# **Career Readiness Competencies Assignment**



# **Objective**

To integrate career and professional development within a student's experirence and demonstrate requisite core competenices that broadly prepare students for success in the workplace and lifelong career management.

# **Learning Goals**

- 1. Articulate their values, interests, skills, and goals
- 2. Express the attitudinal and cognitive readiness necessary for making educational and vocational choices
- 3. Identify experiences available to explore interests and skills (job shadowing, student organizations, volunteer work, introductory classes, etc.)
- 4. Articulate their skills and abilities related to each of the NACE career readiness competencies
- 5. Outline a path to reach their early career goals



#### Resources

NACE Competencies Defined Getting Started with Handshake Edit Your LinkedIn Profile



### **NACE Competencies and Activities**

#### Critical Thinking

- Identify a campus issue and present potential solutions to the Student Government Association
- Complete a career assessment (Awato, Myers Briggs-Type Indicator, or Strong Interest Inventory) and schedule an appointment with the Career Development Center to discuss your results

#### Communication

- Complete a mock interview with the Career Development Center
- Finalize your self-narrative (present an elevator pitch to class, have your resume or cover letter reviewed, update your LinkedIn profile, etc.)

#### Teamwork

- · Get involved with a student organization on campus
- Complete a group project for a class

### Technology

- Identify a technology that is useful in your chosen career field and complete a training or course to build your skills
- Produce a video to highlight the work of a student organization

#### Leadership

- Participate in a leadership training program offered by the Sarah R. Opperman Leadership Institute
- Seek a formal or informal leadership role in a student organization



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## **NACE Competencies and Activities**

#### Professionalism

- · Visit First Impressions for a style consultation
- Reguest a letter of recommendation from a professor or advisor

#### Career & Self-Development

- · Conduct an informational interview to learn about your career field and grow your network
- · Complete a skills assessment to identify areas of strength and potential growth

#### Equity & Inclusion

- · Meet with a Study Abroad advisor to learn about opportunities related to your career or major
- Attend a workshop sponsored by the Center for Inclusion and Diversity



# **Assignment**

Select four NACE career readiness competencies and participate in at least one activity per competency to develop your skills. Compose a 500-word essay based on your experiences developing your career readiness skills using the NACE competencies. Use the following prompts to guide your essay:

- What did you learn about yourself?
- · What did you like or dislike about each of the professional development activities?
- What will you do to continue developing your career readiness skills in the future?
- How did your experiences with these activities align with your expectations? What surprised you?

