



CONTINUING MEDICAL EDUCATION



February 2026

CME Activities & Announcements

GRAND ROUNDS CALENDAR

The following activities meet the requirements for 1 hour of *AMA PRA Category 1 Credit™* or as noted.

CMU COLLEGE OF MEDICINE GRAND ROUNDS	THURSDAY 7:30am—8:30am Online	February 19 – Beyond Zed: A Reflection for 21st Century Medicine. John D. Mellinger, MD, FACS, Professor Emeritus of Surgery and Medical Education, Southern Illinois University School of Medicine, Springfield, IL. <i>For additional information, contact Alison Radabaugh at radab1a@cmich.edu</i> https://cmich.webex.com/cmich/j.php?MTID=mcb2e7366105d7098cf6a48de51839dae
EMERGENCY MEDICINE GRAND ROUNDS	THURSDAY 9:15am—10:15am CMED SEB 1008	No Grand Rounds in February <i>For additional information, contact Melinda Wardin at melinda.wardin@cmich.edu</i>
FAMILY MEDICINE GRAND ROUNDS	THURSDAY 7:45am—8:45am CMED SEB 1018	February 12 – Ultra-Processed Problems: Optimizing Nutrition Competency in Primary Care Training. Olivia Thomas, MD, Resident Physician, Family Medicine, CMU Medical Education Partners, Saginaw, MI. <i>For additional information, contact Cindy Letzkus at letzk1ca@cmich.edu</i>
INTERNAL MEDICINE GRAND ROUNDS	TUESDAYS 12:00pm—1:00pm Maidlow Educational Center Covenant FRIDAYS 08:00am—09:00am MyMichigan Medical Center Saginaw MASUD Lecture Hall	February 6 – Differentiating Dementias and Deep Dive into Novel Alzheimer's Disease Therapeutics: A Board-Relevant Review. Keith Bouffard, MS, DO, Resident Physician, Internal Medicine, CMU Medical Education Partners, Saginaw, MI. February 20 – Closing the Gap: The Role of Internal Medicine in Health Equity and Social Determinants of Health. Jaspreet Nannar, MD, Resident Physician, Internal Medicine, CMU Medical Education Partners, Saginaw, MI. February 27 – Heart Failure with Preserved Ejection Fraction: Contemporary Concepts in Diagnosis and Management. Adil Mohammed, MD, Resident Physician, Internal Medicine, CMU Medical Education Partners, Saginaw, MI. <i>For additional information contact Carol Delehanty at deleh1c@cmich.edu</i>

OBSTETRICS & GYNECOLOGY GRAND ROUNDS	MONDAY 8:00am—9:00am CMED SEB 1008/Online QA Location: Harrison Side Rooms C&D	<p>February 2 – Quality Assurance. Kristine Spence, DO, OB Section Chair, Covenant Healthcare, Saginaw, MI.</p> <p>February 9 – Morbidity and Mortality Conference. Carly Gatchell, DO, Resident Physicians Ob/Gyn, CMU Medical Education Partners, Saginaw, MI.</p> <p>February 16 – Genitourinary Syndrome in Menopause: Evaluating the New Guidelines for GSM. Elizabeth Fearey, DO, Chief Ob/Gyn Resident, CMU Medical Education Partners, Saginaw, MI.</p> <p>February 23 – Journal Club. Elizabeth Fearey, DO, Chief Ob/Gyn Resident and Nicole Ireland, MD, Resident Physicians Ob/Gyn, CMU Medical Education Partners, Saginaw, MI.</p> <p><i>For additional information, please contact Carol Clark at carol.clark@cmich.edu</i></p>
PEDIATRIC GRAND ROUNDS	WEDNESDAY 12:00pm-1:00pm CMED SEB 1018	<p>No Grand Rounds in February</p> <p><i>For additional information, please contact Delaney Trombley at storm1dr@cmich.edu</i></p>
PSYCHIATRY GRAND ROUNDS	THURSDAY 12:00pm—1:00pm CMED SEB 1018 and Webex	<p>No Grand Rounds in February</p> <p><i>For additional information, please contact Anessa Achtabowski at achta1a@cmich.edu</i></p>
SURGERY GRAND ROUNDS	THURSDAY 7:00am—8:00am MyMichigan Medical Center	<p>February 5 - Weird and Unusual Hernias. Timothy Hackett, MD, Assistant Professor, General Surgery, Covenant Health Care CMU College of Medicine, Saginaw, MI.</p> <p>February 26 - Managing the Adrenal Incidentaloma. Christina Maser, MD, Program Director, General Surgery, CMU Medical Education Partners, Saginaw, MI.</p> <p><i>For additional information, please contact Taylor Musselman at musse1t@cmich.edu</i></p>
COVENANT HEALTHCARE INPATIENT PRACTICES GRAND ROUNDS	TUESDAY 12:00pm-1:00pm Cooper – Maidlow Educational Center	<p>February 10 – The ABC's of Viral Hepatitis: from Acute to Chronic and Beyond the Basics. Nicholas Haddad, MD, FACP, FIDSA, Professor, Internal Medicine/Infectious Disease, Covenant Health Care CMU College of Medicine, Saginaw, MI.</p> <p><i>For additional information, please contact Anne Moskal at Anne.Moskal@chs-mi.com</i></p>
COVENANT HEALTHCARE TRAUMA GRAND ROUNDS	WEDNESDAY 7:00am-8:00am Online	<p>February 4 – Managing Anesthesia in Geriatric Trauma: Risks, Strategies and Outcomes. Syed Alam, MD, Trauma Liaison for Anesthesiology, Covenant Healthcare, Saginaw, MI.</p> <p><i>For additional information, please contact Laura Walker at lwalker@chs-mi.com</i></p>

