



## CONTINUING MEDICAL EDUCATION

April 2026

### CME Activities & Announcements

#### GRAND ROUNDS CALENDAR

The following activities meet the requirements for 1 hour of *AMA PRA Category 1 Credit™* or as noted.

<p><b>CMU COLLEGE OF MEDICINE GRAND ROUNDS</b></p>	<p><b>THURSDAY</b> 7:30am – 8:30am Online</p>	<p>April 16 – <b>Death Certificate Completion and New Regulations.</b> William Morrone, DO, MPH, MS, Chief Medical Examiner, Midland/Iosco/Tuscola/Arenac County, MI.</p> <p><a href="https://cmich.webex.com/cmich/j.php?MTID=m483e9848c39f532c26e9fe67de166d2b">https://cmich.webex.com/cmich/j.php?MTID=m483e9848c39f532c26e9fe67de166d2b</a></p> <p><i>For additional information, contact Alison Radabaugh at <a href="mailto:radab1a@cmich.edu">radab1a@cmich.edu</a></i></p>
<p><b>EMERGENCY MEDICINE GRAND ROUNDS</b></p>	<p><b>THURSDAY</b> 9:15am – 10:15am CMED SEB 1008</p>	<p><b>No Grand Rounds in April</b></p> <p><i>For additional information, contact Melinda Wardin at <a href="mailto:melinda.wardin@cmich.edu">melinda.wardin@cmich.edu</a></i></p>
<p><b>FAMILY MEDICINE GRAND ROUNDS</b></p>	<p><b>THURSDAY</b> 7:45am – 8:45am CMED SEB 1018</p>	<p>April 6 – <b>Understanding and Managing Pleural Effusions of Cardiac Origin.</b> Sai Sarvepalli, MD, Resident Physician, Family Medicine, CMU Medical Education Partners, Saginaw, MI.</p> <p>April 30 – <b>Looking at Leukocytosis: When to Worry; What to Do.</b> Toby Long, MD, MDiv, FAAFP, Medical Director for Primary Care, Great Lakes Bay Health Centers, Saginaw, MI.</p> <p><i>For additional information, contact Cindy Letzkus at <a href="mailto:letz1ca@cmich.edu">letz1ca@cmich.edu</a></i></p>
<p><b>INTERNAL MEDICINE GRAND ROUNDS</b></p>	<p><b>TUESDAYs</b> 12:00pm – 1:00pm Maidlow Educational Center Covenant</p> <p><b>FRIDAYs</b> 08:00am – 09:00am MyMichigan Medical Center Saginaw MASUD Lecture Hall</p>	<p>April 3 – <b>Systemic Lupus Erythematosus (SLE): A Broad Overview.</b> Natasa Kunz, MD, Resident Physician, Internal Medicine, CMU Medical Education Partners, Saginaw, MI.</p> <p>April 17 – <b>Urine Control: Practical Approaches to Urinary Incontinence.</b> Justine Czajka, MD, Resident Physician, Internal Medicine, CMU Medical Education Partners, Saginaw, MI.</p> <p>April 21 – <b>Antibiotic Resistance in the Modern Era: From MDR to Stewardship.</b> Breeha Saeed, MD, Resident Physician, Internal Medicine, CMU Medical Education Partners, Saginaw, MI.</p> <p>April 29 – <b>Understanding MINOCA: Diagnosis and Management of MI Without Obstructive Coronary Disease.</b> Denise Mourad, MD, Resident Physician, Internal Medicine, CMU Medical Education Partners, Saginaw, MI</p> <p><i>For additional information contact Carol Delehanty at <a href="mailto:deleh1c@cmich.edu">deleh1c@cmich.edu</a></i></p>

