



CONTINUING MEDICAL EDUCATION

May 2026

CME Activities & Announcements

GRAND ROUNDS CALENDAR

The following activities meet the requirements for 1 hour of *AMA PRA Category 1 Credit™* or as noted.

<p>CMU COLLEGE OF MEDICINE GRAND ROUNDS</p>	<p>THURSDAY 7:30am – 8:30am Online</p>	<p>May 14 – Brain Boosting Apps: How Technology Can Support Memory & Cognition. Jumana Antoun, MD, PhD - Professor of Family Medicine - American University of Beirut https://cmich.webex.com/cmich/j.php?MTID=m733da4b1f10341b582896e27fbcebdd <i>For additional information, contact Alison Radabaugh at radab1a@cmich.edu</i></p>
<p>EMERGENCY MEDICINE GRAND ROUNDS</p>	<p>THURSDAY 9:15am – 10:15am CMED SEB 1008</p>	<p>No Grand Rounds in May <i>For additional information, contact Melinda Wardin at melinda.wardin@cmich.edu</i></p>
<p>FAMILY MEDICINE GRAND ROUNDS</p>	<p>THURSDAY 7:45am – 8:45am CMED SEB 1018</p>	<p>May 7 - Ischemic Hepatitis and Coagulopathy: A Multi-System Crisis. Ali Salman, DO, Resident Physician, Family Medicine, CMU Medical Education Partners, Saginaw, MI. May 21– Multiple Myeloma: Clinical Manifestations, Pathologic Features, Diagnosis and Treatment. Uzma Bejna, MD, Resident Physician, Family Medicine, CMU Medical Education Partners, Saginaw, MI. May 28 – Understanding and Managing Pleural Effusions of Cardiac Origin. Sai Suseel Sarvepalli, MD Resident Physician, Family Medicine, CMU Medical Education Partners, Saginaw, MI. <i>For additional information, contact Cindy Letzkus at letz1ca@cmich.edu</i></p>
<p>INTERNAL MEDICINE GRAND ROUNDS</p>	<p>TUESDAYs 12:00pm – 1:00pm Maidlow Educational Center Covenant FRIDAYs 08:00am – 09:00am MyMichigan Medical Center Saginaw MASUD Lecture Hall</p>	<p>May 15 – Myositis. Sachin Singh, MD, Resident Physician, Internal Medicine, CMU Medical Education Partners, Saginaw, MI. May 22 – Nonbeneficial ICU Care, In-Hospital Resuscitation, and Code-Status Communication: Outcomes, Costs, and Policy. Ghazwan Bahro, MD, Resident Physician, Internal Medicine, CMU Medical Education Partners, Saginaw, MI. May 29 – Understanding Mechanical Ventilation: From Fundamentals to Application. Gaurav Luthra, MD, Resident Physician, Internal Medicine, CMU Medical Education Partners, Saginaw, MI <i>For additional information contact Carol Delehanty at deleh1c@cmich.edu</i></p>
<p>OBSTETRICS & GYNECOLOGY GRAND ROUNDS</p>	<p>MONDAY 8:00am – 9:00am CMED SEB 1008/Online QA Location: Harrison Side Rooms C&D</p>	<p>May 4 – Quality Assurance. Kristine Spence, DO, OB Section Chair, Covenant HealthCare, Saginaw, MI. <i>For additional information, please contact Donelle Booms at kiess1de@cmich.edu</i></p>

