Excellence in Graduate Medical Education

Medical school graduates pursuing an exceptional residency program choose Central Michigan University (CMU) College of Medicine, which offers training for more than 120 resident physicians in seven specialties and two advanced fellowships. The College trains 104 students per class, with the first two years on campus in Mount Pleasant and the clinical years in Saginaw, Michigan.

Our residency programs are fully aligned and committed to serving the underserved and addressing Michigan’s most pressing public health concerns. Residency programs are accredited by the Accreditation Council for Graduate Medical Education (ACGME) with Podiatric Medicine and Surgery accredited by the Council on Podiatric Medical Education (CPME).

CMU offers personalized education focused on the resident, often with one-on-one learner-to-faculty interaction. The high patient-to-learner ratio in Saginaw enables quality learning in a real-world setting.

Residency Programs

- Emergency Medicine
- Family Medicine
- General Surgery
- Internal Medicine
- Obstetrics & Gynecology
- Podiatric Medicine & Surgery
- Psychiatry

Fellowships

- Child & Adolescent Psychiatry
- Emergency Medical Services

Simulation Center

Residents experience hands-on patient care through our Medical Simulation Center, a state-of-the-art facility of more than 10,000 sq. ft. Residency programs have monthly simulation sessions with standardized patients, high fidelity manikins, virtual reality and robotic surgery, clinical skills training, and specialized scenarios.
Advanced Medical Training and Clinical Experience

Medical school graduates looking for cutting-edge medical training from a quality program prefer the Central Michigan University (CMU) College of Medicine’s Emergency Medicine (EM) Residency program. The program exposes the resident physician to pathology, trauma, and hands-on procedural experience.

Our residents care for high-acuity medical and trauma patient populations. Our primary training site accounts for more than 95,000 Emergency Department visits annually. Both training sites are American College of Surgeons verified Level II trauma centers, each with dedicated helicopter transport services. All traumas are supervised by our Emergency Medicine residents, with preceptor oversight, allowing unparalleled exposure to the management of blunt and penetrating injuries.

Residents are exposed to an innovative curriculum that focuses on collaborative and interactive learning. The multi-modal format includes flipped classroom, hands-on procedure labs, and more than 50 hours of simulation-based training annually. Our state-of-the-art, 10,000-square-foot center ranks among the premier simulation facilities in the nation. Faculty pursue excellence in academics, clinical care, and mentoring. High numbers of program alumni have become leaders.

Why Choose CMU
• More than 20 years of experience, established in 1997
• High patient-to-learner ratio
• Limited competition for patients and procedures
• Research and publishing opportunities
• Extensive training in High-Fidelity simulation
• Averaging more than 400 logged ultrasounds
• Ultrasound QA in Q-Path
• Patient demographics include urban and rural with a large geographical transfer region
Program Features Strong Tradition, New Technology

Central Michigan University’s (CMU) College of Medicine offers a Family Medicine Residency with a rich history. It was one of the first accredited programs in Michigan and is one of the oldest in the country. Training is strengthened by collaboration with two principal hospitals in Saginaw, Michigan: Covenant Healthcare and Ascension St. Mary’s Hospital, which serve as the primary referral centers for complex medical care in the Great Lakes Bay Region. A broad spectrum of clinical problems are seen in the two hospitals and in CMU Health Family Medicine Clinics.

The quality of residency experience has been further enhanced by our Global Health experience. Family Medicine residents visit Costa Rica where they interact with native Costa Ricans through equine therapy, postnatal care, and general medical care. This mission trip is funded through conference funds.

Why Choose CMU

- Extensive research and publishing opportunities
- On-site College of Medicine educational building, offering classrooms, labs, training spaces, medical library, and education through simulation
- Training in various outpatient procedures including dermatologic surgery, gynecologic procedures, and breast procedures
- Outstanding inpatient pediatric experience
- Global Health experience

Program Highlights

- 3-year program
- Accredited by the Accreditation Council for Graduate Medical Education (ACGME)
- 9 adult inpatient months
- 4 elective months
- Night float system (no traditional call)

Our Residents

- Take an active role in the interview process and selection of incoming residency class
- Advocate for patients and access to quality care
- Experience a multicultural environment and diverse backgrounds
- Support each other’s wellness

Our Faculty

- Strong community preceptor presence
- Come from diverse training locations
- Conduct dedicated Friday afternoon didactics
- Lead an annual July retreat for all residents, faculty, and associates

