



COLLEGE OF
MEDICINE
CENTRAL MICHIGAN UNIVERSITY

CONTINUING MEDICAL EDUCATION

May 2025

CME Activities & Announcements



CMU MEDICAL EDUCATION
PARTNERS
CENTRAL MICHIGAN UNIVERSITY

GRAND ROUNDS CALENDAR

The following activities meet the requirements for 1 hour of *AMA PRA Category 1 Credit™* or as noted.

CMU COLLEGE OF MEDICINE GRAND ROUNDS	THURSDAY 7:30am — 8:30am CMED SEB 1008/Online	May 15 – Substance use in the Pediatric and Young Adult Population. Bryce Meck, MD FAAP, Assistant Program Director, Pediatrics, CMU Medical Education Partners, Saginaw, MI. <i>For additional information, contact Alison Radabaugh at radab1a@cmich.edu</i> https://cmich.webex.com/cmich/j.php?MTID=ma6f83ce47d7c742f2c4122e62a19146b
EMERGENCY MEDICINE GRAND ROUNDS	THURSDAY 11:00am-12:30pm CMED SEB 1008	No Grand Rounds in May <i>For additional information, contact Melinda Wardin at melinda.wardin@cmich.edu</i>
FAMILY MEDICINE GRAND ROUNDS	THURSDAY 7:45am — 8:45am CMED SEB 1018	May 1 – Oh, My Thyroid - It's a Pain in the Back. Rabshen Rahman, DO, Family Medicine Resident Physicians, CMU Medical Education Partners, Saginaw, MI. May 8 – An Uncommon Cause of Pain and Weakness. Ashley Elliott, MD, Family Medicine Resident Physicians, CMU Medical Education Partners, Saginaw, MI. May 22 – When Less Isn't More: Unraveling Unintentional Weight Loss. Christopher Hesterly, MD, Family Medicine Resident Physicians, CMU Medical Education Partners, Saginaw, MI. May 29 – Understanding the Management of COPD. Cassandra Losego, PharmD, Pharmacy Resident, Covenant Healthcare, Saginaw, MI <i>For additional information, contact Cindy Letzkus at letz1ca@cmich.edu</i>
INTERNAL MEDICINE GRAND ROUNDS	TUESDAY 12:00pm — 1:00pm Maidlow Educational Center Covenant	May 13 – Care in the ICU, as easy as A, B, C... Nwamaka Merah, MD Internal Resident Physicians, CMU Medical Education Partners, Saginaw, MI. May 16 – Supplements: The Shady Side of Medicine? Alia Bapary, MD, Internal Resident Physicians, CMU Medical Education Partners, Saginaw, MI. May 23 – Obesity: Controlling the Epidemic. Nicholas Lettner-Knowlton, MD, Internal Resident Physicians, CMU Medical Education Partners, Saginaw, MI. May 30 – Advanced Heart Failure Management. Jibran Ajaz Sheikh, MD, Internal Resident Physicians, CMU Medical Education Partners, Saginaw, MI. <i>For additional information contact Carol Delehanty at deleh1c@cmich.edu</i>
OBSTETRICS & GYNECOLOGY GRAND ROUNDS	MONDAY 8:00am — 9:00am CMED SEB 1008/Online	May 5 – Quality Assurance Conference. Kristine Spence, D.O., Covenant Healthcare Ob/Gyn Section Chair, Saginaw, MI.

