Resources Across Michigan

This is broken up by major cities to make it easier to find the resources in your area. Each link will take you directly to options in each city and surrounding areas. For any resources not listed, call 2-1-1.

In emergency situations, immediately call 9-1-1.

Detroit

- Housing & Homelessness Assistance
- Food Assistance
- Various Support Groups

Lansing

- Housing & Homelessness Assistance
- Food Assistance
- Various Support Groups

Grand Rapids

- Housing & Homelessness Assistance
- Food Assistance
- Various Support Groups

Ann Arbor

- Housing & Homelessness Assistance
- Food Assistance
- Various Support Groups

Traverse City

- Housing & Homelessness Assistance
- Food Assistance
- Various Support Groups

Flint

- Housing & Homelessness Assistance
- Food Assistance
- Various Support Groups

Kalamazoo
- Housing & Homelessness Assistance
- Food Assistance
- Various Support Groups

Saginaw
- Housing & Homelessness Assistance
- Food Assistance
- Various Support Groups

Marquette
- Housing & Homelessness Assistance
- Food Assistance
- Various Support Groups

Mental Health Support
- National Alliance of Mental Illness
  - Helpline: 1-800-950-6264
    - Available Monday through Friday, 10 a.m. to 6 p.m. ET
- Community Mental Health
- National Suicide Prevention Lifeline
  - Helpline: 1-800-273-8255