



Directions & Parking

The PTCC is located in the **Carls Center** on the first floor of the **Health Professions Building**. See Carls Center staff for a free parking pass to park in **Lots 12 and 20**.



CARLS CENTER FOR
CLINICAL CARE AND EDUCATION
**PSYCHOLOGICAL
TRAINING AND
CONSULTATION CENTER**
CENTRAL MICHIGAN UNIVERSITY

Scheduling an Appointment

If you are interested in our services and would like to make an appointment, please call **(989) 774-3904**. A trained student therapist will discuss the services we provide and answer any questions.

Cost of Services

Therapy: \$75/session*

Psychological Assessment: \$500

We are unable to accept insurance for services at this time.

*Financial assistance may be available to lower the cost of therapy sessions.

Hours

Monday—Friday: 8AM-5PM

Evening hours may be available

Psychological Training and Consultation Center

1280 East Campus Drive
1101 Health Professions Building
Mt. Pleasant, MI 48859
Phone: (989) 774-3904
Fax: (989) 774-1891
E-mail: carlscenter@cmich.edu



**CENTRAL
MICHIGAN UNIVERSITY**



For information about
psychological services please call

(989)774-3904

or visit our website at [www.class.cmich.edu/
psychologyclinic](http://www.class.cmich.edu/psychologyclinic)



COLLEGE OF LIBERAL ARTS
& SOCIAL SCIENCES
PSYCHOLOGY
CENTRAL MICHIGAN UNIVERSITY

About the Clinic

The Psychological Training and Consultation Center (PTCC) at Central Michigan University is an outpatient mental health clinic that provides therapy and assessment.

Who Can Use the Clinic?

The clinic provides services to both students and community members.

What Services Does the Clinic Offer?

The PTCC provides services for a range of mental health concerns.

Psychotherapy

- ◆ Depression
- ◆ Anxiety
- ◆ Family stress
- ◆ Relationship troubles
- ◆ Adjustment to life changes
- ◆ Behavioral dysfunction in children

Psychological assessment

- ◆ Learning disorders and Attention problems
- ◆ Other academic difficulties
- ◆ Diagnostic considerations
- ◆ Treatment recommendations

Who Provides the Services

Services are provided by psychology doctoral students who are supervised by Licensed Psychologists. Student therapists are trained and supervised by experienced psychologists to provide high quality mental health treatment.



Specialty Clinics

The Trauma and Anxiety Disorders Clinic

- ◆ Provides assessment and cognitive-behavioral treatment for:
 - ◇ Anxiety
 - ◇ Panic attacks
 - ◇ Obsessive compulsive disorder
 - ◇ Symptoms related to a traumatic event

The Neuropsychology Clinic offers

- ◆ Comprehensive neuropsychological evaluations assessing:
 - ◇ Memory
 - ◇ Problem solving
 - ◇ Academic skills
 - ◇ Communication ability
 - ◇ Emotional functioning
 - ◇ Sensory/motor functioning
 - ◇ General intellectual functioning
- ◆ Please call Dr. Reid Skeel directly at (989)774-6485

The School Psychology Clinic

- ◆ Assessment and treatment for academic, behavioral, and social-emotional concerns of school-aged children.

Additional Services*

Center for Children, Families, and Communities (CCFC)

www.class.cmich.edu/CCFC
(989)774-6639

- ◆ Services for children, families, and couples

*Clinics have their own fee schedules. Please inquire with them directly.