<b>OBSTETRICS &amp; GYNECOLOGY GRAND ROUNDS</b>	<b>MONDAY</b> 8:00am—9:00am CMED SEB 1008/Online QA Location: Harrison Side Rooms C&D	<p>April 6 – <b>Quality Assurance.</b> Kristine Spence, DO, OB Section Chair, Covenant HealthCare, Saginaw, MI.</p> <p>April 13 – <b>From 'Just A Pinch' to Patient Centered Care.</b> Kayla Orbeck, MD, Ob/Gyn Chief Resident, CMU Medical Education Partners, Saginaw, MI.</p> <p>April 27 – <b>Laparoscopic Olympics.</b> Cassandra Ross, MD and Kendall Highhouse, MD, Resident Physicians Ob/Gyn, CMU Medical Education Partners, Saginaw, MI. (4.00 AMA PRA Category 1 Credit™)</p> <p><i>For additional information, please contact Donelle Booms at <a href="mailto:kiess1de@cmich.edu">kiess1de@cmich.edu</a></i></p>
<b>PEDIATRIC GRAND ROUNDS</b>	<b>WEDNESDAY</b> 12:00pm-1:00pm CMED SEB 1018	<p><b>No Grand Rounds in April</b></p> <p><i>For additional information, please contact Delaney Trombley at <a href="mailto:storm1dr@cmich.edu">storm1dr@cmich.edu</a></i></p>
<b>PSYCHIATRY GRAND ROUNDS</b>	<b>THURSDAY</b> 12:00pm—1:00pm CMED SEB 1018 and Webex	<p>April 27 – <b>Difficult to Treat Depression.</b> Chris Aiken, MD, Director, Psych Partners Collaborative Care, Clemmons, NC.</p> <p><i>For additional information, please contact Anessa Achtabowski at <a href="mailto:achta1a@cmich.edu">achta1a@cmich.edu</a></i></p>
<b>SURGERY GRAND ROUNDS</b>	<b>THURSDAY</b> 7:00am—8:00am MyMichigan Medical Center	<p>April 9 - <b>Safe Surgery for the Pregnant Patient.</b> Christina Andreozzi, MD, Assistant Professor, Covenant HealthCare College of Medicine at Central Michigan University, Saginaw, MI.</p> <p>April 23 - <b>The Leaking Esophagus: Early Recognition, Diagnostic Challenges, and Contemporary Management Strategies.</b> Mohamed Kamel Hussein, MD, MSc, Assistant Professor of Thoracic and Foregut Surgery, University of Rochester Medical Center, Rochester, NY.</p> <p>April 30 - <b>The Difficult Duodenum.</b> Maher Ghanem, MD, Associate Professor Covenant HealthCare College of Medicine at Central Michigan University, Saginaw, MI.</p> <p><i>For additional information, please contact Taylor Musselman at <a href="mailto:musse1t@cmich.edu">musse1t@cmich.edu</a></i></p>
<b>COVENANT HEALTHCARE INPATIENT PRACTICES GRAND ROUNDS</b>	<b>TUESDAY</b> 12:00pm-1:00pm Cooper – Maidlow Educational Center	<p>April 7 – <b>Mechanical Ventilation: Principles of Initiation and Weaning.</b> Omer Mirza, MD, Critical Care Medical Director, Covenant HealthCare, Saginaw, MI.</p> <p><i>For additional information, please contact Anne Moskal at <a href="mailto:Anne.Moskal@chs-mi.com">Anne.Moskal@chs-mi.com</a></i></p>
<b>COVENANT HEALTHCARE TRAUMA GRAND ROUNDS</b>	<b>WEDNESDAY</b> 7:00am-8:00am Online	<p>April 1 – <b>Diagnostic Imaging Updates.</b> Harvey Yee, MD, Radiologist, Covenant HealthCare, Saginaw, MI.</p> <p><i>For additional information, please contact Laura Walker at <a href="mailto:lwalker@chs-mi.com">lwalker@chs-mi.com</a></i></p>

## REGULARLY SCHEDULED SERIES (RSS) ACTIVITIES

### CMU Surgery

#### **Mortality & Morbidity Conference**

Thursday: 4/2, 4/9, 4/16, 4/23, and 4/30; 8:00a-9:00a

MyMichigan Medical Center Saginaw MASUD Lecture Hall & Online

### Covenant HealthCare

#### **Breast Conference**

Wednesday: 4/1, 4/8, 4/15, 4/22, and 4/29; 7:30a-8:30a

Covenant Cancer Care Center, Lower-Level Conference Room & Online

#### **Tumor Conference**

Thursday: 4/2, 4/9, 4/16, 4/23, and 4/30; 7:30a-8:30a

Covenant Cancer Care Center, Spence Maidlow Conference Room & Online

## FEATURED CME ACTIVITIES

### **Preventing Suicide in Michigan Men (PRiSMM)**

*Suicide Prevention Webinar Series: Clinical Integration of a Free, Evidence-Based Suicide-Prevention Resource for Michigan Men*

Jody Frey, PhD, LCSW-C, CEAP & Thomas Vossler

Wednesday, April 15, 2026. 11:30am – 1:00pm; Virtual

See attached flyer.

Contact us: [RHEI@cmich.edu](mailto:RHEI@cmich.edu), For more information: <http://med.cmich.edu/prismmtoolkit>; 1.5 AMA PRA Category 1 Credit™

#### **Description**

This 90-minute webinar gives clinicians a practical roadmap to use Man Therapy, a free online state resource providing 24/7 digital mental health access supported by evidence-based research. Dr. Jodi Frey, lead evaluator, and Mr. Thomas Vossler, Manager of Man Therapy, will outline the program's origin and theoretical approach, showing how humor-driven stigma disruption increases engagement among men who often avoid or leave traditional mental health care. The session will translate this research into clinical practice with guidance on integrating Man Therapy into suicide prevention, treatment, and recovery support, including use in safety plans, between-visit coping, and sharing the platform with family members and other clinicians.

