



CONTINUING MEDICAL EDUCATION

October 2026

CME Activities & Announcements

GRAND ROUNDS CALENDAR

The following activities meet the requirements for 1 hour of AMA PRA Category 1 Credit™ or as noted.

CMU COLLEGE OF MEDICINE GRAND ROUNDS	THURSDAY 7:30am—8:30am Online	October 8 – Stress Is Good: Reconnecting to Purpose to Prevent Physician Burnout. Pamela Buchanan, MD, Board Certified Family Medicine Physician, Speaker & Physician Wellness Expert, St. Louis, MO. https://cmich.webex.com/cmich/j.php?MTID=m57f47bc03b20a569f59df5955728535e <i>For additional information, contact Alison Radabaugh at radab1a@cmich.edu</i>
EMERGENCY MEDICINE GRAND ROUNDS	THURSDAY 9:15am—10:15am CMED SEB 1008	No Grand Rounds in October. <i>For additional information, contact Melinda Wardin at melinda.wardin@cmich.edu</i>
FAMILY MEDICINE GRAND ROUNDS	THURSDAY 7:45am—8:45am CMED SEB 1018	October 1 – A Missed Window: Neutropenic Fever, Delayed Recognition, and Lessons Learned. Ethan Gordon, MD, Resident Physician, Family Medicine, CMU Medical Education Partners, Saginaw, MI. October 22 – When the Pieces Don't Fit: A Diagnostic Journey. Ameer Khalil, MD, Resident Physician, Family Medicine, CMU Medical Education Partners, Saginaw, MI. October 29 – Closing the Loop on Outpatient Primary Care Referrals. Bernard Noveloso, MD, FAAFP, Assistant Professor, Family Medicine, CMU Medical Education Partners, Saginaw, MI. <i>For additional information, contact Cindy Letzkus at letzki1a@cmich.edu</i>
INTERNAL MEDICINE GRAND ROUNDS	TUESDAYs 12:00pm—1:00pm Maidlow Educational Center Covenant FRIDAYs 08:00am—09:00am MyMichigan Medical Center Saginaw MASUD Lecture Hall	October 2 – Thyroid Nodules: From First Look to Final Cut. Zeina Habib, MD, Associate Professor, Internal Medicine, and Christina Maser, MD, Professor of Surgery, CMU Medical Education Partners, Saginaw, MI. October 6 – What's Viral and What Not This Season. Nicholas Haddad, MD, Internal Medicine Residency Program Director, Professor, CMU Medical Education Partners, Saginaw, MI. October 16 – A Practical Primer for Clinical Genetics in Internal Medicine. Xia Wang, MD, Clinical Geneticist, Internal Medicine, CMU Medical Education Partners, Saginaw, MI. October 30 – GLP-1 Therapy; An Update for Clinicians. Vivek Variar, MD, Assistant Professor, Division of Endocrinology, Internal Medicine, CMU Medical Education Partners, Saginaw, MI. <i>For additional information contact Amy Meskill at meski1a@cmich.edu</i>

