



## BUILDING RESILIENCE TO IMPROVE POPULATION HEALTH

### ACTION TEAM

comprised of members from various sectors within the region: champions of healthcare, hospitals, K-12 schools, law enforcement, the faith-based community, and nonprofits. Action items can be grouped into three categories: strategy, education, and communications:

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Director | Interdisciplinary Center for Community Health & Wellness  
CMU College of Medicine

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Great Start Collaborative Director at MCESA and facilitator for Our Community Listens Communication Skills Training

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Community Health Educator/Health Analyst and Health Department Public Information Officer, Bay County Health Department

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Adverse Childhood Experiences (ACEs) refer to traumatic and extremely stressful events that occur during childhood and the corresponding harmful effects on health and the standard of living for the rest of a survivor's life. According to the Centers for Disease Control and Prevention, ACEs have been linked to risky health behaviors, chronic health conditions, low life potential, and early death. Having a positive impact on the survivors can have a positive impact on chronic health conditions, improve maternal and infant health and lower substance use/abuse rates and suicide rates.

MiHIA, acting as the backbone organization, connects and synchronizes diverse coalitions across the region with resources, professional development, and consultative support to accelerate and share approaches for preventing and addressing trauma and ACEs and promoting resilience. The initiative facilitates a support structure that engages stakeholders across the region to catalyze positive health outcomes for individual communities.

**Building Awareness:** Provides communications to raising awareness for the general public and school professionals, expand a Call to Action speaker circuit initiative, and provide input opportunities for stakeholders and funders regarding ongoing projects

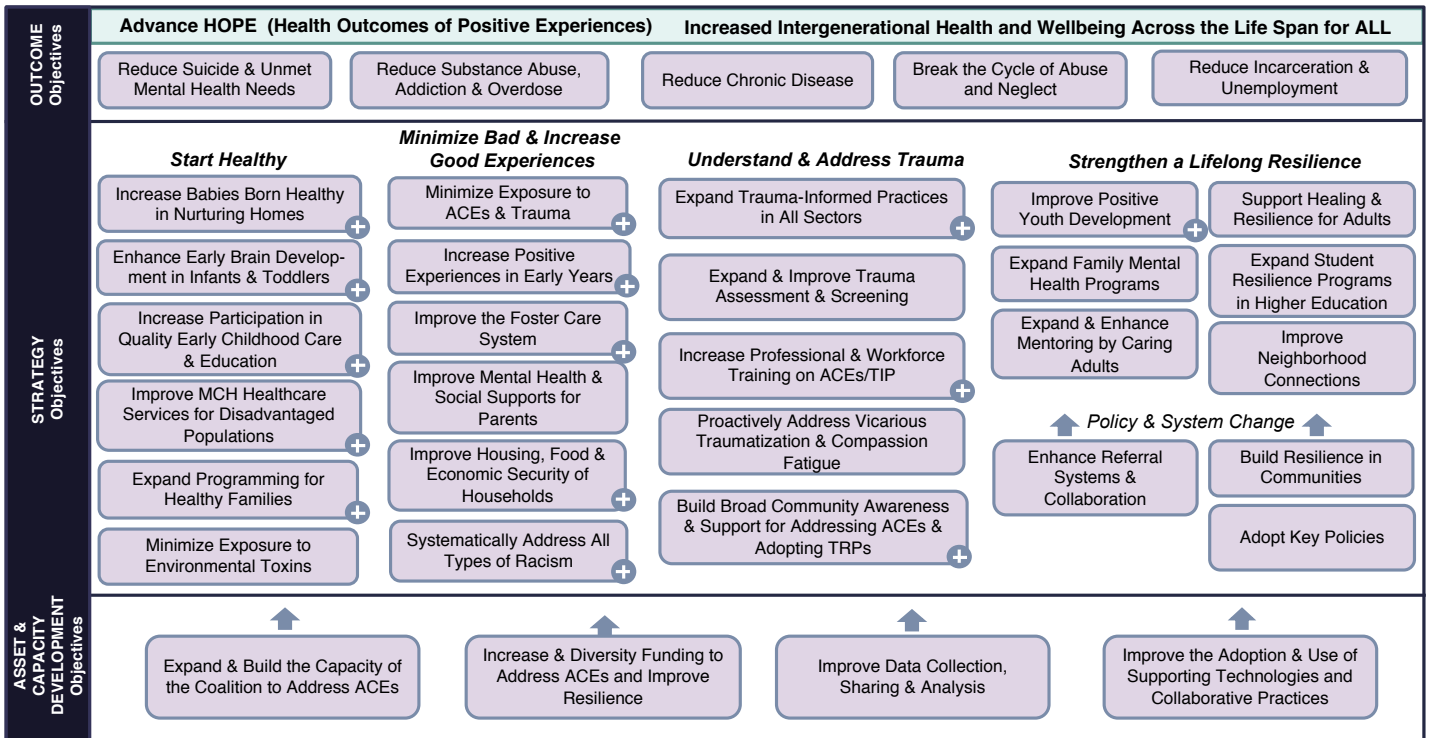
**Building Capacity:** The Regional ACEs Strategy Map connects and synchronize diverse coalitions across the region with resources, professional development and consultative support to accelerate and share approaches for preventing and addressing ACEs, trauma, and toxic stress as critical social determinants of health.