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### **University of Michigan Center for Disability Health and Wellness**

*Key Disability Health Competencies and Care Principles for Clinicians*

#### **Various**

Friday, April 17, 2026. 8:00am – 6:00pm; Pierpont Commons, East Room, 2101 Bonisteel Blvd, Ann Arbor, MI 48109

See attached flyer.

Contact: [infoy@med.umich.edu](mailto:infoy@med.umich.edu), 7.5 AMA PRA Category 1 Credit™; Registration: [michmed.org/disabilityhealth](http://michmed.org/disabilityhealth)

#### **Description**

This full-day professional development event will focus on enhancing disability health competencies among clinicians from a wide range of disciplines. Through six expert-led presentations, participants will gain valuable knowledge and practical skills aligned with the core competencies identified by the Alliance for Disability in Healthcare (ADH). This event is designed to support clinicians in delivering inclusive, high-quality care for patients with disabilities.

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## **Saginaw County Medical Society Membership Meeting**

### ***Trauma Informed Care Using the R.E.S.C.U.E. Method***

**Tina L. Tanner MD FAAFP DABFM**

Tuesday, April 21, 2026. 7:00pm – 8:30pm; Horizons Conference Center, 6200 State Street, Saginaw, MI 48603

See attached flyer.

Contact: Online reservations required – email meeting notice will be sent in late March- contact Joan Cramer at [jmcramer@saginawcountymys.com](mailto:jmcramer@saginawcountymys.com) to be added to the invitation list, 1.25 AMA PRA Category 1 Credit™

#### **Description**

Trauma Informed care using the R.E.S.C.U.E. method provides physicians with the neuropsychobiological background that alters neurologic development resulting in biologic and psychologic changes in individuals who have experienced significant trauma. Using this knowledge and the framework provided by the R.E.S.C.U.E. method we can develop a treatment program that addresses these changes and helps our patients heal physically, emotionally and psychologically.

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## **Covenant HealthCare College of Medicine at Central Michigan University and CMU Medical Education Partners**

### ***2026 Research Day Symposium***

**Various**

Friday, April 24, 2026. 9:30am – 4:00pm; The Dow Event Center Saginaw, 303 Johnson St, Saginaw, MI 48607

7.0 AMA PRA Category 1 Credit™

#### **Description**

The annual Research Symposium highlights research being conducted throughout the CMU and Great Lakes Bay communities. It challenges faculty, practicing physicians, residents and medical students to present their research on clinical and population health issues in a research-based, visual and condensed matter.

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## **2026 Pediatric Symposium presented by Covenant Children's Hospital**

### ***Vulnerable Voices: Confronting Modern Challenges in Pediatric Health & Safety***

**Various**

Friday, May 8, 2026. 7:30am – 3:30pm; Saginaw Valley State University, Gilbertson Hall, 7400 Bay Road, University Center, MI 48710

Contact: [covenantchildrenshospital@chs-mi.com](mailto:covenantchildrenshospital@chs-mi.com), 6.0 AMA PRA Category 1 Credit™; Register online at: [covenanthealthcare.com/pediatric-symposium](http://covenanthealthcare.com/pediatric-symposium)

#### **Description**

This event is dedicated to exploring the evolving challenges that impact young lives—from rising vaccine hesitancy to deeper concerns about children's physical, emotional, and developmental well-being. As pediatric healthcare navigates a rapidly changing landscape, this gathering brings together experts, advocates, and communities to elevate the voices of those too often overlooked: our children.

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## CME ONLINE EDUCATIONAL COURSES

We have a variety of online courses to enhance physicians' lifelong learning available at [CMU CME ONLINE](#) or scan the QR code. The CME Online Educational Courses Catalog can be accessed here: [CME Enduring Material Course Catalog](#)



## CME FORMS

CME application forms are continually being updated as ACCME changes and modifies requirements. We suggest that you visit our webpage to obtain the most recent version: [Documents and Forms](#). If you have any questions about our CME application documents or the process to obtain *AMA PRA Category 1 Credits*<sup>™</sup>, please contact us at [cmedcme@cmich.edu](mailto:cmedcme@cmich.edu).

## CME GENERAL INFORMATION

### Credit for Teaching

CMU College of Medicine appreciates ALL that you do in teaching our residents and medical students! To ensure that you adequately obtain your Category 2 Credit for Teaching, visit our website to submit the hours spent teaching. Instructions are available on our website at [Claim Credit and Transcript](#) under **Category 2 Credit Forms**.

**CME Credit and Certificate Process** To claim *AMA PRA Category 1 Credits*<sup>™</sup> go to [Claim Credit and Transcript](#), then click on the "Claim Credit" box or scan this QR code. If you need assistance, please email [cmedcme@cmich.edu](mailto:cmedcme@cmich.edu) or call 989-746-7555 or 989-746-7602. **Activities are available for 30 days post-events to claim CME credit.**



### CME Comments and Suggestions

We are listening! Your comments and suggestions about CME are always invited (and are very important to us!). They may be submitted at any time on our website [Continuing Medical Education](#) under **Continuing Medical Education Team [Comments and Suggestions](#)**.