PEDIATRIC GRAND ROUNDS	WEDNESDAY 12:00pm-1:00pm CMED SEB 1018	May 20 - Pediatric Liver Transplantation: Advancing Care, Enhancing Outcomes , Tony Lulgjuraj, MD Medical Director - Hepatology and Liver Transplant. Children’s Hospital of Michigan, Detroit, MI and Ahmed Nassar, MD, Henry Ford Health Transplant and Hepatobiliary Surgeon. <i>For additional information, please contact Daisy Benemam at benem1dr@cmich.edu</i>
PSYCHIATRY GRAND ROUNDS	THURSDAY 12:00pm – 1:00pm CMED SEB 1018 and Webex	No Grand Rounds in May <i>For additional information, please contact Anessa Achtabowski at achta1a@cmich.edu</i>
SURGERY GRAND ROUNDS	THURSDAY 7:00am – 8:00am MyMichigan Medical Center	May 7 - The Unnecessary Things We DO in the Care of Surgical Patients . Danielle Humphries, MD, Resident Physician, Surgery, CMU Medical Education Partners, Saginaw, MI. <i>For additional information, please contact Taylor Musselman at musse1t@cmich.edu</i>
COVENANT HEALTHCARE INPATIENT PRACTICES GRAND ROUNDS	TUESDAY 12:00pm-1:00pm Cooper – Maidlow Educational Center	May 5– The AI Augmented Clinician: Navigating the Next Frontier in Medicine . Aaron Smith, MD, MHA, FACEP, Chief Medical Informatics Officer, Covenant HealthCare, Saginaw, MI. <i>For additional information, please contact Anne Moskal at Anne.Moskal@chs-mi.com</i>
COVENANT HEALTHCARE TRAUMA GRAND ROUNDS	WEDNESDAY 7:00am-8:00am Online	May 20 – Child Abuse Recognition and Management . Sujal G. Patel, MD, FACS, MHA, Covenant Surgical Specialists, Covenant HealthCare, Saginaw, MI. <i>For additional information, please contact Laura Walker at lwalker@chs-mi.com</i>

REGULARLY SCHEDULED SERIES (RSS) ACTIVITIES

<p><u>CMU Surgery</u> Mortality & Morbidity Conference Thursday: 5/7, *5/14, 5/21, and 5/28; 8:00a-9:00a MyMichigan Medical Center Saginaw MASUD Lecture Hall & Online 8:00a-9:00a *8:30a-9:30a</p>	<p><u>Covenant HealthCare</u> Breast Conference Wednesday: 5/6, 5/13, 5/20, and 5/27 7:30a-8:30a Covenant Cancer Care Center, Lower-Level Conference Room & Online Tumor Conference Thursday: 5/7, 5/14, 5/21, and 5/28; 7:30a-8:30a Covenant Cancer Care Center, Spence Maidlow Conference Room & Online</p>
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FEATURED CME ACTIVITIES

2026 Pediatric Symposium presented by Covenant Children's Hospital

Vulnerable Voices: Confronting Modern Challenges in Pediatric Health & Safety

Various

Friday, May 8, 2026. 7:30am – 3:30pm; Saginaw Valley State University, Gilbertson Hall, 7400 Bay Road, University Center, MI 48710

Contact: covenantchildrenshospital@chs-mi.com, 6.0 AMA PRA Category 1 Credit™; Register online at: covenanthealthcare.com/pediatric-symposium

Description

This event is dedicated to exploring the evolving challenges that impact young lives—from rising vaccine hesitancy to deeper concerns about children's physical, emotional, and developmental well-being. As pediatric healthcare navigates a rapidly changing landscape, this gathering brings together experts, advocates, and communities to elevate the voices of those too often overlooked: our children.

CME ONLINE EDUCATIONAL COURSES

We have a variety of online courses to enhance physicians' lifelong learning available at [CMU CME ONLINE](#) or scan the QR code. The CME Online Educational Courses Catalog can be accessed here: [CME Enduring Material Course Catalog](#)



CME FORMS

CME application forms are continually being updated as ACCME changes and modifies requirements. We suggest that you visit our webpage to obtain the most recent version: [Documents and Forms](#). If you have any questions about our CME application documents or the process to obtain *AMA PRA Category 1 Credits™*, please contact us at cmedcme@cmich.edu.

CME GENERAL INFORMATION

Credit for Teaching

CMU College of Medicine appreciates ALL that you do in teaching our residents and medical students! To ensure that you adequately obtain your Category 2 Credit for Teaching, visit our website to submit the hours spent teaching. Instructions are available on our website at [Claim Credit and Transcript](#) under **Category 2 Credit Forms**.

