



Your Hearing, Your Health

Exploring Your Hearing Benefits and Services

At CMU, we care about your overall health and well-being - including your hearing health. Employees enrolled in BCBSM or MESSA have hearing benefits provided through their plans; however, there's also two additional options: the Carls Center Audiology Clinic here on campus or VSP's TruHearing discount program. Whether you're exploring hearing aids, need a hearing evaluation, or want guidance on when to see an Audiologist or an ENT specialist, your benefits have you covered.

Helpful Hint! When do I see an Audiologist vs. an ENT?

ENT Specialists focus on the **medical and surgical treatment** of the ears, nose, and throat (e.g., treating ear infections, prescribing medication, or performing surgery like ear tubes).

An audiologist focuses on **non-surgical diagnosis and treatment** of hearing and balance issues (e.g., hearing tests, hearing aid fittings, and non-medical hearing care).

Audiology Clinic at the Carls Center for Clinical Care and Education

- Staffed by university audiologists with expertise in the full spectrum of hearing healthcare.
- Participates directly with your BCBSM or MESSA benefits – no third-party coordination needed.
- Convenient, local care with continuity between your evaluation and ongoing service.

TruHearing Discount Program for VSP (Vision) Members

- Provides access to discounted hearing aids (typically 30-60% off retail pricing).
- Operates as a discount network, connecting you to participating providers outside the Carls Center.

Additional hearing related resources:

- [American Speech-Language-Hearing Association](#)
- [American Tinnitus Association](#)
- [Vestibular Disorders Association](#)

Take care of your health today, better hearing means better living!

