E. & Meadows, E.A. (1998, November). Co-chairs, Sexual revictimization and risk recognition: methodological issues and implications for intervention. Symposium presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

1997:

Cashman, L., Zoellner, L., Meadows, E.A., Sowden, M., & Foa, E.B. (1997, November). PTSD, anger, and physical health. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.

Jaycox, L.H., Meadows, E.A., Watlington, C., & Foa, E.B. (1997, November). Acute stress disorder in female assault victims: Concurrent and retrospective reports. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.

Johnson, K., Jaycox, L.H., Meadows, E.A., & Foa, E.B. (1997, November). Comparison of interviews for PTSD in a diverse trauma sample. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Montreal.

Meadows, E.A., Jaycox, L.H., Orsillo, S.M., & Foa, E.B. (1997, November). The impact of assault on risk recognition in ambiguous situations. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.

1996:

Coles, M.E., Rheingold, A.A., Meadows, E.A., & Foa, E.B. (1996, November). The role of social support in PTSD symptoms of recent assault victims. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.

Foa, E.B., Jaycox, L.H., Meadows, E.A., Hembree, E., & Dancu, C.V. (1996, November). Preliminary efficacy of prolonged exposure (PE) vs. PE and cognitive restructuring for PTSD in female assault victims. In P. Resick (Chair), Treating sexual assault/sexual abuse pathology: Recent findings, Symposium presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.

Foa, E.B., Jaycox, L.H., Meadows, E.A., Hembree, E., & Dancu, C.V. (1996, November). Preliminary efficacy of prolonged exposure (PE) vs. PE and cognitive restructuring for PTSD in female assault victims. In P. Resick (Chair), Cognitive-behavioral treatment for PTSD: New findings. Symposium presented at the annual meeting of the International Society for Traumatic Stress Studies, San Francisco, CA.

Jaycox, L.H., Amir, N., Williams, M., Meadows, E.A., Cashman, L., Dancu, C., & Foa, E.B. (1996, November). A prospective study of post-traumatic stress disorder in female victims of sexual and non-sexual assault. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.

Jaycox, L.H., Meadows, E.A., & Foa, E.B. (1996, November). Training rape crisis counselors in cognitive-behavioral therapy for post-traumatic stress disorder. In E.A. Meadows & L.H. Jaycox (Co-chairs), Dissemination of validated psychosocial protocols: Beyond the behavioral research lab. Symposium presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.

Meadows, E.A., & Jaycox, L.H. (1996, November). Co-chairs, Dissemination of validated psychosocial protocols: Beyond the behavioral research lab. Symposium presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.

Meadows, E.A., Jaycox, L.H., & Foa, E.B. (1996, September). Dissemination of PTSD treatment to the community: Training, supervision, and research issues. Paper presented at the American Psychological Association's conference on Psychosocial and Behavioral Factors in Women's Health: Research, Prevention, Treatment, and Service Delivery in Clinical and Community Settings, Washington, DC

Meadows, E.A., Jaycox, L.H., Johnson, K.M., & Foa, E.B. (1996, November). Changes in cognitive schemas following trauma. In S.M. Orsillo & B.T. Litz (Co-chairs), Trauma-induced alterations in interpersonal schemas. Symposium presented at the annual meeting of the International Society for Traumatic Stress Studies, San Francisco, CA.

Meadows, E. A., Jaycox, L.H., & Foa, E.B. (1996, November). Risk recognition in narratives of rape experiences. In S.M. Orsillo & L. Roemer (Co-chairs), The use of narrative methodologies to explore cognitive and emotional dimensions among women with post-traumatic stress disorder. Symposium presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.

Stafford, J., Ehlers, A., Clark, D.M., Winton, E., Jaycox, L.H., Meadows, E.A., & Foa, E.B. (1996, November). Predicting response to exposure treatment in PTSD: The role of mental defeat and alienation. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.

Williams, M.C., Meadows, E.A., Webb, S., & Foa, E.B. (1996, November). The relationship between race and post-traumatic stress disorder in female assault victims. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.

1995:

Meadows, E.A., Brown, T.A., & Barlow, D.H. (1995, November). Effects of modeling of subsequent fear responding. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

Meadows, E.A., Jaycox, L.H., Stafford, J., Hembree, E.A., & Foa, E.B. (1995, November). Recognition of risk of assault in revictimized women. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

1993:

Carter, M.M., Turovsky, J., Meadows, E.A., Korotitsch, W. & Barlow, D.H. (1993, November). Interpersonal relationship adjustment over the course of cognitive-behavioral treatment for panic disorder. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.