		<p>May 12 – Elective Term Induction Outcomes by Gestational Age in the Post-ARRIVE Era. Steven Ater, D.O., Chief Ob/Gyn Resident, CMU Medical Education Partners, Saginaw, MI.</p> <p><i>For additional information, please contact Carol Clark at carol.clark@cmich.edu</i></p>
PEDIATRIC GRAND ROUNDS	WEDNESDAY 12:00pm-1:00pm Online	<p>No Grand Rounds in May</p> <p><i>For additional information, please contact Delaney Trombley at storm1dr@cmich.edu</i></p>
PSYCHIATRY GRAND ROUNDS	THURSDAY 12:00pm – 1:00pm CMED SEB 1018 and Webex	<p>May 8 – Substance Withdrawal Management. Thersilla Obernscheidt, MD, PhD, Assistant Professor of Psychiatry, Western Psychiatric Hospital, University of Pittsburgh, UPMC.</p> <p><i>For additional information, please contact Anessa Achtabowski at achta1a@cmich.edu</i></p>
SURGERY GRAND ROUNDS	THURSDAY 7:00am – 8:00am MyMichigan Medical Center Saginaw MASUD Lecture Hall	<p>May 1 - Managing the Adrenal Incidentaloma. Christina Maser, MD, FACS, Professor, Endocrine Surgery, CMU Medical Education Partners, Saginaw, MI.</p> <p>May 8 - Is there a Future for Bariatric Surgery? Sundarachalam Pindicura, MD, General Surgery Resident, CMU Medical Education Partners, Saginaw, MI.</p> <p>May 22 - Splenic Injuries in Trauma. Eduardo Serpa, MD, General Surgery Resident, CMU Medical Education Partners, Saginaw, MI.</p> <p>May 29 - Abdominal Organ Transplantation: State of the Art. Mohammad Shaeer, MD, General Surgery Resident, CMU Medical Education Partners, Saginaw, MI.</p> <p><i>For additional information, please contact Julie Johnson at johns160@cmich.edu</i></p>
ALEDA E. LUTZ VAMC GRAND ROUNDS	FRIDAY 8:00am – 9:00am Online and VAMC Auditorium	<p>May 2 – Chronic Wounds. Cheryl Patton Nurse Practitioner Primary Care Residency Program, Michael Bonner Nurse Practitioner, Certified Wound Care Specialist, Suzanne Hall Wound Ostomy Nurse Practitioner - Aleda E Lutz Veterans Affairs Medical Center, Saginaw, MI.</p> <p>May 9 – Toxic Exposure Screening. Ann M. Kaminski, PA-C Primary Care, Aleda E Lutz Veterans Affairs Medical Center, Saginaw, MI.</p> <p>May 30 – Bridging Care: Collaborative Risk Mitigation Strategies Supporting Veterans Experiencing Suicidal Ideation. Danielle Lesko LMSW, MBA, Chief Social Work Service and Wendy Schultz LMSW, Suicide Prevention Program Manager, Aleda E Lutz Veterans Affairs Medical Center, Saginaw, MI.</p> <p><i>For additional information, please contact Tara Martin at tara.martin22@va.gov</i></p>
COVENANT HEALTHCARE INPATIENT PRACTICES GRAND ROUNDS	TUESDAY 12:00pm-1:00pm Cooper – Maidlow Educational Center	<p>May 6 – Differentiating Dyspnea with Point-of-Care Ultrasound. Therese Mead, DO, RDMS, FACEP - Program Director, Emergency Medicine Residency Central Michigan University College of Medicine</p> <p><i>For additional information, please contact Madison Franek at madison.franek@chs-mi.com</i></p>
COVENANT HEALTHCARE TRAUMA GRAND ROUNDS	WEDNESDAY 7:00am-8:00am Online	<p>May 7 – Overview of Brain Trauma Guidelines in Adult and Pediatric Patients. Frank Schinco, MD, Associate Professor, CMU Medical Education Partners, Saginaw, MI.</p> <p><i>For additional information, please contact Laura Walker at lwalker@chs-mi.com</i></p>

REGULARLY SCHEDULED SERIES (RSS) ACTIVITIES

CMU Surgery

Mortality & Morbidity Conference

Thursday: 5/1, 5/8, 5/22, and 5/29; 8:00a-9:00a

Thursday: 5/15; 8:30a-9:30a

MyMichigan Medical Center Saginaw MASUD Lecture Hall & Online

Covenant HealthCare

Breast Conference

Wednesday: 5/7, 5/14, 5/21, and 5/28; 7:30a-8:30a

Covenant Cancer Care Center, Lower-Level Conference Room & Online

Tumor Conference

Thursday: 5/1, 5/8, 5/15, 5/22, and 5/29; 7:30a-8:30a

Covenant Cancer Care Center, Spence Maidlow Conference Room & Online

FEATURED CME ACTIVITIES

2025 Pediatric Symposium Presented by Covenant Children's Hospital

Navigating Tough Times: A Pediatric Perspective

Various

Friday, May 16, 2025. 7:30a-3:30p; Saginaw Valley State University, Gilbertson Hall 7400 Bay Road, University Center, MI 48710.