REGULARLY SCHEDULED SERIES (RSS) ACTIVITIES

CMU Surgery

Mortality & Morbidity Conference

Thursday: 2/5, 2/12, and 2/26; 8:00a-9:00a

MyMichigan Medical Center Saginaw MASUD Lecture Hall & Online

Covenant HealthCare

Breast Conference

Wednesday: 2/4, 2/11, 2/18, and 2/25; 7:30a-8:30a

Covenant Cancer Care Center, Lower-Level Conference Room & Online

Tumor Conference

Thursday: 2/5, 2/12, 2/19, and 2/26; 7:30a-8:30a

Covenant Cancer Care Center, Spence Maidlow Conference Room & Online

FEATURED CME ACTIVITIES

Preventing Suicide in Michigan Men (PRiSMM)

Suicide Prevention Webinar Series: The Daunting Challenges of Uncovering Suicidal Ideation: Meeting them with the Chronological Assessment of Suicide Events (CASE Approach)

Shawn Shea, MD

Wednesday, February 25, 2026. 11:30am – 1:00pm; Virtual

Contact us: RHEI@cmich.edu, For more information: <http://med.cmich.edu/prismmtoolkit>; 1.5 AMA PRA Category 1 Credit™;

Description

This webinar will introduce clinicians to the Chronological Assessment of Suicide Events (CASE Approach), a clinical interviewing strategy designed to uncover hidden suicidal ideation. The session will explore the Equation of Suicidal Intent, challenges presented by clients at immediate risk, and techniques for conducting sensitive and comprehensive suicide risk assessments without relying on semi-structured screening tools.

2026 Critical Care Symposium

Unraveling Cardiogenic Shock and Treatment Strategies

Various

Friday, February 27, 2026. 9:00am – 4:00pm; Cooper - Maidlow Educational Center, 700 Cooper Ave, Saginaw, MI 48602

Contact: inpatientpractices@chs-mi.com, 5.5 AMA PRA Category 1 Credit™; Registration: covenanthealthcare.com/criticalcaresymposium

Description

This course will equip learners and healthcare professionals with the essential skills for effective care of cardiac, shock, and mechanical support for adult and infant patients from arrival to the Emergency Department (ED) to the Intensive Care Unit (ICU). Learners will be able to apply evidence-based practices for rapid assessment and timely interventions, including ultrasound driven bedside assessments, hemodynamic foundations, respiratory support optimization, pulmonary artery catheter utility and limitations, causation and manifestation of cardiogenic shock in pediatrics, and Covenant Cardiology's SHOCK Program with a review of transforming patient outcomes. This symposium will share and teach mechanical circulatory support guidelines for both adult and pediatric patients. Through expert lectures, interactive case studies, and hands-on simulations, you'll build confidence in making informed decisions under pressure.

