

# Scheduling an Appointment

If you are interested in our services and would like to make an appointment, please call **(989) 774-3904**. A trained student therapist will discuss the services we provide and answer any questions.

### **Cost of Services**

Therapy: \$75/session\*

**Psychological Assessment:** \$500

We are unable to accept insurance for services at this time.

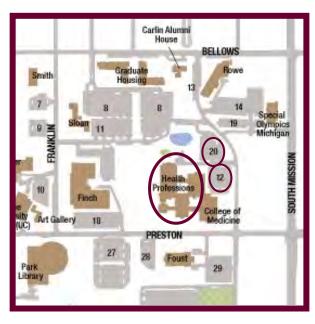
\*Financial assistance may be available to lower the cost of therapy sessions.

## **Hours**

**Monday—Friday:** 8AM-5PM Evening hours may be available

## **Directions & Parking**

The PTCC is located in the **Carls Center** on the first floor of the **Health Professions Building**. See Carls Center staff for a free parking pass to park in **Lots 12 and 20**.



# Psychological Training and Consultation Center

1280 East Campus Drive 1101 Health Professions Building Mt. Pleasant, MI 48859 Phone: (989) 774-3904 Fax: (989) 774-1891 E-mail: carlscenter@cmich.edu





**CENTRAL MICHIGAN UNIVERSITY** 



For information about psychological services please call

(989)774-3904

or visit our website at www.class.cmich.edu/ psychologyclinic



## **About the Clinic**

The Psychological Training and Consultation Center (PTCC) at Central Michigan University is an outpatient mental health clinic that provides therapy and assessment.

#### Who Can Use the Clinic?

The clinic provides services to both students and community members.

# What Services Does the Clinic Offer?

The PTCC provides services for a range of mental health concerns.

#### **Psychotherapy**

- ◆ Depression
- Anxiety
- Family stress
- Relationship troubles
- Adjustment to life changes
- ♦ Behavioral dysfunction in children

#### **Psychological assessment**

- ♦ Learning disorders and Attention problems
- ♦ Other academic difficulties
- ♦ Diagnostic considerations
- ◆ Treatment recommendations

#### Who Provides the Services

Services are provided by psychology doctoral students who are supervised by Licensed Psychologists. Student therapists are trained and supervised by experienced psychologists to provide high quality mental health treatment.





# **Specialty Clinics**

### The Trauma and Anxiety Disorders Clinic

- Provides assessment and cognitive-behavioral treatment for:
  - ♦ Anxiety
  - Panic attacks
  - Obsessive compulsive disorder
  - Symptoms related to a traumatic event

#### The Neuropsychology Clinic offers

- Comprehensive neuropsychological evaluations assessing:
  - ♦ Memory
  - Problem solving
  - ♦ Academic skills
  - ♦ Communication ability
  - ♦ Emotional functioning
  - ♦ Sensory/motor functioning
  - ♦ General intellectual functioning
- ◆ Please call Dr. Reid Skeel directly at (989)774-6485 for information

### The School Psychology Clinic

 Assessment and treatment for academic, behavioral, and social-emotional concerns of school-aged children.

## Additional Services\*

# **Central Autism Assessment and Treatment** (CAAT) Center

www.class.cmich.edu/CAAT (989)774-3904

# Center for Children, Families, and Communities (CCFC)

www.class.cmich.edu/CCFC (989)774-6639

• Services for children, families, and couples

\*These clinics have their own fee schedules. Please inquire with them directly.