OBSTETRICS & GYNECOLOGY GRAND ROUNDS	MONDAY 8:00am—9:00am CMED SEB 1008/Online QA Location: Harrison Side Rooms C&D	October 12 – Morbidity and Mortality Conference. Chancee Forestier, MD, Resident Physicians Ob/Gyn, CMU Medical Education Partners, Saginaw, MI. October 19 – Small Baby, Big Decisions: A Practical Approach to Fetal Growth Restriction. Jennifer Caruso, DO, Assistant Clinical Professor, Ob/Gyn, CMU Medical Education Partners, Saginaw, MI. October 26 – Journal Club. Cassandra Ross, MD, and Tanvi Sharma, MD, Resident Physicians Ob/Gyn, CMU Medical Education Partners, Saginaw, MI. <i>For additional information, please contact Donelle Booms at kiess1de@cmich.edu</i>
PEDIATRIC GRAND ROUNDS	WEDNESDAY 12:00pm-1:00pm CMED SEB 1018	No Grand Rounds in October. <i>For additional information, please contact Daisy Benemann at benem1dr@cmich.edu</i>
PSYCHIATRY GRAND ROUNDS	THURSDAY 2:00pm—3:00pm CMED SEB 1018 and Webex	No Grand Rounds in October. <i>For additional information, please contact Danielle Childs at child1dv@cmich.edu</i>
SURGERY GRAND ROUNDS	THURSDAY 7:00am—8:00am MyMichigan Medical Center	October 1 – Clinical Teaching for Surgeons. Renee Cholyway, MD, Assistant Professor, Surgery, CMU Medical Education Partners, Saginaw, MI. October 15 – ICU Checklist: Elements of Routine Care. Jennifer Jarvis, PharmD, BCPS, Clinical Pharmacy Specialist – Critical Care, MyMichigan Medical Center, Saginaw, MI. October 29 – Hirschsprung’s Disease: From Diagnosis to Definitive Management. Ameer Al-Hadidi, MD, Pediatric Surgeon, Corewell Health William Beaumont University Hospital, Royal Oak, MI. <i>For additional information, please contact Taylor Musselman at musse1t@cmich.edu</i>
COVENANT HEALTHCARE INPATIENT PRACTICES GRAND ROUNDS	TUESDAY 12:00pm-1:00pm Cooper – Maidlow Educational Center	October 20 – The Pump, the Tank, and the Pipes: Ultrasound Evaluation of Shock. Steve Vance, MD, Associate Dean, Clinical Education, Professor of Emergency Medicine, Covenant HealthCare College of Medicine, Saginaw, MI. <i>For additional information, please contact Anne Moskal at Anne.Moskal@chs-mi.com</i>
COVENANT HEALTHCARE TRAUMA GRAND ROUNDS	WEDNESDAY 7:00am-8:00am Online	October 7 – Burn & Wound Care for the Non-Burn Center. Kaavya Puttagunta, MD, Resident Physician, Emergency Medicine, CMU Medical Education Partners, Saginaw, MI. <i>For additional information, please contact Laura Walker at lwalker@chs-mi.com</i>

REGULARLY SCHEDULED SERIES (RSS) ACTIVITIES

CMU Surgery

Mortality & Morbidity Conference

Thursday: 10/1, *10/8, 10/15, 10/22, and 10/29.

MyMichigan Medical Center Saginaw MASUD Lecture Hall & Online

8:00a-9:00a

*8:30a-9:30a

Covenant HealthCare

Breast Conference

Wednesday: 10/7, 10/14, 10/21, and 10/28; 7:30a-8:30a

Covenant Cancer Care Center, Lower-Level Conference Room & Online

Tumor Conference

Thursday: 10/1, 10/8, 10/15, 10/22, and 10/29; 7:30a-8:30a

Covenant Cancer Care Center, Spence Maidlow Conference Room & Online

FEATURED CME ACTIVITIES

Maternal Cardiovascular Emergencies Simulation Training

CMU SIM Lab

Jennifer Caruso, DO & Steve Vance, MD

Thursday, September 24, 2026. 8:00am – 3:00pm; In person

See attached flyer to register and for additional information; 5.5 AMA PRA Category 1 Credit™;

Description

This comprehensive simulation-based course addresses a critical need in maternal healthcare by equipping professionals with the knowledge, skills, and teamwork strategies required for effective management of cardiovascular emergencies. With a focused agenda, clear objectives, and robust evaluation plan, this program aims to enhance clinical outcomes and foster a culture of continuous improvement among maternal care teams.

Great Lakes Bay Region Mental Health Provider Summit

Saginaw Valley State University

Various

Friday, November 6, 2026. 8:00am – 3:30pm; In person

See attached flyer to register and for additional information; 5.00 AMA PRA Category 1 Credit™;

Description

The Great Lakes Bay Region Mental Health Provider Summit is an annual educational and networking event that brings together mental health and healthcare professionals committed to advancing behavioral health across the region. Designed for master's and doctoral-level mental health providers, psychiatrists, psychologists, counselors, social workers, primary care providers, trainees, interns, and residents, the Summit offers opportunities to earn continuing education credits while engaging in high-quality training, collaboration, and professional development.

Through expert-led presentations, interactive discussions, and resource-sharing opportunities, participants will explore emerging evidence-based practices and current trends in mental health prevention, treatment, and system-level care. The Summit will highlight strategies for improving access to quality mental health services, enhancing provider and community well-being, and strengthening coordination across healthcare, behavioral health, education, and community-based systems. Attendees will gain practical tools and resources that can be applied in their professional settings and develop a greater understanding of how cross-sector partnerships can improve mental health outcomes throughout the Great Lakes Bay Region. In addition, the event provides opportunities to recognize achievements, build professional connections, and foster collaboration among individuals dedicated to improving mental health care.