### CME Accreditation and Joint Providership

Covenant HealthCare College of Medicine at Central Michigan University is accredited by the Accreditation Council for Continuing Medical Education (ACCME<sup>®</sup>) for four years as a provider of continuing medical education (CME) for physicians.

The Office of Continuing Medical Education (OCME) offers joint providership accreditation to non-accredited providers for conferences, courses, seminars, regularly scheduled series, and symposiums (virtual and/or in-person) for healthcare professionals.

For all information regarding Continuing Medical Education, please visit our website at [med.cmich.edu/cme](http://med.cmich.edu/cme), email us at [cmedcme@cmich.edu](mailto:cmedcme@cmich.edu), or call us at 989-746-7555 or 989-746-7602.

# Preventing Suicide in Michigan Men (PRiSMM)

## Suicide Prevention Webinar Series Special topics for Clinicians and Health Care Providers

Jody Frey, PhD, LCSW-C, CEAP & Thomas Vossler **APRIL** <sup>\*\*</sup>  
**\* FIFTEENTH** 2026

### Topic: "Clinical Integration of a Free, Evidence-Based Suicide-Prevention Resource for Michigan Men"

This 90-minute webinar gives clinicians a practical roadmap to use Man Therapy, a free online state resource providing 24/7 digital mental health access supported by evidence-based research. Dr. Jodi Frey, lead evaluator, and Mr. Thomas Vossler, Manager of Man Therapy, will outline the program's origin and theoretical approach, showing how humor-driven stigma disruption increases engagement among men who often avoid or leave traditional mental health care. The session will translate this research into clinical practice with guidance on integrating Man Therapy into suicide prevention, treatment, and recovery support, including use in safety plans, between-visit coping, and sharing the platform with family members and other clinicians.

#### In this webinar, you will learn to:

- Articulate the origins, framework, and evidence base for Man Therapy by summarizing research-supported outcomes or engagement mechanisms.
- Describe effective ways to integrate Man Therapy into clinical care, including but not limited to incorporating Man Therapy into suicide safety planning.
- Identify at least one way you will share Man Therapy with clients or other clinicians to help expand the public health campaign and use of the online resource throughout Michigan.

The intended audience for this webinar includes behavioral health clinicians, primary care providers, emergency medicine professionals, and health professions students who engage with suicide risk in clinical or training settings.

Date: 4/15/2026  
Time: 11:30am-1:00pm  
Location: Virtual

**Register Now! FREE!**

<https://bit.ly/4rAdX7R>



#### CME Accreditation Information:

**DISCLOSURE:** The planners and speaker for this session have no relevant financial relationships with ineligible companies to disclose.

**Accreditation:** Covenant HealthCare College of Medicine at Central Michigan University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Designation:** Covenant HealthCare College of Medicine at Central Michigan University designates this live activity for a maximum of 1.5 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Contact us: [RHEI@cmich.edu](mailto:RHEI@cmich.edu)

For more information: <http://med.cmich.edu/prismtoolkit>



COLLEGE OF MEDICINE

**RURAL HEALTH  
EXCELLENCE INSTITUTE**

CENTRAL MICHIGAN UNIVERSITY

**REGISTER NOW!**



**Tina L. Tanner MD FAFPM DABFM**

*Dr. Tanner is a board-certified family physician with Trinity Health Medical Group in Muskegon. She graduated from Michigan State University College of Human Medicine and completed her family medicine residency in Saginaw. She partners with her patients to provide a holistic physical, mental and spiritual health care experience that is unique to each individual and says health care should always be about caring.*

**The SCMS would like to give special thanks to the Anna Dorr Cresswell Memorial Fund administered by the Saginaw Community Foundation for sponsoring Dr. Tanner.**

The Saginaw County Medical Society would like to invite all members, residents, CMU medical students and Saginaw Valley Osteopathic Society members to our

**Tuesday, April 21, 2026 Membership Meeting**

**Click [HERE](#) to register or scan the QR code**



**Speaker:** Tina L. Tanner MD FAFPM DABFM

**Topic:** "Trauma Informed Care Using the R.E.S.C.U.E. Method"

**Objectives:**

1. Definitions of child abuse and neglect
2. Statistics of child abuse and neglect
3. Connection between ACEs and long-term health outcomes
4. Neurobiology, psychology, and social determinates affect brain development
5. R.E.S.C.U.E – Recognize, Empathy, Support, Counsel, Utilize, and Empower
6. Case studies – what questions to ask, how to support and walk with your patients
7. Resilience – what is it and how to foster it

Trauma Informed care using the R.E.S.C.U.E. method provides physicians with the neuropsychobiological background that alters neurologic development resulting in biologic and psychologic changes in individuals who have experienced significant trauma. Using this knowledge and the framework provided by the R.E.S.C.U.E. method we can develop a treatment program that addresses these changes and helps our patients heal physically, emotionally and psychologically.

