

STUDY TIPS



Study in a place with limited distractions.

Utilize the library or residence hall study rooms.

Know how much noise you can manage.

Plan Ahead

- Avoid cramming
- Space out your study sessions
- Break information into smaller chunks and review it more frequently
- Organize your materials

Setting Goals & Use To-Do Lists
Know what you want to accomplish when studying.
Be specific about your study goals.

Improving Memory Recall



- Study in groups and teach each other the topic.
- Study before bed. When you sleep your brain makes new memories
- Use different colored highlighters to group related concepts.
- Spend more time studying the difficult information first.
- Use mnemonic devices (e.g., PEMDAS)

Go to Class

- Take your own notes
- Attend every class
- Review your notes after class
- Ask clarifying questions