



COVENANT HEALTHCARE
COLLEGE OF
MEDICINE
CENTRAL MICHIGAN UNIVERSITY

CONTINUING MEDICAL EDUCATION

August 2026

CME Activities & Announcements

GRAND ROUNDS CALENDAR

The following activities meet the requirements for 1 hour of *AMA PRA Category 1 Credit™* or as noted.

CMU COLLEGE OF MEDICINE GRAND ROUNDS	THURSDAY 7:30am—8:30am Online	August 13 – Hyperbaric Oxygen Therapy (HBOT) as an Advanced Wound Care Option: An Overview Including Indications for Treatment. Kevin D Nolan, MD, MPH, FSVS, FACS, FAPWCA, UHMS, Clinical Professor of Surgery, Michigan State College of Human Medicine. Regional Medical Director, Midwest/MidAtlantic Regions RestorixHealth. https://cmich.webex.com/cmich/j.php?MTID=m15210a9c1ff488d5d92a2f3ddaffb69c <i>For additional information, contact Alison Radabaugh at radab1a@cmich.edu</i>
EMERGENCY MEDICINE GRAND ROUNDS	THURSDAY 9:15am—10:15am CMED SEB 1008	No Grand Rounds in August. <i>For additional information, contact Melinda Wardin at melinda.wardin@cmich.edu</i>
FAMILY MEDICINE GRAND ROUNDS	THURSDAY 7:45am—8:45am CMED SEB 1018	August 20 – More Than Meets the Eye: When ‘Fluid Overload’ Isn’t the Whole Story. Bradley Krajkowski, DO, Resident Physician Family Medicine, CMU Medical Education Partners, Saginaw, MI. August 27 – Cradle to Grave Dermatology. An Overview of Commonly Seen Skin Conditions in Family Medicine. Jennifer Romeu, MD, MSM, FAAFP, Associate Program Director Family Medicine, CMU Medical Education Partners, Saginaw, MI. <i>For additional information, contact Cindy Letzkus at letzck1ca@cmich.edu</i>
INTERNAL MEDICINE GRAND ROUNDS	TUESDAYs 12:00pm—1:00pm Maidlow Educational Center Covenant FRIDAYs 08:00am—09:00am MyMichigan Medical Center Saginaw MASUD Lecture Hall	August 7 – Empiric Antibiotic Selection: Identifying Suspects May Take Some Detective Work. Lindsey Nichols, MD, Assistant Professor of Internal Medicine-Infectious Disease, CMU Medical Education Partners, Saginaw, MI. August 11 – 2026 Critical Care Medicine Guideline Updates. Lokesh Dayal, MD, ATSF, Critical Fellowship Associate Program Director, CMU Medical Education Partners, Saginaw, MI. August 21 – Palliative care evaluation in the primary care setting. Saad Chaudhry, MD, Assistant Professor in Internal Medicine, CMU Medical Education Partners, Saginaw, MI. <i>For additional information contact Amy Meskill at meski1a@cmich.edu</i>
OBSTETRICS & GYNECOLOGY GRAND ROUNDS	MONDAY 8:00am—9:00am CMED SEB 1008/Online QA Location: Harrison Side Rooms C&D	August 3 – Quality Assurance. Kristine Spence, DO, OB Section Chair, Covenant HealthCare, Saginaw, MI. August 10 – Rashes, Bugs, and Drugs: The Diagnosis and Management of Skin and Soft Tissue Infection. Lindsey Nichols, MD, Assistant Professor of Internal Medicine-Infectious Disease, CMU Medical Education Partners, Saginaw, MI. August 17 – Endocrine Surgical Review. Christina Maser, MD, Professor of Surgery, Endocrine Surgery, CMU Medical Education Partners, Saginaw, MI.