**Location:** Horizons Conference Center, 6200 State Street, Saginaw

**Time:** Social (cash bar) 6:30 p.m., Dinner, Meeting and Program at 7 p.m.

**Spouse/Significant Other Welcome (dinner fee applies)**

**Online reservations required – email meeting notice will be sent in late March- contact Joan Cramer at [jmrcramer@saginawcountymys.com](mailto:jmrcramer@saginawcountymys.com) to be added to the invitation list.**

**Financial Relationship Disclosure and Accreditation Statement**

**DISCLOSURE**

The planner and speaker for this session have no relevant financial relationships with ineligible companies to disclose.

**ACCREDITATION**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Covenant HealthCare College of Medicine at Central Michigan University and Saginaw County Medical Society. Covenant HealthCare College of Medicine at Central Michigan University is accredited by the ACCME to provide continuing medical education for physicians.

Covenant HealthCare College of Medicine at Central Michigan University designates this live activity for a maximum of 1.25 AMA PRA Category 1 Credit.<sup>™</sup> Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**The SCMS would like to thank our Key Providers for their continued support**



**Quality Sleep & Neurology**

**SAVE THE DATE**

**April 22, 2026**

**Region 3 Annual Trauma  
Symposium**

**Physicians  
\$110**

**Resident Physicians  
\$60**

**EMS, Nursing and  
all other Registrants  
\$60**

**Horizons Conference Center  
6200 State Street  
Saginaw, MI 48603**

**Registration Link Available Soon  
Brochure to Follow**



# Key Disability Health Competencies and Care Principles for Clinicians

OFFERED BY

The University of Michigan Center for Disability Health and Wellness

**Friday, April 17, 2026 | 8:00 AM–6:00 PM**

Pierpont Commons, East Room, 2101 Bonisteel Blvd., Ann Arbor, MI 48109

This full-day professional development event will focus on enhancing disability health competencies among clinicians from a wide range of disciplines including medical, nursing, pharmacy, psychology, physical and occupational therapy. Through six expert-led presentations, participants will gain valuable knowledge and practical skills aligned with the core competencies identified by the Alliance for Disability in Healthcare (ADH). This event is designed to support clinicians in delivering inclusive, high-quality care for patients with disabilities.

## CONTINUING EDUCATION CREDITS

Medicine.....	7.5
Psychology .....	7.5
Physical and Occupational Therapy .....	7.5
Nursing .....	7.5
Nurse Practitioner.....	7.5
Physician Assistant .....	7.5

## KEY COMPETENCIES

Attendees will gain skills and knowledge to:

### Apply contextual and conceptual frameworks on disability

Demonstrate understanding of disability as a facet of human diversity by describing how social, cultural, environmental, and personal factors interact to shape the experiences and health needs of people with disabilities across the lifespan and through life transitions.

### Demonstrate professionalism and patient-centered care

Exhibit principles of professionalism, empathy, and patient-centered care by recognizing and respecting patients' self-determination, priorities, and the importance of modifying care environments and processes to optimize health and quality of life for individuals with disabilities.

### Identify legal obligations and responsibilities for caring for patients with disabilities

Recognize and interpret key federal and state disability rights laws affecting healthcare (including the ADA, Rehabilitation Act, and Social Security Act), and apply practical strategies to ensure healthcare delivery meets the legal and ethical requirements for patients with disabilities.

### Engage in effective teams and systems-based practice

Collaborate in interprofessional healthcare teams, illustrating the principles of teamwork and systems-based practice, to support safe and effective medication management and overall care for people with disabilities—incorporating the perspectives of patients, caregivers, and other providers.

### Conduct thorough clinical assessment

Gather and integrate accurate, relevant information about the function and health of adults with disabilities, particularly older adults, by avoiding assumptions, understanding the impact of social supports and environment, and implementing appropriate therapeutic interventions based on individualized needs.

### Coordinate clinical care over the lifespan and during transitions

Develop and implement coordinated plans of care for patients with disabilities that include needed supports and services, with attention to transitions across the lifespan and specialized considerations for populations such as deaf and hard-of-hearing patients, to promote optimal health outcomes and access.

