

2026-2027 Application for Central Michigan University's SAPA (Sexual Aggression Peer Advocate) Program

SAPA is part of the Department of Sexual Aggression Services

Thank you for your interest in the SAPA (Sexual Aggression Peer Advocate) Program at Central Michigan University. SAPA members are CMU students who are highly trained in helping those who have been affected by domestic violence, intimate partner violence, harassment, sexual assault and/or stalking. Please read this cover letter completely before you proceed with this application.

If you decide to continue with the written application, please detach this letter and keep it for future reference.

Minimum Qualifications:

- 1 year commitment (2 years preferred)
- Will be an enrolled CMU student, non-first year freshman, beginning the Fall 2026 semester.
- Criminal background check will be performed by CMU.
- Ability to attend all 52+ hours of the 2026 Fall Training: **September 11-13 and 18-20.**
- Ability to attend weekly Monday night meetings at 8:30pm beginning September 2026
- Ability to attend an 8-hour spring training in mid-January 2027 (date tbd)

Selection Process:

- Submit an application: **Due no later than Friday, February 20, 2026.**
 - o Preferred turn in method is for applications to be submitted electronically via email to either sapa@cmich.edu or walte1eb@cmich.edu
 - o Applications may also be submitted in a sealed envelope to the Sexual Aggression Services Office in Foust Hall 150 (if the door is closed, you may slide your application under the door)
- Application review: Completed by current and former Sexual Aggression Services (SAS) Administration
 - o Applications are held in strictest confidence. No current SAPA members will review this application.
 - o Nothing is required from applicants for this part of the process
- Mar. 16-20, 2026: Applicants participate in a 20 minute application review with SAS Administration
 - o Each applicant will be emailed information regarding the sign-up process and available times
 - o SAPA Administration will provide the Employee Verification Form (used to complete a background check) to be completed at this time. If you have lived outside of the state of MI, please be ready to provide your Social Security Number.
- Mar. 21, 2026: Applicants participate in a 90 minute interview process with SAPA members
 - o Each applicant will be emailed information regarding the sign-up process and available times
 - o Interviewers will consist of current and alumni SAPA members

Again, thank you for your interest in SAPA and if you have any further questions, please contact us at sapa@cmich.edu.

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I. PERSONAL DATA

- 1) Name: _____
(full legal first, middle and last name)
- 2) Chosen Name (optional): _____
- 3) Pronouns (optional): _____
- 4) Local Address: _____
- 5) Home Address: _____
- 6) Cell Number: _____
- 7) Is it ok to text cell number listed: Yes No
- 8) Email(s): _____
(Please list email(s) you check consistently as we will send updates/info to the email(s) listed)
- 9) How did you hear about us? From a SAPA Social Media Interest Sign-up Sheet Website
At a SAPA Event or Program Other _____
- 10) Have you applied to SAPA before? No Yes (If yes, which year: _____)

II. EDUCATION

- 1) Current standing in school: ☐ Freshman ☐ Sophomore ☐ Junior ☐ Senior ☐ Graduate Student
- 2) Semester and year, you expect to graduate: _____ 3) Overall GPA: _____
- 4) Major: _____ Minor: _____ Graduate Program: _____

III. TIME COMMITMENTS

- 1) List any known or possible time commitments you expect to have next fall and spring semester (on and off campus employment, organizations, volunteer activities, internships, meetings, etc.):
- _____
- _____
- _____
- _____

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IV. SELF RATING

Please rate yourself 1-10 (1 is low and 10 is high) for each specific item listed below:

Assertiveness:	___	Emotional well-being:	___
Time management skills:	___	Stress management & coping skills:	___
Ability to balance personal and academic life:	___	Conflict management skills:	___
Comfort level of sexual aggression topics:	___	Verbal communication abilities:	___

V. CONFIDENTIAL INFORMATION

As a reminder, only members of the application selection committee, which does not include current SAPA members, will have access to the information provided.

Please type your answers to the following questions and attach to your completed application:

1) Please indicate the reasons you would like to serve as a sexual aggression peer advocate and what do you think the role of a peer advocate involves?

2) Indicate what you hope to gain and contribute by becoming a SAPA member?

3) Describe at least one strength and one weakness and how they could affect your role as an advocate?

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VI. VALUES

1. Please select your top 5 values.

Accountability:	___	Creativity:	___	Integrity:	___	Self-Discipline:	___
Adaptability:	___	Dialogue:	___	Involvement:	___	Stability:	___
Ambition:	___	Ease w/ Uncertainty:	___	Leadership:	___	Teamwork:	___
Attitude:	___	Efficiency:	___	Listening:	___	Trust:	___
Awareness:	___	Enthusiasm:	___	Making a Difference:	___	Vision:	___
Balance:	___	Ethics:	___	Mentoring:	___	Well-Being:	___
Caring:	___	Fairness:	___	Openness:	___	Wisdom:	___
Commitment:	___	Forgiveness:	___	Patience:	___		
Communication:	___	Friendships:	___	Perseverance:	___	Other:	_____
Community:	___	Grit:	___	Personal Fulfillment:	___		
Compassion:	___	Health:	___	Personal Growth:	___		
Competence:	___	Honesty:	___	Professional Growth:	___		
Conflict Resolution:	___	Humility:	___	Reliability:	___		
Continuous Learning:	___	Humor:	___	Respect:	___		
Cooperation:	___	Independence:	___	Responsibility:	___		
Courage:	___	Initiative:	___	Safety:	___		

2. Please provide a typed and brief explanation as to why you selected these values.

Answer should be no longer than half a page

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VII. CLOSING REMINDERS

1. I believe that all of the information I provided on this application is truthful to the best of my knowledge. Additionally, I agree to complete and sign an Employee Verification Form for purposes of a background check.

(Print Name)

(Signature and Date)

2. Turn in your completed application send via email to sapa@cmich.edu or walte1eb@cmich.edu or printed with attachments in a sealed envelope to Foust Hall 150, Sexual Aggression Services office. (Slide under door if door is closed).

3. If selected you must be available to attend an application review with SAS Administration and an interview process with current and alumni SAPA members. You will be contacted via email to set up a time for your interview.

4. If selected for fall training, you must also attend both weekends of the 52+ hour training program that will take place in the Fall of 2026 and the 8-hour training that takes place early spring semester 2027. No exceptions will be made. The dates of the two weekends are September 11-13 and the 18-20, 2026. The spring 2027 training date is TBD.

5. All members are required to attend weekly Monday meetings at 8:30 pm.

6. Remember to detach the cover letter and keep for future reference.

**Thank you for your interest in the Central Michigan University
Sexual Aggression Peer Advocate Program.**

Please email sapa@cmich.edu or call the SAS Director at (989) 774-6677 or email walte1eb@cmich.edu, if you have any questions about the SAPA program.