FOUR-YEAR PROGRAM OVERVIEW

+ College of Medicine Entering Year 2020
Welcome to the CMU College of Medicine

The CMU College of Medicine welcomes you to serve others and, with a shared dedication to our mission, touch the lives of patients in the most impactful way—by giving them the gift of your knowledge, your compassion and your ability to care for them from birth to old age.

In a series we published about our inaugural class of students in 2017, we asked each of them the question: Why did you choose the CMU College of Medicine? Almost every student answered that they chose us because 1) they believed in the mission, and 2) they wanted to be part of creating the foundation of this innovative and new medical school.

Their answers showed that their class knew firsthand the challenges you, too, will be facing, but that you will get to your destination (as they did) through hard work, taking it one day at a time, befriending and relying on your classmates, and opening your minds to learning all you can. One or more words and phrases that students shared for the support and friendships they developed at the CMU College of Medicine are: a) teamwork, b) family, c) mentorship, and d) the excitement of being part of something new.

In our conversations with our current students, the word "family" is repeated over and over when we ask students to describe the support and friendships they develop at the CMU College of Medicine. I know your CMU family will be an integral part of this new journey you are about to begin.

We hope you are inspired by their words and their advice. Their first class represents our founding alumni, and they have important lessons to share. Medical students here at the CMU College of Medicine have their own unique and collective mission that is to help others. The fact that you have chosen the CMU College of Medicine means you have the same drive, and you know about it now as a premedical student or in your first year. You will get you there, and you know you will make all of us proud as you forge your own path. Congratulations on your achievements, and welcome to the CMU College of Medicine!
OUR MISSION
The Central Michigan University (CMU) College of Medicine educates diverse students and trains culturally competent physicians to provide comprehensive health care and services to underserved populations in Michigan and beyond. Our faculty, staff and graduates advance health and wellness through exceptional education, innovative research, quality patient care and strategic collaborations to improve the health and well-being of individuals and communities.

OUR VISION
We will realize our bold vision by producing future generations of well-trained physicians, developing new solutions from innovative research, improving access to high-quality health care and forging strategic partnerships to build thriving communities and better lives for all people in Michigan.

OUR VALUES
Integrity | Respect | Empathy | Excellence | Inclusiveness | Social Responsibility | Innovation
**ADMISSIONS TEAM**

- Chris Austin: Director of Admissions
- Ray Wilson: Assistant Director of Admissions & Financial Aid
- Jody MacGregor: Executive Administrative Assistant

**ADMISSIONS TEAM**

**Enrollment**

**Fall 2018**

- Total: 21,705 students
- Graduate: 5,077
- Undergraduate: 16,432

**By location**

- On-campus: 16,975
- Online and Satellite programs: 8,116

**By program**

- Graduate: 5,273
  - Online and Satellite programs: 1,792

**Fall 2018**

- Total: 1,980 students

**College**

- Graduate: 1,870
  - Online and Satellite programs: 730

**ON-CAMPUS GRADUATE SNAPSHOT**

**Age**

- 20-24: 786
- 25-29: 754
- 30-39: 295
- 40+: 145

**Race/Ethnicity**

- White: 786
- African American: 95
- Asian/Hawaiian/Pacific Islander: 75
- Hispanic/Latino: 54
- American Indian/Alaskan Native: 44
- Other: 5

**GENDER**

- Male: 1,108
- Female: 872

**Fall 2018**

- Early April: Financial aid award notices will be sent to students.
- April 10th: Students may hold only one medical school acceptance (AAMC guideline)

**Admission Timeline**

- October: Submit Free Application for Federal Student Aid (FAFSA) at FAFSA.gov
- January: Criminal Background checks begin for U.S. Citizens for all admitted students.
- April: Deadline for Student Loan Activation. Transcripts due to Admissions Office.
- August: Classes begin.

