



Quarantine/Isolation Housing Information

To provide safe and responsible accommodations for residential students affected by COVID-19 and to help prevent the spread of COVID-19, the Office of Residence Life has converted Wheeler Hall into quarantine and isolation housing.

What is the mobile app?

All students who live on campus are required to self-screen for symptoms each morning. CMU's symptom tracker mobile app, available for iPhone and Android.

- [Download the iPhone CMiCH Healthscreen app](#)
- [Download the Android CMiCH Healthscreen app](#)

What happens if I am exposed to COVID-19 or I test positive for COVID-19?

If you are a close contact or have tested positive for COVID, you **MUST** fill out the mobile app and immediately notify your residence hall director by calling your residence hall front desk.

Your residence hall director will help you to temporarily isolate in your room until you are given directions for quarantine/isolation housing by the University's COVID-19 Team. They can assist you with getting a "sick tray" from the residential restaurant if needed.

If you have been contacted by a contact tracer or staff from the Office of Residence Life about being exposed to COVID-19, you will need to quarantine/isolate until you are cleared to return to campus (between 10-14 days from contact or contraction of COVID-19).

Students living on-campus in a residence hall who are exposed to COVID-19 or who test positive for COVID-19 have the option of returning home for the quarantine/isolation period or being placed in Wheeler Hall, located in the Towers residence hall community.

What do I do if I want to quarantine/isolate off-campus or at home?

With approval from the Central Michigan District Health Department, you may quarantine/isolation off campus. Please call 989-773-5921 ext. 1400 to request release.

If you decide to quarantine/isolate off-campus, you must turn in your room key at the front desk before you leave campus.

You should not return to your residence hall until you receive written permission from the Office of Student Affairs at the end of your quarantine/isolation period.



Why can't I quarantine/isolate in my current residence hall room?

Quarantine/isolation housing is designed to help prevent the spread of COVID-19. CMU is following CDC and ACHA guidelines in using a hall that is physically separated from other residential student rooms.

What is the general process for moving to Wheeler Hall?

If you choose to quarantine/isolate in Wheeler Hall, a Residence Life staff member will reach out to you to coordinate your move.

1. Pack your essential items and belongings to last the duration of quarantine/isolation (10-14 days).
2. Check in at Wheeler Hall with a Residence Life staff member.
3. Remain in Wheeler Hall for the duration of your stay.
4. You may return to your residence hall once you are released from quarantine/isolation by the Office of Student Affairs.

What should I bring to Wheeler?

We encourage you to bring essentials such as comfy clothes, school supplies, power cords, laptop, cell phone, prescriptions, eyeglasses, over the counter medications such as Tylenol and cold medication, personal hygiene products, entertainment items, favorite pillow, and other comfort items. You will not be able to do laundry during this time other than small items in the sink.

What kind of food will I have access to in Wheeler?

Campus Dining will deliver food to the refrigerator located in the kitchenette on the floor you are staying on. Food will be labeled with your Wheeler Hall room number. Campus Dining staff will reach out to you by cell phone and/or email to get information about preferences and/or allergies and to share delivery information. The kitchenette is stocked with beverages and snacks for use upon your arrival and in between meals. Please help yourself at any time! In order to prevent the spread of the virus, food-delivery is not allowed.

What will my room look like?

Residence Life has furnished your room in Wheeler with a pillow, bed linens, towels, toilet tissue, facial tissue, sanitizer, soap, a shower curtain, trash bags, and cleaning supplies. The following items are available to you by request: box fan, thermometer, laundry detergent sink packets or feminine hygiene products.

While moving into an empty room is not as nice as your current room, we will do our best to keep



you safe and comfortable! We encourage you to bring items with you to make you more comfortable such as your favorite pillow and blanket.

Click here for more information on the Towers residence hall community (link to <https://www.cmich.edu/ess/residencelife/Pages/towers-community.aspx>)

Can I receive mail and packages?

With written permission from you, Residence Life will drop off your mail outside of your Wheeler room door. Please continue to send ALL mail to your home residence hall assignment. A Residence Life staff member will coordinate getting the packages from your home residence hall and will leave them outside of your Wheeler room door after 5:00 p.m. Monday – Friday. Non-essential packages delivered on the weekend will be brought over on the following business day. No visitors or guests are allowed in your assigned living unit/building. It is important to NOT have mail sent to Wheeler Hall.

You may have friends and family drop off items for you like extra clothing, care items, and essentials. Please have them drop the items off with the security staff on the first floor of Wheeler Hall outside of the elevators. They can access Wheeler by going into the main Towers Lobby and entering through the front doors. After the items have been dropped off, you may come down to the first floor to retrieve them from the security staff.

Will I be safe in Wheeler hall?

There is a security staff member at all exit/entry doors of Wheeler Hall to help maintain the integrity and safety of quarantine/isolation housing. Security staff also assist with lockouts, package delivery, etc.

You will be the only student assigned to your room, but there will be other students assigned to your floor.

What if I need help while living in Wheeler Hall?

As a student who is being required to quarantine/isolate, we understand this may be an even more challenging time for you. CMU prides itself on being a community that cares deeply about the health, well-being, safety, and success of our students. As a residence hall student, you have access to many support services and resources. Professional staff will reach out to you, you will have access to fitness packs, we will deliver care packages, and you will receive instructions on how to contact staff after hours and on the weekends.

You may leave Wheeler Hall to get tested for COVID-19. Call 989-774-1317 or email covidtesting@cmich.edu to schedule an appointment. A Residence Life staff member will



send you email approval that you must show to security before leaving the building.

Click here for more information on On-Campus COVID-19 testing (link to <https://www.cmich.edu/firedupforfall/Pages/testing.aspx>)

You may also leave Wheeler Hall to seek medical attention.

Can I leave Wheeler Hall to go home and finish the rest of my quarantine/isolation?

With approval from the Central Michigan District Health Department, you can leave Wheeler Hall to finish out the remainder of your quarantine/isolation off campus. Please call 989-773-5921 ext. 1400 to request release. Only the Central Michigan District Health Department can release you for this reason.

How can friends or family drop off items to me while I am in Wheeler Hall?

Friends, family, and supporters can drop off items for you by bringing them inside the Towers Lobby to the Wheeler Hall front doors. There is a security staff table across from the first-floor elevators that items can be left at. Please make sure that all items are clearly marked with your name on it. Once the items are at the first floor and your friends/family have left, you may leave your room to come down to the first floor and get your items.

How do I know what date I am going to be released from Wheeler Hall?

Quarantine/isolation lasts between 10-14 days. CMU Health Services determines the length of your stay. You can contact them at 989-774-6599 to get more information. Your release letter from the Office of Student Affairs will be emailed to you on the night before your release date.

Will I be placed in a single occupancy room or will I have roommates in Wheeler Hall?

We will strive to place all students in single occupancy rooms. However, the only reason that rooms would be double occupancy would be for two students who both test positive for COVID-19.

My COVID-19 test results came back negative, can I immediately leave quarantine & isolation?

No. Negative results do not warrant immediate release. It may shorten the time of your quarantine/isolation, but you will most likely still need to be monitored for symptoms that can occur within the 10-14 day period.

Will room and board payments be refunded because I am staying in Wheeler Hall for quarantine & isolation?

No. The only time that this would be considered is if you break your housing contract and move



out of your residence hall to permanently return home. If CMU is ordered by the governor or the Health Department to have students leave the residence halls, CMU will make financial decisions at that time. In the event of such a closure, we intend to be fair and equitable.