



CONTINUING MEDICAL EDUCATION

November 2026

CME Activities & Announcements

GRAND ROUNDS CALENDAR

The following activities meet the requirements for 1 hour of AMA PRA Category 1 Credit™ or as noted.

CMU COLLEGE OF MEDICINE GRAND ROUNDS	THURSDAY 7:30am – 8:30am Online	November 5 – System Update Required: Managing Risk in the AI Era. Laurette Cote, MBA, CPHRM, Senior Risk Management Consultant, Medical Professional Liability Insurance, Midwest Region, Madison, WI. https://cmich.webex.com/cmich/j.php?MTID=m51233dd618c13bc6d6b4354d444d39fc <i>For additional information, contact Alison Radabaugh at radab1a@cmich.edu</i>
EMERGENCY MEDICINE GRAND ROUNDS	THURSDAY 9:15am – 10:15am CMED SEB 1008	No Grand Rounds in November. <i>For additional information, contact Melinda Wardin at melinda.wardin@cmich.edu</i>
FAMILY MEDICINE GRAND ROUNDS	THURSDAY 7:45am – 8:45am CMED SEB 1018	November 19 – When the Heart Fails and the Platelets Follow: A Tale of Uremic Bleeding. Reshma Vasu, MD, Resident Physician, Family Medicine, CMU Medical Education Partners, Saginaw, MI. <i>For additional information, contact Cindy Letzkus at letzkl1ca@cmich.edu</i>
INTERNAL MEDICINE GRAND ROUNDS	TUESDAYS 12:00pm – 1:00pm Maidlow Educational Center Covenant FRIDAYS 08:00am – 09:00am MyMichigan Medical Center Saginaw MASUD Lecture Hall	No Grand Rounds in November. <i>For additional information contact Amy Meskill at meski1a@cmich.edu</i>
OBSTETRICS & GYNECOLOGY GRAND ROUNDS	MONDAY 8:00am – 9:00am CMED SEB 1008/Online QA Location: Harrison Side Rooms C&D	November 2 – Quality Assurance. Kristine Spence, DO, OB Section Chair, Covenant HealthCare, Saginaw, MI. November 16 – A Practical Primer for Cancer Genetics in Gynecology. Xia Wang, MD, Clinical Geneticist, Internal Medicine, CMU Medical Education Partners, Saginaw, MI. November 23 – Perioperative Geriatric Assessment for Gynecologic Surgery. Saad Chaudhry, MD, Geriatrician, Assistant Clinical Professor, Internal Medicine, CMU Medical Education Partners, Saginaw, MI. November 30 – Journal Club. Allison Nielsen, MD, and William Starbird, MD, Resident Physicians Ob/Gyn, CMU Medical Education Partners, Saginaw, MI. <i>For additional information, please contact Donelle Booms at kiess1de@cmich.edu</i>
PEDIATRIC GRAND ROUNDS	WEDNESDAY 12:00pm-1:00pm	No Grand Rounds in November.

	CMED SEB 1018	<i>For additional information, please contact Daisy Benemann at benem1dr@cmich.edu</i>
PSYCHIATRY GRAND ROUNDS	THURSDAY 2:00pm—3:00pm CMED SEB 1018 and Webex	November 12 – Managing Your Online Privacy and Reputation. John Luo, MD, Health Sciences Clinical Professor of Psychiatry, UC Irvine Health System, Orange, CA. <i>For additional information, please contact Danielle Childs at child1dv@cmich.edu</i>
SURGERY GRAND ROUNDS	THURSDAY 7:00am—8:00am MyMichigan Medical Center	No Grand Rounds in November <i>For additional information, please contact Taylor Musselman at musse1t@cmich.edu</i>
COVENANT HEALTHCARE INPATIENT PRACTICES GRAND ROUNDS	TUESDAY 12:00pm-1:00pm Cooper – Maidlow Educational Center	November 17 – Less Is More? Rethinking Nutrition in Critical Illness. Bridget Stefanski, PharmD, MSND, Clinical Pharmacy Specialist, Covenant HealthCare, Saginaw, MI. <i>For additional information, please contact Anne Moskal at Anne.Moskal@chs-mi.com</i>
COVENANT HEALTHCARE TRAUMA GRAND ROUNDS	WEDNESDAY 7:00am-8:00am Online	November 4 – Trauma in Pregnancy. Christina Andreozzi, MD, Assistant Program Director, Ob/Gyn, CMU Medical Education Partners, Saginaw, MI. <i>For additional information, please contact Laura Walker at lwalker@chs-mi.com</i>