## SCHEDULE OF EVENTS

TIME	SESSION	PRESENTERS	CREDITS
7:45am – 8:00am	Rooms open, coffee and light breakfast available		
8:00am – 8:15am	Opening Remarks	Michael McKee, MD Michelle A. Meade, PhD	
8:15am – 9:35am	Thinking About Disability: Why the Framework Makes a Difference	Michelle A. Meade, PhD Carrie Pilarski, PhD Ajaunè Thomas	1.25
9:35am – 9:45am	Break		
9:45am – 11:05am	Inclusive Health Care: Improving Health Outcomes for Deaf and Hard of Hearing Patients	Michael McKee, MD Chad Ruffin, MD	1.25
11:05am - 11:15am	Break		
11:15am – 12:35pm	Legal Obligations and Responsibilities: A Discussion of Federal and State Policies Impacting Patients with Disabilities in Healthcare	Matthew Galvan, JD Tyler G. James, PhD Christa Moran Simon Zagata, JD	1.25
12:35pm – 1:20pm	Lunch		
1:20pm – 2:40pm	Medication Management Process for Persons with Disabilities: It Takes a Team to Get it Right!	Steven Erickson, PharmD Gianna Rodriguez, MD Jillian Woodworth, DrOT	1.25
2:40pm – 2:50pm	Break		
2:50pm – 4:10pm	Going beyond “But I don’t have a disability”: Avoiding assumptions to ensure appropriate assessments of older adults with significant functional impairments	Tahleen Lattimer, PhD Michelle A. Meade, PhD Namita Ahuja Yende, MD	1.25
4:10pm – 4:20pm	Break		
4:20pm – 5:40pm	From Growing Up to Growing Older: Inclusive Health Care Across Life Transitions	Teal Benevides, PhD Michelle A. Meade, PhD Lauren D. Schiff, MD	1.25
5:40pm – 6:00pm	Closing Remarks	Michelle A. Meade, PhD	



## SESSION DESCRIPTIONS



### Thinking About Disability: Why the Framework Makes a Difference

#### PRESENTERS:

Michelle A. Meade, PhD, Professor, Departments of Physical Medicine & Rehabilitation and Family Medicine, U-M

Carrie Pilarski, PhD, Clinical Associate Professor, Department of Physical Medicine & Rehabilitation, U-M

Ajaunè Thomas, Director of Leadership Programs, Michigan Disability Rights Coalition

This session will review the key conceptual frameworks of disability, including the Medical, Social, and World Health Organization International Classification of Functioning models and discuss the history of the civil rights for people with disabilities in order to enhance understanding of importance of recognizing and addressing modifiable factors that impact outcomes associated with health, participation and quality of life.

#### LEARNING OBJECTIVES:

- Discuss the diversity and range of disabilities in terms of disability types (e.g. mobility, sensory, cognitive, and behavioral).
- Compare and contrast the Medical, Social, and World Health Organization International Classification of Functioning models and recognize their application to health care of people with disabilities.
- Describe the civil rights and independent living history of people with disabilities and their access to services. Understand how such history has both informed current thinking and improved access to care and equal rights for people with disabilities.

### Inclusive Health Care: Improving Health Outcomes for Deaf and Hard of Hearing Patients

#### PRESENTERS:

Michael McKee, MD, Professor, Departments of Physical Medicine & Rehabilitation and Family Medicine, U-M

Chad Ruffin, MD, PLLC

This session will offer insights on best practices and evidence-based strategies for providing equitable healthcare to Deaf and hard of hearing (DHH) individuals, including addressing key health disparities and screening recommendations. The content is to help equip clinicians with knowledge and skills to recognize barriers, deliver accessible interventions, and advocate for improved health outcomes in the DHH population.

#### LEARNING OBJECTIVES:

- Identify and describe common health disparities experienced by Deaf and hard of hearing individuals.
- Examine common health issues and recommend screening and management approaches to improve the health of DHH individuals.
- Highlight best practices and strategies for delivering equitable health care to Deaf and hard of hearing individuals.
- Explore the role of advocacy and policy in promoting health equity for the Deaf and hard of hearing community.

### Legal Obligations and Responsibilities: A Discussion of Federal and State Policies Impacting Patients with Disabilities in Healthcare

#### PRESENTERS:

Tyler G. James, PhD, Assistant Professor, Department of Family Medicine, U-M

Matt Galvan, JD, Patient Civil Rights Director, Michigan Medicine

Christa Moran, ASL/English Interpreter, Michigan Medicine

Simon Zagata, JD, Community & Institutional Rights Team, Director, Disability Rights Michigan

This session is focused on the responsibilities a healthcare provider and health organization have as outlined by federal and state regulations. The session will provide an overview of the disability civil rights landscape as it pertains to healthcare, and provide attendees practical strategies for implementing best practices.

#### LEARNING OBJECTIVES:

- Describe a brief history of disability rights regulations in healthcare.
- Describe how current events are impacting disability rights regulations.
- Describe what a ‘qualified interpreter’ for medical care is in Michigan.
- List three major issues/threats related to disability civil rights and healthcare.

### Medication Management Process for Persons with Disabilities: It Takes a Team to Get It Right!

#### PRESENTERS:

Steven Erickson, PharmD, College of Pharmacy, U-M

Gianna Rodriguez, MD, Clinical Professor of Physical Medicine & Rehabilitation, U-M

Jillian Woodworth, DrOT, Clinical Associate Professor, U-M Flint

This session will include a panel discussion on the teamwork necessary to ensure the safe and effective use of medications by persons with disabilities. Interprofessional practice standards and competencies will lead off the discussion, followed by a description of the medication use process, perspective from a PWD on medication

management, and ending with a description of a best practice.

