Recreation Major: Therapeutic Recreation Concentration

The goal of the Therapeutic Recreation concentration is to prepare students to serve as competent practitioners in the role of Certified Therapeutic Recreation Specialists. Students in this program develop skills to work with a variety of special populations in diverse health care settings.

In addition to structured coursework a strong emphasis is placed on practical training via numerous volunteer placements and a full-time clinical internship under a certified therapeutic recreation specialist. Upon completion of all coursework and professional internship, the student is eligible to sit for the national certifying examination administered by the National Council for Therapeutic Recreation Certification.

Admission Requirements, Admission and Termination Standards

1. All students with recreation majors are required to have a minimum GPA of 2.25 to sign a major in RPL.
2. All students with a recreation major are required to earn a minimum of a C (2.0) or better in all RPL major courses to graduate.
3. Students must have a current CPR and First Aid Certification prior to internship.

Required Courses I (43 hours)

- HSC 214 - Human Anatomy 4(3-3)
- HSC 215 - Human Physiology 4(3-2)
- PSY 250 - Abnormal Psychology 3(3-0)
- RPL 118 - Introduction to Recreation, Parks, and Leisure Services 2(2-0)
- RPL 210 - Introduction to Therapeutic Recreation 3(3-0)
- RPL 310 - Pre-Internship in Leisure Services 1(1-0)
- RPL 340 - Therapeutic Recreation: Developmental Disabilities 3(3-0)
- RPL 341 - Therapeutic Recreation: Physical Disabilities 3(3-0)
- RPL 342 - Therapeutic Recreation: Behavioral Health 3(3-0)
- RPL 345 - Therapeutic Recreation: Gerontology 3(3-0)
- RPL 349 - Facilitation Techniques in Therapeutic Recreation 3(3-0)
- RPL 351 - Pharmacology for Therapeutic Recreation 2(2-0)
- RPL 518 - Research & Philosophy in RPL 3(3-0)
- RPL 580 - Programming for Therapeutic Recreation 3(3-0)
- RPL 581 - Therapeutic Recreation: Issues and Trends 3(3-0)
Required Courses II (3 hours)
Select one of the following:
HDF 100 - Lifespan Development 3(3-0)
PSY 220 - Developmental Psychology 3(3-0)

Required Courses III (15-30 hours)
RPL 320 - Professional Internship in Recreation 1-30(Spec)
Note: RPL 320 - Students seeking a B.S. or B.A. degree will complete a one semester 15 credit hour internship in a clinical setting. Students seeking a B.A.A. degree will complete a 30 hour internship (in two unique settings, one of which must be clinical).

Total: 61-76 semester hours