		August 24 – Updates in Management and Diagnosis of Endometriosis. Elizabeth Deming, DO, Resident Physician Ob/Gyn, CMU Medical Education Partners, Saginaw, MI. August 31 – Transgender Health Care in Obstetrics and Gynecology: Evidence, Equity and Patient Centered Care. Herchran Singh, DO, Resident Physician Ob/Gyn, CMU Medical Education Partners, Saginaw, MI. <i>For additional information, please contact Donelle Booms at kiess1dc@cmich.edu</i>
PEDIATRIC GRAND ROUNDS	WEDNESDAY 12:00pm-1:00pm CMED SEB 1018	No Grand Rounds in August. <i>For additional information, please contact Daisy Benemann at benem1dr@cmich.edu</i>
PSYCHIATRY GRAND ROUNDS	THURSDAY 2:00pm—3:00pm CMED SEB 1018 and Teams	August 13 – Private Practice 101: Career Models and the Minimum Viable Practice Framework. Elana Miller, MD, Owner and Founder Zen Psychiatry Training, LLC. <i>For additional information, please contact Danielle Childs at child1dv@cmich.edu</i>
SURGERY GRAND ROUNDS	THURSDAY 7:00am—8:00am MyMichigan Medical Center	August 20 – The Acute Abdomen. Timothy Hackett, MD, Assistant Professor of Surgery, CMU Medical Education Partners, Saginaw, MI. August 27 – Just a Gallbladder. Cristina Nituica, MD, FACS, Program Director of General Surgery Residency, CMU Medical Education Partners, Saginaw, MI. <i>For additional information, please contact Taylor Musselman at musse1t@cmich.edu</i>
COVENANT HEALTHCARE INPATIENT PRACTICES GRAND ROUNDS	TUESDAY 12:00pm-1:00pm Cooper – Maidlow Educational Center	August 25 – Severe Traumatic Brain Injury Guidelines. Emma Celano, MD, Neurosurgeon, Covenant HealthCare, Saginaw, MI. <i>For additional information, please contact Anne Moskal at Anne.Moskal@chs-mi.com</i>
COVENANT HEALTHCARE TRAUMA GRAND ROUNDS	WEDNESDAY 7:00am-8:00am Online	August 5 – Recognizing and Treating Autonomic Dysreflexia in Traumatic Spinal Cord Injury. Alyssa Cook, MD, Spinal Cord Injury Specialist, Mary Free Bed Medical Group, Saginaw, MI. <i>For additional information, please contact Laura Walker at lwalker@chs-mi.com</i>

<u>CMU Surgery</u> Mortality & Morbidity Conference Thursday: 8/6, *8/13, 8/20, and 8/27; 8:00a-9:00a MyMichigan Medical Center Saginaw MASUD Lecture Hall & Online 8:00a-9:00a *8:30a-9:30a	<u>Covenant HealthCare</u> Breast Conference Wednesday: 8/5, 8/12, 8/19, 8/26; 7:30a-8:30a Covenant Cancer Care Center, Lower-Level Conference Room & Online Tumor Conference Thursday: 8/6, 8/13, 8/20, and 8/27; 7:30a-8:30a Covenant Cancer Care Center, Spence Maidlow Conference Room & Online
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CME ONLINE EDUCATIONAL COURSES

We have a variety of online courses to enhance physicians' lifelong learning available at [CMU CME ONLINE](#) or scan the QR code. The CME Online Educational Courses Catalog can be accessed here: [CME Enduring Material Course Catalog](#)



CME FORMS

CME application forms are continually being updated as ACCME changes and modifies requirements. We suggest that you visit our webpage to obtain the most recent version: [Documents and Forms](#). If you have any questions about our CME application documents or the process to obtain *AMA PRA Category 1 Credits™*, please contact us at cmedcme@cmich.edu.

CME GENERAL INFORMATION

Credit for Teaching

CMU College of Medicine appreciates ALL that you do in teaching our residents and medical students! To ensure that you adequately obtain your Category 2 Credit for Teaching, visit our website to submit the hours spent teaching. Instructions are available on our website at [Claim Credit and Transcript](#) under **Category 2 Credit Forms**.

CME Credit and Certificate Process To claim *AMA PRA Category 1 Credits™* go to [Claim Credit and Transcript](#), then click on the "Claim Credit" box or scan this QR code. If you need assistance, please email cmedcme@cmich.edu or call 989-746-7555 or 989-746-7602. **Activities are available for 30 days post-events to claim CME credit.**



CME Comments and Suggestions

We are listening! Your comments and suggestions about CME are always invited (and are very important to us!). They may be submitted at any time on our website [Continuing Medical Education](#) under **Continuing Medical Education Team** [Comments and Suggestions](#).

CME Accreditation and Joint Providership

Covenant HealthCare College of Medicine at Central Michigan University is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) for four years as a provider of continuing medical education (CME) for physicians.