It takes a team approach to manage medications. Prescribers, dispensers, caregivers, and patients all need to work together in order to ensure safe and effective use of medications. An interprofessional practice that incorporates the expertise of the patient and caregiver, and health care professionals, will lead to appropriate use of medications by the person with a disability.

#### LEARNING OBJECTIVES:

- Describe the competencies and requirements for a successful interprofessional practice.
- Describe the medication use process and how successful healthcare teams can partner with patients and caregivers.
- Describe the Michigan Medicine Family Medicine/IDD interprofessional clinic, and how the team works together to ensure appropriate use of medications.

### Going Beyond “But I Don’t Have a Disability”: Avoiding assumptions to ensure appropriate assessments of older adults with significant functional impairments

#### PRESENTERS:

Michelle A. Meade, PhD, Professor, Departments of Physical Medicine & Rehabilitation & Family Medicine, U-M

Tahleen Lattimer, PhD, Research Fellow, Department of Physical Medicine & Rehabilitation, U-M

Namita Ahuja Yende, MD, Sr. Medical Director & Associate CMO, Blue Cross Blue Shield of Michigan

Adults, age 65 and older, report the highest rates of functional impairments — with significant impairments with mobility and cognition being the most common type — and yet are the least likely to identify as an individual with a disability or ask for accommodations. Presenters and panelists in this session will review the areas of functioning that need to be considered to reliably gather information from patients and other informants and best practices for using this information to inform the clinical assessment and treatment processes.

[continued on next page](#)

## LEARNING OBJECTIVES:

- Integrate information on functional status of people with disabilities, including both functional strengths and limitations, in clinical decision assessment and making.
- Discuss situations where the caregiver(s) can be helpful to inform or enhance assessments and interventions and the importance of securing patient permission before engaging caregivers.
- Assess the physical and social environments of patients with disabilities to understand their impact on health outcomes.

## From Growing Up to Growing Older: Inclusive Health Care Across Life Transitions

### PRESENTERS:

Teal Benevides, PhD, Professor, Department of Community & Behavioral Health Sciences, Augusta University

Michelle A. Meade, PhD, Professor, Departments of Physical Medicine & Rehabilitation and Family Medicine

Lauren D. Schiff, MD, Executive Medical Director for Risk Management and Legal Affairs, University of NC Medical Center

This session will provide learners with background and context for aging with disabilities through major life transitions. The importance of supporting self-determination and patient-directed care through modifications to the environment and process of care will be discussed with case examples.

Content will focus on the importance of eliciting and prioritizing patient goals and priorities to develop tailored care, regardless of provider type.

## LEARNING OBJECTIVES:

- Demonstrate knowledge of effective strategies to engage patients with disabilities in creating a coordinated plan of care with needed services and supports.
- Integrate assessment information from individuals with disabilities, multiple disciplines, and ancillary informants in order to develop a collaborative health care plan that includes health promotion strategies and preventative care.
- Recognize that people with disabilities need access to age-appropriate preventative screenings, assessments, and health education including reproductive health, family planning, and sexuality.
- Recognize that disability should not limit self-determination for people with disabilities, regardless of disability type and severity. Offer treatment options in the same way options would be presented to similar-aged peers without disabilities.

## For questions, please contact:

India Foy, Managing Director,  
Center for Disability Health and Wellness  
infoy@med.umich.edu

## PROVIDERSHIP INFORMATION

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Education Academy



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### DISCLOSURES

Financial – Speakers and planners have no relevant financial relationships with ineligible companies.

Nonfinancial – No relevant nonfinancial relationships exist.



### DISCLOSURE

Speakers and planners have no relevant financial relationships with ineligible companies.

### ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Central Michigan University College of Medicine and The Regents of The University of Michigan. CMU College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Central Michigan University College of Medicine designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credits™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Michigan Board of Nursing, American Nurses Credentialing Center (ANCC), American Academy of Nurse Practitioners (AANP), American Academy of Physician Assistants (AAPA), and the National Commission on Certification of Physician Assistants (NCCPA) accept AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.