**Building Skills:** Secure options for ACES content for ongoing professional continuing education for practicing professionals, connect existing programs for shared professional development, conduct two ACES summits in 2019 and 2020, provide five Michigan ACE Community Champion Training sessions in the region, and convene a learning network for sharing and collaboration.

Progress indicators in the short term include an increase in the following: partnerships developed or strengthened, number of collaborations and coalitions advanced, number of educational events conducted, and the number of people reached through education and training. On an intermediate timing, progress will include: reduced violence and child abuse along with an increase in: neighborhood safety, early childhood programs, activities that build family or community protective factors for youth, trained providers or staff, trauma-informed approaches integrated into workplaces and practices, and the number of clients who have been screened, referred or educated.

MiHIA appreciates and recognizes the generous support of the Michigan Health Endowment fund to be able to implement this initiative. To become a partner in this endeavor, please contact [admin@mihia.org](mailto:admin@mihia.org) for more information.

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MCH = Maternal & Child Health

Source: Insight Formation

## STRATEGY MAP FUNCTIONALITY

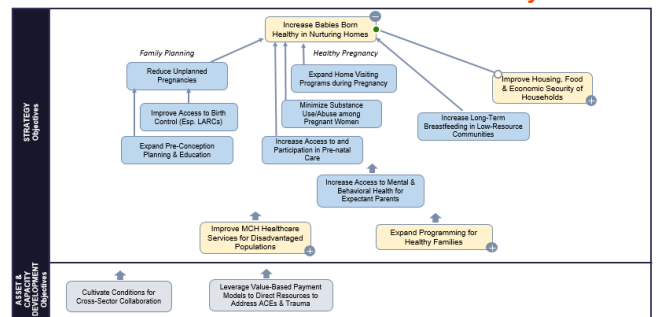
Clear picture of current efforts – guide the selection of Priority Areas

- Connect key partners
- Enable referrals
- Illustrate areas of strength and gaps in regional strategy
- Show measures of the progress in selected Priority Areas

### Strategy Map functionality for the region

- House real time data and measures of success.
- Motivation to continue to expand the Strategy Map as new programming and activities are implemented.
- Management of interventions, tracking of progress to meet set goals and objectives.

### Zoom: Increase Babies Born Healthy



MCH = Maternal & Child Health; LARC = Long-Acting Reversible Contraception

If you and or your organization are implementing services and or activities aligning with this strategy, we invite you to engage and share information about the services, interventions, initiatives, and or actions by completing the form on [dashboard.mihia.org](https://dashboard.mihia.org)