**Diversity**

- 6.6% White
- 5.0% Asian/Hawaiian/Pacific Islander
- 4.9% African American
- 4.8% American Indian/Alaskan Native
- 2.4% Hispanic/Latino
- 1.4% Nonresident
- 17.3% International

**1892**

Year CMU was FOUNDED

**7**

ACADEMIC COLLEGES

- Undergraduate: Approx. 200
- Graduate: Approx. 100

**U.S. STATES**

- Represented in on-campus undergraduate and graduate student enrollment

**60**

COUNTRIES
REFRESHINGLY PLEASANT

Connect with nature on the more than 80 miles of the Chippewa River Water Trail on or near Mount Pleasant’s 13 area parks. Grab a meal and go shopping with a friend in the quaint downtown. Examine culture and art at the Ziibiwing Center of Anishnabe Culture and Lifeways. Visit one of the city’s championship golf courses. Discover the countless other activities surrounding campus.

TAKE A STUDY BREAK or enjoy lunch or dinner at several Mount Pleasant restaurants, many of which are close to campus.

CAMPUS MAP KEY

Academic buildings
- Ansaph Hall
- Art Gallery
- Bioscience Building
- Brooks Hall
- Center for Integrated Health Studies
- College of Medicine/Building
- Dow Science Complex
- Education and Human Services Building
- Engineering and Technology Building
- Finch Fieldhouse

Residence halls
- Bedden Hall
- Gallagher Hall
- Campbell Hall
- Carey Hall
- Edgren Hall
- Coble Hall
- Emmons Hall
- Fabiano Hall
- Foust Hall
- Gorman Hall
- Kesseler Hall
- Kuhare Hall
- Green Hall
- Health Professions Building
- Moore Hall
- Music Building
- North Art Studio
- Park Library
- Pierce Hall
- Powers Hall
- Sloan Hall
- Smith Hall
- Wightman Hall

Notable locations
- Admissions Office
- Bovee University Center
- Bush Theatre
- Campus Police and Parking Services
- Dow Science Complex (IAC)
- McGuirk Arena
- Music Building
- Prefect Hall
- Student Activity Center
- Student Activity Center Complex (SAC)
- Warriner Hall

Residential restaurants
- Fresh Food Company (FFCo)
- Fosters
- Fresh Food Company (FFCo)
- Fresh Food Company (FFCo)
- Fresh Food Company (FFCo)
- Fresh Food Company (FFCo)
- Fresh Food Company (FFCo)
- Fresh Food Company (FFCo)

Population
- Ages 20-29: 35.5%
- Ages 30-39: 8.2%
- Ages 40-49: 18.7%
- Ages 50 & over: 31.2%
- Under age 20: 6.3%

Notable locations
- Admissions Office
- Antarctic Science Complex
- Dow Science Complex (IAC)
- McGuirk Arena
- Music Building
- Prefect Hall
- Student Activity Center Complex (SAC)
- Warriner Hall
HELLO, CENTRAL MICHIGAN

Welcome to Mount Pleasant

- Enjoy a close-knit collegiate feel in a town that offers activities and attractions you'd find in a larger city.
- 130 businesses such as big-box stores, shops, galleries, restaurants and cafes.
- 88 miles of the Chippewa River to fish, canoe, kayak and tube.
- 1,000 acres of parks and trails for hiking and biking.
- Soaring Eagle Resort with fine dining, top-rated concerts and a water park.
- 500+ local events each year.
- Drive times to Mount Pleasant:
  - 1:05... Lansing
  - 1:27... Grand Rapids
  - 1:29... Flint
  - 2:04... Traverse City
  - 2:10... Kalamazoo
  - 2:25... Marquette
  - 5:22... Marquette Mackinaw City

Explore beyond Mount Pleasant

With daily bus service to and from Chicago, Detroit, Lansing, Grand Rapids and Bay City/ Midland, you’ll find it easy to traverse other cities and connect with area airports and Amtrak trains to visit home.

GO.CMICH.EDU/MOUNTPLEASANT

Drive times to Detroit:
- 1:25... Washington, D.C.
- 1:40... Charlotte
- 1:45... Des Moines
- 1:50... Atlanta
- 2:00... Little Rock
- 2:00... New York — JFK
- 2:05... Boston
- 2:35... Dallas
- 4:10... Los Angeles

Flight times to Detroit:
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- 4:10... Los Angeles
Our commitment to diversity begins with our mission: to prepare diverse, culturally competent physicians focused on improving access to high-quality health care in Michigan and beyond. In support of this mission, we strive to foster diversity and inclusion amongst our faculty, staff and students. The College of Medicine uses a holistic approach to teach students how to assess patients’ unique needs, as well as diverse techniques to provide the most effective treatment. Furthermore, students learn how to conduct diagnoses that extend beyond physical ailments. Using case-based learning, the College of Medicine curriculum emphasizes the importance of incorporating environmental and institutional barriers to healthcare into their diagnoses.

