

POLICY

POLICY NAME: COUPLES MATCH

EFFECTIVE DATE: 06-01-2013

REVISION DATE: 12-12-2025

APPLIES TO:

☐ STAFF

☒ RESIDENTS

☐ FACULTY

I. PURPOSE:

The purpose of this policy is to establish guidelines for residency programs that opt to participate in the NRMP Couples Match. The primary focus of this Graduate Medical Education (GME) specific policy is to address the application, matching and on boarding of a couple (NRMP defined) into the same residency program.

II. DEFINITIONS:

1. National Residency Matching Program (NRMP): The NRMP matches healthcare professions to graduate medical education and advanced training programs and provides MATCH data and analysis to stakeholders.
2. Couples Match: Allows two applicants to link their rank order lists, usually for the purpose of obtaining positions in the same geographic location. This link is considered by the NRMP matching algorithm.

III. POLICY:

Program Directors are advised to consider all the ramifications to the program and institution if they elect to rank and possibly match a couple.

1. Both candidates must meet all institutional and departmental selection criteria.
2. If both applicants match to the same residency program, they may not serve in a supervisory role in which one reports to the other at any time during their training.
3. Couples Match applicants should be informed of this policy at the time of the interview.

IV. PROCEDURE:

1. Both candidates must meet all institutional and departmental selection criteria.

CMU Medical Education Partners reserves the right to make exceptions, modify or eliminate this guideline and/or its content. This document supersedes all previous policies, procedures, and guidelines relative to this subject.

2. Both candidates must apply via NRMP, and they should be evaluated and ranked based on the individual merits of their respective applications.

V. ATTACHMENTS/REFERENCES:

None

VI. REVISION HISTORY:

Revision

Date:	Summary of Changes:
06-01-13	Creation of Policy
05-26-17	Policy updated
03-31-23	Definitions added
06-20-25	Chief Resident Restriction Removed