REGULARLY SCHEDULED SERIES (RSS) ACTIVITIES

<u>CMU Surgery</u> Mortality & Morbidity Conference Thursday: *11/5, 11/12, and 11/19. MyMichigan Medical Center Saginaw MASUD Lecture Hall & Online 8:00a-9:00a *8:30a-9:30a	<u>Covenant HealthCare</u> Breast Conference Wednesday: 11/4, 11/11, 11/18, and 11/25; 7:30a-8:30a Covenant Cancer Care Center, Lower-Level Conference Room & Online Tumor Conference Thursday: 11/5, 11/12, and 11/19.; 7:30a-8:30a Covenant Cancer Care Center, Spence Maidlow Conference Room & Online
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FEATURED CME ACTIVITIES

Great Lakes Bay Region Mental Health Provider Summit

Saginaw Valley State University

Speakers: Various

Friday, November 6, 2026. 8:00am – 3:30pm; In person

See attached flyer to register and for additional information; 5.00 *AMA PRA Category 1 Credit*[™];

Description

The Great Lakes Bay Region Mental Health Provider Summit is an annual educational and networking event that brings together mental health and healthcare professionals committed to advancing behavioral health across the region. Designed for master's and doctoral-level mental health providers, psychiatrists, psychologists, counselors, social workers, primary care providers, trainees, interns, and residents, the Summit offers opportunities to earn continuing education credits while engaging in high-quality training, collaboration, and professional development.

Through expert-led presentations, interactive discussions, and resource-sharing opportunities, participants will explore emerging evidence-based practices and current trends in mental health prevention, treatment, and system-level care. The Summit will highlight strategies for improving access to quality mental health services, enhancing provider and community well-being, and strengthening coordination across healthcare, behavioral health, education, and community-based systems. Attendees will gain practical tools and resources that can be applied in their professional settings and develop a greater understanding of how cross-sector partnerships can improve mental health outcomes throughout the Great Lakes Bay Region. In addition, the event provides opportunities to recognize achievements, build professional connections, and foster collaboration among individuals dedicated to improving mental health care.

CME ONLINE EDUCATIONAL COURSES

We have a variety of online courses to enhance physicians' lifelong learning available at [CMU CME ONLINE](#) or scan the QR code. The CME Online Educational Courses Catalog can be accessed here: [CME Enduring Material Course Catalog](#)



CME FORMS

CME application forms are continually being updated as ACCME changes and modifies requirements. We suggest that you visit our webpage to obtain the most recent version: [Documents and Forms](#). If you have any questions about our CME application documents or the process to obtain *AMA PRA Category 1 Credits*[™], please contact us at cmedcme@cmich.edu.

CME GENERAL INFORMATION

Credit for Teaching

CMU College of Medicine appreciates ALL that you do in teaching our residents and medical students! To ensure that you adequately obtain your Category 2 Credit for Teaching, visit our website to submit the hours spent teaching. Instructions are available on our website at [Claim Credit and Transcript](#) under **Category 2 Credit Forms**.

CME Credit and Certificate Process To claim *AMA PRA Category 1 Credits™* go to [Claim Credit and Transcript](#), then click on the “Claim Credit” box or scan this QR code. If you need assistance, please email cmedcme@cmich.edu or call 989-746-7555 or 989-746-7602. **Activities are available for 60 days post-events to claim CME credit.**



CME Comments and Suggestions

We are listening! Your comments and suggestions about CME are always invited (and are very important to us!). They may be submitted at any time on our website [Continuing Medical Education](#) under **Continuing Medical Education Team** [Comments and Suggestions](#).

CME Accreditation and Joint Providership

Covenant HealthCare College of Medicine at Central Michigan University is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) for four years as a provider of continuing medical education (CME) for physicians.

The Office of Continuing Medical Education (OCME) offers joint providership accreditation to non-accredited providers for conferences, courses, seminars, regularly scheduled series, and symposiums (virtual and/or in-person) for healthcare professionals.

For all information regarding Continuing Medical Education, please visit our website at med.cmich.edu/cme, email us at cmedcme@cmich.edu, or call us at 989-746-7555 or 989-746-7602.