The Office of Continuing Medical Education (OCME) offers joint providership accreditation to non-accredited providers for conferences, courses, seminars, regularly scheduled series, and symposiums (virtual and/or in-person) for healthcare professionals.

For all information regarding Continuing Medical Education, please visit our website at med.cmich.edu/cme, email us at cmedcme@cmich.edu, or call us at 989-746-7555 or 989-746-7602.



SEVENTH ANNUAL

OPIOID SUMMIT

"Navigating to Healing and Recovery"

Presented by the Bureau of Indian Affairs
and the Saginaw Chippewa Indian Tribe

Save the Date!

Nov. 9 & 10, 2026

**Soaring Eagle Casino & Resort
Entertainment Hall**

For questions or more information, please contact:

Carol Jackson | 989.775.4805 | Carjackson@sagchip.org



Saginaw Chippewa Indian Tribe of Michigan

"Working Together for Our Future"

7500 Soaring Eagle Blvd.
Mount Pleasant, MI 48858
989-775-4000
www.sagchip.org

Experiencing the World through a Chronic Illness Lens: Insights from the cystic fibrosis community and a chaplaincy perspective



Date and Time:

FRIDAY, JULY 24, 2026

12:00 pm-1:00 pm

Location:

MAIDLOW EDUCATIONAL CENTER (In-person only event)
700 Cooper Ave, Saginaw, MI 48602



For More Information:

Contact Kristen Schultz at kristen.schultz@chs-mi.com

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Covenant HealthCare College of Medicine at Central Michigan University and Covenant HealthCare. Covenant HealthCare College of Medicine at Central Michigan University is accredited by the ACCME to provide continuing medical education for physicians.

Designation: Covenant HealthCare College of Medicine at Central Michigan University designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosures: The planner and speaker have no relevant financial relationship with ineligible companies to disclose.

Program Description:

Speaker: James E. Menkhaus, PhD, Doctor of Philosophy in Theology
Drawing on findings from his recent book, *The Roses Speak*, Dr. Menkhaus will share insights from more than 100 interviews with individuals living with cystic fibrosis from around the world. This presentation will examine key themes that emerged from the research and explore how these findings apply to the care of patients with other chronic illnesses.

Topics will include the challenges of discussing long-term terminal prognoses, the lasting psychological impact of chronic illness, and practical approaches for incorporating WE CARE values into patient-provider conversations. Attendees will gain a deeper understanding of the lived experiences of individuals with chronic disease and strategies for delivering compassionate, patient-centered care.

1.0 CME Credit Available

Target Audience:

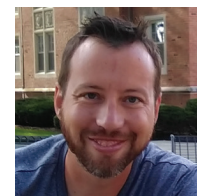
Clinicians (MDs, DOs, NPs, PAs, and RNs), residents, medical students, and respiratory clinicians.

Educational Objectives:

- Understand the changing landscape of cystic fibrosis care and the implications it has for patients.
- Demonstrate the use of the Covenant HealthCare WE CARE values to incorporate the patient's perspective during goals of care discussions.
- Analyze the complexity of the long-term psychological effects of chronic illness.

Speaker Biography:

Dr. James (Jimmy) Menkhaus completed his chaplain residency at Covenant HealthCare (2023-2024). He holds a Ph.D. in Theology from Duquesne University and currently teaches at St. Xavier High School in Cincinnati, OH. His recent book, *The Roses Speak: A Chronic Illness Journey* explores the reality of living and dying with chronic illness. Encompassing 100 voices from ten countries, this book offers insights into the psychological, sociological, and spiritual aspects of illness. These interviews are supplemented by the author's reflections on living with cystic fibrosis. He is excited to return to Covenant HealthCare to share his insight and experience.



Recognizing and Treating Autonomic Dysreflexia in Traumatic Spinal Cord Injury

Covenant Trauma Education Series

Wednesday August 5, 2026
Virtual via Teams at 0700

EMS CE
Available

Course Description

Autonomic dysreflexia (AD) is a potentially life-threatening medical emergency that occurs most commonly in individuals with traumatic spinal cord injuries. Early identification and management are crucial to improve patient outcomes.

Objectives

- Describe what patients are at risk for autonomic dysreflexia and common symptoms.
- Implement evidence-based acute management strategies
- Recognize quality improvement opportunities related to this disorder

Target Audience

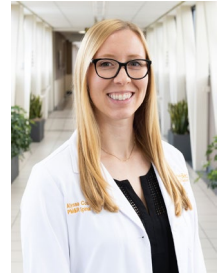
Clinicians (MD, DO, NP, PA, RN)
Residents and Medical Students
Respiratory Clinicians, Pharmacy and EMS

Activity Director

John Sharpe, MD MS FACS

Speaker Information

Dr Alyssa Cook is a Spinal Cord Injury Specialist at Mary Free Bed. She obtained her Doctor of Medicine at MSU and completed her Residency at U of M and a fellowship at Rutgers-New Jersey Medical School-Kesslers Institute for Rehabilitation. She has been involved in multiple publications and presentations nationally



Register <https://tinyurl.com/2aw3655y>



Questions?

Contact Covenant Trauma Program:
Laura Walker, RN BSN EMT
lwalker@chs-mi.com or 989-583-7451

Disclosure: Speaker and planner have no relevant financial relationships with ineligible companies.

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Covenant HealthCare College of Medicine at Central Michigan University and Covenant HealthCare. Covenant HealthCare College of Medicine at Central Michigan University is accredited by the ACCME to provide continuing medical education for physicians.

Designation: Covenant HealthCare College of Medicine at Central Michigan University designates this live activity for a maximum of 1.0 AMA.PRA.Category.7.Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity enables the learner to earn credit toward the CME requirement of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.



Microsoft Teams:

<https://www.microsoft.com/en-us/microsoft-teams/?rtc=1join-a-meeting>

Meeting ID 277 619 877 881 59 Pass Code:



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Severe Traumatic Brain Injury Guidelines

Covenant Inpatient Physician Practices - Grand Rounds

Tuesday, August 25, 2026 | 12:00 - 1:00 p.m.

In-Person Event (Virtual Option) – Cooper Maidlow Lecture Theater

Course Description

The presentation will review some of the recommendations from the most recent guidelines published for severe traumatic brain injury (TBI). Participants will examine the indications and goals of intracranial pressure (ICP) monitoring, current medical therapies for severe TBI, and a practical, evidence-based approach to the evaluation and treatment of elevated ICP.

Target Audience

Clinicians (MD, DO, NP, PA, RN)
Residents and Medical Students
Respiratory Clinicians
Pharmacy Clinicians

Objectives

1. Review the indications and goals for ICP monitoring.
2. Review medical therapies in the treatment of severe TBI.
3. Discuss a general approach for the treatment of elevated ICP.

Disclosure

Speaker and planner have no relevant financial relationships with ineligible companies.

Questions?

Contact Inpatient Physician Practices at
InpatientPractices@chs-mi.com/.

Activity Director

Amjad Nader, MD, FCCP

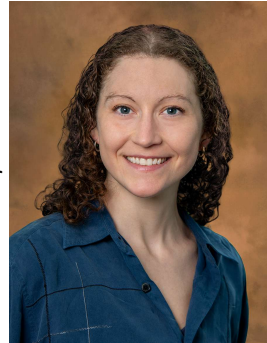
Registration:

<https://tinyurl.com/493acxjd>



Speaker Information

Emma Celano, MD is a neurosurgeon at Covenant HealthCare. She completed her Cerebrovascular and Skull base Fellowship at University of Washington Medical Center from July 2024 – June 2025. Dr. Celano completed her neurosurgery residency at Medstar Georgetown University Hospital from June 2017- to June 2024.



During her residency, she served as a Clinical Research Collaborator at the National Institutes of Health's Surgical Neurology Branch. Dr. Celano has also authored numerous peer-reviewed publications in journals including the Journal of Neurosurgery, Operative Neurosurgery, and Plastic and Reconstructive Surgery Global Open.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Covenant HealthCare College of Medicine at Central Michigan University and Covenant Healthcare. Covenant HealthCare College of Medicine at Central Michigan University is accredited by the ACCME to provide continuing medical education for physicians.

Covenant HealthCare College of Medicine at Central Michigan University designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Michigan Board of Nursing, American Nurses Credentialing Center (ANCC), American Academy of Nurse Practitioners (AANP) and the National Commission on Certification of Physician Assistants (NCCPA) accept *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

Microsoft
Teams:

Link: [Join Teams - Web](#)

Meeting ID: 242 552 200 889 804

| Access Code: Qr9iv7Ft



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