

Local Resources

For emergencies, call 911 • CMU Police, 989-774-3081 • Isabella County Central Dispatch, 989-773-1000

All CMU resources may be found at www.cmich.edu

CMU Services

Academic Advising (Ronan 250)	989-774-7506
Academic Advising & Assistance (Ronan 250)	989-774-3465
Admissions-Undergrad (Wa 102)	989-774-3076
Career Development Center (Ronan 240)	989-774-3068
Carls Center (HPB 1101)	989-774-3904
Ctr. for Community Counseling, & Dev. (EHS 322)	989-774-3532
Civil Rights & Institutional Equity (UC 306)	989-774-3253
CMCREW (Robinson Hall)	989-774-2739
CMU Cares (Ronan 220)	989-774-2273
CMU Police (Combined Services Bldg.)	911 or 989-774-3081
Encompass - CMU Employee Assistance Program: (go to www.cmich.edu and search Employee Assistance Program)	800-788-8630
Institutional Diversity (Warriner 319)	989-774-3700
• Gear Up/Pathways (Ronan 343)	989-774-1585
• LGBTQ (UC 125)	989-774-3637
• McNair Programs (Ronan 260)	989-774-1364
• Multicultural Academic Student Services (UC 108)	989-774-3945
• Native American Programs (UC 110)	989-774-2508
• Office of Diversity Education (UC 108)	989-774-7318
International Affairs (OIA) (Ronan 330)	989-774-4308
Psychology Training & Consultation Center (PTCC) School Psychology Clinic (HPB 1101)	989-774-3147
Registrar's Office (Warriner 212)	989-774-3261
Residence Life (Ronan 270)	989-774-3111
SAPA Crisis & Support Line (academic year)	989-774-2255
• Online Chat: www.sapa.cmich.edu	
Scholarships & Financial Aid (Warriner 201)	989-774-3674
Sexual Aggression Services (Foust 150)	989-774-6677
Student Activities & Involvement (UC 101)	989-774-3016
Student Affairs (Ronan 220)	989-774-3346
Student Conduct (Ronan 280)	989-774-1345
Student Disability Services (Park Lib. 120)	989-774-3018
Student Employment (UC 121)	989-774-3881
Student Ombudsman Office (Ronan 220)	989-774-3010
Student Health Services (Foust 200)	989-774-6599
Student Psychiatry Services (Foust 249)	989-774-1310
Student Success (Ronan 260)	989-774-3401
Study Abroad (Ronan 330)	989-774-4308
Veterans' Resource Center (UC 110)	989-774-7991

Care Advocates

East	Marissa Messenger, MA, LLPC	989-774-3942
North	Tim Popma, MA, LLPC	989-774-3947
South	Erica Redmond, MA, LPC	989-774-3089
Towers	Sydney Davis, MA, LLPC	989-774-6601
<small>Care Team Coordinator</small>	Andrea Lobert, MSW, LMSW	989-774-2836
<small>Assistant Coordinator</small>	Jason Melvin, MA, LPC	989-774-1481

CMU Success Centers

Student Success Center – East Campus	989-774-3942
Student Success Center – North Campus	989-774-7711
Student Success Center – South Campus	989-774-3089
Student Success Center – The Towers	989-774-6601
	989-774-3145

Local Counseling Resources

Addiction Solutions Counseling Center Mental Health & Subs. Abuse* (ASCC)	989-779-9449
Alternative Counseling Center	989-831-9111
Behavioral Medicine Associates	
• Mt. Pleasant	989-773-0102
• Midland	989-832-9161
Center of Hope Counseling	989-954-4673
Central MI Professional Counseling Assoc.	989-772-5833
Christian Counseling of MidMichigan*	989-317-4664
Community Counseling Associates*	989-773-0222
Community Mental Health for Central Michigan (CMHCM) Medicaid/Healthy MI	989-772-5938
Faleer, Shirley MA, LLPC - Heartbound	989-772-4277
Gratiot County Community Mental Health*	989-463-4971
Hancock, Carolyn LPC	517-881-6006
Heath, Deanna LMSW -Mt. Pleasant Counseling	989-572-0246
Homa, Michelle LMSW	989-301-9729
Listening Ear* www.listeningear.com	989-772-2918
MacNiell, Marsha A. LMSW, ACSW	989-773-6300
New Mind Counseling Services LLC*	989-824-2374
North Haven Counseling Services	989-386-4899
Mid-Michigan Family	989-773-9600
Partners in Change	989-832-2165
Ronan Psychological Associates	989-779-8999
Robb, Deb LPC	989-400-1122
Sherlock, Tarami MA, LPC	989-330-2738
Theisen, AmyLynn LPC*	989-944-2950

