

Reflection Statement – Social Work Related Experience

Social Work Program, Anspach 034, Mount Pleasant, MI 48859 E-mail: <u>swk@cmich.edu</u> Phone: 989-774-2690 Text: 989-209-7847

The Reflection Statement is to be completed and submitted to the social work office within two weeks of completing the first 50 hours of the required experience (volunteer or paid), and no later than the last Friday of the semester in which the student applies for admission to the social work program. If something is unclear to you, be sure to contact the social work office for guidance.

A response to two (2) prompts regarding your social work volunteer experience is required as part of your admission application to the social work major. Your response should be approximately one typed page (double-spaced) for each prompt.

Prompt 1: Briefly describe what you did and with whom in your experience. Then tell us what this experience taught you about vulnerable clients, yourself and what it means to be a social worker.

Prompt 2: Please select and respond to <u>one (1)</u> of the statements listed below:

- Use an example from your social work related experience to talk about social justice and social work.
- Describe a difficult moment for you that occurred in your social work related experience and how you acted/reacted. Explain what the experience means to you and how it influenced your motivation to become a competent social worker.
- Write a letter to a parent, mentor or older adult who knows you and whom you respect explaining why you have chosen to be a social work major. Use an example from your social work related experiences to highlight your reasons.
- Based on what you observed and learned in your social work related setting, discuss some reasons why people may be poor. What might you do as a social worker to reduce poverty?

Return your Reflection Statement to the Social Work Program office:

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