CMU HEALTH
CENTRAL MICHIGAN
UNIVERSITY

Great Lakes Bay Region MENTAL HEALTH PROVIDER SUMMIT: *From Awareness to Action: Advancing Mental Health Across Systems*

Regional experts will present on evidence-based practices, collaborative approaches, and community solutions in mental health.

5.00 AMA PRA Category 1 Credit™ available

5.0 CE and SCECH Credits are pending

📅 Friday, November 6, 2026

🕒 8:00am to 3:30pm

Doors will open at 8:00am for registration, breakfast and networking. The program will begin promptly at 8:30am

📍 Saginaw Valley State University
Gilbertson Hall

Registration is required. Please register by 10/30/26:



REGISTER NOW



SCAN HERE

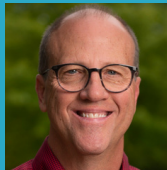
AGENDA + SPEAKER LINEUP



8:30AM - 8:45AM
Welcome & Introductions (Full Group)

Dallas Rau

Director at the Great Lakes Bay Region Mental Health Initiative at CMU Health



8:45AM - 9:30AM
The Journey Between Asking for Help and Finding Hope (Full Group)

Rob Vallentine

Business Advisor at the National Network of Depression Centers

>>>BREAK 9:30AM - 9:45AM



9:45AM - 11:00AM BREAKOUT SESSIONS (*select one*)

- Mindfulness Module of Dialectical Behavior Treatment with Saginaw Psychological Services, Inc.
 - Jaclynn Nolan, LPC
 - Sarah Mulvaney, LLMSW
 - Lori Golden, LLPC
 - Brenda Mather, LPC
- Eating Disorders in Practice: Identification, Intervention & Recovery with Wellrooted Counseling, LLC
 - Nicole Schram, MA LPC CAADC
- Internal Family Systems Through the Lens of Therapist Parts with Resolutions Midland, PLLC
 - Ann-Marie Shibley, LMSW
- Adolescent Substance Use Disorder Treatment with Recovery Pathways, LLC
 - Kimber Debelak, CADC, CHW
 - Samantha Bandlow, LMSW, CAADC, ADHD-CCSP

>>>BREAK 11:00AM - 11:15AM



11:15AM - 12:15PM KEYNOTE
Psychopharmacology Basics: Overview of Novel Treatments for Depression and Psychosis (Full Group)

Kayleigh Watson, M.D.

Assistant Professor at CMU Health

>>>LUNCH 12:15PM - 1:15PM



1:15PM - 2:30PM BREAKOUT SESSIONS (*select one*)

- Behavior Chain and Solution Analysis of Dialectical Behavior Treatment with Saginaw Psychological Services, Inc.
 - Barbara Goss, LMSW, CAADC, CCS-DP, CSOTP
 - Jasmine Martinez-Volk, LMSW, CAADC-DP
 - Kristin Winter, LLMSW, CAADC-DP
- Eating Disorders in Practice: Identification, Intervention & Recovery with Wellrooted Counseling, LLC
 - Nicole Schram, MA LPC CAADC
- Internal Family Systems Through the Lens of Therapist Parts with Resolutions Midland, PLLC
 - Ann-Marie Shibley, LMSW
- Adolescent Substance Use Disorder Treatment with Recovery Pathways, LLC
 - Kimber Debelak, CADC, CHW
 - Samantha Bandlow, LMSW, CAADC, ADHD-CCSP

>>>BREAK 2:30PM - 2:45PM



2:45PM - 3:30PM
Resisting Re-Traumatization: A System's Framework to Build Safety, Connection and Resilience (Full Group)

Sarah Owens

Owner and Founder at Sarah Owens Consulting

>>>CLOSING



CMU HEALTH
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Great Lakes Bay Region

MENTAL HEALTH PROVIDER SUMMIT:

From Awareness to Action: Advancing Mental Health Across Systems

GLBR Mental Health Provider Summit 2026 Training Summary:

The Great Lakes Bay Region Mental Health Provider Summit is an annual educational and networking event that brings together mental health and healthcare professionals committed to advancing behavioral health across the region. Designed for master's and doctoral-level mental health providers, psychiatrists, psychologists, counselors, social workers, primary care providers, trainees, interns, and residents, the Summit offers opportunities to earn continuing education credits while engaging in high-quality training, collaboration, and professional development.