Medical Services

Central Michigan District Health Dept.*	989-773-5921
Heart for Health*	989-772-2918
Isabella Citizens for Health – Danielle Hixson Insurance Enrollment Assistance	989-944-5214
McLaren Central Michigan Hospital	989-772-6700
Michigan Community Dental Center*	989-772-4026
Mid-Michigan Medical Center (Mt. Pleasant) Emergency Department	989-775-1600 989-956-9060
Mid-Michigan Medical Center (Alma) During business hours	989-463-1101 989-466-3304
Mid-Michigan Medical Center (Midland)	989-839-3000
• Toll Free	800-999-3199

Community Resources	
American Red Cross*	989-773-3615
Child Advocacy of Central Michigan	989-463-1422
Child and Family Enrichment Council	989-773-6444
Department of Human Services (DHS)* ● Report Child Abuse and Neglect	989-772-8400 855-444-3911
Eight Cap*	989-772-0110
Family & Children's Services* (Midland)	989-631-5390
Gratiot County Community Mental Health*	989-463-4971
Isabella County Transportation Commission (ICTC)	989-772-9441
Listening Ear (Help Line & Referrals) *	989-772-2918
Michigan Rehabilitation Services	989-773-5295
Salvation Army*	989-773-4663
United Way* (Health & Human Services Line)	211
Woodland Hospice*	989-773-6137

Psychiatrists and Other Mental Health Providers	
Adam, Razvan MD	989-423-0672
Family Health Psychiatric Counseling Center ● Alma ● Mt. Pleasant	989-463-2779 989-400-4588
Mid-Michigan Health Park (Midland)	989-839-3385
Mid-Michigan Medical Center (Mt. Pleasant)	989-775-1600

Eating Issues Resources	
Briarwood Center for Women, Children and Young Adults	734-232-2600
Carpenter, Lisa MP, LPC	989-954-4673
Center for Eating Disorders	734-668-8585
Chambers, Jill RD	989-839-3123
CMU Counseling Center	989-774-3381
CTED, LLC	616-957-7700
Reed, Allison RD	517-332-3105 989-450-3993
University Health Services	989-774-6599

Sexual Aggression Resources	
Nami Migizi Nangwihgan* (Crisis Line, Counseling and Support Groups) *	989-775-4400
National Domestic Violence Hotline	800-799-7233
National Sexual Assault Hotline (RAINN)	800-656-4673
Victim Connect Resource Center	855-484-2846
RISE (formally Women's Aid Services) ● Counseling and Support Groups* ● Crisis Line/main line ● 24 – hour help line www.riseadvocacy.org	989-773-0078 989-772-9168 844-349-6177

Family Planning Services	
Adoption Associates Inc.	800-677-2367
Central Michigan District Health Dept.* ● Maternal Infant Health Program	989-773-5921 989-539-6731
Life Choices of Central Michigan (Christian-Based/Pro-Life Organization)	989-773-6008
Central Michigan University Health Services	989-774-6599
Planned Parenthood* (ProChoice)	800-230-7526

Substance Abuse	
Addiction Solutions Counseling Center (ASCC)*	989-779-9449
Alano Club (Support Groups AA, NA, & ALANON)	989-772-4655
CMCREW	989-774-2739
Ojibwa Substance Abuse Services	800-420-9064
1016 Recovery Out Patient (Mt. Pleasant) *	989-773-9655
1016 Recovery Detox Services (Mt. Pleasant)*	989-775-0606
1016 Recovery Out-Patient Serv. (Midland)*	989-631-0241
1016 Recovery Residential Serv. (Midland)*	989-835-3466

Gambling Concerns	
Gam-Anon International Service, Inc.	718-352-1671
Michigan Association on Problem Gambling	517-548-1407
Michigan Problem Gambling Help Line	800-270-7117
National Problem Gambling Help Line	800-522-4700

24-Hour Assistance	
Listening Ear Crisis Center www.listeningear.com	989-772-2918
National Suicide Prevention Lifeline www.suicidepreventionlifeline.org (online chat available)	800-273-TALK (8255)
Crisis Text Line www.crisistextline.org	Text BELONG to 741-741
Trans Lifeline	877-565-8860
Trevor Lifeline	866-488-7386
Veterans Crisis Line	800-273-8255 and Press 1

*Denotes free/sliding fee services or payment plans.