Campus Health Advocates Motivating Peers

BACCHUS Certified Peer Educator Program
Central Michigan University
2015-2016
C.H.A.M.P. CERTIFIED PEER EDUCATOR
Central Michigan University

**Title:** Peer Educator - Volunteer Position. (BACCHUS Certified).

**Description:** The peer educators work in conjunction with the Health Promotion office at CMU (University Health Services-Lori Wangberg) and CMU Residence Life (Leslie Stockford) to have a presence on campus committed to creating and maintaining an environment that fosters healthy decisions and lifestyles through education and advocacy.

A peer educator is a trained student who provides assistance and understanding to students on campus and in the community regarding various issues related to lifestyle choice while promoting wellness, well-being and safety amongst peers and beyond. This is a unique opportunity as you will gain hands on knowledge, skills and experience that may enable you to launch successful careers in fields such as health and wellness, counseling and community or public service. This is a volunteer position; however, having a position such as this with the reputation of BACCHUS will strengthen your resume and skill set. It will help further develop leadership, presentation, communication and networking skills. Time commitments will vary per week based on demand of duties.

**Primary Functions:** Under the direction of supervisor/s

- Assist in planning and developing health and wellness programs incorporating various learning techniques and formats (lecture, role play, interactive, discussion)
- Facilitate wellness workshops, presentations, activities
- Assist with new student orientations, vaccine clinics
- Conduct appropriate research on health topics for programs
- Serve as a positive role model by demonstrating good judgment, ethical behavior and respect for others and self
- Work with a group of peers (actively participate) and individually to develop, market and present programs for student groups in residence halls, classrooms or other areas
- Attend campus and community health and wellness meetings, when appropriate
- Attend group meetings (peer educator staff meetings)
- Attend a mandatory training at end of fall semester to meet certification requirements
- Create bulletin boards, flyers, brochures, assist with social media items
- Represent University Health Services & Residence Life during events, when appropriate
- Other duties, as assigned

**General Requirements/Personal Characteristics.** There will be mandatory training during fall semester of 2015. Candidates must be able to commit to at least two semesters (Spring & Fall 2016); be comfortable with public speaking, or a willingness to get comfortable with public speaking. Personal characteristics include punctuality, organization, honesty, respect, dependability, team player, open to learning and feedback, good communication skills and a positive attitude.
To Apply: For consideration beginning the spring 2016 semester, complete the application form and submit to CMU Health Services, Foust Hall 205, Attn: Lori Wangberg, or Residence Life, Campbell Hall 160, Towers Residence Hall, Attn: Leslie Stockford.

Application deadline is Monday, **November 16, 2015**. Forms may be mailed in or dropped off in person. Interviews will be conducted in the month of November 2015.

Today's Date: _____________

Name: ________________________________________________________________

Last                     First                     Middle

Student ID Number: ___________________ E-Mail____________________________

Local Address: ________________________________________________________

Cell Phone or Message Phone_____________________________________________


Status:  ☐ Full Time  ☐ Part Time

Expected Graduation Date___________

Major:_________________________Minor:____________________________

Please indicate which area/s of programming you would be most interested in:

☐ Alcohol & other substances          ☐ Fitness/Nutrition

☐ Sexual health/S.T.I.’s              ☐ Mental health/Stress mgmt.

☐ No preference/Unsure                ☐ Sleep/General wellness
Please answer the following questions. You may include additional paper, if needed.

1. What previous experiences (academic, volunteer, personal or work-related) have prepared you in some way to be a peer educator?

2. Being a peer educator and a student may be demanding on your time. What other commitments do you currently have? How will you manage these time commitments?

3. Peer educators are expected to be positive role models. Describe how you would be a positive role model to fellow CMU students?

4. What are some common issues or challenges among college students that you feel need to be addressed?

5. What personal attributes or characteristics do you possess that you think would make you a good peer educator?

6. Do you feel comfortable with public speaking or facilitating groups? (If you answer “no”, are you willing to try?)
Name_________________________________________________ Student # ________________________________

Place an “A” in the box next to the times when you ARE AVAILABLE.
(If class schedule is unknown at this time, leave blank or fill in anticipated availability)

(Current semester in which you would become a member – spring 2016)

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Applicant Signature________________________________________________________

(Application deadline is Monday, November 16, 2015)