Contact: covenantchildrenshospital@chs-mi.com; 6.0 AMA PRA Category 1 Credit™ and ABP MOC Part II Credit Available.

For more information, please see the affixed flyer.

Course Description:

This program offers up-to-date research and care guidelines supporting the mental health of newborns through adolescence.

2025 Covenant Comprehensive Obesity Care Symposium

Various

Friday, September 12, 2025, 8:15a-3:00p; Horizons Conference Center, 6200 State Street, Saginaw, MI 48603

Contact: lpalmer@chs-mi.com; 4.75 AMA PRA Category 1 Credit™

Course Description:

This program offers up-to-date research, care guidelines and options for adolescents and adults afflicted with the disease of obesity and associated co-morbid conditions.

CME ONLINE EDUCATIONAL COURSES

We have a variety of online courses to enhance physicians' lifelong learning available at [CMU CME ONLINE](#) or scan the QR code. The CME Online Educational Courses Catalog can be accessed here: [CME Enduring Material Course Catalog](#)



CME FORMS

CME application forms are continually being updated as the ACCME changes and modifies requirements. We suggest that you visit our webpage to obtain the most recent version: [Documents and Forms](#). If you have any questions about our CME application documents or the process to obtain *AMA PRA Category 1 Credits™*, please contact us at cmedcme@cmich.edu.

CME GENERAL INFORMATION

Credit for Teaching

CMU College of Medicine appreciates ALL that you do in teaching our residents and medical students! To ensure that you adequately obtain your Category 2 Credit for Teaching, all forms (2023 to 2024) and instructions are available on our website at [Claim Credit and Transcript](#) under **Category 2 Credit Forms**.

CME Credit and Certificate Process To claim *AMA PRA Category 1 Credits™* go to [Claim Credit and Transcript](#), then click on the "Claim Credit" box or scan this QR code. If you need assistance, please email cmedcme@cmich.edu or call 989-746-7555 or 989-746-7602. **Activities are available for 30 days post-event for claiming CME credit.**



CME Comments and Suggestions

We are listening! Your comments and suggestions about CME are always invited (and are very important to us!). They may be submitted at any time on our website [Continuing Medical Education](#) under **Continuing Medical Education Team** [Comments and Suggestions](#).

CME Accreditation and Joint Providership

Central Michigan University College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) for four years as a provider of continuing medical education (CME) for physicians.

The Office of Continuing Medical Education (OCME) offers joint providership accreditation to non-accredited providers for conferences, courses, seminars, regularly scheduled series, and symposiums (virtual and/or in-person) for healthcare professionals.

For all information regarding Continuing Medical Education, please visit our website at med.cmich.edu/cme, email us at cmedcme@cmich.edu, or call us at 989-746-7555 or 989-746-7602.

PLEASE JOIN US

at the 2025 Pediatric Symposium
Presented By Covenant Children's Hospital

Navigating Tough Times: A Pediatric Perspective



Date and Time:

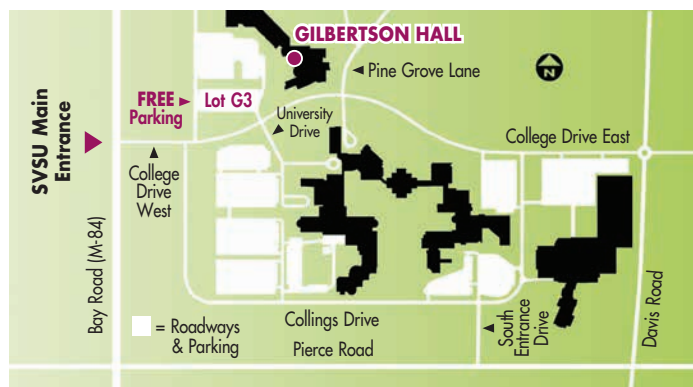
FRIDAY, MAY 16, 2025

7:30 am-8:00 am • Registration/Breakfast

8:00 am-3:30 pm • Presentations

Location:

SAGINAW VALLEY STATE UNIVERSITY, Gilbertson Hall
7400 Bay Road, University Center, MI 48710



Register Online At:

covenanthealthcare.com/pediatric-symposium
or scan the QR Code



Tuition Cost:

- **EARLY BIRD REGISTRATION** before April 18: \$75
- Registration April 18-May 2: \$85
- Registration May 3-May 14: \$100
- **DEADLINE FOR REGISTRATION:** May 14, 2025

For More Information:

Contact covenantchildrenshospital@chs-mi.com

Program Description:

This program offers up-to-date research and care guidelines supporting the mental health of newborn through adolescence.

Target Audience:

Physicians, nurses and allied health professionals involved in the care of the pediatric population.

Disclosures: The planner(s) and speaker(s) have no relevant financial relationships with ineligible companies to disclose.

Program Objectives:

- Explain the importance of healthcare providers using a holistic approach to support pregnant patients and enhance outcomes for both mother and baby.
- Explain the importance of mandated reporters filing a 3200 and the CPS process that follows.
- Identify one essential risk assessment criteria and one stabilization goal during acute psychiatric hospitalization.
- Describe the purpose of the MultiTiered System of Support (MTSS) framework employed in schools.
- Describe three effective tools for addressing an individual with thoughts of suicide.

6.0 CME and ABP MOC
Part II Credit Available



Navigating Tough Times 2025 Pediatric Symposium

AGENDA

TIME	TOPIC	SPEAKER
7:30-8:00 am	REGISTRATION AND CONTINENTAL BREAKFAST	
8:00-8:15 am	Opening Remarks	 Rebecca S. Schultz, RN, BSN, MA, JD Director, Women's & Children's Health Covenant HealthCare, Saginaw, MI
8:15-9:15 am	Improving Outcomes in Neonatal Opioid Withdrawal with the Eat, Sleep, Console Program	 Nicole Brookman, BSN, RN Coordinator, Women's & Children's Outreach Covenant Children's Hospital, Saginaw, MI
		 Julie Bearup, MSN, RN Nurse Educator, Women's & Children's Outreach Covenant Children's Hospital, Saginaw, MI
9:15-10:15 am	The Ins and Outs of 3200 Filing	 Shannon Clifford, BSW Child Welfare Supervisor, Children's Protective Services Michigan Department of Health & Human Services, Saginaw, MI
10:15-10:30 am	BREAK	
10:30-11:30 am	Bridging the Gap from Acute Care to Outpatient Psychiatry Follow Up	 Nikita Roy, MD Child and Adolescent Psychiatry CMU Health – Psychiatry, Saginaw, MI
		 Abishek Bala, MD-MPH Child and Adolescent Psychiatry CMU Health – Psychiatry, Saginaw, MI
11:30 am-12:30 pm	Mental Health Support – Saginaw Intermediate School District	 Jon Lefevre, ED.S Specialist, Behavior Support Saginaw Intermediate School District, Saginaw, MI
		 Emily Rau, LLMSW Director, School-Based Mental Health Program Saginaw Intermediate School District, Saginaw, MI
12:30-1:30 pm	LUNCH	
1:30-3:30 pm	Suicide... Let's Talk About It	 Barb Smith, Keynote Speaker Advocate and Trainer, Suicide Prevention/Postvention President, Barb Smith Suicide Resource & Response Network Saginaw, MI

6.0 CME and ABP MOC Part II Credit Available

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Central Michigan University College of Medicine and Covenant Children's Hospital. CMU College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Central Michigan University College of Medicine designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 6 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.



