Residency Programs

Excellence in Graduate Medical Education

Medical school graduates pursuing an exceptional residency program choose Central Michigan University (CMU) College of Medicine, which offers training for more than 120 resident physicians in seven specialties and two advanced fellowships. The College trains 104 students per class, with the first two years on campus in Mount Pleasant and the clinical years in Saginaw, Michigan.

Our residency programs are fully aligned and committed to serving the underserved and addressing Michigan's most pressing public health concerns. Residency programs are accredited by the Accreditation Council for Graduate Medical Education (ACGME) with Podiatric Medicine and Surgery accredited by the Council on Podiatric Medical Education (CPME).

CMU offers personalized education focused on the resident, often with one-on-one learner-to-faculty interaction. The high patient-to-learner ratio in Saginaw enables quality learning in a real-world setting.

Residency Programs

- Emergency Medicine
- Family Medicine
- General Surgery
- Internal Medicine
- Obstetrics & Gynecology
- Podiatric Medicine & Surgery
- Psychiatry

Fellowships

- Child & Adolescent Psychiatry
- Emergency Medical Services

Simulation Center

Residents experience hands-on patient care through our Medical Simulation Center, a state-of-the-art facility of more than 10,000 sq. ft. Residency programs have monthly simulation sessions with standardized patients, high fidelity manikins, virtual reality and robotic surgery, clinical skills training, and specialized scenarios.

Graduate Medical Education Leadership

Mary Jo Wagner, MD, FACEP
Chief Academic Officer & Designated Institutional Official

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Advanced Medical Training and Clinical Experience

Medical school graduates looking for cutting-edge medical training from a quality program prefer the Central Michigan University (CMU) College of Medicine’s Emergency Medicine (EM) Residency program. The program exposes the resident physician to pathology, trauma, and hands-on procedural experience.

Our residents care for high-acuity medical and trauma patient populations. Our primary training site accounts for more than 95,000 Emergency Department visits annually. Both training sites are American College of Surgeons verified Level II trauma centers, each with dedicated helicopter transport services. All traumas are supervised by our Emergency Medicine residents, with preceptor oversight, allowing unparalleled exposure to the management of blunt and penetrating injuries.

Residents are exposed to an innovative curriculum that focuses on collaborative and interactive learning. The multi-modal format includes flipped classroom, hands-on procedure labs, and more than 50 hours of simulation-based training annually. Our state-of-the-art, 10,000-square-foot center ranks among the premier simulation facilities in the nation. Faculty pursue excellence in academics, clinical care, and mentoring. High numbers of program alumni have become leaders.

Why Choose CMU
• More than 20 years of experience, established in 1997
• High patient-to-learner ratio
• Limited competition for patients and procedures
• Research and publishing opportunities
• Extensive training in High-Fidelity simulation
• Averaging more than 400 logged ultrasounds
• Ultrasound QA in Q-Path
• Patient demographics include urban and rural with a large geographical transfer region

PROGRAM HIGHLIGHTS
• 3-year program with 2 blocks of electives
• Accredited by the Accreditation Council for Graduate Medical Education (ACGME)
• 25 blocks in Emergency Department – 5 Intensive Care Unit blocks
• More than 120,000 Emergency Department visits annually
• Emergency Medical Services Fellowship available
• 2 training sites: Covenant HealthCare and Ascension St. Mary’s Hospital

OUR RESIDENTS
• Take an active role in interview process and selection of incoming residency class
• Advocate for patients and access to quality care
• Experience a multicultural environment and diverse backgrounds
• Support each other’s wellness

OUR FACULTY
• Nationally and state recognized leaders in EM
• Dedicated to teaching evidence-based medicine
• Support residents’ growth and leadership
• Professional affiliations with ACEP, MCEP, AAEM, CORD-EM and NAEMSP

Emergency Medicine Residency Program Leadership

Kathleen Cowling, MS, DO, MBA
Director, Emergency Medicine Program

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Family Medicine Residency

Program Features Strong Tradition, New Technology

Central Michigan University’s (CMU) College of Medicine offers a Family Medicine Residency with a rich history. It was one of the first accredited programs in Michigan and is one of the oldest in the country. Training is strengthened by collaboration with two principal hospitals in Saginaw, Michigan: Covenant HealthCare and Ascension St. Mary’s Hospital, which serve as the primary referral centers for complex medical care in the Great Lakes Bay Region. A broad spectrum of clinical problems are seen in the two hospitals and in CMU Health Family Medicine Clinics.

The quality of residency experience has been further enhanced by our Global Health experience. Family Medicine residents visit Costa Rica where they interact with native Costa Ricans through equine therapy, postnatal care, and general medical care. This mission trip is funded through conference funds.