CME Credit and Certificate Process To claim *AMA PRA Category 1 Credits™* go to [Claim Credit and Transcript](#), then click on the "Claim Credit" box or scan this QR code. If you need assistance, please email cmedcme@cmich.edu or call 989-746-7555 or 989-746-7602. **Activities are available for 30 days post-events to claim CME credit.**



CME Comments and Suggestions

We are listening! Your comments and suggestions about CME are always invited (and are very important to us!). They may be submitted at any time on our website [Continuing Medical Education](#) under **Continuing Medical Education Team** [Comments and Suggestions](#).

CME Accreditation and Joint Providership

Covenant HealthCare College of Medicine at Central Michigan University is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) for four years as a provider of continuing medical education (CME) for physicians.

The Office of Continuing Medical Education (OCME) offers joint providership accreditation to non-accredited providers for conferences, courses, seminars, regularly scheduled series, and symposiums (virtual and/or in-person) for healthcare professionals.

For all information regarding Continuing Medical Education, please visit our website at med.cmich.edu/cme, email us at cmedcme@cmich.edu, or call us at 989-746-7555 or 989-746-7602.

Corrected: 4/20/2026

Preventing Suicide in Michigan Men (PRiSMM)



Suicide Prevention Webinar Series

Special topics for Clinicians and Health Care Providers

Topic:

90-Minute Collaborative Assessment and Management of Suicidality (CAMS) Overview Workshop - A focused introduction to CAMS philosophy, assessment, and treatment basics.

2026 BWELL Public Health SUMMIT

Transforming Community Health

May 1, 7:30am-4pm

Temple Theatre

Free Event, \$100 for 5.25 CME credits

MORNING SESSIONS

7:30-8:20am

Registration/Breakfast

8:30-9:30am



Christina Harrington, MPH, Health Officer,
Saginaw County Health Department

From Assessment to Impact: Our Strategy for Community Health Transformation

9:40-10:40am



Natasha Bagdasarian, MD, MPH,
Chief Medical Executive for the State of Michigan

Delicia Pruitt, MD, MPH, FAFAP, Medical Director,
Saginaw County Health Department

Where Policy Meets Real Life: A Frank Conversation About Medicaid
Changes and How They Will Impact Our Community



10:50-11:50am



**Samuel Shaheen, MD, Outgoing President/CEO of CMU Medical
Education Partners and Lead Advocate for Saginaw's Medical Diamond**

Stronger Together: How Community Collaboration Impacts Health Outcomes

noon-1pm

BWell Champion Awards

(See back for afternoon sessions.)



REGISTER



Scan the QR code or visit

<https://pci.jotform.com/form/260335384389162>

DESCRIPTION:

BWell Saginaw Summit 2026 offers two tracks – one for healthcare providers and another for the general public. Keynote speakers and breakout sessions will take a multi-faceted approach to Saginaw's top health priorities. There is something for everyone to learn, apply to patient care, adopt for healthier living, and work individually and collectively to improve Saginaw's wellbeing.

TARGET AUDIENCES:

- 1) Patient-facing provider community including physicians, advanced practice providers, nurses, and
- 2) community members.

