



Elevator Pitch

Responding to the #1 Interview Prompt: "Tell me about yourself"

A concise summary of yourself is needed in the form of a 30 second "elevator" pitch at a career fair or networking event, as well as in response to the #1 interview prompt. So, what should you say?

Don't Include:

- Your age, marital status, ethnicity, and other potentially discriminatory information
- Details about family, friends, co-workers, etc. Keep the focus on you
- All of your experiences - stick to what is most relevant for your listener
- Hobbies, unless you are able to make a clear connection between them and the position

Do Include:

- Your name, CMU major/minor, and year in school
- Work experience, volunteer work, projects related to the position of interest
- Your top relevant accomplishments, strengths, and skills
- Your education and career goals as they relate to the position