Family Medicine Residency Program Leadership

Delicia Pruitt, MD, FAAFP
Director, Family Medicine Residency Program

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CMU, an AA/EO institution, strongly and actively strives to increase diversity and provide equal opportunity within its community. CMU does not discriminate against persons based on age, color, disability, ethnicity, gender, gender expression, gender identity, genetic information, height, marital status, national origin, political persuasion, pregnancy, childbirth or related medical conditions, race, religion, sex, sex-based stereotypes, sexual orientation, transgender status, veteran status, or weight. (See www.cmich.edu/ocrie). 19-0049 (8/19)
General Surgery Residency

Central Michigan University’s (CMU) College of Medicine offers a General Surgery Residency that provides high-achieving physicians with top-quality training for a rewarding career in a variety of surgical fields. Key to the residency is a team of experienced faculty with a distinguished record of patient care and teaching excellence. CMU has assembled an impressive group of leading surgeons to guide residents in developing their skills, while experiencing a rich diversity of treatment environments.

Residents serve at two principal hospitals in Saginaw, Michigan: Covenant HealthCare and Ascension St. Mary’s Hospital, which serve as the primary referral centers for most complex medical care in Michigan’s Great Lakes Bay Region. The General Surgery Residency is a challenging and rewarding environment, allowing residents to hone a broad set of advanced capabilities. Professional growth is aided by a new 46,000-square-foot CMU College of Medicine educational building on the Covenant campus, providing residents with classrooms, labs, training spaces, and a medical library.

Why Choose CMU

- Dedicated team of surgical faculty
- Early operative exposure
- Progressive clinical responsibility
- Extensive research and publishing opportunities
- On-site College of Medicine educational building, offering classrooms, labs, training spaces, and a medical library

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Diverse Training Distinguishes Internist Residency

An Internal Medicine Residency from the Central Michigan University (CMU) College of Medicine prepares physicians for careers in primary care, hospital-based medicine and subsequent specialty fellowships. Residents train in a team-oriented, supportive environment that shapes them into competent and confident physicians.

The program is based in Michigan’s Great Lakes Bay Region, giving residents access to state-of-the-art classrooms, an expansive library, and a simulation center in the new CMU College of Medicine educational building.

Residents apply their knowledge at the patient bedside to a population with diverse medical conditions. Knowledge from vast experiences and scholarly research makes them proficient in advanced airway skills, vascular procedures, such as arterial and central venous catheterizations, cardiopulmonary resuscitation, and other internal medicine-based procedures.

Why Choose CMU

- Clinical, academic, research, and collaborative care opportunities
- High pass rate on American Board of Internal Medicine (ABIM) certifying board exam
- Comprehensive didactic program including daily interactions and regular grand rounds for ambulatory and inpatient topics at various teaching sites, including a VA hospital
- 1:4 core physician to resident ratio
- 10,000-square-foot simulation center

Internal Medicine Residency Program

Leadership

Nicholas Haddad, MD
Director, Internal Medicine Residency Program

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Obstetrics & Gynecology Residency

An Expert-Led and Experience-Based Program
The Central Michigan University (CMU) College of Medicine Obstetrics and Gynecology Residency program is comprehensive, fast-paced, and robust. Residents are assigned a panel of patients that they follow, which gives them in-depth experience and training to become capable, independent practitioners and consultants. Resident physicians provide care for a woman through her entire pregnancy, and provide treatment for gynecologic patients with preventive and problem-based care.

Residents train at Covenant HealthCare in Saginaw, Michigan, where more than 2,500 deliveries are performed each year. Covenant HealthCare is a tertiary-level hospital where residents gain exposure to a variety of surgical procedures and a neonatal intensive care unit (NICU). Residents also train at Ascension St. Mary’s Hospital in Saginaw providing gynecological surgery and consultations.

Expert faculty and staff, along with community volunteer physicians, supervise and evaluate residents, while allowing for a great deal of resident autonomy in patient care decisions. They train residents in ultrasound, colposcopy, urodynamics, coding, and contract evaluation in the new simulation center in the CMU College of Medicine educational building and while on site.