CME ONLINE EDUCATIONAL COURSES

We have a variety of online courses to enhance physicians' lifelong learning available at [CMU CME ONLINE](http://cmuonline.cmich.edu) or scan the QR code. The CME Online Educational Courses Catalog can be accessed here: [CME Enduring Material Course Catalog](http://cmuonline.cmich.edu/onlinecatalog)



CME FORMS

CME application forms are continually being updated as ACCME changes and modifies requirements. We suggest that you visit our webpage to obtain the most recent version: [Documents and Forms](#). If you have any questions about our CME application documents or the process to obtain *AMA PRA Category 1 Credits™*, please contact us at cmedcme@cmich.edu.

CME GENERAL INFORMATION

Credit for Teaching

CMU College of Medicine appreciates ALL that you do in teaching our residents and medical students! To ensure that you adequately obtain your Category 2 Credit for Teaching, visit our website to submit the hours spent teaching. Instructions are available on our website at [Claim Credit and Transcript](#) under **Category 2 Credit Forms**.

CME Credit and Certificate Process To claim *AMA PRA Category 1 Credits™* go to [Claim Credit and Transcript](#), then click on the “Claim Credit” box or scan this QR code. If you need assistance, please email cmedcme@cmich.edu or call 989-746-7555 or 989-746-7602. **Activities are available for 30 days post-events to claim CME credit.**



CME Comments and Suggestions

We are listening! Your comments and suggestions about CME are always invited (and are very important to us!). They may be submitted at any time on our website [Continuing Medical Education](#) under **Continuing Medical Education Team Comments and Suggestions**.

CME Accreditation and Joint Providership

Central Michigan University College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) for four years as a provider of continuing medical education (CME) for physicians.

The Office of Continuing Medical Education (OCME) offers joint providership accreditation to non-accredited providers for conferences, courses, seminars, regularly scheduled series, and symposiums (virtual and/or in-person) for healthcare professionals.

For all information regarding Continuing Medical Education, please visit our website at med.cmich.edu/cme, email us at cmedcme@cmich.edu, or call us at 989-746-7555 or 989-746-7602.

The ABC's of Viral Hepatitis: From Acute to Chronic and Beyond the Basics

Covenant Inpatient Physician Practices - Grand Rounds

Tuesday, February 10, 2026 | 12:00 - 1:00 p.m.

In-Person Event (Virtual Option) – Cooper Maidlow Lecture Theater

Course Description

In this presentation, Nicholas Haddad, MD will be discussing the viral hepatitis syndromes, as clinically relevant to today's practice. There will be an epidemiologic perspective including that of the World Health Organization (WHO) and Centers for Disease Control and Prevention (CDC), a focus on clinical presentation of viral hepatitis, and an update on diagnostic strategies. The rather complicated serological diagnosis of Hepatitis B will be discussed in detail. Treatment updates will be provided, with focus on proper use of antiviral drugs including indications. Long term complications of hepatitis will also be included in the discussion.

Target Audience

Clinicians (MD, DO, NP, PA, RN)

Residents and Medical Students

Respiratory Clinicians

Pharmacy Clinicians

Objectives

1. Discussing viral hepatitis syndromes epidemiologically and clinically.
2. Differentiating of the clinical presentations of viral hepatitis.
3. Clarifying diagnostic strategies with focus on serological work up of CHB.
4. Presenting the rationale for therapy or not, including an update of HCV treatment.
5. Outlook on the future of preventative care for viral hepatitis.

Activity Director

Amjad Nader, MD, FCCP

Registration: <https://tinyurl.com/3n6cmmuf>



Microsoft
Teams:

Link: [Join Teams - Web](#)

Meeting ID: 289 192 767 336 92 | Access Code: n24zL3mL

Speaker Information

Nicholas Haddad, MD, FACP, FIDSA, is the Internal Medicine Residency Program Director at Central Michigan University College of Medicine. Dr. Haddad is board certified in Internal Medicine and Infectious Disease. He is a member of numerous committees and roles at Covenant Healthcare and CMU Medical Education Partners.



Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Central Michigan University College of Medicine and Covenant HealthCare. CMU College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Central Michigan University College of Medicine designates this live activity for a maximum of 1.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Michigan Board of Nursing, American Nurses Credentialing Center (ANCC), American Academy of Nurse Practitioners (AANP) and the National Commission on Certification of Physician Assistants (NCCPA) accept AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.

Disclosure

Speaker and planner have no relevant financial relationships with ineligible companies.

Questions?

Contact Inpatient Physician Practices at
InpatientPractices@chs-mi.com.

Covenant Trauma Education Series

Wednesday February 4, 2026

Virtual via Teams at 0700

Course Description Geriatric Trauma patients present with unique challenges. As our population ages, understanding the unique physiologic changes that impact anesthetic management is more critical than ever. Review the most common trauma patterns in older adults and explores how these injuries influence perioperative care. Learners will gain practical strategies to anticipate complications, reduce risks, and improve outcomes while decreasing mortality and morbidity.

Target Audience

Clinicians (MD, DO, NP, PA, RN)
Residents and Medical Students
Respiratory Clinicians
Pharmacy Clinicians

EMS

Objectives

1. Understanding the unique physiologic changes with aging and how it impacts anesthetic management
2. Identify common patterns and mechanisms of trauma in elderly and their anesthetic implications.
3. Anticipate and manage peri operative complications and improve

Activity Director

John Sharpe MD MS FACS

Disclosure

Speaker and planner have no relevant financial relationships with ineligible companies.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Central Michigan University College of Medicine and Covenant HealthCare. CMU College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Central Michigan University College of Medicine designates this live activity for a maximum of 1.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity enables the learner to earn credit toward the CME requirement(s) of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.



The Michigan Board of Nursing, American Nurses Credentialing Center (ANCC), American Academy of Nurse Practitioners (AANP) and the National Commission on Certification of Physician Assistants (NCCPA) accept AMA PRA Category 1 Credits from organizations accredited by the ACCME.

This activity contributes to the CME component of the American Board of Anesthesiology's redesigned Maintenance of Certification in Anesthesiology™ (MOCA®) program, known as MOCA 2.0®. Please consult the ABA website, www.theABA.org, for a list of all MOCA 2.0 requirements



Microsoft
Teams:

<https://www.microsoft.com/en-us/microsoft-teams/?rtc=1join-a-meeting>

Meeting ID: 291 307 028 053 73 Passcode: Eo6Xp682



PLEASE JOIN US FOR THE COVENANT HEALTHCARE

2026 Critical Care Symposium Unraveling Cardiogenic Shock and Treatment Strategies

5.5 CME
Credits
Available

Date and Time:

FRIDAY, FEBRUARY 27, 2026

9:00 am-9:30 am • Registration & Breakfast

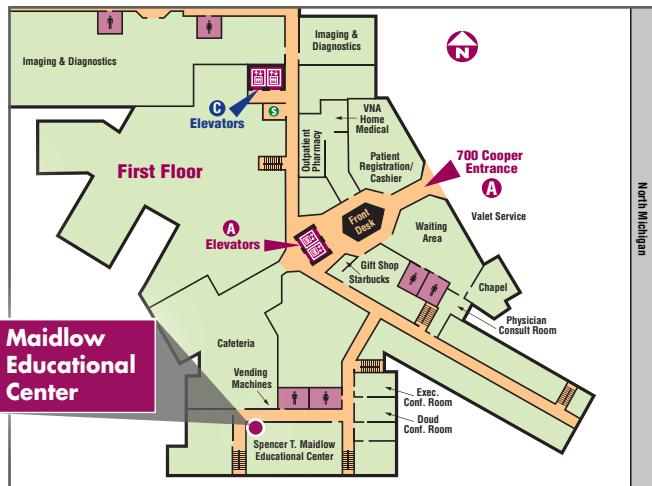
9:30 am-1:30 pm • Presentations

2:00 pm-4:00 pm • Skills Sessions

Location:

MAIDLAW EDUCATIONAL CENTER (In-person only event)