Why Choose CMU

- Extensive research and publishing opportunities
- On-site College of Medicine educational building, offering classrooms, labs, training spaces, medical library, and education through simulation
- Training in various outpatient procedures including dermatologic surgery, gynecologic procedures, and breast procedures
- Outstanding inpatient pediatric experience
- Global Health experience

Family Medicine Residency Program Leadership

Amandeep Dhaliwal, MD
Director, Family Medicine Residency Program

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Program Highlights

- 3-year program
- Accredited by the Accreditation Council for Graduate Medical Education (ACGME)
- 9 adult inpatient months
- 4 elective months
- Night float system (no traditional call)

Our Residents

- Take an active role in the interview process and selection of incoming residency class
- Advocate for patients and access to quality care
- Experience a multicultural environment and diverse backgrounds
- Support each other’s wellness

Our Faculty

- Strong community preceptor presence
- Come from diverse training locations
- Conduct dedicated Friday afternoon didactics
- Lead an annual July retreat for all residents, faculty, and associates

Why Choose CMU

- Extensive research and publishing opportunities
- On-site College of Medicine educational building, offering classrooms, labs, training spaces, medical library, and education through simulation
- Training in various outpatient procedures including dermatologic surgery, gynecologic procedures, and breast procedures
- Outstanding inpatient pediatric experience
- Global Health experience

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General Surgery Residency

Outstanding Faculty, Facilities Drive Excellence
Central Michigan University’s (CMU) College of Medicine offers a General Surgery Residency that provides high-achieving physicians with top-quality training for a rewarding career in a variety of surgical fields. Key to the residency is a team of experienced faculty with a distinguished record of patient care and teaching excellence. CMU has assembled an impressive group of leading surgeons to guide residents in developing their skills, while experiencing a rich diversity of treatment environments.

Residents serve at two principal hospitals in Saginaw, Michigan: Covenant HealthCare and Ascension St. Mary’s Hospital, which serve as the primary referral centers for most complex medical care in Michigan’s Great Lakes Bay Region. The General Surgery Residency is a challenging and rewarding environment, allowing residents to hone a broad set of advanced capabilities. Professional growth is aided by a new 46,000-square-foot CMU College of Medicine educational building on the Covenant campus, providing residents with classrooms, labs, training spaces, and a medical library.

Why Choose CMU
• Dedicated team of surgical faculty
• Early operative exposure
• Progressive clinical responsibility
• Extensive research and publishing opportunities
• On-site College of Medicine educational building, offering classrooms, labs, training spaces, and a medical library

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Internal Medicine Residency

Diverse Training Distinguishes Internist Residency

An Internal Medicine Residency from the Central Michigan University (CMU) College of Medicine prepares physicians for careers in primary care, hospital-based medicine and subsequent specialty fellowships. Residents train in a team-oriented, supportive environment that shapes them into competent and confident physicians.

The program is based in Michigan’s Great Lakes Bay Region, giving residents access to state-of-the-art classrooms, an expansive library, and a simulation center in the new CMU College of Medicine educational building.

Residents apply their knowledge at the patient bedside to a population with diverse medical conditions. Knowledge from vast experiences and scholarly research makes them proficient in advanced airway skills, vascular procedures, such as arterial and central venous catheterizations, cardiopulmonary resuscitation, and other internal medicine-based procedures.

Why Choose CMU

- Clinical, academic, research, and collaborative care opportunities
- High pass rate on American Board of Internal Medicine (ABIM) certifying board exam
- Comprehensive didactic program including daily interactions and regular grand rounds for ambulatory and inpatient topics at various teaching sites, including a VA hospital
- 1:4 core physician to resident ratio
- 10,000-square-foot simulation center

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Internal Medicine Residency Program Leadership

Nicholas Haddad, MD, FACP, FIDSA, CIC
Director, Internal Medicine Residency Program

Program Highlights

- 3-year program
- Accredited by the Accreditation Council for Graduate Medical Education (ACGME)
- Experience as hospitalists and in outpatient practices
- State-of-the-art simulated procedural training
- More than 70,500 CMU Health ambulatory visits in 2018

Our Residents

- Competent at managing acute and chronic conditions
- Directly manage critically ill patients
- Experience a multicultural environment and diverse backgrounds
- Support each other’s wellness

Our Faculty

- Range of board specialties including critical care medicine, infectious disease, pulmonary medicine, and endocrinology
- Respected in their fields
- Dedicated to teaching in-depth, one-on-one curriculum
- Faculty and residents value a positive culture that promises learning and individual well-being

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An Expert-Led and Experience-Based Program

The Central Michigan University (CMU) College of Medicine Obstetrics and Gynecology Residency program is comprehensive, fast-paced, and robust. Residents are assigned a panel of patients that they follow, which gives them in-depth experience and training to become capable, independent practitioners and consultants. Resident physicians provide care for a woman through her entire pregnancy, and provide treatment for gynecologic patients with preventive and problem-based care.

