



Health and Physical Education Division
Health and Physical Education Major
Three-Year Plan with HPE and Education Courses



Fall – Year 1 Total – 15 hours: (HPE – 12 hr.) (EDU – 3 hr.)	Spring – Year 1 Total – 15 hours: (HPE – 9 hr.) (EDU – 6 hr.)
HPE 215 HPE Programming (WI) (4 hours) HPE 222 Sexuality Education (3 hours) HPE 224 Health Concepts II (3 hours) PES 115 Motor Development (2 hours) EDU 107 Intro to Teaching (3 hours)	HPE 223 Health Concepts I (3 hours) HPE 316 Assessment in HPE (3 hours) PES 186 (QR) Principles of Fitness (3 hours) EDU 210 Adolescent Development (III-A) (3 hours) EDU 255 Designing Learning Environ. (3 hours)
Fall – Year 2 Total – 15 hours: (HPE – 9 hr.) (EDU – 6 hr.)	Spring – Year 2 Total – 15 hours: (HPE – 12 hr.) (EDU – 3 hr.)
HPE 325 Methods in Fitness Education (3 hours) HPE 344 HPE Elementary Methods (3 hours) PES 302 Motor Learning (3 hours) SPE 250 Teaching Diverse Learners (3 hours) EDU 355 Teaching Practices (3 hours)	HPE 323 Methods in Sport (3 hours) HPE 346 Health Education Methods (3 hours) HPE 348 Physical Education Methods (3 hours) HPE 386 Adapted Physical Education (3 hours) EDU 450 Disciplinary Literacy (3 hours)
Fall – Year 3 Total – 14 hours: (HPE – 5 hr.) (EDU – 9 hr.)	Spring – Year 3 Total – 12 hours: (HPE – 0 hr.) (EDU – 12 hr.)
*HPE 425 HPE Clinical Experience (2 hour) HPE 435 Professional Aspects in HPE (3 hours) *EDU 455 Analyzing Teaching (3 hours) *SPE 504 Teach in Inclusive Settings (3 hours) TEL 302 Teaching ELL 5-12 (3 hours)	EDU 432 Student Teaching Seminar (3 hours) EDU 458 Student Teaching (9 hours)

Note: Bold courses are the Health and Physical Education required courses. *All three courses must be taken together.

Effective 2023-2024 Catalog