



Students at CMU and across the nation face many difficult and personally challenging situations throughout their college career. Depression, suicide, substance abuse, sexual assault are a few of the challenges that students may deal with during their time on campus. CMU CARES is a comprehensive website that includes helpful resources for faculty, staff, parents and students to provide tools and campus resources to support and refer students during these times of need.

CARE Report

When you have a concern for a student's health or well being, you can submit a CARE Report online at www.cmich.edu/cmucares. All members of the CARE Team will review submitted concerns. Response plans are identified utilizing the varied experience and knowledge of CARE Team members. Information about the CARE Team, the CARE report, or when to file a CARE report can be found on the website at www.cmich.edu/cmucares.

If your concern involves an immediate safety risk to self or others, please stop and call 911 or contact CMU Police at 989-774-3081. Otherwise, you can submit a CARE report which is reviewed Monday thru Friday, 8-4:30pm when CMU is open.

CARE Team

The CARE Team is a small group of CMU staff and faculty pooling knowledge and expertise in an effort to support students who may be in distress. Currently, team members represent the following offices: Student Disability Services, Counseling Center, Office of Student Success, Office of Student Conduct, CMU Police, Sexual Aggression Services, Veterans Resource Center, Athletics, Office of Residence Life and the Office of Student Affairs. This team meets weekly during the academic year. The information shared within this group is confidential and used for the purpose of determining the best approach to reach out to the student in distress. The CARE team will engage those resources appropriate and necessary given the circumstances of the concern. Confidential Counseling Center information is NOT shared in these meetings.

The CARE Team respects a student's decision to not engage assistance or support unless information supports imminent risk, or the student's behavior significantly disrupts the living and/or learning environment of others.

The CARE Team considers the behavior expectations for CMU students when identifying a response path. CMU behavior expectations can be found on page 7 of the Counseling and Mental Health Services brochure. This brochure can be found on the Counseling Center website at www.counsel.cmich.edu.

Take CARE

Central Michigan University's Take CARE initiative strives to strengthen and further develop a community of caring individuals who look out for and take care of each other. Through CMU's Take CARE initiative, you are encouraged to observe what is going on around you, notice potentially dangerous or serious situations, and respond to the best of your ability to influence a better outcome.