Through expert-led presentations, interactive discussions, and resource-sharing opportunities, participants will explore emerging evidence-based practices and current trends in mental health prevention, treatment, and system-level care. The Summit will highlight strategies for improving access to quality mental health services, enhancing provider and community well-being, and strengthening coordination across healthcare, behavioral health, education, and community-based systems. Attendees will gain practical tools and resources that can be applied in their professional settings and develop a greater understanding of how cross-sector partnerships can improve mental health outcomes throughout the Great Lakes Bay Region. In addition, the event provides opportunities to recognize achievements, build professional connections, and foster collaboration among individuals dedicated to improving mental health care.

GLBR Mental Health Provider Summit 2026 Educational Objectives:

After participating in this event, attendees should be able to:

- Examine emerging evidence-based practices and trends relevant to mental health prevention, treatment, and system-level care.
- Assess opportunities to improve collaboration and coordination across healthcare, behavioral health, education, and community-based systems.
- Formulate strategies to enhance access to quality mental health services and strengthen provider and community well-being.
- Explain the role of cross-sector partnerships in advancing mental health outcomes across the Great Lakes Bay Region.
- Identify practical resources, tools, and approaches that can be applied within participants' professional settings to improve mental health care delivery.

Accreditation:

Covenant HealthCare College of Medicine at Central Michigan University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Covenant HealthCare College of Medicine at Central Michigan University designates this live activity for a maximum of 5.00 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure: The planners and speakers for this session have no relevant financial relationships with ineligible companies to disclose.

Attire:

For your comfort, please dress in layers so that you are able to adjust to the conditions in the lecture hall, lobby and breakout rooms.

Target Audience:

Master and doctorate level mental health professionals, interns, residents, psychiatrists, psychologists, counselors, social workers, and primary care providers.

Continuing Education Credits:

Social Work (CE) and School Provider (SCECH) credits have been applied for and are pending.

Registration:

Registration is required and there is a \$75 fee. Register using [this link](#) or scan this QR Code:



If you have any questions, please email Dallas Rau, Director of the Great Lakes Bay Region Mental Health Initiative at rau1d@cmich.edu.

Summit Sponsored By:



Trauma in Pregnancy

Covenant Trauma Education Series

Wednesday November 4, 2026

Virtual via Teams at 0700

CME
EMS CE
Available

Course Description

Trauma-related injuries during pregnancy add significant complexity and stress to patient care. Management of major trauma in pregnancy requires a multidisciplinary approach. Prioritization of maternal stabilization while addressing pregnancy-specific risks optimize outcomes for both mother and baby.

Objectives

- Recognize the unique physiologic and anatomic changes of pregnancy that influence trauma evaluation and resuscitation.
- Apply a systematic approach to the evaluation and management of the pregnant trauma patient, including maternal stabilization, imaging and appropriate fetal assessment
- Describe key multidisciplinary consideration in management of major trauma in pregnancy.

Target Audience

Clinicians (MD, DO, NP, PA, RN)
Residents and Medical Students
Respiratory Clinicians, Pharmacy and EMS

Activity Director

John Sharpe, MD MS FACS

Speaker Information

Dr Christine Andreozzi was born and raised in Windsor, Ontario. She attended the American University of the Caribbean for medical school and completed residency at Michigan State University. She is an Assistant Professor in Obstetrics and Gynecology for CMU receiving the ACOG National faculty for excellence in teaching.



Register <https://tinyurl.com/3dk5nn6b>



Questions?

Contact Covenant Trauma Program:
Laura Walker, RN BSN EMT
lwalker@chs-mi.com or 989-583-7451

Disclosure: Speaker and planner have no relevant financial relationships with ineligible companies.

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Covenant HealthCare College of Medicine at Central Michigan University and Covenant HealthCare. Covenant HealthCare College of Medicine at Central Michigan University is accredited by the ACCME to provide continuing medical education for physicians.

Designation: Covenant HealthCare College of Medicine at Central Michigan University designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity enables the learner to earn credit toward the CME requirement of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.



Microsoft Teams:

<https://www.microsoft.com/en-us/microsoft-teams/?rtc=1join-a-meeting>

Meeting ID 280 748 619 091 122 Pass Code: mk6qj2kf



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