Students at the CMU College of Medicine can expect to participate in a variety of diversity and inclusion-related programming, with frequent C.A.R.E.S. week activities focusing on these areas. Our signature spring event is the week-long Diversity Health Spotlight Symposium in which students, faculty, and staff work hand-in-hand to develop timely, and engaging diversity programming. Student Interest Groups (SIGs) such as Student National Medical Association, Latino Medical Student Association, LGBTQ Equality in Medicine, and Muslim Medical Students Association play an important role in cultivating an inclusive community at the College of Medicine.

Students also have access to a variety of diversity resources on campus, including the Office for Institutional Diversity and Inclusion, Office of Diversity Education, Multicultural Academic Student Services, Office of LGBTQ Services, Native American Programs Office, Office of Civil Rights and Institutional Equity, and Office of International Affairs.
Meet Ali Hachem of Dearborn, Michigan, looking forward to being a leader, educator and mentor in whichever community he serves. “I saw the College of Medicine because “first and foremost, the passion and care that the faculty and staff feel for their students. "This is one of the best experiences I've had through my time in medical school, and throughout my time in medical school, and probably the most worthwhile experience of my academic career,” Ali said. Matthew Wolf, whose hometown is Frankenmuth, Michigan, said, “To help athletes and all patients recover outdoors Michigan has to offer. When he met during the interview process was very important to him. ‘The College’s mission to facilitate access to high-quality health care and to address the shortage of physicians in Michigan spoke to me,” said Matthew. Thank you to Manjit for sharing her experience in the Comprehensive Community Clerkship (CCC). Through the CCC, our students are exposed to community-based clinical practice, emergency medicine, in-patient care, women’s health and more while caring for patients in urban, rural and underserved communities.

Meet Stephanie Fryard from Alcona, Michigan. Stephanie saw the opportunity to come to CMU’s College of Medicine because “I want to live in a small Michigan town and want to return them upon completion of residency.” She appreciates that the College aims to provide students as well-versed people, not just doctors; “I like that four years Stephanie have been an absolute whole breaths into medicine, learning and getting exposed to life, to love, to the whole and get offered residency interviews.”

Meet Andrew Krause of Jackson Hole, Wyoming. Andrew was “very impressed with the curriculum and environment of CMU" and said that after the interview process was very friendly. He said he was in love with medicine because it allows easier access to many of the outside activities Andrew has to offer. When asked why he wants to be a doctor, Andrew said, “I love athletics androtations add to the foundation for the classes that will follow. After residency, Ali Hachem is looking forward to becoming a cardiologist and remaning in Michigan on aplyment, leader and educators. “This is one of the best experiences I’ve had throughout my medical school and honestly, probably the most worthwhile experience of my academic career,” Ali said.

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**FINANCIAL AID**

- **Complete the FASFA**
  Completing the free application for Federal Student Aid (FASFA) is the first step in applying for financial aid at Central Michigan University College of Medicine. You will need to complete the FASFA form. Remember to list CMU’s Federal school code of 002243 to ensure your FASFA results are sent to us. The FAFSA opens on Oct. 1.

- **Investigate**
  Be proactive—explore additional resources for scholarships and grants. If you need loans to cover additional expenses, consider pursuing federal student loans. They typically have some of the best terms and conditions. The only source of federal student loans is the Department of Education’s Direct Loan program.

- **Apply Early**
  Paying attention to deadlines is crucial. Obtain, read, complete and turn in the FAFSA by March 1 so that you can receive your financial aid package in a timely manner. Occasionally unexpected situations might arise that could delay your application. If you wait until the last minute to apply, you may not qualify for financial aid offer simply because of a missed deadline.

- **Your Award Notice**
  Once your FASFA results are received and processed in early April, you will receive an award notice indicating the types of financial aid and amounts for which you are eligible. Follow the directions for accepting or declining the aid. If you are accepting the aid and it included student loans, pay particular attention to the information about how to activate your loan.