Center for Disability Health and Wellness



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**Center for Disability Health and Wellness**

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# Writing Learning Objectives



## Questions to Ask Yourself

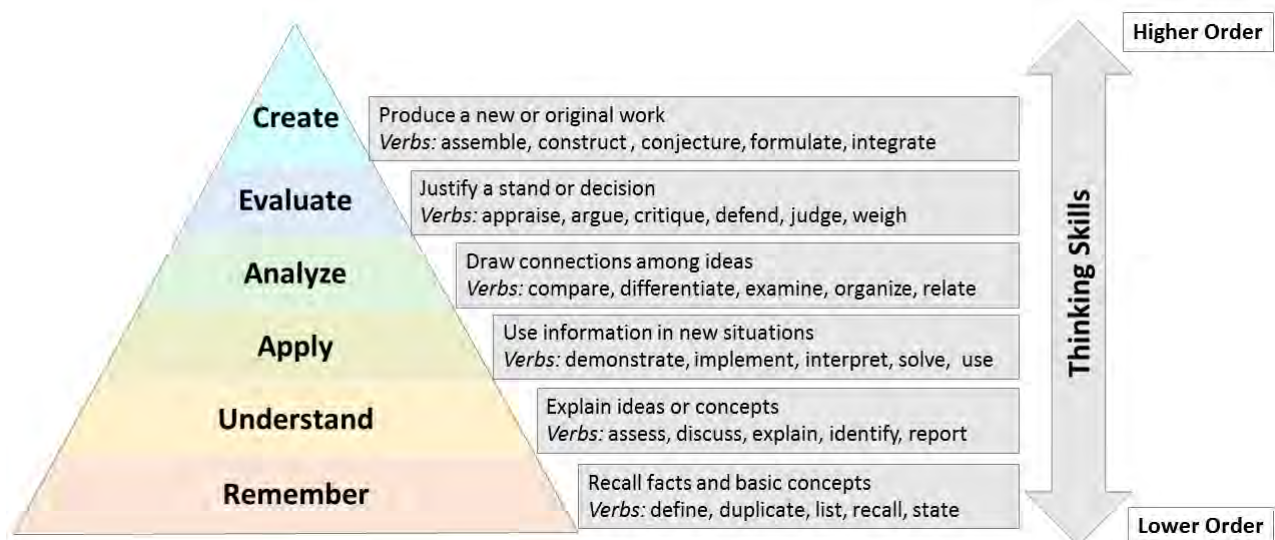
- What do you want participants to be able to do back at their institutions as a direct result of attending this session (workshop, course, seminar, etc.)?
- What does our audience need to know or be able to do to bridge the gap between where they are today and where we want them to be tomorrow?
- If participants could learn only three things in this session, what would those three things be? What would be your three take-home messages?

## Steps for Writing an Objective

1. Write each objective beginning with the phrase “After participating in this session, attendees should be able to . . . .”
2. Choose a verb that matches the desired level of knowledge or skill (see information on Bloom’s Taxonomy below).
  - Verbs should indicate specific, measurable, and observable behaviors.
3. Review each objective to make sure it is an outcome.
  - Double check that you have not created a list of learning activity descriptions or agenda items (for example, “The participants should complete a simulation on how to perform the XYZ procedure”).
  - Your objectives should describe what participants should be able to know or do as a *result* of a learning experience.
4. Examples:
  - *Poorly defined learning objective:* After participating in this session, attendees should be able to explain change management.
  - *Well-defined learning objective:* After participating in the session, attendees should be able to describe the three essential elements of change management.

## Bloom’s Taxonomy

Bloom’s Taxonomy, created by Benjamin Bloom, is a hierarchical classification of the **different levels of thinking**



# Writing Learning Objectives



## List of Verbs for Formulating Educational Objectives

### Remembering

arrange	bookmark	call out	choose	define	describe
duplicate	highlight	identify	label	list	locate
match	memorize	name	omit	order	recite
recognize	relate	repeat	reproduce	retrieve	search
select	state	tabulate	write		

### Understanding

annotate	arrange	attach	blog	Boolean search	categorize
classify	comment	compare	discuss	explain	express
extend	give example	illustrate	indicate	infer	interpret
paraphrase	report	restate	review	rewrite	summarize
subscribe	translate	tweet			

### Applying

apply	assemble	carry out	collect	compose	construct
demonstrate	develop	dramatize	edit	execute	generalize
hack	illustrate	implement	load	network	operate
organize	play	practice	prescribe	restate	run
schedule	select	share	sketch	solve	

### Analyzing

analyze	appraise	attribute	calculate	categorize	classify
collaborate	contrast	criticize	deliberate	differentiate	discriminate
distinguish	examine	experiment	infer	integrate	interpret
manage	organize	question	reverse-engineer	structure	subdivide
survey	tag	test	validate		

### Evaluating

coach	critique	debate	defend	detect	develop
evaluate	formulate	hypothesize	judge	manage	mentor
moderate	plan	prepare	prioritize	propose	rate
recommend	re-engineer	review	revise	set up	support
synthesize	test	train	verify		

### Creating

argue	assess	brainstorm	budget	build	compose
conceive	conceptualize	construct	create	design	direct/produce
engineer	envision	estimate	formulate	hypothesize	institute
invent	justify	make up	originate	predict	prototype
publish	role play	strategize			

### Words to be avoided:

These words are often used but are open to many interpretations:

*appreciate*      *believe*      *know*      *learn*      *understand*

### Sources:

<http://edglossary.org/blooms-taxonomy/>

<http://edorigami.wikispaces.com/Bloom's+Digital+Taxonomy>