PLEASE JOIN US FOR THE COVENANT HEALTHCARE

2025 Comprehensive Obesity Care Symposium

4.75 CME
Credits
Available

Date and Time:

FRIDAY, SEPTEMBER 12, 2025

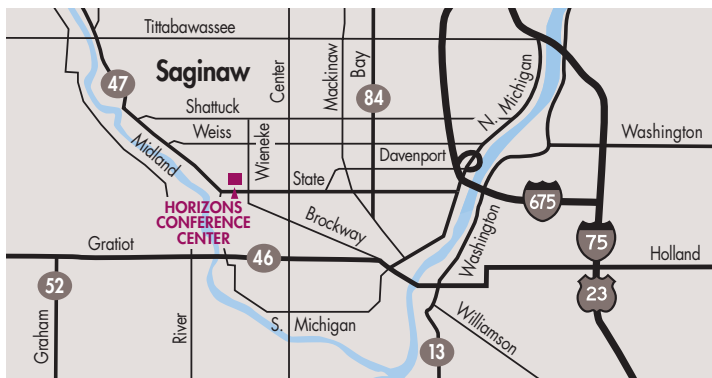
8:15 am-8:55 am • Registration & Exhibits

8:55 am-3:00 pm • Presentations

Location:

HORIZONS CONFERENCE CENTER

6200 State Street, Saginaw, Michigan 48603



Register Online at:

covenanthealthcare.com/bariatric-symposium
or scan the QR Code



Tuition Cost:

Physicians \$100/Non-physicians \$60

EARLY BIRD REGISTRATION:

- Before August 12: Physicians \$75/Non-physicians \$40
- Before August 29: Physicians \$85/Non-physicians \$50

DEADLINE FOR REGISTRATION: September 10, 2025

Program Description:

This program offers up-to-date research, care guidelines and options for adolescents and adults afflicted with the disease of obesity and associated co-morbid conditions.

Target Audience:

Physicians, advanced practitioners, nurses and allied health professionals involved in the care of obese patients.

Program Objectives:

- Understand the effects of obesity on our current population in both the U.S. and our community.
- Review the pathophysiology of obesity and its effects on various organ systems.
- Describe current evidence-based surgical and non-surgical treatments for obesity.
- Understand the journey patients travel in managing their obesity and the barriers they face medically, emotionally, and socially.
- Provide evidence-based information about the various options that are available for patients seeking treatment for obesity.

For More Information:

Contact 989.583.4683 or
lpalmer@chs-mi.com

COVENANT
HealthCare

Extraordinary care for
every generation.

2025 Comprehensive Obesity Care Symposium

AGENDA

TIME	TOPIC	PRESENTER
8:15 am–8:55 am	REGISTRATION & SPONSOR EXHIBITS	
8:55 am–9:00 am	Welcome and Opening Remarks	Jason Kuhn, DO Bariatric and Metabolic Surgeon Covenant Surgical Specialists
9:00 am–9:30 am	Skin Removal and Body Contouring Options after Weight Loss	George Malliaras, MD Plastic/Reconstructive Surgeon Covenant Plastic Surgery
9:35 am–10:05 am	Obesity: A Public Health Perspective	Delicia Pruitt, MD MPH FAAFP Family Medicine Saginaw County Health Department
10:10 am–10:40 am	Sleep Apnea, Obesity and the Body	Daniel Clement, MD Pulmonary Medicine Covenant Medical Group
10:45 am–11:15 am	Obesity and the Cardiovascular Perspective	Christopher Ader, MSN FNP-BC Covenant Cardiology
11:15 am–12:15 pm	LUNCH & SPONSOR EXHIBITS	
12:15 pm–12:45 pm	Mental Health/Quality of Life	Jessica Moore, MA LLP Therapist Center for Psychological Wellbeing
12:50 pm–1:20 pm	A Patient's Perspective	Jessica Larsen Bariatric Surgical Patient
1:25 pm–1:55 pm	Nutrition Therapy for Weight Management	Misty Potts, RDN Bariatric Adult and Pediatric Dietitian
2:00 pm–2:30 pm	Bariatric Surgery and New Age Weight Loss Medications	Chad Ringley, MD Bariatric / Metabolic Surgery Director Covenant Surgical Specialists
2:35 pm–2:40 pm	Closing Remarks and Wrap-Up	Jason Kuhn, DO Bariatric and Metabolic Surgeon Covenant Surgical Specialists
2:40 pm–3:00 pm	ADJOURN	

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