CME ONLINE EDUCATIONAL COURSES

We have a variety of online courses to enhance physicians' lifelong learning available at [CMU CME ONLINE](#) or scan the QR code. The CME Online Educational Courses Catalog can be accessed here: [CME Enduring Material Course Catalog](#)



CME FORMS

CME application forms are continually being updated as ACCME changes and modifies requirements. We suggest that you visit our webpage to obtain the most recent version: [Documents and Forms](#). If you have any questions about our CME application documents or the process to obtain *AMA PRA Category 1 Credits™*, please contact us at cmedcme@cmich.edu.

CME GENERAL INFORMATION

Credit for Teaching

CMU College of Medicine appreciates ALL that you do in teaching our residents and medical students! To ensure that you adequately obtain your Category 2 Credit for Teaching, visit our website to submit the hours spent teaching. Instructions are available on our website at [Claim Credit and Transcript](#) under **Category 2 Credit Forms**.

CME Credit and Certificate Process To claim *AMA PRA Category 1 Credits™* go to [Claim Credit and Transcript](#), then click on the "Claim Credit" box or scan this QR code. If you need assistance, please email cmedcme@cmich.edu or call 989-746-7555 or 989-746-7602. **Activities are available for 30 days post-events to claim CME credit.**



CME Comments and Suggestions

We are listening! Your comments and suggestions about CME are always invited (and are very important to us!). They may be submitted at any time on our website [Continuing Medical Education](#) under **Continuing Medical Education Team** [Comments and Suggestions](#).

CME Accreditation and Joint Providership

Covenant HealthCare College of Medicine at Central Michigan University is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) for four years as a provider of continuing medical education (CME) for physicians.

The Office of Continuing Medical Education (OCME) offers joint providership accreditation to non-accredited providers for conferences, courses, seminars, regularly scheduled series, and symposiums (virtual and/or in-person) for healthcare professionals.

For all information regarding Continuing Medical Education, please visit our website at med.cmich.edu/cme, email us at cmedcme@cmich.edu, or call us at 989-746-7555 or 989-746-7602.



The Pump, The Tank, and The Pipes: Ultrasound Evaluation of Shock

Covenant Inpatient Physician Practices - Grand Rounds

Tuesday, October 20, 2026 | 12:00 - 1:00 p.m. / In-Person Event (Virtual Option)

LOCATION: 1632 STONE ST. (CMU BUILDING) ROOM 1008

Course Description

This presentation reviews the application of focused point-of-care ultrasound (POCUS) in the rapid evaluation of patients presenting with undifferentiated shock. Using a structured ultrasound approach, participants will learn how assessment of the heart, lungs, inferior vena cava, abdomen, and major vascular structures can help differentiate hypovolemic, cardiogenic, obstructive, and distributive shock and guide timely treatment decisions. Through clinical cases and image interpretation, the session demonstrates how bedside ultrasound can accelerate diagnosis, narrow the differential, and support resuscitation in critically ill patients when rapid decision-making is essential.

Target Audience

Clinicians (MD, DO, NP, PA, RN)
Residents and Medical Students
Respiratory Clinicians
Pharmacy Clinicians

Objectives

1. Explain the role of focused point-of-care ultrasound (POCUS) in the rapid evaluation of patients with undifferentiated shock, including its advantages and limitations.
2. Recognize key sonographic findings associated with common shock states, including cardiac tamponade, massive pulmonary embolism, severe left ventricular dysfunction, pneumothorax, hemoperitoneum, and hypovolemia.
3. Apply a structured ultrasound algorithm to rapidly establish the most likely etiology of shock.
4. Use POCUS findings to guide initial treatment decisions and monitor response to resuscitation.

Disclosure

Speaker and planner have no relevant financial relationships with ineligible companies.

Activity Director

Amjad Nader, MD, FCCP

Registration:

<https://tinyurl.com/mthny7dx>



Microsoft
Teams:

Link: [Join Teams – Web](#)

Meeting ID: 281 114 013 968 653

| Access Code: Y3ka22E6

Speaker Information

Steve Vance, MD is board certified in Emergency Medicine. Dr. Vance is the Associate Dean of Clinical Education at the Covenant HealthCare College of Medicine at Central Michigan University. He works at Covenant HealthCare in The Emergency Care Center as an Emergency Department Attending. Dr. Vance completed his Emergency Medicine residency at Grand Rapids Medical Education Partners in Michigan.



Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Covenant HealthCare College of Medicine at Central Michigan University and Covenant Healthcare. Covenant HealthCare College of Medicine at Central Michigan University is accredited by the ACCME to provide continuing medical education for physicians.