Residents train at Covenant HealthCare in Saginaw, Michigan, where more than 2,500 deliveries are performed each year. Covenant HealthCare is a tertiary-level hospital where residents gain exposure to a variety of surgical procedures and a neonatal intensive care unit (NICU). Residents also train at Ascension St. Mary’s Hospital in Saginaw providing gynecological surgery and consultations.

Expert faculty and staff, along with community volunteer physicians, supervise and evaluate residents, while allowing for a great deal of resident autonomy in patient care decisions. They train residents in ultrasound, colposcopy, urodynamics, coding, and contract evaluation in the new simulation center in the CMU College of Medicine educational building and while on site.

Why Choose CMU

- Large patient base of 800,000
- Authoritative source of physicians in underserved and rural areas of Michigan
- Provides full range of general services to women of all ages
- Partner with Michigan Health Improvement Alliance, Inc. and Centering® Healthcare Institute
- 10,000-square-foot simulation center

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Podiatric Medicine & Surgery Residency

Developing the Next Generation of Leaders in Podiatry

The Central Michigan University (CMU) Podiatric Medicine and Surgery Residency is a fully-integrated program with an emphasis on developing well-rounded podiatric physicians and surgeons. Our unique program includes reconstructive rearfoot and ankle (RRA) surgical training to provide residents with advanced clinical experience in an academic environment.

Residents rotate at Level II trauma hospitals, two surgery centers, as well as podiatric and non-podiatric clinical facilities. Program participants conduct daily hands-on patient care and rotate with the attending faculty throughout their training as well as benefiting from a variety of didactic education and professional development experiences.

The residency provides exposure to both inpatient and outpatient protocols, with the services offered by various hospital departments. Trainees develop an awareness that many foot and ankle pathologies are not limited in nature, but may be symptoms of another issue, which requires a solid foundation in the basics of internal medicine.

Why Choose CMU

- Extensive research and publishing opportunities
- On-site College of Medicine educational building offering classrooms, labs, training spaces, and a medical library
- Only podiatric surgical residency program in Michigan affiliated with a medical school
- Robust podiatric clinic rotations
- Diverse, high surgical case volume
- Opportunity to work with recognized leaders in the podiatric profession

PROGRAM HIGHLIGHTS

- 3-year program
- Accredited by the Council on Podiatric Medical Education (CPME)
- Launched in 2017, offering new and evolving processes with opportunities in various settings, including clinical, academic, and research
- First-year residents complete more than 250 procedures each
- Conduct dedicated weekly didactics

OUR RESIDENTS

- Take an active role in the interview process and selection of incoming residency class
- Advocate for patients and access to quality care
- Experience a multicultural environment and diverse backgrounds
- Support each other’s wellness

OUR FACULTY

- Originate from diverse training locations
- Are approachable and welcoming
- Feature excellent teaching skills, with robust didactic sessions
- Are receptive to changes/modifications in many different realms

Podiatric Medicine & Surgery Residency Program Leadership

Andrew H. Cohen, DPM, FACFAS
Director, Podiatric Medicine & Surgery Residency Program

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Psychiatry Residency

PROGRAM HIGHLIGHTS
• 4-year program
• Accredited by the Accreditation Council for Graduate Medical Education (ACGME)
• Year 1 residents treat 300+ patients in Psychiatric Unit annually
• At-home call rotation
• More than 1,200 hospital beds in three facilities

OUR RESIDENTS
• Take an active role in interview process and selection of incoming residency class
• Advocate for patients and access to quality care
• Experience a multicultural environment and diverse backgrounds
• Support each other’s wellness

OUR FACULTY
• Range of board specialties including adult, geriatric, child, forensic, and consult-liaison psychiatry
• Respected in their fields
• Dedicated to teaching evidence-based psychiatry
• Faculty and residents value a positive culture that promises learning and individual well-being

Psychiatry Residency Program Leadership

Furhut Janssen, DO, FACN
Director, Psychiatry Residency Program
Director, Child and Adolescent Psychiatry Fellowship Program

Why Choose CMU
• Clinical, academic, research, and collaborative care opportunities
• 100% fellowship match rate
• Investment in board-prep resources
• Multiple in-state and international projects presented at conferences
• Inpatient psychiatry rotation at psychiatric hospital
• High patient population, collaborative care model

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