

# 2023-24 Application for Central Michigan University's SAPA (Sexual Aggression Peer Advocate) Program

*SAPA is part of the Department of Sexual Aggression Services*

Dear Applicant,

Thank you for your interest in the SAPA (Sexual Aggression Peer Advocate) Program at Central Michigan University. SAPA members are CMU students who are highly trained in helping those who have been affected by domestic violence, intimate partner violence, harassment, sexual assault and/or stalking. Please read this cover letter completely before you proceed with this application.

If you decide to continue with the written application, please detach this letter and keep it for future reference.

Minimum Qualifications:

- 1 year commitment (2 years preferred)
- Plans to be an enrolled CMU student, non-first year freshman, beginning the Fall 2023 semester.
- Submission of information for a criminal background check performed by CMU & the State of MI.
- Ability to attend all 52+ hours of the 2023 Fall Training: September **8-10** and **15-17**
- Ability to attend weekly Monday night meetings at 10pm beginning in mid-September 2023
- Ability to attend an 8-hour spring training in mid-January 2024 (date tbd)

Selection Process:

- Submit an application: Due no later than Friday, **February 24, 2023**.
  - Preferred turn in method is for applications to be submitted electronically via email to either [sapa@cmich.edu](mailto:sapa@cmich.edu) or [scudd1ma@cmich.edu](mailto:scudd1ma@cmich.edu)
  - Applications may also be submitted in a sealed envelope to the Sexual Aggression Services Office in Foust Hall 150 (if the door is closed, you may slide your application under the door)
- Application review: Completed by current and former Sexual Aggression Services (SAS) Administration
  - Applications are held in strictest confidence. No current SAPA members will review this application.
  - Nothing is required from applicants for this part of the process
- **Mar. 20-24, 2023**: Applicants participate in a **20** minute application review with SAS Administration
  - Each applicant will be emailed information regarding the sign-up process and available times
  - SAPA Administration will provide the Employee Verification Form (used to complete a background check) to be completed at this time. If you have lived outside of the state of MI, please be ready to provide your Social Security Number.
- **Mar. 25, 2023**: Applicants participate in a 90 minute interview process with SAPA members
  - Each applicant will be emailed information regarding the sign-up process and available times
  - Interviewers will consist of current and alumni SAPA members

Again, thank you for your interest in SAPA and if you have any further questions, please contact us at [sapa@cmich.edu](mailto:sapa@cmich.edu).

**2023-24 Application for Central Michigan University's  
SAPA (Sexual Aggression Peer Advocate) Program**

*SAPA is part of the Department of Sexual Aggression Services*

**I. PERSONAL DATA**

- 1) Name: \_\_\_\_\_  
(full legal first, middle and last name)
- 2) Chosen Name (optional): \_\_\_\_\_
- 3) Pronouns (optional): \_\_\_\_\_
- 4) Local Address: \_\_\_\_\_
- 5) Home Address: \_\_\_\_\_
- 6) Cell Number(s): \_\_\_\_\_
- 7) Is it ok to text cell number(s) listed:  Yes  No \_\_\_\_\_
- 8) Email(s): \_\_\_\_\_  
(Please list email(s) you check consistently as we will send updates/info to the email(s) listed)
- 9) How did you hear about us?  From a SAPA  Social Media  Interest Sign-up Sheet  Website  
 At a SAPA Event or Program  Other \_\_\_\_\_
- 10) Have you applied to SAPA before?  No  Yes (If yes, which year: \_\_\_\_\_)

**II. EDUCATION**

- 1) Current standing in school:  Freshman  Sophomore  Junior  Senior  Graduate
- 2) Semester and year, you expect to graduate: \_\_\_\_\_ 3) Overall GPA: \_\_\_\_\_
- 4) Major: \_\_\_\_\_ Minor: \_\_\_\_\_ Graduate Program: \_\_\_\_\_

**III. TIME COMMITMENTS**

- 1) List any known or possible time commitments you expect to have next fall and spring semester (on and off campus employment, organizations, volunteer activities, internships, meetings, etc.):
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

# 2023-24 Application for Central Michigan University's SAPA (Sexual Aggression Peer Advocate) Program

*SAPA is part of the Department of Sexual Aggression Services*

## IV. SELF RATING

Please rate yourself 1-10 (1 is low and 10 is high) for each specific item listed below:

Assertiveness: \_\_\_\_\_ Verbal communication abilities: \_\_\_\_\_ Emotional well-being: \_\_\_\_\_

Time management skills: \_\_\_\_\_ Stress management & coping skills: \_\_\_\_\_

Ability to balance personal and academic life: \_\_\_\_\_ Self-esteem: \_\_\_\_\_

Ability to work with different views from your own: \_\_\_\_\_ Conflict management skills: \_\_\_\_\_

Comfort level with topics related to sexual aggression: \_\_\_\_\_

## V. CONFIDENTIAL INFORMATION

*As a reminder, only members of the application selection committee, which does not include current SAPA members, will have access to the information provided.*

Please type your answers to the following questions and attach to your completed application:

- 1) Please indicate the reasons you would like to serve as a sexual aggression peer advocate and what do you think the role of a peer advocate involves?
- 2) Indicate what you hope to gain and contribute by becoming a SAPA member?
- 3) Explain your personal weaknesses and how they could affect your role as an advocate?