700 Cooper Ave, Saginaw, MI 48602



Register Online at:

covenanthealthcare.com/criticalcaresymposium

or scan the QR Code



Tuition Cost:

- Registration fee: \$50
- No registration fee for students and residents
- **DEADLINE FOR REGISTRATION:** February 22, 2026
- **REGISTRATION IS REQUIRED TO PARTICIPATE**

For More Information:

Contact inpatientpractices@chs-mi.com



Program Description:

This course will equip learners and healthcare professionals with the essential skills for effective care of cardiac, shock, and mechanical support for adult and infant patients from arrival to the Emergency Department (ED) to the Intensive Care Unit (ICU). Learners will be able to apply evidence-based practices for rapid assessment and timely interventions, including: ultrasound driven bedside assessments, hemodynamic foundations, respiratory support optimization, pulmonary artery catheter utility and limitations, causation and manifestation of cardiogenic shock in pediatrics, and Covenant Cardiology's SHOCK Program with a review of transforming patient outcomes. This symposium will share and teach mechanical circulatory support guidelines for both adult and pediatric patients. Through expert lectures, interactive case studies, and hands-on simulations, you'll build confidence in making informed decisions under pressure.

Join us to enhance your capabilities in providing high-quality continuity of care, ultimately improving patient outcomes. Enroll today and strengthen your role in critical care!

Target Audience:

All care members of the acute care team(s).

Program Objectives:

- Utilize point-of-care echocardiography for early shock identification pathways.
- Explore targeted respiratory interventions to improve outcomes in cardiogenic shock.
- Review medical management of cardiogenic shock through respiratory support.
- Explore the role and impact of positive pressure ventilation in cardiogenic shock.
- Understand the utility, limitations, and modern evidence of pulmonary artery catheters in patients with cardiogenic shock.
- Review the psychophysiology mechanisms underlying impaired cardiac output in pediatrics.
- Understand when and how to refer to cardiology.
- Gain insight into patient selection, timing of intervention, hemodynamic optimization, and collaborative care strategies that drive survival and recovery of cardiogenic shock.
- Explain and perform skills necessary to manage critically ill patients with cardiogenic shock.

2026 CRITICAL CARE SYMPOSIUM - AGENDA

TIME	TOPIC	PRESENTER
9:00 am	REGISTRATION & BREAKFAST	
9:30 am	Opening Remarks & Case Presentation	 Amjad Nader, MD Critical Care Fellowship Program Director, CMU College of Medicine & Critical Care Intensivist, Covenant HealthCare
9:40 am	Rapid Recognition of Cardiogenic Shock: Ultrasound-Driven Bedside Assessment <i>A focused session on integrating point-of-care echocardiography into early shock identification pathways.</i>	 Therese Mead, MD Emergency Medicine Program Director, CMU College of Medicine & ECC Physician, Covenant HealthCare
10:00 am	Hemodynamic Foundations: Physiology-Forward Monitoring for Precision Management <i>Exploring how targeted respiratory interventions can lighten the burden on the failing heart and improve outcomes in cardiogenic shock.</i>	 Syeda Zehra, MD PGY-3 Emergency Medicine Resident, CMU College of Medicine
10:20 am	Stabilizing the Failing Pump: Optimizing Respiratory Support in Cardiogenic Shock <i>Focused review on medical management of cardiogenic shock using inotrope/vasopressor support.</i>	 Steven Vance, MD Associate Dean of Clinical Education, CMU College of Medicine & ECC Physician, Covenant HealthCare
10:40 am	When Air Meets Hemodynamics: The Cardiovascular Consequences of Positive Pressure Ventilation <i>An exploration of how positive pressure alters preload, afterload, and RV-LV interactions in cardiogenic shock.</i>	 Rania Esteitie, MD Critical Care Intensivist, Covenant HealthCare
11:00 am	Debate: The Pulmonary Artery Catheter Revisited: Utility, Limitations, and Modern Evidence <i>Moderated by Rania Esteitie, MD</i>	 Omer Mirza, MD Critical Care Medical Director, Covenant HealthCare
11:00 am		Amjad Nader, MD
11:30 am	LUNCH BREAK	
	RESIDENT JEOPARDY: EM VS. IM	
12:00 pm	Cardiogenic Shock in Children: Causation and Manifestation <i>Review the pathophysiologic mechanisms underlying impaired cardiac output in children & insight into best-practice algorithms</i>	 G. Sinclair, MD Pediatric Intensivist, Covenant HealthCare
12:20 pm	When to Call the Cardiologist: Mechanical Circulatory Support Referrals <i>Understanding when and how to refer to cardiology and introductory review of Covenant Cardiology's SHOCK Program.</i>	 Manoj Sharma, MD Interventional Cardiologist, Covenant Cardiology
12:50 pm	Transforming Patient Outcomes: Mechanical Circulatory Support in the Cardiovascular ICU <i>Gain insights into patient selection, timing of intervention, hemodynamic optimization, and collaborative care strategies that drive survival and recovery.</i>	 Bashar Al Jayyousi, MD Interventional Cardiologist, Covenant Cardiology
1:10 pm	Q&A: Panel Discussion	
1:30 pm	Closing Remarks	
1:35 pm	BREAK	
1:45 pm	SKILLS REGISTRATION OPENS	
2:00 pm	Workshop(s) 2:00pm-4:00pm	

