Y34 VA Whole Health Interprofessional Education Clinical Immersion

Course ID: MED 797BS/997BS
Discipline: Medicine
Prerequisites: 8 or more weeks of core clerkships.
Available Sites: Saginaw
Duration: 2 or 4 weeks

Description

The purpose of the VA Whole Health Interprofessional Education Clinical Immersion elective is to educate the student regarding the principles and skills underlying the use of integrative health strategies in the treatment of our nation’s veterans, and to work directly with interprofessional team members who are certified to deliver a variety of treatment approaches. Examples of these evidence-based techniques include mindfulness meditation, auricular (ie, Battlefield and NADA) acupuncture, Tai Chi, Emotional Freedom Technique and healing touch as evidence-based modalities in improving overall health and well-being. Students will also learn how to elicit a personal health inventory/plan when treating veterans for complex chronic health and pain conditions in pursuit of Whole Health at the Aleda E. Lutz VA.

Key Objectives

- Demonstrate knowledge of indications, limitations, and contraindications for participating in mindful movement exercises or procedures, including obtaining informed consent as clinically indicated.
- Appropiately assess and recommend patients for integrative health techniques when clinically needed, especially for treating chronic musculoskeletal pain conditions, deconditioning and some mental health conditions like post-traumatic stress disorder, anxiety and insomnia.
- Explain the purpose of the Personal Health Inventory/Personal Health Plan for assisting veterans to achieving overall health and well-being.
- Assess and gauge veteran interests in engaging in whole health modalities for optimizing health outcomes.
- Perform physical examinations and assessments as clinically indicated.
- Describe the rationale of delivering comprehensive integrative care to veterans with chronic pain and other co-morbid health conditions
- Interview and gather the necessary information from a veteran for documenting a personal health inventory/personal health plan in helping veterans optimize their health status.
- Discuss solutions for known identified health care disparities for delivering whole health in the community.
- Discuss demographic influences on the delivery of quality and effective health care services.
- Discuss ways in which a physician could assist in meeting the health care needs of the medically underserved populations.
- Demonstrate how to obtain appropriate medical information and practice evidence-based medicine, especially the application of integrative health techniques.
- Understand the economic impact of a pragmatic approach to health care and the costs associated in the diagnostic and treatment process, versus a whole health approach using integrative health strategies.
• Effective coordinate and collaborate with each profession and use the others’ expertise and capabilities in a patient-centered way.
• Communicate and collaborate effectively and respectfully with veterans, families, physicians, interprofessional team members, and colleagues in the medical team environment and across the continuum of care
• Demonstrate skilled listening and responding in communicating with diverse patients, especially veterans and their families or other caregivers, and colleagues
• Identify the complexity of emotions (veteran and clinician) in the medical interview and communicate empathetically with patients experiencing strong emotions such as sadness, fear, frustration and/or anger
• Demonstrate the ability to elicit a personal health inventory/personal health plan within the psychosocial and cultural context of each veteran
• See and respect veterans and their families as equal partners with all members of the health care team in the management of their health.

Assessment Method
College of Medicine standard elective assessment will be completed by supervising faculty at conclusion of elective clerkship.

Scheduling Information
Interested students should contact CMU College of Medicine Department of Distributed Clinical Education at CMEDDCE@cmich.edu.