Please indicate how you would like to answer questions 4-6 below:

**I will be answering the questions in writing & attaching them prior to my Application Review**  
**I would prefer to only answer these verbally during my Application Review**

- 4) Which, if any, of the following have you experienced?

Sexual Assault (as a minor)  Sexual Assault (as an adult)  Childhood Sexual Abuse

Domestic Violence  Intimate Partner Violence  Stalking  Harassment

Victim of a Crime  Victim of Trauma

- 5) If you identified with any of the experiences in question 4, please explain how you were impacted by the experience(s). How might your experience(s) affect your role as a SAPA member?
- 6) Do you know anyone who experienced any of the situations described in question 4? If so, how were you impacted by their experience(s)? How might their experience(s) affect your role as a SAPA member?
- 7) Indicate any questions or concerns you have about being a SAPA member.

**2023-24 Application for Central Michigan University's  
SAPA (Sexual Aggression Peer Advocate) Program**  
*SAPA is part of the Department of Sexual Aggression Services*

VI. VALUES

1. Please **select** your top 5 values.

Accountability: \_\_\_\_\_ Adaptability: \_\_\_\_\_ Attitude: \_\_\_\_\_ Awareness: \_\_\_\_\_ Balance: \_\_\_\_\_

Mentoring: \_\_\_\_\_ Commitment: \_\_\_\_\_ Conflict Resolution: \_\_\_\_\_ Cooperation: \_\_\_\_\_

Ease w/ Uncertainty: \_\_\_\_\_ Initiative: \_\_\_\_\_ Communication: \_\_\_\_\_ Reliability: \_\_\_\_\_

Leadership: \_\_\_\_\_ Involvement: \_\_\_\_\_ Compassion: \_\_\_\_\_ Continuous Learning: \_\_\_\_\_

Dialogue: \_\_\_\_\_ Courage: \_\_\_\_\_ Listening: \_\_\_\_\_ Friendships: \_\_\_\_\_ Humor: \_\_\_\_\_

Making a Difference: \_\_\_\_\_ Teamwork: \_\_\_\_\_ Openness: \_\_\_\_\_ Community: \_\_\_\_\_

Ambition: \_\_\_\_\_ Caring: \_\_\_\_\_ Competence: \_\_\_\_\_ Creativity: \_\_\_\_\_ Enthusiasm: \_\_\_\_\_

Efficiency: \_\_\_\_\_ Ethics: \_\_\_\_\_ Fairness: \_\_\_\_\_ Stability: \_\_\_\_\_ Forgiveness: \_\_\_\_\_

Health: \_\_\_\_\_ Honesty: \_\_\_\_\_ Humility: \_\_\_\_\_ Independence: \_\_\_\_\_ Integrity: \_\_\_\_\_

Patience: \_\_\_\_\_ Perseverance: \_\_\_\_\_ Professional Growth: \_\_\_\_\_ Personal Fulfillment: \_\_\_\_\_

Personal Growth: \_\_\_\_\_ Respect: \_\_\_\_\_ Responsibility: \_\_\_\_\_ Safety: \_\_\_\_\_ Trust: \_\_\_\_\_

Vision: \_\_\_\_\_ Well-Being: \_\_\_\_\_ Wisdom: \_\_\_\_\_ Self-Discipline: \_\_\_\_\_ Grit: \_\_\_\_\_

Other: \_\_\_\_\_

2. Please provide a typed and brief explanation as to why you selected these values. Answer should be no longer than half a page.

**2023-24 Application for Central Michigan University's  
SAPA (Sexual Aggression Peer Advocate) Program**

*SAPA is part of the Department of Sexual Aggression Services*

VII. CLOSING REMINDERS

1. I believe that all of the information I provided on this application is truthful to the best of my knowledge. Additionally, I agree to complete and sign an Employee Verification Form for purposes of a background check.

---

(Print Name)

---

(Signature and Date)

2. Turn in your completed application send via email to [sapa@cmich.edu](mailto:sapa@cmich.edu) or [scudd1ma@cmich.edu](mailto:scudd1ma@cmich.edu) or printed with attachments in a sealed envelope to Foust Hall 150, Sexual Aggression Services office. (Slide under door if door is closed).

3. If selected you must be available to attend an application review with SAS Administration and an interview process with current and alumni SAPA members. You will be contacted via email to set up a time for your interview. If selected for fall training, you must also attend both weekends of the 52+ hour training program that will take place in the Fall of 2023 and the 8-hour training that takes place early spring semester 2024. No exceptions will be made. The dates of the two weekends are September **8-10** and the **15-17, 2023**. The spring 2024 training date is TBD.

4. All members are required to attend weekly Monday meetings at 10:00 pm.

5. Remember to detach the cover letter and keep for future reference.

Thank you for your interest in the Central Michigan University  
Sexual Aggression Peer Advocate Program.

Please email [sapa@cmich.edu](mailto:sapa@cmich.edu) or call the SAS Director at (989) 774-6677 or email [scudd1ma@cmich.edu](mailto:scudd1ma@cmich.edu), if you have any questions about the SAPA program.