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Central Michigan University College of Medicine and Covenant HealthCare. CMU College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Designation: Central Michigan University College of Medicine designates this live activity for a maximum of 5.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosures: The planners have no relevant financial relationships with ineligible companies to disclose. Katie Morris and Jennifer Pierce are employees of AbioMed and will be participating as technicians on safe and proper use of Impella Catheters and will not recommend whether or when this device is used. All other speakers have no relevant financial relationships with ineligible companies to disclose.

Preventing Suicide in Michigan Men (PRiSMM)

Suicide Prevention Webinar Series Special topics for Clinicians and Health Care Providers

Shawn Shea, M.D.

FEBRUARY ^{**}
* TWENTY-FIFTH 2026

Topic: The Daunting Challenges of Uncovering Suicidal Ideation: Meeting them with the Chronological Assessment of Suicide Events (CASE Approach)

Shawn Christopher Shea, M.D., is the Director of the Training Institute for Suicide Assessment and Clinical Interviewing (TISA) and is the author of eight books and numerous articles in the fields of suicide assessment and clinical interviewing. He is the creator of the internationally utilized Chronological Assessment of Suicide Events (CASE Approach), which the Suicide Prevention Resource Center has placed on its Best Practices Registry (BPR). His text *Psychiatric Interviewing: The Art of Understanding*, 3rd Edition, was chosen by the British Medical Association as the 2017 Book of the Year in Psychiatry. He has provided over 850 workshops worldwide, including frequent presentations at the annual meetings of the American Association of Suicidology and the American Psychiatric Association.

This webinar will introduce clinicians to the Chronological Assessment of Suicide Events (CASE Approach), a clinical interviewing strategy designed to uncover hidden suicidal ideation. The session will explore the Equation of Suicidal Intent, challenges presented by clients at immediate risk, and techniques for conducting sensitive and comprehensive suicide risk assessments without relying on semi-structured screening tools.

In this webinar, you will learn to:

- Be able to describe - and recognize during an interview - the different challenges that a client at immediate risk of suicide presents.
- Be able to describe and utilize the principles of the Equation of Suicidal Intent.
- Be better able to comprehensively - and sensitively - uncover hidden suicidal ideation without the need for semi-structured screening tools.
- Be able to apply and utilize some of the techniques and strategies of the Chronological Assessment of Suicide Events (CASE Approach).

The intended audience for this webinar includes behavioral health clinicians, primary care providers, emergency medicine professionals, and health professions students who engage with suicide risk in clinical or training settings.

Date: 2/25/26

Time: 11:30am-1:00pm

Location: Virtual

Register Now! FREE!



CME Accreditation Information:

DISCLOSURE: The planners and speaker for this session have no relevant financial relationships with ineligible companies to disclose.

ACCREDITATION: Central Michigan University College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

DESIGNATION: Central Michigan University College of Medicine designates this live activity for a maximum of 1.50 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Contact us: RHEI@cmich.edu

For more information: <http://med.cmich.edu/prismmtoolkit>



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