**Estimated Tuition and Fees for Students in 2020-21 Academic Year**

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<th>In State</th>
<th>Out of State</th>
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<tbody>
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<td>Tuition and Fees</td>
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<td>$64,227</td>
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<tr>
<td>Room, Board, Transportation and Personal</td>
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*Fee charged by the direct loan program at disbursement.

- **Peer Tutoring Program**
  The College of Medicine at Central Michigan University offers a Peer Tutoring Program for students enrolled in our medical school program. Through this program, you have the opportunity to work individually with trained students who have a sincere interest in helping their colleagues and who have excelled in their coursework. This program serves to supplement existing academic success and support services provided by faculty, Course Directors, and Academic Success. In addition, this program provides the opportunity for tutors (who are also medical students) to reinforce their medical and clinical knowledge, enhance critical thinking, and improve leadership skills while simultaneously helping their peers to achieve similar goals.

**Still have questions?**
Complete paperwork, discuss with faculty and staff from the Office of Student Affairs, and the Office of Medical Education. For more information, contact Amanda Swafford, MBA, Academic Success Manager, at brown2ca@cmich.edu.

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**FINANCIAL AID**

- **Complete the FASFA**
- **Investigate**
- **Apply Early**
- **Your Award Notice**

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**ACADEMIC SUCCESS**

**Amanda Swafford, MBA**

Academic Success is led by Amanda Swafford, MBA, in collaboration with faculty and staff from the Office of Student Affairs and the Office of Medical Education. The goal of Academic Success is to enhance medical students’ and residents’ academic and clinical learning experiences by offering a variety of learner-centered programs, services, and innovations. Academic Success programs include workshops and webinars, panel discussions, guest speakers, peer tutoring, confidential consultations, and online instructional resources focused on timely and relevant topics. Example topics include:

- Transitioning to Medical School
- Understanding learning style preferences and implications for learning
- USMLE Step 1, 2 and 3 and strategies and resources

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STUDENT INTEREST GROUPS

- Addiction in Medicine
- American Medical Association (AMA)
- American Association of Neurological Surgery
- American Medical Student Association
- Anesthesiology
- Business in Medicine
- Cardiology
- Christians in Medicine
- CMED Student Magazine
- Dermatology
- Disabilities in Medicine
- Emergency Medicine
- Evidence-Based Medicine
- Family Medicine
- Gastroenterology and ColonRectal
- Geriatrics
- Global Health Equity
- Health and Nutrition
- Immersion: Spanish Culture
- Immunology
- Internal Medicine
- Latino Medical Student Association (LMSA)
- LGBQT Equality in Medicine
- Medical Ethics
- Medical Students for Choice
- Medicine in Media
- Muslim Medical Students Association
- Native Americans in Medicine
- Neurology
- Oncology
- Ophthalmology
- Orthopedic and Sports Medicine
- Obstetrics and Gynecology (OB/GYN)
- Pediatrics
- Physical Medicine and Rehabilitation (PM&R)
- Physician for Human Rights
- Psychiatry and Mental Health Advocates
- Radiology
- Rare Diseases
- Research in Medicine
- Service Trips
- Street Medicine
- Student National Medical Association (SNMA)
- Surgery
- Technology in Medicine
- Therapy through Music
- Urology
- Wilderness Medicine
- Women in Medicine (FEMMED)
- Women’s Health/OBGYN

OFFICE OF STUDENT AFFAIRS

Our goal is to help guide our students on their journey through Medical School. We provide them with support and the tools they need to become wonderful doctors. We work towards providing all of our students a safe and healthy learning environment, whether it’s assisting them with compliance for vaccinations or just being the friendly face they need to brighten their day. We are here for our students.

CURRICULUM YEARS 1 & 2

The following 18 academic weeks encompass the Foundational Sciences course, divided into two eight-week blocks. The last five weeks of the academic year are devoted to a primary care physicians practice in the Mount Rainier area. This elective is followed by the InteRx Clinical Experience (ICO) and serves as the Clinical Elective. As such, students apply the content behavior and skills learned in the other foundational Course and Organ Systems Course. Students in ICE learn to become keen observers of the clinical environment and the healthcare team from the patients’ perspective as well as that of the health care team. As interviewing and physical examination skills increase, students will begin to interact with patients, always aware of the multi-faceted patient care environment. Interspersed between courses are a series of weeks-long experiences known as: C.A.R.E.S week, C.A.R.E.S + C.A.R.E.S week-long experiences focused on continuous improvement and continuous quality improvement.

