

# EXAM PREPARATION PLAN

---

What **topics** will the test cover?

Topic	Know this material well	Not very comfortable with this material	Don't know this at all

Topics I need to **focus the most** on \_\_\_\_\_

What will I need to be **able to do**?

Recall Facts    Calculate Problems    Apply Concepts/Theories    Explain/Compare  
 Identify Examples of Theories/Concepts    Analyze a Passage

What will the **test format** be like?

Multiple Choice    Fill in the Blank    Short Answer    Essay    Other

**Study strategies** I should use to prepare:

Flashcards    Review Notes    Re-Write Notes    Review Text    Study with Others  
 Concept Maps    Online Review    Practice Problems    Create Sample Questions

## 7 DAY PLAN FOR **EXAM SUCCESS** (2 Hours a Day)

**Day 1** Organize material. Identify weak areas. Complete notes. Develop sample questions.

**Day 2** Study material from lecture, focus more time on weaker areas.

**Day 3** Study material from text, focus more time on weaker areas.

**Day 4** Review all material from both lecture and text.

**Day 5** Study material from lecture, intense study session on material you are unsure of.

**Day 6** Study material from text, intense study session on material you are unsure of.

**Day 7** Review all material.

# POST EXAM ANALYSIS

---

Course \_\_\_\_\_ Grade Received \_\_\_\_\_

How **prepared** did you feel for the test? \_\_\_ Very \_\_\_ Somewhat \_\_\_ Not Prepared

During your **study time**, did you spend your time in short, effective sessions?

- \_\_\_ Yes, they were short (30-60 minutes) and spread out
- \_\_\_ No, I crammed for long hours the day or two before the test

Where did you study? \_\_\_\_\_ Was it **effective**? \_\_\_\_\_

Which of the following **study strategies** did you use to **prepare for the test**?

- \_\_\_ Study Guide \_\_\_ Flashcards \_\_\_ Practice Problems \_\_\_ Review Notes \_\_\_ Review Text
- \_\_\_ Creating Concept Maps \_\_\_ Creating Test Questions \_\_\_ Study Groups \_\_\_ Mnemonics
- \_\_\_ Rewriting Notes \_\_\_ Visual Imagery \_\_\_ Explaining Material to Others

**Other** \_\_\_\_\_

Which strategies **helped the most**? \_\_\_\_\_

Which strategies **helped the least**? \_\_\_\_\_

When reviewing test questions that you missed, **identify the reason** you missed the question:

1. Don't recall focusing on this topic in class or in the book
2. Topic was discussed in class and/or I read about it but I didn't remember the detail required
3. Misunderstood the question/answer
4. Remembered the information but I did not understand it well enough to apply it
5. The material was not from the lecture or notes
6. Didn't have time to complete the test
7. Test anxiety
8. Other \_\_\_\_\_

My realistic plan for **improving on the next exam**...

---

---

---

---

---