1992:

Antony, M.M., Brown, T.A., Craske, M.G., Meadows, E.A., Barlow, D.H., & Mitchell, W.B. (1992, June). An investigation of heart beat awareness in panic disorder and changes in awareness following treatment. In R.J. McNally (Chair), Experimental assessments of perceptions of bodily threat in panic disorder: Specificity and level of awareness. Symposium presented at the World Congress of Cognitive Therapy, Toronto, Ontario.

Antony, M.M., Meadows, E.A., Brown, T.A., & Barlow, D.H. (1992, May). Changes in heart beat awareness following treatment of panic disorder. In D.H. Barlow (Chair), Recent advances in panic disorder research: Assessment and treatment implications. Symposium presented at the meeting of the New York State Psychological Association, Bolton Landing, NY.

Meadows, E.A., Antony, M.M., & Barlow, D.H. (1992, May). Development of the Etiological Models Questionnaire. In D.H. Barlow (Chair), Recent advances in panic disorder research: Assessment and treatment implications. Symposium presented at the meeting of the New York State Psychological Association, Bolton Landing, NY.

Meadows, E.A., Antony, M.M., Lilienfeld, S.O., & Barlow, D.H. (1992, November). Etiological attributions in panic disorder patients. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Meadows, E.A., Craske, M.G., Brown, T.A., & Barlow, D.H. (1992, November). The relationships among cued and uncued emotions. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

1991:

Meadows, E.A., Brown, T.A., Craske, M.G., & Barlow, D.H. (1991, November). Immunization against the observational learning of fear. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.

Meadows, E.A., & Zeiss, A.M. (1991, November). Women in AABT: An historical perspective. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.

1990:

Antony, M.M., Brown, T.A., Craske, M.G., Barlow, D.H., Mitchell, W.B., & Meadows, E.A. (1990, November). Accuracy of heart rate estimation in panic disorder, social phobic and non-anxious controls. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, San Francisco, CA.

Meadows, E.A., Antony, M.M., & Barlow, D.H. (1990, November). Subclinical diagnoses in an anxiety disorders population: When the features of a disorder do not interfere. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, San Francisco, CA.

Wulfert, E., Meadows, E.A., & Greenway, D.E. (1990, November). Condom use among college students: A cognitive-social learning perspective. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, San Francisco, CA.

Other Presentations:

Exposure Therapy for PTSD and other anxiety disorders. Training workshop presented to Community Mental Health therapists from a five-county region as well as several community psychologists, Mt Pleasant, MI. (Spring 2014)

Managing test anxiety. Workshop presented to students at Central Michigan University, Mt. Pleasant, MI, by Trauma and Anxiety Disorders Clinic staff, pre-finals week most academic semesters (2002-2009)

Cognitive-behavior therapy. Training workshop presented to mental health professionals in northern Michigan, sponsored by Wedgewood Christian Services, Traverse City, MI (2006, February).

Clinical psychology and anxiety disorders. Presentation for King/Chavez/Parks program, Central Michigan University, Mt. Pleasant, MI (2004, July).

What are anxiety disorders, and what can you do about them? Presentation for Clare Rotary Club, Clare, MI (2003, September).

Brief effective treatments for panic disorder and post-traumatic stress disorder. Inservice training presented to staff of Maria de los Santos Health Center, Philadelphia, PA. (1999, December).

Risk recognition as a factor in revictimization: Theoretical issues, assessment, and the relationship with assault. Colloquium presented at Center for Trauma Recovery, University of Missouri - St. Louis. (1999, November).

Post-traumatic stress disorder and women. Colloquium presented as part of Women's Studies Colloquium Series, Central Michigan University, Mt. Pleasant, MI. (1999, April).

Emotional well-being for adolescents. Workshop presented to students at Vision Program, Mt. Pleasant Adult and Community Education, Mt. Pleasant, MI. (1999, February).

Assessment and treatment of panic disorder and other anxiety disorders. Inservice training presented to staff of Gladwyn Mental Health Clinic, Mt. Pleasant, MI. (1999, February).

Coping with death threats at school. Talks presented to 5th, 6th, 7th, and 8th grade classes, Farwell Middle School, Farwell, MI. (1998, June).

Assessment and treatment of PTSD. Talk presented to University Counseling Center staff, Central Michigan University, Mt. Pleasant, MI. (1998, March).