SYNAPSE, a four-week block of experiences focused on continuous improvement and continuous quality improvement.

The second year continues the integrated organ systems course, including: Neuroendocrine (Behavior) – 8 weeks, Gastrointestinal – 6 weeks, and Musculoskeletal/Dermal – 4 weeks, (neurosurgical specialty block with – 4 weeks, medical specialty block with – 6 weeks). Each course focuses on organ system in detail and is followed by a C.A.R.E.S week. While all of the medical sciences are integrated in each module, the focus is upon anatomy, physiology, and pathology. The six-week summer session follows Year 1 and Year 2. As envisioned, these weeks provide an opportunity for student input and evaluation of these curricular experiences, opportunity for unique assessment of student progress, refinement of learning concepts and skills, remediation if necessary and serves as a means of continuous quality improvement.

Organ system courses begin following the winter break and Transition weeks in Year 1. The first year organ systems courses are Reproductive/ Endocrine – 6 weeks; Cardio pulmonary – 7 weeks; and Renal/Endocrine – 6 weeks. Each course focuses on organ system in detail and is followed by a C.A.R.E.S week. While all of the medical sciences are integrated in each module, the focus is upon anatomy, physiology, and pathology. The six-week summer session follows Year 1 and Year 2.

An integrated clinical, diagnostic, and therapeutic skill development course. Emphasis is placed on history taking, physical examination, and diagnostic skills presented by body systems. Within the Essentials of Clinical Skills course there is a longitudinal half-day Clinical Placement in a primary care physicians practice in the Mount Rainier area. This elective is followed by the InteRx Clinical Experience (ICO) and serves as the Clinical Elective. As such, students apply the content behavior and skills learned in the other foundational Course and Organ Systems Course. Students in ICE learn to become keen observers of the clinical environment and the healthcare team from the patients’ perspective as well as that of the health care team. As interviewing and physical examination skills increase, students will begin to interact with patients, always aware of the multi-faceted patient care environment. Interspersed between courses are a series of weeks-long experiences known as: C.A.R.E.S week, C.A.R.E.S + C.A.R.E.S week-long experiences focused on continuous improvement and continuous quality improvement.

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YEARS 3 & 4

Clinical Education

Years three and four represent the logical extension of clinical and basic science courses of the first two years into the clinical environment. The curriculum includes a 24-week longitudinal integrated clerkship, which the College of Medicine calls the Comprehensive Clinical Clerkship (CCC), a series of 7 required clerkships and 28 weeks of elective rotations.

The CMU College of Medicine Model

The Comprehensive Community Clerkship (CCC) is a unique longitudinal integrated clerkship that occurs in the third year of the medical school curriculum. The goal of the CCC is to immerse students in a primary care experience to learn the values of comprehensive patient-centered medical care in the context of a community. The medical students are placed in primary care practices for 6-month (22 week) clinical immersion experience in a rural or urban community, working 2 ½ days per week with primary care provider (a family or internal medicine physician) where they will share in the provision of care of both acute and chronic conditions over the course of the clerkship. Students also have longitudinal exposure to community health resources and other medical and surgical specialty experiences, including pediatrics, obstetrics, and emergency medicine.

Students follow patients that they have seen in the primary physician’s practice as they are referred to other specialists for further care. Students learn the course of a patient’s illness and appreciate the context in which the patient lives with his or her illness. Students learn about population health, doing a quality improvement project in the primary physician’s practice.

Videoconference technology connects the students weekly for small group sessions. Students live in and experience the communities to which they are assigned across Michigan and Northern Ohio. These partnerships with hospitals and clinics are vital to CMU College of Medicine’s mission to educate physicians to provide medical care for rural and underserved populations.

