**Hospital Information**

- **Spectrum Health Lakeland** is a non-profit, community-owned health system serving southwest Michigan and northern Indiana. We offer a full continuum of care and wellness services including three hospitals, an outpatient surgery center, a cancer center, and 41 physician practices.

- The hospitals of Lakeland have always offered essential healthcare services to everyone, regardless of their ability to pay. Lakeland continually works to create an integrated system of care that is accessible, affordable, compassionate, and responsible.

- Lakeland Health has Emergency Medicine, Family Medicine and Internal Medicine Residency Programs.

It is integral to their mission to provide quality structured postgraduate residency programs that foster residents’ professional and personal development, while assuring high quality patient care.

**Community Profile**

- **Saint Joseph** is a city in southwest Michigan, on the shores of Lake Michigan with a population of 8,288.

- **Dining**: Rye Belles, Silver Beach Pizza, Silver Harbor Brewing Company, Plank’s Tavern on the water, Arriba Taqueria, Mason Jar Café, Schu’s Grill and Bar.

- **Groceries**: ALDI, Meijer, Walmart Supercenter, Roger’s Foodland, & Martin’s Supermarket.

- **Recreational Opportunities**: Galien River County Park, Love Creek County Park & Nature Center, Point O’Woods Golf and Country Club, Scooter Joe’s Wheel & Water Rentals, Whirlpool Compass Fountain, Lions Park, St. Joseph Lighthouses, & Silver Beach County Park.

- **Fitness**: Anytime Fitness, CrossFit Tides, Maddog 5/1 Fitness Studio, Renaissance Athletic Club, Cultivus Fitness, Yoga Life Studio, Planet Fitness, and MAGFIT personal training.

- **Tourist Attractions**: Starbucks’ Blueberry Farm, White Pine Winery, Warren Dunes State Park, Krasl Art Center, Silver Beach Carousel, the Heritage Museum, Water Street Glassworks, Silver Beach Carousel Museum.

- **Berrien County Health Department**: 2149 E Napier Ave. Benton Harbor, MI 8:30-5:00

**ACE Information**

One half day per week is designated for students to have time to focus on other specialties, interprofessional/interdisciplinary experiences, continuity of care with patients (e.g. home visits) or community medical education. **They may be hospital or community based.**

The following link (**ACES**) will take you to a spreadsheet of potential opportunities listed by community. These community organizations have **confirmed** opportunities available to medical students. Mid Central AHEC staff has contacted every listed organization.

**Housing**

- Please contact the AHEC staff directly in regards to housing options in the St. Joseph area.
Lakeland Family Medicine

- 4 Longmeadow Village Dr, Niles, MI 49120
- Services offered: Family Medicine
- Dr. Douglas Tackett, DO
- Care Team: 2 MD's, 1 FNP, and 1 DNP

Southwestern Medical Clinic—Buchanan

- 1045 E. Front St., Buchanan, MI 49107
- Services offered: Internal Medicine, Counseling, E-Visits, Family Medicine, General Surgery, Imaging, OB/GYN Care and Pediatric Medicine
- Dr. Audrey L. Carrier, DO
- Care Team: 1 DO, 2 NPs and 1 PA

Lakeland Primary Care

- 2500 Niles Rd, Suite #1, St. Joseph, MI 49085
- A variety of services offered
- Dr. Ian Jackson, MD
- Care Team: 2 MD's and 2 NP's

Lakeland Primary Care

- 2500 Niles Rd, Suite #1, St. Joseph, MI 49085
- A variety of services offered
- Dr. Alexander Hinckley, DO
- Care Team: 2 MD's and 2 NP's