PROBLEM: Find all real x and y such that

$$\cos^2 x = \frac{(1+y)^2}{4y}.$$

SOLUTION: Since $\cos^2 x \ge 0$, we must have y > 0. Now

$$\frac{(1+y)^2}{4y} = \frac{1+2y+y^2}{y} = \frac{1}{4}\left(\frac{1}{y}-2+y\right) + 1 = \frac{1}{4}\left(\frac{1}{\sqrt{y}}-\sqrt{y}\right)^2 + 1,$$

so the right hand side of the given equation is ≥ 1 and equal to 1 if and only if $\frac{1}{\sqrt{y}} = \sqrt{y}$, i.e. y = 1. On the other habd $\cos^2 x \leq 1$, so the only way the two sides can be equal is if both are equal to 1. Therefore $\cos^2 x = 1$, i.e. $\cos x = \pm 1$. It follows that the possible values of x, y satisfying the above equation are

$$y = 1$$
, and $x = n\pi$ for an integer n .