Behavioral contracting with disruptive children and adolescents. Talk presented to teaching staff, Vision Program, Mt. Pleasant Adult and Community Education, Mt. Pleasant, MI. (1998, February).

The assessment and treatment of post-traumatic stress disorder. Talk presented to mental health staff, Eyman Complex, Arizona State Prison, Florence, AZ. (1996, October).

Post-traumatic stress disorder in female assault victims. Talk presented as part of Women's History Month lecture series, Allegheny University Hospital - MCP, Philadelphia, PA. (1995, March).

Limit-setting with difficult patients. Workshop presented, with D. Kushon, to nursing staff, Hahnemann University Hospital, Philadelphia, PA. (1993, October).

Immunization against the observational learning of fear. Talk presented at the First Annual In-House Conference, Department of Psychology, SUNY-Albany, Albany, NY. (1991, June).

Cultural diversity. Workshop presented to residential life staff, SUNY-Albany, Albany, NY. (1991, April).

Combating test anxiety. Workshop presented to undergraduate dormitory residents, SUNY-Albany, Albany, NY. (1990, December).

Grants and Contracts:

Principal Investigator: Expansion of the Trauma and Anxiety Disorders Clinic. State of Michigan Research Excellence Funds. Total costs \$54,353.66 (awarded 4/03-3/04).

Principal Investigator: Center for Anxiety Disorders. State of Michigan Research Excellence Funds. Total costs \$102,311.25 (awarded 3/01-3/03).

Consultant: Development and Evaluation of a Training Manual for the Delivery of Short Term Follow-up Counseling Services by Rape Crisis Counselors. California Office of Criminal Justice and Planning. Principal Investigators: M.B. Carter, California Coalition Against Sexual Assault; A. Prins, San Jose State University and National Center for PTSD, VA Palo Alto Health Care System; J. Ruzek, National Center for PTSD, VA Palo Alto Health Care System.

Supervisor: Assessing the efficacy of treatment techniques targeting spider disgust and phobia. FRCE grant #48175, Total costs \$637. Laura Vernon, Principal Investigator. (awarded 5/6/02)

Principal Investigator: Assessing the efficacy of treatment techniques in specific phobia. FRCE grant #48176, Total costs \$948. (awarded 5/6/02).

Principal Investigator: Risk Recognition and Its Impact on Revictimization. National Institute of Justice, U.S. Department of Justice. Total costs \$141,703. (Not funded)

Co-investigator: Bristol-Myers Squibb Company Grant No. CN104-138, A Flexible-Dose Study of Nefazodone in the Treatment of Post-traumatic Stress Disorder; Edna B. Foa, Principal Investigator. Total Award \$144,694. (Award remained at Allegheny University of the Health Sciences.)

Professional Development Activities:

Memberships

Association for Behavioral and Cognitive Therapies
(formerly Association for Advancement of Behavior Therapy)
Women's Issues Special Interest Group of ABCT
Gay, Lesbian, Bisexual, and Transgendered Special Interest Group of ABCT
Division 12 of APA (Clinical Psychology)
Section III of Div. 12 of APA (Society for a Science of Clinical Psychology)
Division 2 of APA (Society for the Teaching of Psychology)
Association for Psychological Science
Michigan Psychological Association

Reviews

Editorial Board Member

Behavior Therapy (2002-2009)

Ad Hoc Editorial Consultant:

Behaviour Research and Therapy
Behavior Therapy
Clinical Psychology Review
Clinical Psychology: Science and Practice
Cognitive and Behavioral Practice
Cognitive Therapy and Research
Journal of Abnormal Psychology
Journal of Anxiety Disorders
Journal of Consulting and Clinical Psychology
Journal of Traumatic Stress
Professional Psychology: Research and Practice
Psychological Assessment
Violence against Women

Conference Proposals:

AABT/ABCT: 1995-2017

International Society for Traumatic Stress Studies: 1995

Women's Issues Special Interest Group of AABT (SIG Poster Session): 1998, 1999

Grant Proposals:

