Scheduling an Appointment
If you are interested in our services and would like to make an appointment, please call (989) 774-3904. A trained student therapist will discuss the services we provide and answer any questions.

Cost of Services
Therapy for CMU Students:
$10/session
Therapy for Community Members:
$10-75/session*
Psychological Assessment:
$500

Insurance is not accepted at this time.

*Cost is based on financial need.

Hours
Monday—Friday: 8AM-5PM
Evening hours may be available

Directions & Parking
The PTCC is located in the Carls Center on the first floor of the Health Professions Building. Parking is available in Lot 12 in the marked Carls Center parking spaces.

Psychological Training and Consultation Center
1280 East Campus Drive
1101 Health Professions Building
Mt. Pleasant, MI 48859
Phone: (989) 774-3904
Fax: (989) 774-1891
E-mail: carlscenter@cmich.edu

For information about psychological services please call (989)774-3904
or visit our website at class.cmich.edu/psychologyclinic

Central Michigan University
About the Clinic
The Psychological Training and Consultation Center (PTCC) at Central Michigan University is an outpatient mental health clinic that provides therapy and assessment.

Who Can Use the Clinic?
The clinic provides services to both students and community members.

What Services Does the Clinic Offer?
The PTCC provides services for a range of mental health concerns.

Psychotherapy
- Depression
- Anxiety
- Family stress
- Relationship troubles
- Adjustment to life changes
- Behavioral dysfunction in children

Psychological assessment
- Learning disorders and attention problems
- Other academic difficulties
- Diagnostic considerations
- Treatment recommendations

Who Provides the Services
Services are provided by psychology doctoral students who are supervised by Licensed Psychologists. Student therapists are trained and supervised by experienced psychologists to provide high quality mental health treatment.

Specialty Clinics

The Trauma and Anxiety Disorders Clinic
- Provides assessment and cognitive-behavioral treatment for:
  - Anxiety
  - Panic attacks
  - Obsessive compulsive disorder
  - Symptoms related to a traumatic event

The Neuropsychology Clinic
- Comprehensive neuropsychological evaluations assessing:
  - Memory
  - Problem solving
  - Academic skills
  - Communication ability
  - Emotional functioning
  - Sensory/motor functioning
  - General intellectual functioning
- Please call Dr. Reid Skeel directly at (989)774-6485 for information

Additional Services*
Center for Children, Families, and Communities (CCFC)
www.class.cmich.edu/CCFC
(989)774-6639
- Services for children, families, and couples

*Clinics have their own fee schedules. Please inquire with them directly.