Covenant HealthCare College of Medicine at Central Michigan University designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Michigan Board of Nursing, American Nurses Credentialing Center (ANCC), American Academy of Nurse Practitioners (AANP) and the National Commission on Certification of Physician Assistants (NCCPA) accept *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

Questions?

Contact Inpatient Physician Practices at
InpatientPractices@chs-mi.com/.



Burn & Wound Care for the Non-Burn Center

Covenant Trauma Education Series

Wednesday October 7, 2026
Virtual via Teams at 0700

EMS CE
Available

Course Description

Over 29,000 patients with burn injuries are hospitalized annually in the United States, with more than half presenting at non-burn centers. Initial management of these patients is crucial. Advancements in burn care over the last decade have shifted care from protocol-driven practices towards patient-centered care. Recognizing common pitfalls, outdated practices and limitations in burn care improves long term outcomes for these patients.

Objectives

- Review evidence-based early burn management practices
- Recognize common pitfalls, outdated practices, and limitations
- Understand transformative advancements in burn care

Target Audience

Clinicians (MD, DO, NP, PA, RN)
Residents and Medical Students
Respiratory Clinicians, Pharmacy and EMS

Activity Director

John Sharpe, MD MS FACS

Speaker Information

Kaavya Puttagunta is a second-year Emergency Medicine resident. She is a graduate of University of Michigan, presented at multiple conferences and published many articles. She is a teaching assistant and a medical team volunteer for the SVSU football team.



Register <https://tinyurl.com/mswpenpy>



Questions?

Contact Covenant Trauma Program:
Laura Walker, RN BSN EMT
lwalker@chs-mi.com or 989-583-7451

Disclosure: Speaker and planner have no relevant financial relationships with ineligible companies.

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Covenant HealthCare College of Medicine at Central Michigan University and Covenant HealthCare. Covenant HealthCare College of Medicine at Central Michigan University is accredited by the ACCME to provide continuing medical education for physicians.

Designation: Covenant HealthCare College of Medicine at Central Michigan University designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity enables the learner to earn credit toward the CME requirement of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.



Microsoft Teams:

<https://www.microsoft.com/en-us/microsoft-teams/?rtc=1join-a-meeting>

Meeting ID: 277 459 904 769 23 Pass Code: xa3M52Re



COVENANT HEALTHCARE
COLLEGE OF
MEDICINE
CENTRAL MICHIGAN UNIVERSITY



CMU HEALTH
CENTRAL MICHIGAN
UNIVERSITY

Great Lakes Bay Region MENTAL HEALTH PROVIDER SUMMIT: *From Awareness to Action: Advancing Mental Health Across Systems*

Regional experts will present on evidence-based practices, collaborative approaches, and community solutions in mental health.

5.00 AMA PRA Category 1 Credit™ available

5.0 CE and SCECH Credits are pending

📅 Friday, November 6, 2026

🕒 8:00am to 3:30pm

Doors will open at 8:00am for registration, breakfast and networking. The program will begin promptly at 8:30am

📍 Saginaw Valley State University
Gilbertson Hall

Registration is required. Please register by 10/30/26:



REGISTER NOW



SCAN HERE

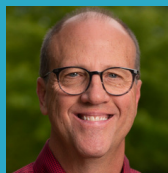
AGENDA + SPEAKER LINEUP



8:30AM - 8:45AM
Welcome & Introductions (Full Group)

Dallas Rau

Director at the Great Lakes Bay Region Mental Health Initiative at CMU Health



8:45AM - 9:30AM
The Journey Between Asking for Help and Finding Hope (Full Group)

Rob Vallentine

Business Advisor at the National Network of Depression Centers

>>>BREAK 9:30AM - 9:45AM



9:45AM - 11:00AM BREAKOUT SESSIONS (*select one*)

- Mindfulness Module of Dialectical Behavior Treatment with Saginaw Psychological Services, Inc.
 - Jaclynn Nolan, LPC
 - Sarah Mulvaney, LLMSW
 - Lori Golden, LLPC
 - Brenda Mather, LPC
- Eating Disorders in Practice: Identification, Intervention & Recovery with Wellrooted Counseling, LLC
 - Nicole Schram, MA LPC CAADC
- Internal Family Systems Through the Lens of Therapist Parts with Resolutions Midland, PLLC
 - Ann-Marie Shibley, LMSW
- Adolescent Substance Use Disorder Treatment with Recovery Pathways, LLC
 - Kimber Debelak, CADAC, CHW
 - Samantha Bandlow, LMSW, CAADC, ADHD-CCSP

>>>BREAK 11:00AM - 11:15AM



11:15AM - 12:15PM KEYNOTE
Psychopharmacology Basics: Overview of Novel Treatments for Depression and Psychosis (Full Group)

Kayleigh Watson, M.D.