Member, Center for Scientific Review Special Emphasis Panel ZRG1SSS-C(01) (Spring 2001), Special Emphasis Panel ZMH-1-ITV (Fall 2001), Special Emphasis Panel ZMH1NRB-G-02 (Fall 2002), Special Emphasis Panel ZMH1-NRB-G-15 (Spring 2003), Special Emphasis Panel ZMH1 ERB-1 06 (Spring 2005), Special Emphasis Panel ZMH1 ERB-P 07S (Spring 2006), Special Emphasis Panel ZMH1-ERB-P13 (Child Interventions; Summer 2006), Special Emphasis Panel ZMH1 ERB-S01 (Fall 2006) and Special Emphasis Panel ZDK1 GRB-R J2 (Fall 2006), National Institutes of Health. Chair, Individual Fellowship Panel ZMH1 ERB-1-03L (Fall 2005). Also served as temporary member of NIMH ITV committee, Washington, DC, Feb 2004; NIMH ITVA committee Oct 2009; and NIMH ITVA committee June 2011; and as member of ITV Related Child Disorders Panel ZMH1-ERB-P07, Washington, DC, June 2005; also reviewer of NIMH B-START grants.

University Service:

Member, Institutional Review Board, Central Michigan University, 2015-present.

Member, Tenure and Promotion Committee, College of Humanities and Social and Behavioral Sciences, Central Michigan University, 2014-2016.

Member, Personnel Committee, Department of Psychology, Central Michigan University, Spring 2009-Spring 2010 and Fall 2014-2016.

Member, Cognitive Psychology Search Committee. Central Michigan University, 2008-2009.

Chair, Personnel Committee, Department of Psychology, Central Michigan University, Fall 2008

Member, Professional Education: Admissions, Selection, and Retention Committee, Central Michigan University, 2005-2008 (Vice-Chair 2006-2007, Chair 2007-2008).

Member, Tenure and Promotion Committee, College of Humanities and Social and Behavioral Sciences, Central Michigan University, 2002-2004.

Member, Excellence in Teaching Committee, Central Michigan University, 2002-2003.

Member, Research Excellence Funds Committee, Central Michigan University, 2001-2003.

Member, Grade Grievance Committee, College of Humanities and Social and Behavioral Sciences, Central Michigan University, 2000-2001.

Member, Clinical Psychology Advanced Position Search Committee. Central Michigan University, 2000-2001.

Member, Women's Studies Governance Council. Central Michigan University, Fall 2000 – 2004.

Member, Academic Freedom Committee. Central Michigan University, 1999-2002.

Chair, Clinical Psychology Diversity Position Search Committee. Central Michigan University, 1999-2000.

Member, Clinical Psychology Neuropsychology Search Committee. Central Michigan University, 1999-2000.

Chair, Child Clinical Psychology Search Committee. Central Michigan University, 1998-1999.

Coordinator, Department of Psychology Speaker Series. Central Michigan University, 1998 – 2002.

Member, Clinical Psychology Search Committee. Central Michigan University, 1997-1998.

Faculty representative to Clinical Program Committee. Central Michigan University, 9/97 - 3/99.

Chair and member, multiple thesis/dissertation committees. Central Michigan University, 10/97 - present.

Member, Committee on Library Journal Subscriptions. Allegheny University of the Health Sciences, Fall 1996.

Other Service:

Co-Chair, Mt Pleasant Public Schools Sex Education Advisory Board (2015-present)

Member, Mt Pleasant Public Schools Sex Education Advisory Board (2013-2015)

Member, Awards and Recognition Committee, Association for Behavioral and Cognitive Therapies (2015-present).

Member, Behavior Treatment Planning Committee, Isabella County Community Mental Health (2009 – 2013)

Member, Publications Committee, Association for Advancement of Behavior Therapy (2001-2004).

Member, Editorial Board, Behavior Therapy (2001-2009).

Panelist, Cognitive-Behavior Therapy, PsyBC Online Symposia for Mental Health Professionals, (9/00 – 9/01).

Associate Editor, The Behavior Therapist (1999-2002).

President, Women’s Issues Special Interest Group, Association for Advancement of Behavior Therapy (1999-2002).

Member, Cognitive-Behavioral Treatment Subworkgroup, Committee to Develop Practice Guidelines for the Treatment of PTSD, International Society of Traumatic Stress Studies (1998-1999).

Panelist, Expert Consensus Guidelines for Treatment of PTSD, Expert Consensus Guidelines Series, Ross Editorial Services (1998).

Honors, Awards and Distinctions:

Provost’s Award for Outstanding Research and Creative Activity, Central Michigan University, 3/17/99.

Licensure:

Michigan Licensed Psychologist (6301010601)

Pennsylvania Licensed Psychologist (PS-008343-L), on inactive status