Why Choose CMU
- Large patient base of 800,000
- Authoritative source of physicians in underserved and rural areas of Michigan
- Provides full range of general services to women of all ages
- Partner with Michigan Health Improvement Alliance, Inc. and Centering® Healthcare Institute
- 10,000-square-foot simulation center

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Program Highlights
- 4-year program
- Accredited by the Accreditation Council for Graduate Medical Education (ACGME)
- Year 1 residents receive a panel of patients in the continuity clinic to follow
- Reasonable call loads
- 2 tertiary-level hospitals with one NICU and referrals from more than 20 counties in Michigan

Our Residents
- Take an active role in teaching medical students
- Advocate for women and access to quality care
- Perform surgical procedures including robotic surgery and laparoscopic procedures
- Receive weekly protected time for educational sessions

Our Faculty
- Range of board specialties including maternal-fetal medicine, gynecologic oncology, and reproductive endocrinology
- Respected in their fields
- Dedicated full-time faculty
- Faculty and residents value a positive culture that promises learning and individual well-being

Obstetrics and Gynecology Residency Program Leadership

Renee Sundstrom, DO
Director, Obstetrics and Gynecology Residency Program

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Podiatric Medicine & Surgery Residency

Developing the Next Generation of Leaders in Podiatry

The Central Michigan University (CMU) Podiatric Medicine and Surgery Residency is a fully-integrated program with an emphasis on developing well-rounded podiatric physicians and surgeons. Our unique program includes reconstructive rearfoot and ankle (RRA) surgical training to provide residents with advanced clinical experience in an academic environment.

Residents rotate at Level II trauma hospitals, two surgery centers, as well as podiatric and non-podiatric clinical facilities. Program participants conduct daily hands-on patient care and rotate with the attending faculty throughout their training as well as benefitting from a variety of didactic education and professional development experiences.

The residency provides exposure to both inpatient and outpatient protocols, with the services offered by various hospital departments. Trainees develop an awareness that many foot and ankle pathologies are not limited in nature, but may be symptoms of another issue, which requires a solid foundation in the basics of internal medicine.

Why Choose CMU

- Extensive research and publishing opportunities
- On-site College of Medicine educational building offering classrooms, labs, training spaces, and a medical library
- Only podiatric surgical residency program in Michigan affiliated with a medical school
- Robust podiatric clinic rotations
- Diverse, high surgical case volume
- Opportunity to work with recognized leaders in the podiatric profession

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Podiatric Medicine & Surgery Residency Program Leadership

Andrew H. Cohen, DPM, FACFAS
Director, Podiatric Medicine & Surgery Residency Program

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Psychiatry Residency

PROGRAM HIGHLIGHTS
- 4-year program
- Accredited by the Accreditation Council for Graduate Medical Education (ACGME)
- Year 1 residents treat 300+ patients in Psychiatric Unit annually
- At-home call rotation
- More than 1,200 hospital beds in three facilities

OUR RESIDENTS
- Take an active role in interview process and selection of incoming residency class
- Advocate for patients and access to quality care
- Experience a multicultural environment and diverse backgrounds
- Support each other’s wellness

OUR FACULTY
- Range of board specialties including adult, geriatric, child, forensic, and consult-liaison psychiatry
- Respected in their fields
- Dedicated to teaching evidence-based psychiatry
- Faculty and residents value a positive culture that promises learning and individual well-being

Begin Your Career in Psychiatry
A Psychiatry Residency from the Central Michigan University (CMU) College of Medicine prepares graduates from medical schools across the country for a broad range of fulfilling careers. The residency program is strengthened by world-class faculty, robust teaching, research and publication opportunities, state-of-the-art facilities, and diverse practicum environments. It is based in Michigan’s Great Lakes Bay Region, which includes major hospitals, a Veterans Administration Medical Center, a freestanding psychiatric hospital, private practice settings, Federally Qualified Health Centers, and a large and progressive Community Mental Health center.

The CMU College of Medicine is dedicated to preparing residents to be leaders in the field of psychiatry, without socioeconomic or geographic limitation of any kind. It is anticipated that many residents will share the College’s idealism, becoming partners in reaching out to groups that most need their knowledge, skill, and compassion.

Why Choose CMU
- Clinical, academic, research, and collaborative care opportunities
- 100% fellowship match rate
- Investment in board-prep resources
- Multiple in-state and international projects presented at conferences
- Inpatient psychiatry rotation at psychiatric hospital
- High patient population, collaborative care model

Psychiatry Residency Program Leadership

Furhut Janssen, DO, FACN
Director, Psychiatry Residency Program
Director, Child and Adolescent Psychiatry Fellowship Program

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