Assistant Professor at CMU Health

>>>LUNCH 12:15PM - 1:15PM



1:15PM - 2:30PM BREAKOUT SESSIONS (*select one*)

- Behavior Chain and Solution Analysis of Dialectical Behavior Treatment with Saginaw Psychological Services, Inc.
 - Barbara Goss, LMSW, CAADC, CCS-DP, CSOTP
 - Jasmine Martinez-Volk, LMSW, CAADC-DP
 - Kristin Winter, LLMSW, CAADC-DP
- Eating Disorders in Practice: Identification, Intervention & Recovery with Wellrooted Counseling, LLC
 - Nicole Schram, MA LPC CAADC
- Internal Family Systems Through the Lens of Therapist Parts with Resolutions Midland, PLLC
 - Ann-Marie Shibley, LMSW
- Adolescent Substance Use Disorder Treatment with Recovery Pathways, LLC
 - Kimber Debelak, CADAC, CHW
 - Samantha Bandlow, LMSW, CAADC, ADHD-CCSP

>>>BREAK 2:30PM - 2:45PM



2:45PM - 3:30PM
Resisting Re-Traumatization: A System's Framework to Build Safety, Connection and Resilience (Full Group)

Sarah Owens

Owner and Founder at Sarah Owens Consulting

>>>CLOSING



CMU HEALTH
CENTRAL MICHIGAN
UNIVERSITY

Great Lakes Bay Region

MENTAL HEALTH PROVIDER SUMMIT:

From Awareness to Action: Advancing Mental Health Across Systems

GLBR Mental Health Provider Summit 2026 Training Summary:

The Great Lakes Bay Region Mental Health Provider Summit is an annual educational and networking event that brings together mental health and healthcare professionals committed to advancing behavioral health across the region. Designed for master's and doctoral-level mental health providers, psychiatrists, psychologists, counselors, social workers, primary care providers, trainees, interns, and residents, the Summit offers opportunities to earn continuing education credits while engaging in high-quality training, collaboration, and professional development.

Through expert-led presentations, interactive discussions, and resource-sharing opportunities, participants will explore emerging evidence-based practices and current trends in mental health prevention, treatment, and system-level care. The Summit will highlight strategies for improving access to quality mental health services, enhancing provider and community well-being, and strengthening coordination across healthcare, behavioral health, education, and community-based systems. Attendees will gain practical tools and resources that can be applied in their professional settings and develop a greater understanding of how cross-sector partnerships can improve mental health outcomes throughout the Great Lakes Bay Region. In addition, the event provides opportunities to recognize achievements, build professional connections, and foster collaboration among individuals dedicated to improving mental health care.

GLBR Mental Health Provider Summit 2026 Educational Objectives:

After participating in this event, attendees should be able to:

- Examine emerging evidence-based practices and trends relevant to mental health prevention, treatment, and system-level care.
- Assess opportunities to improve collaboration and coordination across healthcare, behavioral health, education, and community-based systems.
- Formulate strategies to enhance access to quality mental health services and strengthen provider and community well-being.
- Explain the role of cross-sector partnerships in advancing mental health outcomes across the Great Lakes Bay Region.
- Identify practical resources, tools, and approaches that can be applied within participants' professional settings to improve mental health care delivery.

Accreditation:

Covenant HealthCare College of Medicine at Central Michigan University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Covenant HealthCare College of Medicine at Central Michigan University designates this live activity for a maximum of 5.00 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure: The planners and speakers for this session have no relevant financial relationships with ineligible companies to disclose.

Attire:

For your comfort, please dress in layers so that you are able to adjust to the conditions in the lecture hall, lobby and breakout rooms.

Target Audience:

Master and doctorate level mental health professionals, interns, residents, psychiatrists, psychologists, counselors, social workers, and primary care providers.

Continuing Education Credits:

Social Work (CE) and School Provider (SCECH) credits have been applied for and are pending.

Registration:

Registration is required and there is a \$75 fee. Register using [this link](#) or scan this QR Code:



If you have any questions, please email Dallas Rau, Director of the Great Lakes Bay Region Mental Health Initiative at rau1d@cmich.edu.

Summit Sponsored By:

