

## BEING A MCNAIR SCHOLAR

The essence of McNair is grad school exploration, but it is really much more than that.

- Grow personally + professionally
- Enhance important skills like writing + communication + managing your time
- Connect + engage with like-minded “scholar mates” who understand challenges you may have faced and encourage you to keep moving toward your goals

**HINT: you are building lots of special memories here.**

- Try new things + grow your confidence + and expand your potential
- Explore your interests + figure out your strengths
- Contribute to younger scholars and our “McNair community” by sharing your experiences, insights and wisdom
- Become a leading researcher in your field and develop your academic voice
- Figure out what problem you want to solve + make a difference
- Further the legacy of Dr. McNair *while creating your own!*

Being a McNair scholar means developing and upholding these KEY CHARACTERISTICS.

HUMBLE  
HARDWORKING  
PROFESSIONAL  
ACCOUNTABLE  
OPEN  
EXPRESSIVE  
CONFIDENT

INTROSPECTIVE  
ENTHUSIASTIC  
POSITIVE  
CURIOUS  
INVESTED  
PROACTIVE  
ORGANIZED

[#mcnairscholarsrock](#)