Student Recommendations Courtney Hollingsworth Contact: holli1cm@cmich.edu

OB/GYN:

- Case files
- OnlineMedEd-Free online
- Uworld
- Master the boards step 3 (It is more complete for this rotation compared to master the boards step 2)

SURGERY:

- Surgical Recall- only used to prep for surgeries
- Dr Pestana's surgery notes
- Case files
- Master the boards step 2
- OnlineMedEd- free online
- Uworld
- University of Texas SOM video- free online
- On access surgery through our cmed library Swartz surgery book is great for prepping for surgery cases too

PSYCH:

- Uworld
- OnlineMedEd- free online
- Pretest-psych question book (better questions than Uworld)
- First aid psychiatry clerkship
- Master the boards step 2
- University of Texas SOM video- free online

PEDS:

- Uworld
- Master the boards step 2
- OnlineMedEd- free online
- University of Texas SOM video- free online

IM:

- Step up to medicine
- Uworld (you will not get through all of them in the month so focus on topics you still feel weak on)
- OnlineMedEd- free online
- University of Texas SOM video- free online
- Master the boards step 2

FM:

- Case files
- University of Virginia family medicine practice questions

Additional Suggestions:

Get Maxwell's guide for your white coat, I always had a small notebook in my whitecoat to take notes, and get a clipboard that folds in half so it fits in your whitecoat pocket (on amazon)

I made my study schedule for each rotation by dividing the uworld questions, OnlineMedEd questions, and pages to read over the month so that I was doing a few questions and videos each day. Then I would study any topics I covered that day or prepare for any surgeries I had the next day. I would watch the university of Texas video the weekend before the shelf exam because they are 2 hours long.

I had clerkships first and CCC second. I took step 2 CS the beginning of March. I began studying for it in January when I started CCC.

-Use First Aid Step 2 CS (This book has everything you need)

-I did a couple cases each day

-Practice typing out the notes (I always started at the bottom with my differential in case I ran out of time)

I took step 2 CK the end of May (3 weeks before my CCC shelf exam)

-I began focusing more on this after CS, so the beginning of March.

-I had gone through Uworld once when I started studying for CK (I finished my left over medicine questions in January and February while studying for CS)

- I went through **Uworld** a second time and then went through my wrong Uworld questions (I did not annotate like I did for step 1)

I did Uworld based on the clerkship and system- for example: Medicine Uworld questions- I would do all the cardiology and then read the MTBs cardiology section and step 2 secrets cardio section.

-I used **master the boards step 2** and **master the boards step 3**(just for obgyn) -Also used **step 2 secrets** book

- Listened to some **OnlineMedEd** videos and referenced my First Aid Step 1 for biostats and some pharm. -I did all three of the **NBME practice tests**, form 4,6, 7 expanded feedback. I took form 4 the beginning of March before I began studying for CK to see my baseline. Then I did form 6 in the middle of my studying and form 7 a week before my CK. I scored 9 points higher on actual step 2 CK compared to the NBME form 7 I took.

Those who have CCC first- I did not have this experience but from other students I have talked to, I would recommend working on getting through all of the medicine Uworld questions, if not more. Many of the students who had clerkships second also used their final elective month as a month off to have a dedicated time to study for step 2 CK. Also, many students scheduled their step 2 CS during a rotation they felt was less time consuming for them.