Required Clerkship Rotations & Electives

Covenant Healthcare, Ascension St. Mary’s Hospital in Saginaw, Ascension St. John Hospital in Detroit, MidMichigan Health in Midland, and Spectrum Health Lakeland in St. Joseph are the primary locations for the following hospital-based clerkships.

Year 3 required clerkships include:

- General Surgery (four weeks)
- Obstetrics and Gynecology (four weeks)
- Psychiatry (four weeks)
- Hospital Medicine (four weeks)
- Pediatrics (four weeks)

Year 4 required clerkships include:

- Emergency Medicine (four weeks)
- Medicine Sub-internship (four weeks)
- OR Surgery Sub-internship (four weeks)

The College of Medicine Students will also be required to complete at least 28 weeks of elective clerkships. These can be completed at any of our clinical sites. In addition, up to 12 weeks of “away” electives can count toward graduation requirements.
Covenant Health Care - Saginaw
Covenant HealthCare is the largest, most comprehensive health care provider in the Great Lakes Bay Region, serving 20 counties across northeast and central Michigan. With 4800 employees and a medical staff of more than 500 physicians, the Saginaw-based health system offers a broad spectrum of programs and services including high-risk obstetrics, neonatal and pediatric intensive care, acute care including a Level I Adult and Pediatric Trauma Center, cardiology, oncology, orthopedics, robotic surgery and more. Covenant also serves as a critical access hospital for more than five community hospitals across the region.

MidMichigan Health
MidMichigan Health is a nonprofit health system, headquartered in Midland, Michigan, affiliated with Michigan Medicine, the health care division of the University of Michigan. They cover a 22-county region with medical centers in Midland, Saginaw, Clare, Gladwin and Mount Pleasant. In addition to its Medical Centers, MidMichigan Health also offers both home health care and physician services and has a strong commitment to medical education (medical students and two residency programs). MidMichigan Physicians Group provides patients with access to compassionate, quality medical care and manages urgent care facilities and medical offices in more than 30 specialties and subspecialties including cardiology, hematology/oncology, orthopedics, vascular surgery, family medicine and more. To learn more about MidMichigan Health visit www.midmichigan.org.

St. John Hospital & Medical Center
St. John Hospital and Medical Center is a teaching hospital in Detroit known for excellence in cardiology, oncology, neurosciences, minimally invasive and robotic surgery, women’s services, pediatrics, and medical education. St. John Hospital has one of the busiest Emergency Centers in the nation. As a Level II Trauma Center, St. John Hospital has both Chest Pain Center and Heart Failure Center accreditations.

Spectrum Health Lakeland
Spectrum Health Lakeland is a health system nationally recognized for delivering exemplary patient experiences and clinical outcomes. A team of over 4000 diverse and highly trained professionals works together to provide exceptional medical services to locations throughout southwest Michigan. More than 450 physicians and more than 400 other care physicians and licensed providers from all over the world practice medicine at Lakeland Health—Berrien County’s largest employer. With a rich history that dates back to the 1800s, Lakeland is a not-for-profit, community-owned health system that today includes three hospitals, an outpatient surgery center, a regional cancer center, rehabilitation centers, two long-term care residences, home care and hospice services, and 41 affiliate physician practice locations.

Ascension St. Mary’s Hospital - Saginaw
Ascension St. Mary’s Hospital is part of Ascension, who has been serving Michigan for over 150 years. Ascension is a faith-based health care organization dedicated to transforming health care experiences across the continuum of care. As one of the leading non-profit and Catholic health systems in the U.S., Ascension is committed to delivering compassionate, personalized care to all, with special attention to persons living in poverty and those most vulnerable. In Michigan, Ascension operates 15 hospitals and hundreds of related healthcare facilities that together employ over 36,000 associates. Across the state, Ascension provided over 327.2 million in community benefit and care of persons living in poverty in fiscal year 2018.

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CMU, an AA/EO institution, strongly and actively strives to increase diversity and provide equal opportunity within its community. CMU does not discriminate against persons based on age, color, disability, ethnicity, familial status, gender, gender expression, gender identity, genetic information, height, marital status, national origin, political persuasion, pregnancy, childbirth or related medical conditions, race, religion, sex, sex-based stereotypes, sexual orientation, transgender status, veteran status, or weight (see http://www.cmich.edu/ocrie). 19-130 MGX 2/20

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