AFTERNOON BREAKOUT SESSIONS

	COMMUNITY HEALTH	WOMEN & CHILDREN'S HEALTH	BEHAVIORAL HEALTH / SUBSTANCE USE	OBESITY / CHRONIC DISEASE
1:00-1:50	<p>Mamie Thorns, PhD, Chief Diversity Officer, Saginaw Valley State University</p> <p>Implicit Bias in Healthcare: Recognizing It, Reducing It, Repairing Trust</p> <p>IMPLICIT BIAS CREDIT AVAILABLE</p>	<p>Renee Sundstrom, DO, Obstetrics & Gynecology, CMU Health</p> <p>Menopause Explained: Symptoms, Science, and Solutions</p> <p>COMMUNITY/NO CME CREDIT</p>	<p>Michael Ingram, MD, Psychiatry, Great Lakes Bay Health Centers</p> <p>Practical Strategies for Substance Use Disorder Care: A Psychiatric Perspective for HealthCare Providers</p> <p>CME</p>	<p>Brandon Elliott, MD, Obesity Medicine & Metabolic Wellness Clinic</p> <p>Muscle Preservation Strategies During Weight Reduction: How Medication, Nutrition, Physical Activity and Sleep Work Together</p> <p>COMMUNITY/NO CME CREDIT</p>
2:00-2:50	<p>Nicholas Haddad, MD, Infectious Disease, CMU Health</p> <p>Advisory to Action: Implementing the Latest Immunization Guidance</p> <p>CME</p>	<p>Shanna Hensler, Region 5 Perinatal Quality Collaborative Lead</p> <p>Infant Mortality Update: A Powerful Indicator of Our Community's Health, Stability and Future Success</p> <p>COMMUNITY/NO CME CREDIT</p>	<p>Kathy Dollard, Director of Behavioral Health, MyMichigan Health</p> <p>Panel Discussion: Continuum of Care in Action: Recovery, Peer Support, and Aligned Community Services</p> <p>COMMUNITY/NO CME CREDIT</p>	<p>Dr. Dafina Allen, MD, Wise Weight Management</p> <p>Advances in Obesity Care: Evidence-Based Eating Plans and Treatment Strategies</p> <p>COMMUNITY/NO CME CREDIT</p>
3:00-3:50	<p>Steven Frazier, Director of Quality and Patient Safety, MyMichigan Health</p> <p>Jenna Bernson, MD, MyMichigan Health</p> <p>Scott Ross, MD, MyMichigan Health</p> <p>Healthcare Without Walls: Increasing Access through Team-Based Care</p> <p>COMMUNITY/NO CME CREDIT</p>	<p>Nikita Roy, MD, Child & Adolescent Psychiatry, CMU Health</p> <p>Abishek Bala, MD, MPH, Child & Adolescent Psychiatry, CMU Health</p> <p>Clinical Perspectives on Autism Care Across Healthcare Disciplines</p> <p>CME</p>	<p>Randy Pfau, Saginaw County Medical Examiner's Office</p> <p>Opioid Deaths in Our Backyard: How Awareness Leads to Prevention</p> <p>COMMUNITY/NO CME CREDIT</p>	<p>Jason Kuhn, DO, Bariatric Surgeon, Covenant HealthCare</p> <p>From Prevention to Intervention: Innovations in Pediatric Obesity Care</p> <p>CME</p>

ACCREDITATION:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Covenant HealthCare College of Medicine at Central Michigan University and Saginaw County Health Department. CMU College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Covenant HealthCare College of Medicine at Central Michigan University designates this live activity for a maximum of 5.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLOSURE:

The planners and speakers have no relevant financial relationships with ineligible companies to disclose.

PLANNERS:

BWell Summit planners: Dr. Delicia Pruitt, Christina Vasquez, and Melinda Shriner.

OBTAINING CME:

CME evaluation certificate and transcript for this activity may be obtained by visiting: med.cmich.edu/cmecertt

EDUCATIONAL OBJECTIVES:

- Communicate audience-appropriate public health and medical content, both in writing and through oral presentation.
- Apply principles of leadership, governance and management, which include creating a vision, empowering others, fostering collaboration and guiding medical decision making.
- Apply awareness of cultural values and practices to the design or implementation of public health policies or programs.
- Advocate for political, social or economic policies and programs that will improve health in our diverse populations.
- Inform on policies and best practices that most impact public health and health equity.
- Describe the importance of cultural competence in communicating public health content.

For questions or concerns, contact bwell@saginawcountymi.gov

HOSTED BY:



PLEASE JOIN US

2026 Pediatric Symposium presented by Covenant Children's Hospital

Vulnerable Voices

Confronting Modern Challenges in Pediatric Health & Safety



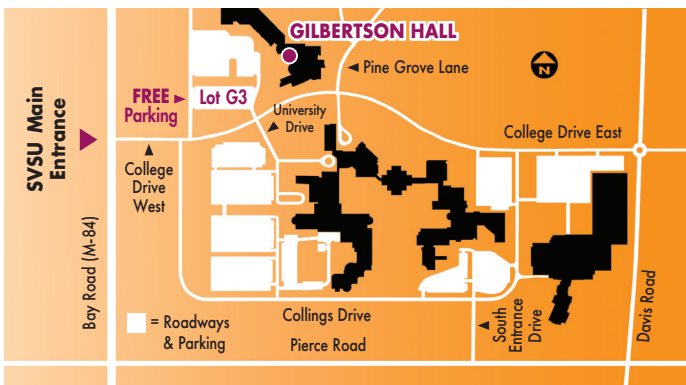
Date and Time:

FRIDAY, MAY 8, 2026

7:30 am-8:00 am • Registration/Breakfast
8:00 am-3:30 pm • Presentations

Location:

SAGINAW VALLEY STATE UNIVERSITY, Gilbertson Hall
7400 Bay Road, University Center, MI 48710



Register Online At:

covenanthealthcare.com/pediatric-symposium
or scan the QR Code



Tuition Cost:

- **EARLY BIRD REGISTRATION** before April 20: \$75
- Registration April 21-April 30: \$85
- Registration May 1-May 6: \$100
- **DEADLINE FOR REGISTRATION:** May 6, 2026

For More Information:

Contact covenantchildrenshospital@chs-mi.com

Program Description:

This program offers up-to-date research and interdisciplinary exploration of current challenges in pediatric care.

Target Audience:

Physicians, nurses and allied health professionals involved in the care of the pediatric population.

Disclosures:

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Program Objectives:

- Identify current updates pediatric type I and type II diabetes and advances in diabetes technology.
- Identify available resources for physicians and medical staff regarding breastfeeding medicine education.
- Identify one evidence-based communication strategy to address patient skepticism and misinformation about vaccination.
- Understand the role implicit biases may play in identifying and evaluating victims of child maltreatment.
- Define human trafficking and be able to identify red flags of human trafficking in the healthcare setting.

6.0 CME Credit Available
6.0 EMS Credit Available



Vulnerable Voices 2026 Pediatric Symposium

AGENDA

TIME	TOPIC	SPEAKER
7:30-8:00 am REGISTRATION AND CONTINENTAL BREAKFAST		
8:00-8:15 am	Opening Remarks	 Rebecca Schultz, RN, MSN, MA, JD Director, Women's & Children's Health Covenant Children's Hospital Covenant HealthCare
8:15-9:15 am	Updates on Diabetes Management in Children and Adolescents	 Lourdes Morales-Dopico, MD Pediatric Endocrinology CMU Health, Saginaw, MI
9:15-10:15 am	Beyond the Latch: Navigating Breastfeeding in Today's World	 Taylor Gaudard, MD, NABBLM-C, IBCLC Assistant Professor, Family Medicine Residency CMU Medical Education Partners, Saginaw, MI
10:15-10:30 am BREAK		
10:30-11:30 am	The Rise of Vaccine Hesitancy and a Patient-Centered Approach to Making Vaccination Recommendations	 Catherine M. Bodnar, MD, MPH Medical Director Midland County Department of Public Health, Midland, MI
11:30 am-12:30 pm	Minimizing Bias in the Evaluation and Reporting of Suspected Child Maltreatment	 Bethany Mohr, MD, FAAP Clinical Associate Professor Medical Director, Child Protection Team Michigan Medicine, Ann Arbor, MI
12:30-1:30 pm LUNCH		
1:30-3:30 pm	Human Trafficking in Healthcare	 Jessica Keener, BSS, BSN, RN, SANE-A Registered Nurse Bay Area Women's Center, Bay City, MI

6.0 CME Available | 6.0 EMS Credit Available

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