

Welcome to Sona!

Most of the amazing discoveries that appear in your Psychology textbooks were obtained by collecting data from undergraduate students like you. Sona provides an opportunity for you to help support research that is crucial to building our understanding of the cognitive processes, emotions, and social behaviors exhibited by humans— while you earn extra credit for your classes!

Through Sona, you can choose from a wide range of studies offered in our many Psychology labs. For example, there are studies about relationships, how we read, how we remember things and what we forget. By doing Sona experiments, you can experience what it is like to participate in different kinds of studies and, in this way, become acquainted with our laboratories. More importantly, there are dozens of studies to choose from each semester, so you can pick the ones that sound interesting to you.

Every study posted on Sona has been approved by the CMU Institutional Review Board. This assures the safety of participants and the confidentiality of your data.

How do I find my login information?

- The during the second week of the semester, you receive an email from psypool@cmich.edu providing the login information that you need in order to sign-up to participate in psychological studies and earn Sona credits. Be sure to search your junk and clutter folders just in case the email from psypool@cmich.edu is sorted there. You might want to put that Sona login information someplace where you can access it easily during the semester.

How do I sign-up to participate in studies?

- To access Sona, use your CMU Global ID to enter the CMU site. In the search box, type Sona.
- Click on the Sona Subject Pool link that you want. This will take you to the place where you type in your Sona user id and password.
- When you enter the system, click on the “View Available Studies” link. Choose a study that you want to participate in by reading the study descriptions. After clicking on a study that interests you, choose “View Time Slots for This Study” to see times that the research study is being conducted. Once you find a timeslot that fits your schedule, click “Sign Up”. This will automatically notify the researcher that a student is signed up to participate. You will also receive an email that confirms the specified date, time, and location of the research study.
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When should I sign-up?

- Note that the Sona pool closes before the end of the semester. Also, studies fill-up and close after they get the needed number of participants. There may not be as many options (or any options) available if you wait until the last weeks. Signing up for studies early in the semester is one way to make sure that you have lots of studies to choose from that will offer you extra credit.

Showing up, cancelling, and applying Sona credits to your classes:

- When you sign-up for a study, please arrive on time.
- When you complete a study, you will see the credits assigned to your Sona account. *Remember to assign these credits to the Psychology course that you want them to apply to.* You can do that right in the Sona system.
- If you cannot make a scheduled Sona appointment, please cancel your timeslot by logging into Sona. If it is too late to cancel on Sona, you should email the researcher of the study.

If you have any questions about how to use the Sona pool, please email your student Sona Coordinator, Adrienne, at psypool@cmich.edu.