



# Mail Order Pharmacy

## Mail-Order Pharmacy - A simple way to manage medications

Managing prescriptions for yourself and your family can be time-consuming. Our prescription benefit through CVS Caremark offers a Mail Service option that can simplify medication management, lower the number of pharmacy trips, and help ensure you don't run out of important medicines.

### **Why consider Mail Service?**

- Convenience: Get a 90-day supply delivered to your home—fewer trips to the pharmacy.
- Time savings: One order covers three months for maintenance medications (e.g., blood pressure, diabetes, asthma).
- Family management: Consolidate refills for multiple family members and set a predictable schedule for renewals.
- Cost and adherence: 90-day fills often reduce out-of-pocket cost and help you stay on schedule with treatment.

### **You can get started with CVS Caremark Mail Service & Delivery in any of these easy ways:**

- Call CVS Caremark at 1-866-818-6911
- Online by logging in to your Caremark.com account.
- Use the CVS Caremark mobile app to manage mail service prescriptions from your phone—quickly and conveniently.



### **Tips for a smooth experience**

- Start mail service before you run low—allow two weeks for standard delivery.
- For immediate or short-term prescriptions, use your local retail pharmacy; reserve mail service for long-term maintenance meds.
- Make medication management simpler—switch appropriate maintenance prescriptions to Mail Service and use the CVS Caremark app to save time, reduce pharmacy trips, and keep your family's medications organized.

